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**Executive Director:** Joni Shale  
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**Business Office Director:** Brooke Whitehead  
**Life Enrichment Director:** Marilyn Rapp  
**Dining Services Director:** Margaret Tepovac  
**Maintenance Director:** Shayne Putnam



**Our mission is to create and sustain comfortable, caring environments for those who depend on us.**

# The Farmington Times

November 2023

Farmington Square Medford Newsletter



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# Ways to Honor Our Veterans

Veterans Day takes place on November 11, honoring veterans of the United States' armed forces. On that day and beyond, here are some ways to honor the veterans in your life and community.

**Visit a VA Hospital.** Call ahead to find out their guidelines for visiting and/or volunteering and see how you can make a difference for the veterans there.

**Visit a War Memorial.** Take the time to observe and remind yourself and others about our veterans sacrifices.

**Send thank you mail to veterans.** There are various organizations that you can seek out for reaching veterans. A few links to do so include:

- [amillionthanks.org/letter/](https://amillionthanks.org/letter/)
- [supportourtroops.org/cards-letters](https://supportourtroops.org/cards-letters)
- [www.operationgratitude.com/volunteer/anywhere/letters/](https://www.operationgratitude.com/volunteer/anywhere/letters/)

**Strike up a conversation with a veteran.** It is not only a great feeling to connect with another person, but it is special to a veteran when you take the time to hear what they want to share from their story.

**Support charities that bring support to veterans.** A few include:

- K9s For Veterans: [k9sforwarriors.org](https://k9sforwarriors.org)
- Vehicles For Veterans: [www.vehiclesforveterans.org](https://www.vehiclesforveterans.org)
- Disabled American Veterans: [dav.org](https://dav.org)
- Wounded Warriors Family Support: [wwfs.org](https://wwfs.org)



Do you know all of the branches of U.S. Armed Forces? There are six: the Air Force, Army, Coast Guard, Marine Corps, Navy, and Space Force.

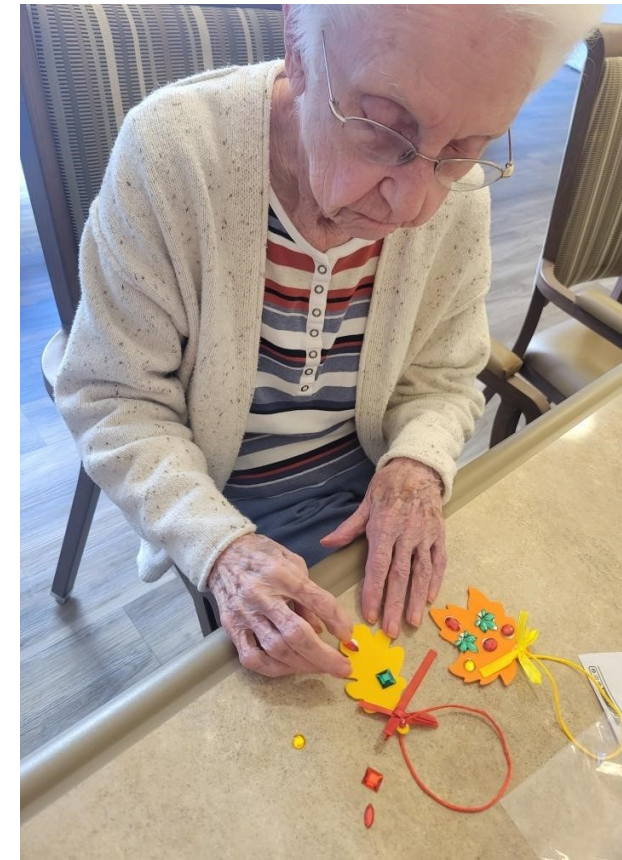
**Display and use your American flag properly.** Rules of thumb include not hanging the flag upside down or backwards and if you hang it vertically, have the stars on the viewer's left. Also, don't let the flag touch the ground. On Memorial Day, have the flag at half-mast from sunrise to noon then at full-mast the rest of the day.

**Know the difference between Veterans Day and Memorial Day.** Memorial Day is the last Monday in May, honoring those who have passed serving in the military. Veterans Day honors all who have served in the Armed Forces.

**Buy a veteran a cup of coffee or help them with a task.** If you see a veteran out in your community, try to brighten their day by offering your assistance to them.

We would love to hear additional ideas from you about the ways you support veterans on our Facebook post for this month's newsletter on the first of November.

## Special Moments





# Veterans Day Recognition and Flag Raising



*Each resident veteran will receive a commemorative coin as our way to recognize them for their service.*

***In honor of our resident veterans, Farmington Square will have a flag raising ceremony on Veterans Day, Saturday, November 11th at 11:00 am.***

*“On this Veterans Day, let us remember the service of our veterans, and let us renew our national promise to fulfill our sacred obligations to our veterans and their families who have sacrificed so much so that we can live free.” — Dan Lipinski*

## Executive Director’s Corner

Dear residents, family members, and friends,

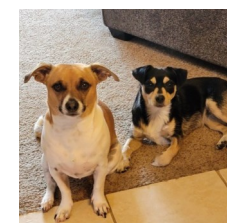
As the vibrant hues of summer gracefully give way to the warm and cozy embrace of autumn, it’s the perfect time to share all that is happening at Farmington Square. We welcome you to join us to celebrate our veterans and enjoy a special Thanksgiving family dinner. See the calendar for dates and times.

We are also pleased to announce we have a new Life Enrichment Director, Marilyn Rapp. Marilyn comes to us with a wealth of knowledge, experience, and a servant’s heart. As we navigate through this time of nature’s beautiful transition, be sure to stop by Marilyn’s office in cottage C, to welcome and encourage her through her transition into the Farmington fold.

Whether through crisp leaves, pumpkin-spiced moments, or the joy of harvest festivals, we wish you a special autumn. May you find joy in creating connections as comforting as a hot cup of apple cider on a chilly evening.

Warmest Regards,

*Joni*



### Staff Spotlight: Brooke

**Brooke is our front office Super Hero! As our Business Office Director, Brooke helps us stay on track with accounting, payroll and staff training. Brooke grew up in Central Point and attended Crater High School. She’s worked at Farmington Square for two years and greets everyone with open arms and a Radiant smile!**

**Brooke, Tyler, and kids Ryder and Ava, really enjoy outdoor activities. They have two dogs, Lola and Mia. They love hiking and paddleboarding at local lakes. Their favorite travel destinations are Lake Tahoe and the Oregon Coast. This year they explored 12 different Oregon waterfalls!**



### Resident Spotlight: Sam

**We love our residents at Farmington Square and it’s always exciting to learn more about them through their stories. Our November spotlight is on Sam.**

**Sam has a very interesting background. Born in Black Hills, South Dakota, Sam joined the Navy in January 1956 and served until 1958. He was in the Air Force from 1958 – 1960.**

**Sam spent a good part of his career as a charter fisherman in Alaska, and South Padre Island, Texas. He also enjoyed sport fishing in Hawaii. He also took people on boat tours for dolphin watching and bird watching in Port Isabel, Oregon.**



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