

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

				9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 10:30 - Bible Study 11:00 - Cardio Drumming 1:30 - Fall Scenic Drive 2:30 - Sorting & Organizing		9:00 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Exercise 12:00 - Word Searches 1:30 - Chair Kickball 2:30 - Washers 3:30 - Puzzles		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Table Top Games 1:30 PM - Puzzles 2:30 PM - Hymns Sing Along 3:30 PM - Cornhole		9:00 - Community Stroll 10:00 - Daily Chronicles 11:00 - Cornhole 12:00 - Table Talk 1:30 - Large Group Activity 6:30 - Movie & Snack			
9:00 - Coffee Chat 9:30 - Worship Service - Christ Church 12:00 - Table Talk 1:30 - Birthday Celebration 2:00 - Hymn Sing Along Kathy's Birthday		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Manicures & Music 12:00 - Yoga & Meditation 1:30 - Birthday Celebration 2:30 - Craft - Thankful Tree 3:30 - Balloon Volleyball Ellen's Birthday		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Let's Bake - Cranberry Muffins 12:00 - Round Table Discussion 1:30 - Cards 2:30 - Music & Muffins 3:30 - Cornhole		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 10:30 - Bible Study 11:00 - Cardio Drumming 12:00 - Round Table Discussion 1:30 - Music by Ed 3:00 - Tea Party 3:30 - Worship Service		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Exercise 12:00 - Word Searches 1:30 - Finish the Phrase 2:30 - Putt Putt Golf 3:30 - Table Top Games		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Joggin Your Noggin 12:00 - Round Table Discussion 1:30 - Table Top Games 2:30 - Hangman & Rootbeer Floats Veterans Day Remembrance Day (Canada)		9:00 - Community Strolls 10:00 - Daily Chronicles 11:00 - Cards 12:00 - Name That Tune 1:30 - Table Top Games 6:30 - Movie & Snack	
9:00 - Coffee Chat 9:30 - Worship Service - Christ Church 12:00 - Table Talk 1:30 - Large Group Activity 2:00 - Hymn Sing Along Diwali (Hindi)		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Hand Massages 12:00 - Yoga & Meditation 1:30 - Exercise Bingo 2:30 - A to Z Trivia 3:30 - Puzzles		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Let's Bake - Cookies 12:00 - Round Table Discussion 1:30 - Kainoa Girls 2:30 - Trivia & Cookies 3:30 - Table Top Games		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 10:30 - Bible Study 11:00 - Cardio Drumming 12:00 - Round Table Discussion 1:30 - Scenic Drive 3:30 - Adult Coloring		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Chair Exercise 12:00 - Word Searches 1:30 - Sorting & Organizing 2:30 - Hillbilly Golf 3:30 - Table Top Games		9:30 - Community Strolls 10:00 - Zeke the Therapy Dog 11:00 - Table Top Games 12:00 - Round Table Discussion 1:30 - Target Practice 2:30 - Hymns Sing Along 3:30 - Noodle Ball		9:00 - Community Stroll 10:00 - Daily Chronicles 11:00 - Table Top Games 12:00 - Word Search 1:30 - Patio Chat	
9:00 - Coffee Chat 9:30 - Worship Service - Christ Church 12:00 - Table Talk 1:30 - Large Group Activity 2:00 - Hymn Sing Along		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Manicures & Music 12:00 - Yoga & Meditation 2:00 - Name that Tune 3:30 - Balloon Volleyball		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 10:30 - Scrabble 11:00 - Chair Volleyball 12:00 - Round Table Discussion 1:30 - Birthday Celebration 2:30 - Cooking with Nathan 3:30 - Table Pong Gilford's Birthday		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 10:30 - Bible Study 11:00 - Lunch Bunch Outing - Arby's 12:00 - Round Table Discussion 1:30 - Scenic Drive 3:30 - Worship Service		9:30 - Community Stroll 10:00 - Coffee Chat & Daily Chronicles 11:00 - Chair Exercise 12:00 - Turkey Day Trivia 1:30 - Finish the Phrase 2:30 - Putt Putt Golf 3:30 - Table Top Games Thanksgiving Day (US)		9:30 - Community Stroll 10:00 - Coffee Chat & Daily Chronicles 11:00 - Table Top Games 12:00 - Noodle Ball 1:30 - Puzzles 2:30 - 50's Singalong 3:30 - Noodle Ball		9:30 - Community Stroll 10:00 - Daily Chronicles 11:00 - Pet Therapy 12:00 - Craft 1:30 - Ring Toss	
9:00 - Coffee Chat 9:30 - Worship Service - Christ Church 12:00 - Table Talk 1:30 - Large Group Activity 2:00 - Hymn Sing Along		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 11:00 - Hand Massages 12:00 - Yoga & Meditation 1:30 - Bowling 2:30 - Brain Teasers 3:30 - Puzzle 6:00 - Inspire Band		9:30 - Community Strolls 10:00 - Cranium Crunches & Daily Chronicles 11:00 - Let's Bake - Pumpkin Bread 12:00 - Round Table Discussion 1:30 - Kainoa Girls 2:30 - Cider & Pumpkin Bread 3:30 - Table Top Games		9:30 - Community Strolls 10:00 - Coffee Chat & Daily Chronicles 10:30 - Bible Study 11:00 - Cake Walk 12:00 - Round Table Discussion 1:30 - Parachute Fun 3:30 - Worship Service		9:30 - Community Stroll 10:00 - Coffee Chat & Daily Chronicles 11:00 - Chair Exercise 12:00 - Word Searches 1:30 - Finish the Phrase 2:30 - Putt Putt Golf 3:30 - Table Top Games 6:00 - Family Night		<h1>Holistic Harbors</h1>			