

ARBOR GLEN CONNECTION

November 2023



grateful

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MN 55042

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FOR MORE VISIT: arborsenior.com and find monthly calendars under News and Community Events

November Events and Activities

Subject to change

Monday and Friday = Pet Visits

Every Tuesday and Thursday = "Live 2 B Healthy" Exercise class @ 2pm

Every Friday = Bible study @ 10am & Church Services @ 11am

Every Wednesday = Drama Club @ 11am

Every Wednesday = Happy Hour @ 2pm

2nd Wednesday of the Month = Wellness Clinic @ 10am

Every Tuesday and Thursday = BINGO @ 11am

Every Monday and Saturday = Movie Matinee @ 1:30pm

1st and 3rd Tuesday of the month = Lake Elmo Bank @ 10am

Every other Tuesday = Massage with Garret @ 1-3pm

Every other Thursday = Blackjack in Pub at 1:30pm (Cancelled this month)

3rd Monday of the Month = Catholic Communion Offering service @
10am

Performances will be:

Phil Kitze = 11/1 @ 2pm for Happy Hour

Michael Zieghan = 11/8 @ 2pm for Happy Hour

The Bandan-AHH's = 11/15 @ 2pm for Happy Hour

Ross McLeod = 11/22 @ 2pm for Happy Hour

Resident Council = 11/30 @ 1:30pm

NOVEMBER OUTINGS

Monday, November 13th

Shopping at Target

Friday, November 17th

Lunch @ Lake Elmo Inn

Sign up at front desk

NOVEMBER'S FEATURED COCKTAIL

Brew-mosa

Wheat Beer and Orange Juice

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November Happenings

Subject to change

Thursday, November 2nd @ 1:15pm – We will be touring the Volleyball court across the street – meet in the lobby around 1:15.

Tuesday, November 7th @ 1:30pm – Tom is coming back for a presentation on “Music of the Wars” for Veterans Day

Wednesday, November 8th @ 11am – Charley is back from vacation and Drama Club will resume!

Monday, November 13th @ 1:00pm – Target shopping outing (Sign up at front desk)

Tuesday, November 14th @ 9:45am – Wunder Years daycare kids are visiting in the Pub

Thursday, November 16th @ 1:00pm – Alyssa, a local artist, is back for drawing class! Make sure to sign up as space and supplies are limited!

Friday, November 17th @ 11:45am – Lunch at Lake Elmo Inn (Sign up at the front desk)

Tuesday, November 21st – Pie Fundraiser pick up day (Flyer with details provided)

Tuesday, November 28th @ 9:45am – Wunder Years daycare kids are visiting in the Pub

Tuesday, November 28th @ 2:30pm – Christmas Musical Program in the Pub



HAPPY Thanksgiving

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Kudos



See Vang
Resident Assistant

What is your favorite color?

I love a lot of different colors. Sometimes it depends on the season we're in, but I tend to like darker shades.

What is your favorite food?

I love anything edible! I'm not a picky eater. Pho, spring rolls, egg rolls, fried rice. Oh! I Especially LOVE PEPPER!

What is your favorite thing about this time of the year?

The beautiful fall colors! pumpkin patches, apple orchards, haunted houses! And being around family and friends for Thanksgiving! Oh... and it's my birthday month - I love that!

What do you love most about your job?

I love building my relationships with the residents! It's really fun getting to know them and I love giving them hugs. They make me smile! It makes me feel good that I am able to help them and their daily living.

Is there someone here that has helped you achieve your excellence?

It is definitely practice over the years - but everyone here has helped me in some way!

"You are so kind to ALL - family, staff, residents - you and your great attitude is noticed and appreciated!"

-Chelsea

"Family member stated See does a great job with their loved one! "

-Nicole T

Executive Spotlight

Welcome November and the start of the holiday season. Thanksgiving has always been a favorite holiday of mine. Though it looks very different today and I miss the traditions and family gatherings, my gratitude continues to grow. Thank you for being part of that. Please remember to order your pie for our annual fundraiser for Community Thread's Holiday Hope Program. It is a wonderful program that helps those in our community. Have a wonderful month!!



Ann Grode
Executive Director

Resident Spotlight

What is your favorite color?:

Red and purple

Favorite food?:

Chicken

What was your career?:

I managed and owned a 3 par golf course!

What is your favorite thing about this time of the year?:

The colorful leaves!

What is your favorite thing about Arbor Glen?:

Visiting with everyone!



**DARLENE
MOGREN**

Nursing Update



Thanks to all that participated in the Flu/Covid clinic; it was a great success! We are happy that we are COVID free in the building at this time. But as a reminder please wash hands frequently, and report illnesses promptly! As we head in to the colder months we anticipate more inside interactions which increases our chances of having COVID in the building.

Hope all have a safe and Happy Halloween!

OCTOBER HOROSCOPE

In astrology, those born from November 1–21 are Scorpio's intense scorpions. Scorpions seek deep connections and nurture deep empathy and commitment. Those born from November 22–30 are Archers of Sagittarius. The Archers have a unique blend of passion, curiosity, and adaptability. Bold travelers, they are unafraid to explore and conquer new terrain.

WELCOME to the team!!



Taylor Huss
Resident Assistant



Hemeli Caballero Martinez
Resident Assistant



Gienet Monjah
Resident Assistant



Wilma Wheeler
Housekeeping

NO PHOTO

Francine Umwari
Resident Council

Susan Wilke
Culinary Assistant

Happy Birthday

RESIDENT BIRTHDAYS

Karen Cordes - 11/4
Richard "Dick" Stout = 11/10
Barb Dahl = 11/13
Skip Giannini = 11/17
Don Johnson = 11/22
Bev Cunnien = 11/23

STAFF BIRTHDAYS

Lakeeshia (RA) = 11/2
Wilma (Housekeeping) = 11/4
Colleen (Housekeeping) = 11/9
See (RA) = 11/18



Point of Contact

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(Her office is also located by the front door)



THANK YOU FOR YOUR == SERVICE ==

We love our Vets, and are honored to celebrate them on this coming
Veterans Day

Gary W. Running

SP/5
United States Army
1958 - 1960

John Kaminski

Lt MC USNR
United States Navy
1957-1960

John "Jack" Dahlquist

Private 1st Class
United States Army
1953-1956

Richard "Dick" Stout

Petty Officer 3rd Class
United States Navy 1964-
1966

Bob Schumacher

Sp/5
Vietnam Veteran
United States Army
1966-1968

James R. Friend

Fire Control Tech Second
Class
United States Navy
1952-1959

Bill Burdick

Airman 1st Class
Air Force Corp
1966-1968

Fred "Jim" Schmidt

Sergeant
United States Army
1954-1962

Wayne Boulton

Airman 1st Class
Air Force Corp
1962-1966

Abednego "AJ" Ingram

Staff Sgt
United States Army
1950-1952

Alfons "Al" Roskowinski

Corporal
United States Army
1952-1954