

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# NOVEMBER 2023

## Patriots Landing Independent & Assisted Living Life Enrichment Calendar



<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 1:00 Sit &amp; Fit <b>1:00 McChord BX/Commissary</b> 2:00 Bingo 6:15 Triominos 7:00 Movie Night</p>	<p><b>5</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class 10:30 Board Games 1:00 Sit &amp; Fit 6:15 Mexican Train</p>	<p><b>6</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class 10:30 Board Games 1:00 Sit &amp; Fit 6:15 Mexican Train</p>	<p><b>7</b> Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness <b>10:30 Beginners Bingo</b> 1:00 Sit &amp; Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night</p>	<p><b>8</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class <b>10:00 Fred Meyer</b> 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit &amp; Fit <b>3:00 Needle Group</b> 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p><b>9</b> Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness <b>10:15 Social w/JBLM Soldiers</b> 1:00 Sit &amp; Fit 3:00 Mahjong 5:00 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games</p>	<p><b>10</b> Marine Corp Birthday</p> <p>9:30 Exercise Class <b>10:00 Tahoma National Cemetery</b> 10:15 Bible Study 1:00 Sit &amp; Fit 2:00 Bingo <b>3:30 Cabaret Singer/Wine Social "Sound of Music"</b> 6:15 Triominos 7:00 Friday Night Movie</p>	<p><b>11</b> Support Run 2 Remember <b>9:00 Ft Lewis PX/Commissary (Longer Shopping Trip)</b> 10:30 Resident Board Games 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games <b>7:00 Trivia Night w/ Steven D. Thanksgiving Trivia</b></p>
<p><b>12</b> Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 10:30 Board Games w/Jennifer 1:00 Sit &amp; Fit <b>1:00 Ft Lewis PX/Commissary</b> 2:00 Bingo 6:15 Triominos 7:00 Movie Night <small>Diwali (Hindi)</small></p>	<p><b>13</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class <b>11:00 Brain Fitness</b> 1:00 Sit &amp; Fit <b>2:00 Bean Bag Toss</b> 6:15 Mexican Train</p>	<p><b>14</b> Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness <b>10:00 Visit from St Frances Cabrini 3rd Grade Class</b> 10:30 Playing 8-ball billiard 1:00 Sit &amp; Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night</p>	<p><b>15</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class <b>10:00 Costco, Lacey (Must be Costco member to sign up)</b> 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit &amp; Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p><b>16</b> Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness <b>10:30 Board Games</b> 1:00 Sit &amp; Fit <b>2:00 Resident Birthday Party w/ "Northwest Sunshine"</b> 5:00 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games <b>7:00 History Stories w/Steve D</b></p>	<p><b>17</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class 10:15 Bible Study <b>11:00 Walmart</b> 1:00 Sit &amp; Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie</p>	<p><b>18</b> Support Run 2 Remember <b>10:00 Hess Bakery &amp; Deli</b> 10:30 Resident Board Games 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night <small>Veterans Day Remembrance Day (Canada)</small></p>	
<p><b>19</b> Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 10:30 Board Games w/Jennifer 1:00 Sit &amp; Fit <b>1:00 McChord BX/Commissary</b> 2:00 Bingo 6:15 Triominos 7:00 Movie Night</p>	<p><b>20</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class 10:30 Board Games 1:00 Sit &amp; Fit <b>2:00 Songbirds w/ Alan Z</b> 6:15 Mexican Train</p>	<p><b>21</b> Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness <b>10:00 ACU Banking for Residents</b> 10:30 Playing 8-ball billiards 1:00 Sit &amp; Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night</p>	<p><b>22</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class <b>11:00 Panera, Lakewood</b> 10:30 Catholic Prayer Service 11:00 Mass 1:00 Sit &amp; Fit <b>2:00 *Early Bingo</b> 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 7:00 Church @ Patriots Landing Thanksgiving Service</p>	<p><b>23</b> THANKSGIVING</p> <p><b>Seatings will be at 12:00pm and 3:00pm.</b> Please make your reservations with Iris, Craig or a member of our dining staff &amp; purchase tickets at front desk. Without reservations we cannot guarantee seating. <u>Special Meal Tickets for sale at front desk. \$25/adult guest, \$10/youth guest 12 &amp; under</u> <b>Activity Schedule Resumes Tomorrow</b> <small>Thanksgiving Day (US)</small></p>	<p><b>24</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class 10:15 Bible Study <b>11:00 Emperor's House, Lacey</b> 1:00 Sit &amp; Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie</p>	<p><b>25</b> Support Run 2 Remember <b>10:00 McChord BX/Commissary</b> 10:30 Resident Board Games 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night</p>	
<p><b>26</b> Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 10:30 Board Games w/Jennifer 1:00 Sit &amp; Fit <b>1:00 Ft Lewis PX/Commissary</b> 2:00 Bingo 6:15 Triominos 7:00 Movie Night</p>	<p><b>27</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class <b>11:00 Brain Fitness</b> 1:00 Sit &amp; Fit <b>2:00 Songbirds w/ Alan Z</b> 6:15 Mexican Train</p>	<p><b>28</b> Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness <b>10:00 Book Club – 3rd floor</b> 10:30 Playing 8-ball billiards 1:00 Sit &amp; Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos <b>7:00 David Robbecke – Wine Social Lobby</b></p>	<p><b>29</b> Transportation: APPT. Day</p> <p>9:30 Exercise Class <b>10:00 Lakewood Towne Center</b> 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit &amp; Fit <b>2:00 Town Hall</b> 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p><b>30</b> Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness <b>10:30 Board Games</b> 1:00 Sit &amp; Fit 3:00 Mahjong 5:00 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games</p>	<p><b>Patriots Landing Retirement Community</b></p> 		