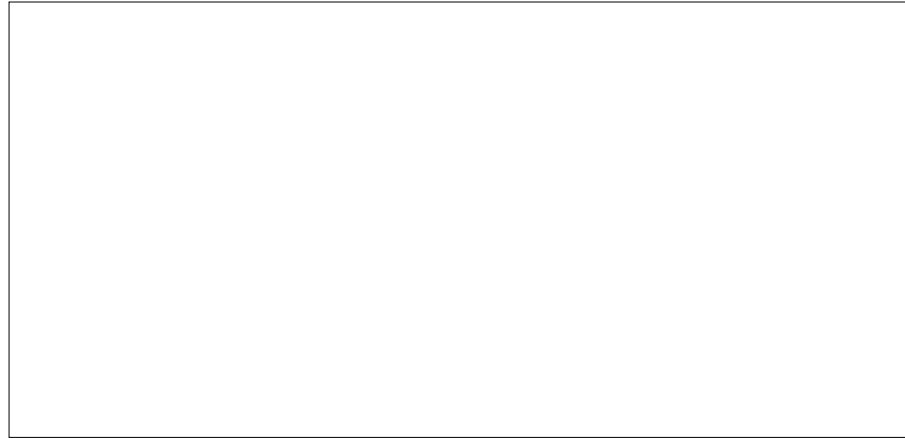




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Gary Monnin & Maria Moreno
Wellness Coordinators:
Savannah Andrews & Victoria Diaz
Maintenance Director:
Joshua Sabota
Dining Services Director:
Sara Scheurn
Life Enrichment Director:
Denise Stassen



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Pioneer Post

November 2023 Newsletter



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Ways to Honor Our Veterans

Veterans Day takes place on November 11, honoring veterans of the United States' armed forces. On that day and beyond, here are some ways to honor the veterans in your life and community.

Visit a VA Hospital. Call ahead to find out their guidelines for visiting and/or volunteering and see how you can make a difference for the veterans there.

Visit a War Memorial. Take the time to observe and remind yourself and others about our veterans sacrifices.

Send thank you mail to veterans. There are various organizations that you can seek out for reaching veterans. A few links to do so include:

- amillionthanks.org/letter/
- supportourtroops.org/cards-letters
- www.operationgratitude.com/volunteer/anywhere/letters/

Strike up a conversation with a veteran. It is not only a great feeling to connect with another person, but it is special to a veteran when you take the time to hear what they want to share from their story.

Support charities that bring support to veterans. A few include:

- K9s For Veterans: k9sforwarriors.org
- Vehicles For Veterans: www.vehiclesforveterans.org
- Disabled American Veterans: dav.org
- Wounded Warriors Family Support: wwfs.org



Do you know all of the branches of U.S. Armed Forces? There are six: the Air Force, Army, Coast Guard, Marine Corps, Navy, and Space Force.

Display and use your American flag properly. Rules of thumb include not hanging the flag upside down or backwards and if you hang it vertically, have the stars on the viewer's left. Also, don't let the flag touch the ground. On Memorial Day, have the flag at half-mast from sunrise to noon then at full-mast the rest of the day.

Know the difference between Veterans Day and Memorial Day. Memorial Day is the last Monday in May, honoring those who have passed serving in the military. Veterans Day honors all who have served in the Armed Forces.

Buy a veteran a cup of coffee or help them with a task. If you see a veteran out in your community, try to brighten their day by offering your assistance to them.

We would love to hear additional ideas from you about the ways you support veterans on our Facebook post for this month's newsletter on the first of November.



We had a great turn out for last months Creekside Chat



Residents enjoying the Ring of-Fire Eclipse



Special Moments



The ladies enjoyed lunch out at Lake of the Woods Restaurant.



Poker time!

Happy Birthday to our Staff & Residents:

Nancy K.	Nov. 10th
Irene R.	Nov. 14th
Bernie C.	Nov. 15th
Celia A.	Nov. 22nd
Daniel K.	Nov. 24th
Juanita L.	Nov. 30th
Nickole	Nov. 6th
Cameron	Nov. 11th
Josette	Nov. 22nd

November 2023 Highlights

Observes: National Alzheimer's Awareness, COPD, Diabetes, Epilepsy, Hospice & Palliative Care, Long-term Care, and Lung Cancer

Celebrates: Aviation History, Career Development, Family Caregivers, Family Stories, Fondue, Gratitude, Life Writing, Movember, Military Families, Native American Heritage, Novels, Peanut Butter, Pomegranates, Raisin Bread, Spinach, and Squash

01: Authors' Day; Calzone Day; Cinnamon Day	17: Butter Day; Homemade Bread Day; Hike Day
02: Deviled Egg Day; Ohio Day	18: Mickey Mouse's Birthday; Princess Day
03: Housewife's Day; Sandwich Day; Jersey Friday	19: Play Monopoly Day
04: Candy Day; Bison Day	20: Child's Day; Peanut Butter Fudge Day
05: Daylight Saving Time Ends; Donut Day	21: Gingerbread Cookie Day; Stuffing Day
06: Nachos Day; Saxophone Day	22: Cranberry Relish Day; Jukebox Day
07: Bittersweet Chocolate with Almonds Day	23: Thanksgiving; Cashew Day; Espresso Day
08: Cappuccino Day; STEM/STEAM Day	24: Native American Heritage Day; Sardines Day
09: Louisiana Day; Scrapple Day	25: Parfait Day; Small Business Saturday
10: Veterans Day Observed; Vanilla Cupcake Day	26: Cake Day
11: Veterans Day; Sundae Day	27: Bavarian Cream Pie Day; Craft Jerky Day
12: Chicken Soup For The Soul Day; French Dip Day	28: French Toast Day; Giving Day
13: World Kindness Day; Indian Pudding Day	29: Electronic Greetings Day
14: Family PJ Day; Pickle Day; Spicy Guacamole Day	30: Mason Jar Day; Mousse Day, Floral Design Day
15: Bundt Day; Philanthropy Day; Raisin Bran Day	
16: Fast Food Day; Great American Smokeout	

Our Executive Director's Corner

Dear residents, family members, and friends,

I would like to invite everyone to join us for our Art Gala on Friday, November 17th from 11:00 AM to 1:30 PM.

It will be held in the Pioneer Village dining room.

We will be featuring artwork by Mary Jo Heath & Lori Garfield.

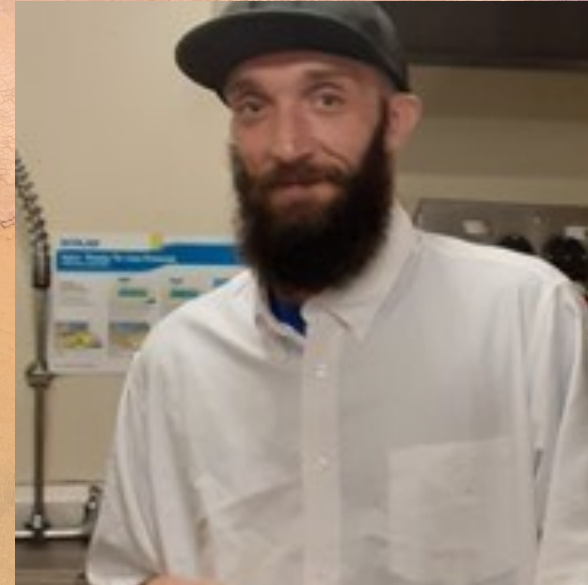
We will enjoy a harpist, hors d'oeuvres, wine and sparkling cider.

Hope to see you all there!!

Beondi Hewson

Executive Director

HAPPY THANKSGIVING TO ALL RESIDENTS, FAMILIES & FRIENDS!!



Staff Spotlight:
Aaron

Meet Aaron, our Employee of the Month. He has been a dishwasher at Pioneer Village for just over a year. He was born and raised in Reno and moved to Oregon in 2022. Aaron has a small dog named Magnum that he adopted. Some of his hobbies include drifting his truck, drawing, listening to a very wide variety of music, and collecting hats. His favorite colors are green and purple.

Aaron is shy, but loved by his co-workers! He is a team player and always has a smile to share.



Resident Spotlight:
Lou

Lou is from Plainfield, New Jersey and has a long history as an Arborist (caring for trees). He enjoys nature, caring for his grandchildren, and teaching others. He has a dog named Emma who comes to visit occasionally. Lou was also a volunteer fireman for 22 years!

When you see Lou at a gathering, he is likely to be singing along with the band and enjoying the company of his friends and neighbors.

SUN	MON	TUE	WED	THU	FRI	SAT
		2F— Second Floor AL— A lobby BL— B lobby CR— Cinema Room B— Bistro TF— Third Floor DR— Dining Room \$ — Cost involved	1 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Shopping- Dollar Store /Big Lots \$ 10:00 Craft Time B 11:00 One on One Visits 2:00 Scenic Drive 3:00 Menu Meeting CR 3:00 Happy Hour with the band “Mostly Country” B 4:00 Who is in the Hall? 2F 5:00 TV Time CR	2 8:00 Coffee Social AL 9:30 Balance Class TF 11:00 Noodle Volleyball B 1:30 Poker/Wii/Mx Train TF 2:00 Parkinson’s Support Group CR 3:00 Dan & Carol’s New England Adventure B 4:00 Show and Share B 5:00 TV Time CR	3 8:30 Friday Donuts DR 9:30 Sit and Stretch TF 10:30 Veteran Picture Day AL 11:30 Out to Lunch – Cracker Barrel \$ 1:30 Piano with Josh BL 3:00 Music Social– Lillian 4:00 4K Explore Our World B 5:00 TV Time 6:30 Friday Night Movie CR	4 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Craft Time B 10:30 Bible Study CR 11:00 One on One Visits 12:30 Football Game TF 1:30 Poker TF 2:00 Mexican Train TF 5:00 TV Time
5 8:00 Sacred Heart Catholic Ch 9:30 Chair Yoga TF 10:00 Football Game TF 10:15 Presbyterian Church 10:30 5 Crown TF 1:00 Matinee CR 1:30 Poker TF 3:00 Scenic Drive 3:30 Women’s Circle B 5:00 Movie Time CR	6 TRANSPORTATION 8:00 Coffee Social AL 9:30 Tai Chi TF 11:00 Wii Bowling TF 12:00 Nacho Day DR 1:30 Mexican Train TF 2:00 Who is in the Hall 2F 3:00 Resident Council B 4:00 Virtual Travel- Machu Pichu B 5:00 Western TV Time CR	7 TRANSPORTATION 8:00 Coffee Social AL 9:30 Sit and Stretch TF 10:00 Activity Meeting B 11:00 Operation Gratitude B 12:00 Chocolate Almond Day DR 1:30 Poker TF 2:00 Who is in the Hall 2F 3:00 Game Time TF 7:00 Chat by the Fire BL	8 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Craft Time B 10:00 Shopping- Fred Meyer \$ 11:00 One on One Visits 2:00 Scenic Drive 3:00 Menu Meeting CR 3:00 Glee Club B 4:00 Who is in the Hall 2F 5:00 TV Time CR	9 TRANSPORTATION 8:00 Coffee Social AL 9:30 Balance Class TF 11:00 Battle Ball B 12:00 Greek Yogurt Day DR 1:00 Piano with Louis Faro BL 1:30 Poker/Wii/Mx Train TF 3:00 Game Time TF 4:00 Show and Share B 5:00 TV Time CR	10 8:30 Friday Donuts DR 9:30 Sit and Stretch TF 10:30 Book Club CR 11:00 Picnic Lunch @ Veterans Memorial Park 1:30 Piano with Josh BL 3:00 Music Social-Bobbie Ann and the Invisible Band B 4:00 4K Explore Our World B 6:30 Friday Night Movie CR	11 VETERANS DAY 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Veterans Day Ceremony B 10:30 Bible Study CR 11:00 One on One Visits 12:30 Football Game TF 1:30 Poker TF 2:00 Mexican Train TF 5:00 TV Time
12 8:00 Sacred Heart Catholic Ch 9:30 Chair Yoga TF 10:00 Football Game TF 10:15 Presbyterian Church 10:30 5 Crown TF 1:00 Matinee CR 1:30 Poker TF 3:00 Scenic Drive 3:30 Women’s Circle B 5:00 Movie Time CR	13 TRANSPORTATION 8:00 Coffee Social AL 9:30 Tai Chi TF 11:00 Wii Bowling TF 1:30 Mexican Train TF 2:00 Who is in the Hall 2F 3:00 Pool Tournament TF 4:00 Virtual Travel- Scotland B 5:00 Western TV Time CR	14 TRANSPORTATION 8:00 Coffee Social AL 9:30 Sit and Stretch TF 10:00 10,000 (Dice) AL 11:00 Operation Gratitude B 1:00 Irene Rausch’s 100th Birthday Bash B 1:30 Poker /Mexican Train TF 2:00 Who is in the Hall 2F 2:00 Creek Side Chat— Open to ALL residents Out to Dinner-RAM \$ 4:30 7:00 Crochet by the Fire BL	15 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Craft Time B 10:00 Shopping- Burlington/Ross \$ 11:00 One on One Visits 2:00 Scenic Drive 3:00 Menu Meeting CR 4:00 Who is in the Hall 2F 5:00 TV Time CR	16 TRANSPORTATION 8:00 Coffee Social AL 9:30 Balance Class TF 11:00 Noodle Volleyball B 1:30 Poker/Wii/Mx Train TF 2:00 Parkinson’s Support Group CR 3:00 Game Time TF 4:00 Show and Share B 5:00 TV Time CR	17 8:30 Friday Donuts DR 9:30 Sit and Stretch TF 10:30 Bingo B \$ 11:00 Art Gala DR 11:30 Out to Lunch-Abby’s Pizza 1:30 Piano with Josh BL 3:00 Talent Show BL 4:00 4K Explore Our World B 6:00 Friday Night Social TF 6:30 Friday Night Movie CR	18 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Craft Time B 10:30 Bible Study CR 11:00 One on One Visits 12:30 Football Game TF 1:30 Poker TF 2:00 Mexican Train TF 5:00 TV Time CR 6:30 Saturday Night
19 8:00 Sacred Heart Catholic Ch 9:30 Chair Yoga TF 10:00 Football Game TF 10:15 Presbyterian Church 10:30 5 Crown TF 1:00 Matinee CR 1:30 Poker TF 3:00 Scenic Drive 3:30 Women’s Circle B 5:00 Movie Time CR	20 TRANSPORTATION 8:00 Coffee Social AL 9:30 Tai Chi TF 11:00 Wii Bowling TF 12:00 Peanut Butter Fudge Day DR 1:30 Mexican Train TF 2:00 Who is in the Hall 2F 3:00 Pool Tournament TF 4:00 Virtual Travel- America’s Wild West B 5:00 Western TV Time CR	21 TRANSPORTATION 8:00 Coffee Social AL 9:30 Sit and Stretch TF 10:00 10,000 (Dice) AL 11:00 Operation Gratitude B 1:30 Poker TF 2:00 Who is in the Hall 2F 3:00 Game Time TF 5:00 TV Time CR 7:00 Chat by the fire BL	22 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Craft Time B 10:00 Shopping- Trader Joes \$ 11:00 One on One Visits 2:00 Scenic Drive 3:00 Menu Meeting CR 3:00 Glee Club B 4:00 Who is in the Hall 2F 5:00 TV Time CR	23 Thanksgiving 8:00 Coffee Social AL 11:00 Battle Ball B 12:00 Giving Thanks 1:30 Poker/Wii/Mx Train TF 3:00 Game Time TF 5:00 TV Time CR	24 8:30 Friday Donuts DR 9:30 Sit and Stretch TF 10:30 Book Club CR 1:30 Piano with Josh BL 3:00 Music Social– Sheila Winn B 3:00 November HappyHour AL 4:00 4K Explore Our World B 6:30 Friday Night Movie CR	25 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Crafting Christmas Wreaths B 10:30 Bible Study CR 11:00 One on One Visits 12:30 Football Game TF 1:30 Poker TF 2:00 Mexican Train TF 5:00 TV Time CR
26 8:00 Sacred Heart Catholic Church 9:30 Chair Yoga TF 10:00 Football Game TF 10:15 Presbyterian Church 10:30 5 Crown TF 1:00 Matinee CR 1:30 Poker TF 3:30 Women’s Circle B 5:00 Movie Time CR	27 TRANSPORTATION 8:00 Coffee Social AL 9:30 Tai Chi TF 11:00 Wii Bowling TF 12:00 Bavarian Cream Pie Day DR 1:30 Mexican Train TF 2:00 Who is in the Hall 2F 3:00 Pool Tournament TF 4:00 Virtual Travel- Sprawling Wild Poland B 5:00 Western TV Time CR	28 TRANSPORTATION 8:00 Coffee Social AL 9:30 Sit and Stretch TF 10:00 10,000 (Dice) AL 11:00 Operation Gratitude B 1:30 Poker TF 2:00 Who is in the Hall 2F 3:00 Game Time TF 4:30 Out to Dinner- Red Robin \$ 7:00 Crochet by the Fire BL	29 8:00 Coffee Social AL 9:30 Tai Chi TF 10:00 Craft Time B 10:00 Shopping- Goodwill \$ 11:00 One on One Visits 2:00 Scenic Drive 3:00 Menu Meeting CR 3:00 Resident B-Day & Welcome Party B 4:00 Who is in the Hall 2F 5:00 TV Time TF	30 TRANSPORTATION 8:00 Coffee Social AL 9:30 Balance Class TF 11:00 Noodle Volleyball B 1:30 Poker TF 3:00 Fall Prevention Seminar B 4:00 Show and Share B 5:00 TV Time TF	Resident Birthdays Ralph D. Nov 1st Julie C. Nov 4th Ron B. Nov 8th Nancy K. Nov 10th Irene R. Nov 14th Bernie C. Nov 15th Celia A. Nov 22nd	Employee Birthdays Nickole Nov 6th Cameron Nov 11th Josette Nov 22nd Laura Nov 23rd Beondi Nov 29th
						