



2772 W. Avante Loop
Coeur d'Alene, ID 83815

Stamp



Leadership Team
Phone: 208.664.6116
Email: info@assistedlivingcda.com
Website: assistedlivingcda.com
Facebook: [Facebook.com/TheRenaissanceAssistedLivingAtCoeurDALene](https://www.facebook.com/TheRenaissanceAssistedLivingAtCoeurDALene)

Executive Director:
Kirk Goodin
Wellness Director:
Julie Jorgensen
Business Office Director:
Lynn Lukens
Life Enrichment Director:
Stacy Pearson
Dining Services Director:
Jay Hehr
Maintenance Director:
Rylan Cramblit
Community Relations Director:
Barbara Clark



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Renaissance Reader

November 2023 Newsletter



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Ways to Honor Our Veterans

Veterans Day takes place on November 11, honoring veterans of the United States' armed forces. On that day and beyond, here are some ways to honor the veterans in your life and community.

Visit a VA Hospital. Call ahead to find out their guidelines for visiting and/or volunteering and see how you can make a difference for the veterans there.

Visit a War Memorial. Take the time to observe and remind yourself and others about our veterans sacrifices.

Send thank you mail to veterans. There are various organizations that you can seek out for reaching veterans. A few links to do so include:

- amillionthanks.org/letter/
- supportourtroops.org/cards-letters
- www.operationgratitude.com/volunteer/anywhere/letters/

Strike up a conversation with a veteran. It is not only a great feeling to connect with another person, but it is special to a veteran when you take the time to hear what they want to share from their story.

Support charities that bring support to veterans. A few include:

- K9s For Veterans: k9sforwarriors.org
- Vehicles For Veterans: www.vehiclesforveterans.org
- Disabled American Veterans: dav.org
- Wounded Warriors Family Support: wwfs.org



Do you know all of the branches of U.S. Armed Forces? There are six: the Air Force, Army, Coast Guard, Marine Corps, Navy, and Space Force.

Display and use your American flag properly. Rules of thumb include not hanging the flag upside down or backwards and if you hang it vertically, have the stars on the viewer's left. Also, don't let the flag touch the ground. On Memorial Day, have the flag at half-mast from sunrise to noon then at full-mast the rest of the day.

Know the difference between Veterans Day and Memorial Day. Memorial Day is the last Monday in May, honoring those who have passed serving in the military. Veterans Day honors all who have served in the Armed Forces.

Buy a veteran a cup of coffee or help them with a task. If you see a veteran out in your community, try to brighten their day by offering your assistance to them.

We would love to hear additional ideas from you about the ways you support veterans on our Facebook post for this month's newsletter on the first of November.

Special Moments



*Happy Birthday to our
Staff & Residents:*

Staff

Jennifer B: Nov. 15th

Cheryl F: Nov. 17th

Residents:

Joyce F: Nov 25

November 2023 Highlights

Observes: National Alzheimer’s Awareness, COPD, Diabetes, Epilepsy, Hospice & Palliative Care, Long-term Care, and Lung Cancer

Celebrates: Aviation History, Career Development, Family Caregivers, Family Stories, Fondue, Gratitude, Life Writing, Movember, Military Families, Native American Heritage, Novels, Peanut Butter, Pomegranates, Raisin Bread, Spinach, and Squash

01: Authors’ Day; Calzone Day; Cinnamon Day	17: Butter Day; Homemade Bread Day; Hike Day
02: Deviled Egg Day; Ohio Day	18: Mickey Mouse's Birthday; Princess Day
03: Housewife’s Day; Sandwich Day; Jersey Friday	19: Play Monopoly Day
04: Candy Day; Bison Day	20: Child’s Day; Peanut Butter Fudge Day
05: Daylight Saving Time Ends; Donut Day	21: Gingerbread Cookie Day; Stuffing Day
06: Nachos Day; Saxophone Day	22: Cranberry Relish Day; Jukebox Day
07: Bittersweet Chocolate with Almonds Day	23: Thanksgiving; Cashew Day; Espresso Day
08: Cappuccino Day; STEM/STEAM Day	24: Native American Heritage Day; Sardines Day
09: Louisiana Day; Scrapple Day	25: Parfait Day; Small Business Saturday
10: Vanilla Cupcake Day	26: Cake Day
11: Veterans Day; Sundae Day	27: Bavarian Cream Pie Day; Craft Jerky Day
12: Chicken Soup For The Soul Day; French Dip Day	28: French Toast Day; Giving Day
13: World Kindness Day; Indian Pudding Day	29: Electronic Greetings Day
14: Family PJ Day; Pickle Day; Spicy Guacamole Day	30: Mason Jar Day; Mousse Day, Floral Design Day
15: Bundt Day; Philanthropy Day; Raisin Bran Day	
16: Fast Food Day; Great American Smokeout	

Our Executive Director’s Corner

Dear residents, family members, and friends,

Did someone say PUMPKIN SPICE? Yes, it is that time of year! I happen to enjoy a good cup of coffee with the pumpkin spice addition! Please join us for coffee and pie soon before Thanksgiving. Our residents love the company and really enjoy the pie and coffee/tea time!

We still have warm enough weather to take that early afternoon walk around campus and enjoy all the fall colors. Please let us know if you would like assistance walking with your loved one. We would be happy to join!

Everyone has joined us on our weekly bus trips around to see all of the fall colors and get out and enjoy the sunshine as well. Nice to have such a warm October and early November!

See you all soon! ~ Kirk



Staff Spotlight:
Jenna

This month, Jenna is in our Spotlight. “Jo” is a gem and we are so lucky to have her on our team. Her caring heart is a blessing to our residents and our staff!

Jo takes pride in her work. Her love for the residents and their wellbeing is apparent in everything she does.

Thank you so much, Jo, for all you do, and Congratulations!!



Resident Spotlight:
Tom

This month’s Resident Spotlight is on Tom. Tom is a genuine sweetheart. He’s kind and thoughtful and we are thankful to have him in our community.

Tom enjoys walks, bus rides and visiting with friends. Thanks Tom for being such a nice guy.




We’re lucky to have you as part of the Renaissance family!!

NOVEMBER 2023

The Renaissance

• 2772 W. Avante Loop, Coeur d'Alene, ID 83815

• 208-664-6116

SUN	MON	TUE	WED	THU	FRI	SAT
			1 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Shopping (All) 11:30 Sit-n-Be Fit (St) 1:00 Bus Ride (V) 2:00 Bus Ride (R) 3:15 Resident Council Meeting (All)	2 8:00 Morning Chat (All) 9:00 Animal Stories (St) 9:00 Short Stories (V) 10:00 Sit-n-Be Fit (M) 11:00 Arts-n-Crafts (R) 1:00 Arts-n-Crafts (A) Dawn Hewitt (LE) 3:00 Karaoke (V) 3:00 Bingo (A)	3 8:00 Morning Chat (All) 9:30 Morning Laughs (R) 10:00 Bus Ride (St) 11:00 Karaoke (A) 1:00 Yahtzee (V) 2:00 Bus Ride (M)	4 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 10:00 Sit-n-Be Fit (V) 11:00 Bus Ride (A) 1:00 Jenga (St) 2:00 Bingo (M) 3:00 Saturday Laughs (A/R) with Stacy
5 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Church Livestream (All) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Bingo (R) 3:00 Afternoon Laughs with Heidi	6 8:00 Morning Chat (All) 9:00 Classical Music Monday (St) 10:00 Sit-n-Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Tea Time (A) 3:00 Arts-n-Crafts (St) with Aunaleah	7 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 Sit-n-Be Fit (V) 10:00 Tea Time (M) 11:00 Sit-n-Be Fit (A) 11:00 Sit-n-Be Fit (R) 1:00 Bingo (St) 2:00 Strawberry Sundae (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	8 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Balloon Volleyball (A) 11:30 Sit-n-Be Fit (St) 1:00 Bus Ride (V) 2:00 Ronnee McGee (LE) 3:00 Tea Time (R) 3:00 Arts-n-Crafts (M)	9 8:00 Morning Chat (All) 9:00 Animal Stories (St) 9:00 Short Stories (V) 10:00 Sit-n-Be Fit (M) 11:00 Arts-n-Crafts (R) 1:00 Arts-n-Crafts (A) 2:00 Trivia (M) 3:00 Karaoke (V) 3:00 Bingo (A)	10 8:00 Morning Chat (All) 9:30 Morning Laughs (R) 10:00 Bus Ride (St) 11:00 Karaoke (A) 1:00 Yahtzee (V) 2:00 Bus Ride (M)	11 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 10:00 Sit-n-Be Fit (V) 11:00 Bus Ride (A) 1:00 Jenga (St) 2:00 Bingo (M) 3:00 Saturday Laughs (A/R) with Stacy 
12 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Lovely Hands (All) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Sunday Service with Chris	13 8:00 Morning Chat (All) 9:00 Classical Music Monday (St) 10:00 Sit-n-Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Tea Time (A) 3:00 Arts-n-Crafts (St) with Aunaleah	14 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 Sit-n-Be Fit (V) 10:00 Tea Time (M) 11:00 Sit-n-Be Fit (A) 11:00 Sit-n-Be Fit (R) 1:00 Bingo (St) 1:00 Tea Time (R) 2:00 Brownie Sundae (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	15 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Balloon Volleyball (A) 11:00 Sit-n-Be Fit (St) 1:00 Bus Ride (V) 2:00 Bus Ride (R) 3:00 Tea Time (R) 3:00 Arts-n-Crafts (M)	16 8:00 Morning Chat (All) 9:00 Animal Stories (St) 9:00 Short Stories (V) 10:00 Sit-n-Be Fit (M) 11:00 Arts-n-Crafts (R) 1:00 Arts-n-Crafts (A) 2:00 Trivia (M) 3:00 Karaoke (V) 3:00 Bingo (A)	17 8:00 Morning Chat (All) 9:30 Morning Laughs (R) 10:00 Bus Ride (St) 11:00 Karaoke (A) 1:00 Yahtzee (V) 2:00 Bus Ride (M)	18 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 10:00 Sit-n-Be Fit (V) 11:00 Bus Ride (A) 1:00 Jenga (St) 2:00 Bingo (M) 3:00 Saturday Laughs (A/R) with Stacy 5:30 Pie and Beverage with Family and Friends
19 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Church Livestream (All) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Bingo (R) 3:00 Afternoon Laughs with Heidi	20 8:00 Morning Chat (All) 9:00 Classical Music Monday (St) 10:00 Sit-n-Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Tea Time (A) 3:00 Arts-n-Crafts (St) with Aunaleah	21 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 JJ Dion (LE) 11:00 Sit-n-Be Fit (A) 11:00 Sit-n-Be Fit (R) 1:00 Bingo (St) 1:00 Tea Time (R) 2:00 Root Beer Float (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	22 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Balloon Volleyball (A) 11:00 Sit-n-Be Fit (St) 1:00 Bus Ride (V) 2:00 Bus Ride (R) 3:00 Tea Time (R) 3:00 Arts-n-Crafts (M)	23 8:00 Morning Chat (All) 9:00 Animal Stories (St) 9:00 Short Stories (V) 10:00 Sit-n-Be Fit (M) 11:00 Arts-n-Crafts (A) 1:00 Arts-n-Crafts (R) 2:00 Trivia (M) 3:00 Karaoke (V) 3:00 Bingo (A) 	24 8:00 Morning Chat (All) 9:30 Morning Laughs (R) 10:00 Jim Dossey (LE) 11:00 Karaoke (A) 1:00 Yahtzee (V) 2:00 Bus Ride (M)	25 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 10:00 Sit-n-Be Fit (V) 11:00 Bus Ride (A) 1:00 Jenga (St) 2:00 Bingo (M) 3:00 Saturday Dance (A/R) Party
26 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Lovely Hands (All) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Sunday Service with Chris	27 8:00 Morning Chat (All) 9:00 Classical Music Monday (St) 10:00 Sit-n-Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Tea Time (A) 3:00 Arts-n-Crafts (St) with Aunaleah	28 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 Sit-n-Be Fit (V) 10:00 Tea Time (M) 11:00 Sit-n-Be Fit (A) 11:00 Sit-n-Be Fit (R) 1:00 Bingo (St) 1:00 Tea Time (R) 2:00 Banana Split (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	29 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Balloon Volleyball (A) 11:00 Sit-n-Be Fit (St) 1:00 Bus Ride (V) 2:00 Bus Ride (R) 3:00 Tea Time (R) 3:00 Arts-n-Crafts (M)	30 8:00 Morning Chat (All) 9:00 Animal Stories (St) 9:00 Short Stories (V) 10:00 Sit-n-Be Fit (M) 11:00 Arts-n-Crafts (R) 1:00 Arts-n-Crafts (A) 2:00 Trivia (M) 3:00 Karaoke (V) 3:00 Bingo (A)		