

Traveling Forks Group | Monthly meetings are not listed on the calendar. However, if you are interested in future outings with the current residents, please contact Bonnie Wettersten directly at bonniewettersten@gmail.com. Bunco | If you are interested in playing or learning the game of Bunco, please contact Susan at smcmahon204@gmail.com.

Left Center Right Ladies Night | Held once a month, anyone interested in joining, please contact Claire Hawkins at Nanoclaire54@gmail.com This month's LCR night will be on Friday, the 17th at 7:00 pm. BYOB and snacks to share appreciated but not mandatory.

Book Club | This month's book is "The Wind Knows My Name" by Isabel Allende. The Book Club, which meets twice a month, will meet on Thursday, Nov 9th and Tuesday, November 21st at 7:00 pm in the Library. For more info, contact Marti at martihogan16@gmail.com

Concert Series | Wednesday, Nov 8th, 2:00 pm in the Lounge - This is the last of the concert series for 2023. Allure and your neighbors at Canvas in partnership with Allegro Music Consultants present the Jasper String Quartet.

Homestead Services |Friday, Nov 10th, 3:00 pm, Canvas Room - Denise Hildenbrand will talk about services provided following a surgery or illness.

Celebrate our Veterans | Saturday, Nov 11th 10:00 to 11:00 am - Stop by the Great Room for coffee and doughnuts and take a minute to thank our resident Veterans for their service.

Pop Up Boutique | Saturday, Nov 11th, 12:30 - 4:30pm Great Room - See some of the talent we have here at Canvas or if you have crafts you'd like to sell, please contact Gloria at gspriggs@allurelife.com. The holidays are near and you will find some nice gift ideas. Anything from sketching, paintings, jewelry, clothing, holiday crafts, etc.

Friendsgiving Dinner | If you would like to participate in our Annual Friendsgiving Dinner, you can sign up for what you will be bringing. Sign-up sheet will be in the mailroom.

Canvas Monthly Brunch | Sat, Nov 18th, Great Room -Please be sure to RSVP in the mail room. We do understand last minute things come up, however, so we can try to keep an accurate headcount, it is also important to note that if you do not plan to attend, it is not necessary to sign up.

Mass w/Father Don | Nov 22, 11:00 am, resident Monsignor Don Leighton will give mass in the lounge. All are welcome! Wine Down Wednesdays | This resident-run event takes place twice a month. For Nov, the dates are the 15th and the 29th. The November Resident Birthdays will be celebrated on the evening of the Nov 15th date. See flyers posted for more information or contact Judy Warshal at JWarshal@aol.com or Cindy Lapidus at clapidus28@gmail.com.

CANVAS DIRECTORY

Lisa Amico | Property Manager Victoria Malloy | Assistant Property Manager Barbara Easterling | Concierge Ashley Watson | Leasing Manager Gloria Spriggs | Lifestyle Director Bryan Lacey | Lead Maintenance Technician

OFFICE HOURS

Mon-Thurs 9am -6pm Fri - 8am - 5 pm Sat - 10 am - 5pm Sun - 12pm - 5pm

OFFICE PHONE: 659-901-1627

Maintenance Emergency: Follow Prompt EMERGENCY: CALL 911

CIAO BELLA SALON

Tues 11:00 am - 7:00 pm Thurs 11:00 am - 7:00 pm Fri 9:00 am - 2:00 pm Phone: (610) 990-7557 info@ciaobellasalon.com





Canvas at Valley Forge 101 Bryce Lane, King of Prussia, PA 19406 101 Bryce Lane, King of Prussia, PA 19406



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	grateful thankful \$ hersed	Thank,	1 9:00 am Dance Fitness / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / L	 8:00 am BarreFusion /F0 9:00 Pilates / FC 12:00 pm Pinochle /L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 	9:00 am Dance Fitness /FC 10:00 am Intermed Bridge /PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / L	4 9:00 am Balance Class / FC 10:00 am Stretch & Tone / FC 3:00 pm Billiards / GaR
5 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L	12:00 Pinochle / L 1:00 pm Mahjong / L 1:30 pm Acrylic w/Shayna/CR 2:30 pm Poker / PMR 5:00 pm Scripture Study /PMR 6:30 pm Sewing Class / CR	7 8:00 am Pilates / FC 9:00am BarreFusion / FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker / GR 7:00 pm Glass Painting /CR	 8 9:00 am Dance Fitness / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / TBD 2:30 pm Canvas Concert Series /L 2:30 pm Mens Poker / PMR 	 8:00 am BarreFusion / FC 9:00 Pilates / FC 12:00 pm Pinochle /L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 7:00 pm Book Club /LI 	10 9:00 am Dance Fitness /FC 10:00 am Intermed Bridge /PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / PMR 3:00 pm Homestead Services Presentation / CR	11 9:00 am Balance Class / FC 10:00 am Stretch & Tone /FC 10:00 am Veteran's Day Coffee & Doughnuts /GR 12:30 - 4:30pm Great Room 3:00 pm Billiards / GaR
12 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation /LI 2:00 pm Rummikub /L 2:00 pm Canasta / L	13 10:00 am Canasta / L 11:00 am Billiards / GaR 12:00 Pinochle / L 1:00 pm Mahjong / L 1:30 pm Acrylics w/Shayna /CR 2:30 pm Poker / PMR 5:00 pm Scripture Study /PMR 6:30 pm Sewing Class /CR	14 8:00 am Pilates / FC 9:00 am BarreFusion / FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker / L FRIENDSGIVING DINNER 5:30 pm - 7:00 pm Great Room	 15 9:00 am Dance Fitness / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / L 5:00 - 7:00 pm Wine Down Wednesday / GR (Flrs 4 & 5) "November Birthdays Celebrated" 	 16 8:00 am BarreFusion / FC 9:00 Pilates / FC 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 	17 9:00 am Dance Fitness /FC 8:30 am Bob the Jeweler / GR 10:00 am Intermed Bridge /PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / L 7:00 Ladies Night LCR / GR	18 Giving Thanks Brunch 10:30am - 12:00pm Great Room 8:30 am Bob the Jeweler /L 9:00 am Balance Class / FC 10:00 am Stretch & Tone / FC 3:00 pm Billiards / GaR
19 8:30 am Bob the Jeweler /GR 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation /LI 2:00 pm Rummikub /L 2:00 pm Canasta / L	20 10:00 am Canasta / L 11:00 am Billiards / GaR 12:00 Pinochle / L 1:00 pm Mahjong / L 2:30 pm Poker / PMR 5:00 pm Scripture Study /PMR	21 8:00 am Pilates / FC 9:00 am BarreFusion / FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker /L	22 9:00 am Dance Fitness / FC 10:00 am Ping Pong /GaR 11:00 am Mass w/Father Don / L 1:00 pm Mahjong / L 2:30 pm Mens Poker / L 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC	23 Thanksgiving	24 9:00 am Dance Fitness /FC 10:00 am Intermed Bridge /PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / L	25 9:00 am Balance Class / FC 10:00 am Stretch & Tone / FC 3:00 pm Billiards / GaR
26 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation /LI 2:00 pm Rummikub /L 2:00 pm Canasta / L	12:00 Pinochle / L	28 8:00 am Pilates / FC 9:00 am BarreFusion /FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker / L	29 9:00 am Dance Fitness / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / L 5:00 - 7:00 pm Wine Down Wednesday / GR (Flrs 2 & 3)	30 8:00 am BarreFusion / FC 9:00 Pilates / FC 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC		
LOCATION KEYCYN = Courtyard North CYP = Courtyard Poolside KEYGR = Great Room GaR = Game Room LI = Library L = LoungePMR = Poker/Media Room P = PoolA +Healthy + + Mindful + + Creative + +Inquisitive + + Centered + + Playful + + Social +Mindful + Life. + Creative + +Inquisitive + + Centered + + Social +Mindful + Life. CFFICE HOURSMonday - Thursday Studay9:00 am to 6:00 pm 8:00 am to 5:00 pm 10:00 am to 5:00 pm 10:00 am to 5:00 pm 12:00 pm to 5:00 pm						