



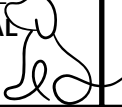



2023 November



 **SERENITY** a Randall Residence
Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Come along as we tour Canada. We have lots of fun activities planed this month and we hope you can join us!			1 National Sports Fan Day Wear your Favorite Teams Attire 9- Morning workout 10- creative engagement 11- darts 1- welcome to Canada video 1:30- Music Therapy 2:30- BINGO	2 9- chair zumba 10- creative engagement 11- Trivia 1- BINGO 2:30- Nail care -table top games	3 9- morning stretches 10- creative engagement 11- Puzzles & Coloring 1- BINGO 2:30- watch “ The Jungle Book”	4 Coloring & Games w/ Staff
5 10- Joyce Myer -Youtube Word search w/ staff 2:30- Resident choice movie w/ snack	6 9- chair zumba 10- Lucinda on the piano 1- BINGO w/ AL - Noodleball 3- Therapy Dog Visit on AL	7 9- sittercise video 10- creative engagement 11- Name 5 game 1- BINGO on AL 2:30- Play UNO	8 9- morning workout 10- parachute 11- creative engagement 1- Bag toss 1:30- Music Therapy 2:30- Rootbeer floats on AL	9 9- chair zumba 10- creative engagement 11- trivia 1-BINGO • nail care 2- Dog Visit	10 9- morning stretches 10- Jack Lambert performing 1- Creative engagement 2:30- Veterans celebration on AL	11 Veterans Day  Bingo w/ Staff
12 10- Joyce Myer- Youtube Coloring & games w/ staff 2:30- Resident Choice movie w/ snack 	13 National World Kindness Day 9- chair zumba 10- Parachute 11- Creative engagement 1- BINGO w/ AL 2:30- Noodleball 3- Therapy Dog Visit on AL	14 9- sittercise video 10- creative engagment 11- Bag toss 1- Mike Cheeseman on AL 2:30- BINGO	15 9- morning workout 10- creative engagement 11- Darts 1- Fun Facts about Canada 1:30- Music Therapy 2:30- Accordion Player on AL	16 9- chair zumba 10- creative engagement 11- trivia 1- make your family tree 2:30- table hockey • Nail care 7pm- Peoria barbershop choir on AL	17 9- morning stretches 10- creative engagement 11- Puzzles 1- Paint activity 2:30- watch “ Ducktails” • Taste of Canada on AL	18 Coloring & Games w/ Staff
19 10- Joyce Myer- Youtube Music & games 2:30- Resident choice w/ snack	20 9- Chair zumba 10- Fall Collage 11- Creative engagement 1- BINGO on AL 2:30- Fudge Tasting on AL 3- Therapy Dog Visit on AL 	21 9- sittercise video 10- Jack Lambert performing 11- Name 5 game 1- owl about my Thanksgiving • BINGO	22 9- morning workout 10- pinecone turkeys 11- creative engagement 1- bag toss 1:30- Music Therapy 2:30- Nov. B-day party on AL	23 	24 9- Morning stretches 10- creative engagement 11- Puzzles & coloring 1- BINGO -Nail care 2:30- watch “ Cruelle”	25 Bingo w/ taff
26 10- Joyce Myer- Youtube word search w/ staff 2:30- Resident choice movie w/ snack	27 9- Chair zumba 10- Lucinda on piano-AL 1- BINGO on AL 2:30- Noodleball 3- Karaoke	28 9- sittercise video 10- BINGO 11- Creative engagement 1- Rich Gilmore on AL • Parachute • 2:30- Handprint leaf craft	29 9- zumba 10- make cards for soliders 11- darts 1- creative engagment 1:30- Music Therapy 2:30- Therapy Dog Visit	30 9- chair zumba 10- creative engagement 11- trivia 1- BINGO 2- Dog visit • Nail care	