## **ANNOUNCEMENTS & ACTIVITIES**

Mystery Drive | Thursday, November 9th @ 10:00am

Thanksgiving Celebration - Grand Room | Friday, November 17th @ 4:00pm Haven wishes you and your family good eats and gratitude this season!

NEW! Tai Chi - Grand Room | November 1st, 3rd & 17th @ 3:00pm

Combine slow gentle movements with controlled breathing and you get meditation in motion. Tai Chi is well known for its rehabilitation and health benefits. This exercise is done seated or standing.

Happy Hour - Bistro | Friday, November 10th 4:00pm

Sponsored by: Reliant at Home & Discovery Villages

NEW! Meet & Greet - Bistro | Saturday, November 18th @ 1:00pm

This resident led event will occur on the 3rd Saturday of every month. Join one another in the Bistro to befriend and bond with your neighbor(s).

Lunch & Learn - Haven Bistro | Thursday, November 30th @ 12:00pm Sponsored by: Amerilife

Pumpkin Painting 11/02 @ 1pm - GR | Lunch and Learn 11/09 @ 1pm - Bistro Sponsored by: Empower

Donuts & Coffee - Haven Bistro | Thursday, November 16th @ 9:30am Sponsored by: Trio Home Care

Ladies Night Out - Olive Garden | Tuesday, November 14th @ 5:00pm 2418 S Stemmons Fwy, Lewisville, TX 75067

Men's Night Out - Fish City Grill | Wednesday, November 15th @ 5:00pm 2628 Long Prairie Rd #100, Flower Mound, TX 75028

Beaujolais & More 2023 - North Texas Fair - \$32.95/person | 11/16 @ 5:00pm Treat yourself to an evening of nibbling and sipping while supporting the Campus Theatre. 2217 N Carroll Blvd. Denton, TX 76201

Hot Breakfast - Bistro | Wednesday, November 29th @ 9:00am

Homestead Heritage | Saturday, November 11th @ 10:00am 608 Dry Creek Rd, Waco, TX 76705

Painting w/a Twist - Bistro | Thursday, November 9th @ 3:00pm Sponsored by: River Oaks

Thrive - Lewisville Senior Center | 11/01 & 11/15 @ 11:00am

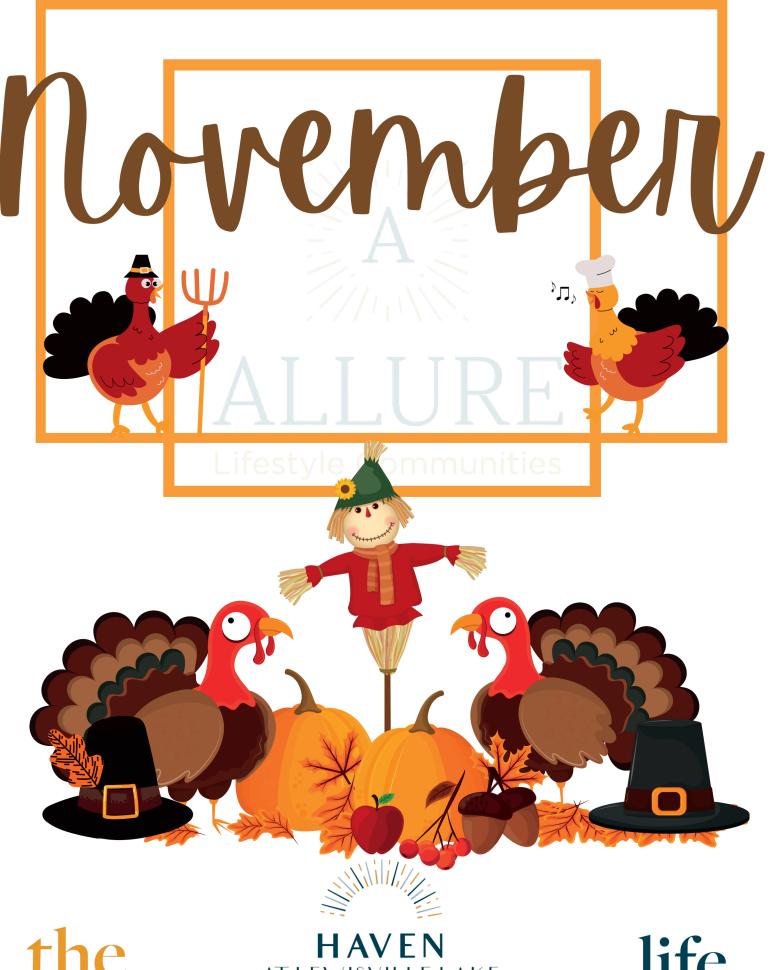
Become a member for only \$25/year! FREE lunch. Must be 60+ to qualify. Bus leaves at 11:00am 1950 S Valley Pkwy Lewisville, TX 75067

Lauren McGee | Property Manager Alexis Garcia | Assistant Manager Danny Crist | Driver Carlos Vargas | Service Manager Coming Soon | Service Technician

Virginia Leone | Housekeeper

## **HAVEN DIRECTORY**

Hair Stylist: COMING SOON NAIL STYLIST: COMING SOON Masseuse, Barbara Dickinson: (214) 606-2975 Haven Office: (214) 222-2563









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
To those born in November, the Haven team wishes you the Happiest of Birthdays!			1:00am THRIVE - OS • • • 1:00pm Bible Study - CR • 1:30pm Mobility Training - GR • 3:00pm Tai Chi - GR •	2 1:00pm Pumpkin Painting - GR • 5:30pm Bingo Night - GR •	3 9:30am Grocery Store - OS * 2:00pm Resident Led Bible - ER * 3:00pm Tai Chi - GR * 4:00pm Happy Hour - B *	4 Grand Room Reserved 12pm-5pm
<b>5</b> 2:00pm Resident Led Worship Service Non-Denominational - GR•	<b>6 9:30am Grocery Store - OS •</b> 10:00am Bridge - #2307 • 1:30pm Balance & Strength - GR• 3:00pm Bean Bag Baseball - GR• 5:00pm Mexican Train - B•	9:30am FREE Blood Pressure Exam - B • 10:00am Catholic Service - GR 4:00pm Social Hour - B • 5:00pm Rummikub - ER • 5:30pm Bingo Night - GR •	8 1:00pm Bible Study - CR  1:30pm Mobility Training - GR 3:00pm Birthday Party - GR	9 10:00am Mystery Drive - OS • 1:00pm Lunch & Learn - B • 3:00pm Painting w/a Twist - B • 5:30pm Bingo Night - GR •	10 9:30am Grocery Store - OS ◆ 2:00pm Resident Led Bible - ER◆ 4:00pm Happy Hour - B ◆	11 10:00am Homestead Heritage - OS • 2:00pm Silver Derby - GR •
<b>12</b> 2:00pm Resident Led Worship Service Non-Denominational - GR•	1:30pm Balance & Strength - GR• 3:00pm Bean Bag Baseball - GR• 5:00pm Mexican Train - B•	9:30am FREE Blood Pressure Exam - B • 10:00am Catholic Service - GR 4:00pm Social Hour - B • 5:00pm Ladies Night Out - OS • 5:00pm Rummikub - ER • 5:30pm Bingo Night - GR •	11:00am THRIVE - OS • • • 1:00pm Bible Study - CR • 1:30pm Mobility Training - GR• 5:00pm Men's Night Out - OS •	16 9:30am Donuts & Coffee - B • 5:00pm Beaujolais & More - OS • 5:30pm Bingo Night - GR •	17 9:30am Grocery Store - OS • 2:00pm Resident Led Bible - ER• 3:00pm Tai Chi - B • 4:00pm Thanksgiving Party - GR•	18 1:00pm Meet & Greet - B ◆
19 2:00pm Resident Led Worship Service Non-Denominational - GR •	1:30pm Balance & Strength - GR•		<b>22</b> 1:00pm Bible Study - CR • 1:30pm Mobility Training - GR•	23 OFFICE CLOSED  HAPPY  hanksgiving	24 2:00pm Resident Led Bible - ER 4:00pm Happy Hour - GR	Grand Room Reserved 3pm-6pm
<b>26</b> 2:00pm Resident Led Worship Service Non-Denominational - GR•	1	28 9:30am FREE Blood Pressure Exam - B • 10:00am Catholic Service - GR 4:00pm Social Hour - B • 5:00pm Rummikub - ER • 5:30pm Bingo Night - GR •	29 9:00am Hot Breakfast - B • 10:00am WinStar Casino - OS • 1:00pm Bible Study - CR • 1:30pm Mobility Training - GR •	30 12:00pm Lunch & Learn - B • 5:30pm Bingo Night - GR •		
LOCATION CY = Courtyard P = Pool OS = Offsite Event KEY FC = Fitness Center B = Bistro GR = Grand Room CR = Craft Room CR = Craft Room    A						