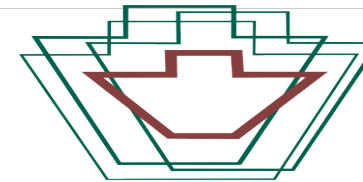







ASSISTED LIVING NOVEMBER 2023



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Monthly Theme</u> NOTHING BRINGS PEOPLE <i>Together</i> LIKE GOOD FOOD	<u>Monthly Birthdays</u> Nov. 1st- Sandy Walther Nov. 18th- Linda Seibold Nov. 23rd- Georgette Dupont "104" Nov. 23rd- Pat Berwaldt Nov. 24th- Betty Nipoti	*Activities are Subject to Change Amy Creasia Programmming Specialist ACreasia@keystonesenior.com	1 9:30- Hubbard Coffee Chat-3A 10:00-Lunch at Unos and Shopping at Target Holyoke Mall 10:30- Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm-LCR- (dollar buy-in)-BR 2:30pm- Dime Bingo-3A 3pm- Pet Visits w/Keeper- 2A 6:45- Rummikub-Billiard	2 9:30- Coffee and Chronicles-3A 10:30- Help Your Neighbor Card Game -3A 1pm- Pitch- Billiards Room 2pm- Mike and Dan Performs-3A 3pm- Poker- Billiards Room 3pm- Popcorn Club- Theater 6:45- Kings in the Corner-BR 6:45- Canasta- Pub	3 9:30- Billiards- Billiards Room 10:30- Food Trivia-3A 12:30pm- Rosary-3A 1pm- Divine Discussion w// Laurie and Judy- Theater 2pm- Holly Sommers Performs-3A 3pm- Drumming Class- Theater 6:45- Mexican Train Dominos- Billiards Room Movie Outing TBA	4 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Honky Tonk Piano Man Performs-3A
5 Mass at St Elizabeth's 2pm- Rummikub-Billiards <i>Day of Rest and Face Timing with Families</i>	6 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Uno Attack-Billiards Room 1pm- Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Corn Hole- IL dining Room 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo with Fredi-	7 10am- Blood Pressure Clinic-Pub 10:30- Making Wreaths for a Reason- Pub- Random Acts of Kindness 10:30- Knitting Corner- 1 st Floor 10:30- Blood Pressure Clinic-Pub 1pm- Divine Discussion w/ Laurie and Judy- Theater 2pm- Painting Class-3A 3pm- Blackjack-Dollar Buy-in-3A 6:45- Pitch- Billiards Room	8 9:30- Hubbard Coffee Chat-3A 10:30- Exercise w/ Lynn-3A 12:30- Rosary- 3A 1pm-LCR- (dollar buy-in)-BR 2:30pm-Dime Bingo-3A 3pm- Pet Visits w/Keeper- 2A 3:30- Wii Bowling- Theater 6:45- Rummikub-Billiard	9 9:30- Coffee and Chronicles-3A 10:30-Adaptive Boxing-3A 1pm- Pitch- Billiards Room 2pm- Richie Mitnik Performs-3A 3pm- Poker- Billiards Room 3pm- Popcorn Club and Happy Hour- Theater 6:45- Kings in the Corner-BR 6:45- Canasta- Pub	10 Wear your Patriotic Gear 9:30- Billiards- Billiards Room 12pm Lunch for our Veterans- IL Dining Room 1pm-Veterans Day Virtual Concert- 3A 77th Army Band 2pm- Popcorn Club- Theater 6:45- Mexican Train Dominos Billiards Room	11 10:30- Wii Bowling for Newbies-T 1pm- Dime Bingo-3A 2pm- Cooking Show- Theater 2:30- Strength Training-3A
12 Mass at St Elizabeth's 2pm- Rummikub- Billiards <i>Day of Rest and Face Timing with Families</i>	13 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Dice Game- Billiards Room 1pm- Resident Council Meeting-3A 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Fredi in the Pub	14 Friendsgiving 9:30- Billiards 10:00- Making Stuffing and Mashed Potatoes- 10 person limit 12:00pm- Friendsgiving IL Dining room for those who signed up and brought a dish- More to Come 3pm- Blackjack- Dollar Buy-in-3A 4:30- Spaghetti Supper at St Elizabeths	15 9:30- Hubbard Coffee Chat-3A 10:30- Making Aprons and Potholders-3A Sign up in Activities 12:30- Rosary-3A 1pm-Wii Bowling Competition-T 1pm- Scenic Ride and Hot Cocoa 3pm- Baking Bingo-3A 3pm- Pet Visits w/Keeper- 2A 6:45- Rummikub-Billiards	16 10:00- Coffee House-3A 10:30- Willie Nininger Performs 1pm- Chili Cook-Off-3A Judges needed- sign up in Activities 3pm- Popcorn Club and Happy Hour Theater 6:45- Kings in the Corner-BR 6:45- Canasta- Pub	17 9:30- Billiards 12:30- Rosary-3A 1pm- Food Meeting- Pub 1pm- Rummikub- Billiards 2pm- Blindfold Taste Testing 3:30- Drumming Class-3A 6:45- Mexican Train Dominos	18 10:30- Piano w/ Caden-1st Floor Piano Room 1pm- Wii Bowling-Theater 2pm- T- Bone Performs-3A
19 Mass at St Elizabeth's 2pm- Rummikub-Billiards <i>Day of Rest and Face Timing with Families</i>	20 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Spades- Billiards Room 1pm- Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Corn Hole- IL Dining Room 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo with Fredi- in the pub	21 Massage Therapist 1-4 10am- Blood Pressure Clinic-Pub 10:30- Knitting Corner- 1 st Floor 10:30-Nickels- 3A 1pm- Rendered Root- Read Aloud w/ Jamie Gagnon- 1st Floor Piano Rm 2pm- Line Dancing-3A 3pm- Cookie Wars-3A 6:45- Pitch- Billiards Room	22 Leggings Day in Honor of Georgette turns 104 9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm-LCR- (dollar buy-in)- Billiards Room 2pm- Ladder bingo-Pub 3pm- Happy 104th Birthday Celebrating Georgette-3A 3pm- Pet Visits w/ Keeper-2A 6:45- Rummikub-Billiards	23 	24 PJ Day/ Breakfast for Dinner 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2pm- Games and Cocoa-3A 3pm- Holiday Movie-Theater 6:30- Scrabble- Billiards	25 10:30- Wii Bowling for Newbies- T 1pm- Dime Bingo-3A 2pm- Cooking Show- Theater 2:30- Strength Training-3A
26 Mass at St Elizabeth's 2pm- Rummikub-Pub <i>Day of Rest and Face Timing with Families</i>	27 9:30- Shopping in Chicopee 10:30- Kings in the Corner-BR 1pm- Scrabble- BR 1:30- Catholic Mass- 3A 2:30- Balloon Volleyball-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Fredi in the Pub	28 10:30- Ballroom Dancing-3A 10:30- Blood Pressure Clinic-Pub 10:30- Knitting Corner- 1 st Floor 1pm- Chorus Rehersal w/ Don-3A 2pm- Divine Discussion w/ Judy and Laurie- Theater 2pm- Painting Class-3A 3:30-Blackjack- Dollar-Buy-in-3A 6:45- Pitch- Billiards Room	29 9:30- Hubbard Coffee Chat-3A 10:30- Exercise w/ Sarah-3A 12:30- Rosary-3A 2pm- Lisa Carter and Matt Foster go Country!!!-3A 3:30- Wii Bowling- Theater 6:45- Rummikub- Billiards	30 9:30- Pancake Art Coffee Chat-3A 10:30-Adaptive Boxing-3A 1pm- Pitch- Billiards Room 2pm- Pokeno- 3A 3pm- Poker- Billiards Room 3:30- Caretenders Presents and Happy Hour- Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub	<u>Staff and Resident Potluck Community Luncheon</u> November 14th at 12pm Bring a dish to share Sign up with Activities! We will be making stuffing, mashed potatoes and the turkey. 	 <p>Thank You Veterans</p> <small>Dr. Don G. Lane, General Dentist</small>