

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Assisted Living & Cottages

November 2023 Assisted Living & Cottages		1 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Gratitude Wreath (AR) 5:45 Movie (T)		2 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Holiday House Service Project (AR) 1:00 Movie (T) 1:30 Crafter's Wrap-Up (AR) 3:00 Happy Hour & Music with Steve Ellis (AR) 5:45 Movie (T)		3 Shopping Day Bus Leaves @ 9 :30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – There's No Place Like Home (AR) 5:45 Movie (T)		4 1:00 Movie (T) 1:30 Bingo with Gina (AR) 5:45 Movie (T) 					
5 1:00 Movie (T) 3:00 Church – Whidbey Presbyterian (AR) 5:45 Movie (T)		6 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Travelogue – Israel (AR) 5:45 Movie (T)		7 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Holiday House Service Project (AR) 1:00 Movie (T) 1:30 Resident Meeting (AR) 3:00 Hand Massage & Nail Care (AR) 5:45 Movie (T) 		8 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Winter Snow Buddy (AR) 5:45 Movie (T)		9 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Holiday House Service Project (AR) 1:00 Movie (T) 1:30 Crafter's Wrap-Up (AR) 3:00 Happy Hour & Music with Tom Mullin (AR) 5:45 Movie (T)		10 Shopping Day Bus Leaves @ 9 :30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 12:30 Regency on Whidbey Veteran's Day Celebration (Dining Room) 1:00 Movie (T) 1:00 Pinochle (L) 3:00 Bingo (AR) 5:45 Movie (T)		11 1:00 Movie (T) 1:15 Bus Ride Oak Harbor Veteran's Day Parade 1:30 Bingo with Gina (Dining Room) 5:45 Movie (T)  Veterans Day Remembrance Day (Canada)	
12 1:00 Movie (T) 3:00 YouTube Spiritual Sustenance (AR) 5:45 Movie (T) Diwali (Hindi)		13 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Veteran's Day History and Trivia (AR) 5:45 Movie (T)		14 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Turkey Shoot (AR) 3:00 Patriotic Music with Maryann & Sharon (AR) 5:45 Movie (T)		15 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Winter Scene Snow Globe (AR) 5:45 Movie (T)		16 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Holiday House Service Project (AR) 1:00 Movie (T) 1:30 Crafter's Wrap-Up (AR) 3:00 Happy Hour & Music with Lori & Friends (AR) 5:45 Movie (T)		17 Shopping Day Bus Leaves @ 9 :30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Tellabration Day (AR) 5:45 Movie (T)		18 1:00 Movie (T) 1:30 Bingo with Gina (AR) 5:45 Movie (T)	
19 1:00 Movie (T) 3:00 Church – Oak Harbor First United Methodist (AR) 5:45 Movie (T)		20 9:30-3:00 Christin Timm Pedicures by Appointment 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Macy's Thanksgiving Parade Facts & Trivia (AR) 3:30 Bible Study with Pastor Greg (Bistro) 5:45 Movie (T)		21 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Family Feud (AR) 1:00 Movie (T) 1:30 Thanksgiving Social (AR) 3:00 Hand Massage & Nail Care (AR) 5:45 Movie (T)		22 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Photo Ornament (AR) 5:45 Movie (T)		23 9:00-12:00 Macy's Thanksgiving Day Parade – Channel 5 1:00 Movie (T) 5:45 Movie (T) 		24 Black Friday No Shopping 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 November Birthday Celebration (AR) 5:45 Movie (T)		25 1:00 Movie (T) 1:30 Bingo with Gina (AR) 5:45 Movie (T)	
26 1:00 Movie (T) 3:00 YouTube Spiritual Sustenance (AR) 5:45 Movie (T)		27 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Finding King Tut's Tomb (AR) 5:45 Movie (T)		28 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Active Games (AR) 3:00 Tuesday Treats Door to Door 5:45 Movie (T)		29 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Seasonal Door Hanger (AR) 5:45 Movie (T)		30 Doctors Day 10:00 Video Mornings in Motion (AR) 10:45 Holiday House Service Project (AR) 1:00 Movie (T) 1:30 Crafter's Wrap-Up (AR) 3:00 Happy Hour & Music with Beverly Graham (AR) 5:45 Movie (T)					

ALL Activities are subject to change – Please check the Elevators & Front Desk for the most up-to-date schedule of Activities