

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## Armstrong Memory Care Assisted Living

			<p>1</p> <p>10:00 Sing A Long &amp; WYW 11:00 Music &amp; Motion 1:30 Communion with Felecia 2:30 November Bingo 3:30 Table Top Bowling 6:00 Gratitude Sticks</p>	<p>2</p> <p>10:00 Bible study with Joe &amp; Linda 11:00 Let's Get Moving 1:30 Turkey Racing 2:30 Small Group &amp; Dice Game 3:30 Basketball 6:00 Lucky Turkey</p>	<p>3</p> <p>Happy Birthday Joyce!!!!</p> <p>10:00 Yellow Dice 10:30 Wet Your Whistle 11:00 Flying Turkeys 1:30 November Bingo 3:00 Volleyball 6:00 Zilch</p>	<p>4</p> <p>10:45 Kick Ball 1:30 Turkey Fling 2:30 You Choose the Musical &amp; HH 4:00 Walking Group</p>
<p>5</p> <p>10:45 Bowling 1:30 Walking Group 2:00 Church with Joe &amp; Linda 3:30 AGT Time 6:00 Lucky Turkey</p> <p>Daylight Saving Time Ends FALL BACK</p>	<p>6</p> <p>10:00 Feather Float 10:30 Wet Your Whistle 11:00 Sit Down Dancing 1:30 November Bingo 3:00 Candy Corn Toss 3:30 Stand Up Bottle 4:00 Corn Hole 6:00 Trivia</p>	<p>7</p> <p>10:00 Turkey Racing 11:00 Noodle Fun 1:30 Kick Ball 2:00 Turkey Knock Down 3:00 Balloons 4:00 Walking Group 6:00 Darts</p>	<p>8</p> <p>10:00 Sing A Long &amp; WYW 11:00 Chair Yoga 1:30 November Bingo 3:00 Manicures 3:00 Word Games 3:30 Party Pong 4:00 Noodle Hockey</p>	<p>9</p> <p>10:45 Slotz Ball 10:30 Wet Your Whistle 11:00 Laundry Basket Toss 1:30 Gratitude Tree 2:00 Slam Can 2:30 Javelin 3:00 Yard Darts 4:00 Balloons 6:00 Zilch</p>	<p>10</p> <p>9:45 Rosary with Sandy 10:30 Veteran's Day Program with Buckeye Hospice and Palliative Care 1:30 Bocce 3:00 Hay Rides with Lyle 4:00 Noodle Fun 6:00 Trivia</p>	<p>11</p> <p>10:45 Red, White a Blue Toss 1:30 Patriot Bingo 3:00 Red, white and Blue Ring Toss 4:00 Chair Exercise with Patriotic Music 6:00 Reading Circle</p> <p>Veterans Day Remembrance Day (Canada)</p>
<p>12</p> <p>10:45 Horse Shoes 1:30 Ladder Game 3:00 Music with Clair Besse 4:00 Walking Group 6:00 Penny Ante'</p> <p>Diwali (Hindi)</p>	<p>13</p> <p>10:00 Sit Down Dancing 10:30 Wet Your Whistle 11:00 Balloons 1:30 November Bingo 3:00 Bocce 4:00 Walking Group 6:00 LCR</p>	<p>14</p> <p>10:00 Chair Yoga 10:30 Wet Your Whistle 1:30 Table Top Bowling 2:30 Pickle Taste Test 3:30 Candy Corn toss 4:00 Slam can 6:00 Lucky Turkey</p> <p>World Pickle Day</p>	<p>15</p> <p>Happy Birthday Doris P!!!!</p> <p>10:00 Sing A Long &amp; WYW 11:00 Music &amp; Motion 1:30 Communion with Felecia 2:30 November Bingo 3:30 Manicures &amp; Turkey Toss 6:00 Wooden Matching Game</p>	<p>16</p> <p>10:00 Bible study with Joe &amp; Linda 11:00 Turkey Pong 1:30 Volleyball 3:30 Feather Float 4:00 Walking Group 6:00 Dice Game</p>	<p>17</p> <p>10:00 Corn hole 10:30 Wet Your Whistle 11:00 Golf 1:30 November Bingo 3:00 Small Group &amp; Noodle Fun 4:00 Tower Toss 6:00 Gratitude Sticks</p>	<p>18</p> <p>10:45 Flying Turkeys 1:30 Slam Can 2:00 Stand Up Bottle 2:30 Walking Group 3:00 AGT/The Voice Time 6:00 Cards</p>
<p>19</p> <p>10:45 Bowling 1:30 Walking Group 2:00 Church with Joe &amp; Linda 3:30 Basketball 4:00 Balloons 6:00 Zilch</p>	<p>20</p> <p>10:00 Word Games 10:30 Wet Your Whistle &amp; Yellow Dice 11:00 1:30 November Bingo 3:00 Hang Man 4:00 6:00 Lucky Dog</p> <p>Game and Puzzle Day</p>	<p>21</p> <p>10:00 Turkey Racing 11:00 Chair Yoga 1:30 Pong Ball 2:30 Cone Toss 3:30 7/11/Double 4:00 Yard Darts 6:00 Thumbs Up</p>	<p>22</p> <p>10:00 Sing A Long &amp; WYW 11:00 Chair Yoga 2:00 November Birthday with Rachell Joy Sponsored by Affinity Care 3:30 Small Group &amp; Bucket Toss 6:00 Penny Ante'</p>	<p>23</p> <p>Activities Start at 10:45</p> 	<p>24</p> <p>10:00 Rosary with Sandy 10:30 Trivia and Wet your Whistle 11:00 Kick Ball 1:30 November Bingo 3:00 Volleyball 6:00 Shake Loose</p>	<p>25</p> <p>Happy Birthday Judy &amp; Shirley K!!!!</p> <p>10:45 Frog Toss 11:15 Slotz Ball 1:30 Pumpkin Toss 2:30 Noodle Hockey 3:30 Dice 4:00 Pong Ball 6:00 Life Stories</p>
<p>26</p> <p>10:45 Corn Hole 1:30 Golf 2:30 Kick Ball 3:30 Basket Toss 4:00 Walking Group 6:00 Dice</p>	<p>27</p> <p>10:00 Sit Down Dancing 10:30 Wet Your Whistle 11:00 4 in a Row 1:30 November Bingo 3:00 Kick Ball 3:30 Turkey toss 4:00 Walking Group 6:00 Shake Awake</p>	<p>28</p> <p>10:00 Kick Ball 10:30 Wet Your Whistle 11:00 Bottle Ring Toss 1:30 Skeet Ball 2:30 Balloons 3:00 Yellow Dice 4:00 Basket Toss 6:00 Party Pong</p>	<p>29</p> <p>10:00 Sing A Long &amp; WYW 11:00 Music &amp; Motion 1:30 November Bingo 3:00Manicures &amp; Bottle Stand Up 4:00 Walking Group 6:00 Your Choose</p>	<p>30</p> <p>10:00 Bible study with Joe &amp; Linda 11:00 Let's Get Moving 1:30 Pumpkin Toss 2:30 Noodle Balloons 3:30 Yellow Dice 4:00 Walking Group 6:00 Penny ante"</p>	<p>“May your heart and mind be open enough to receive the blessings of new month.” Happy November</p>	