

HILLTOP COMMONS INFORMATION

Office: (530) 272-5274
Kitchen: (530) 272-2854

Fax: (530) 272-5275

Laundry Room Hours:

Daily: 7:00am-9:00pm
Please remove all items from washers
and dryers by 9:00pm

**PLEASE DO NOT LEAVE YOUR CLOTHES
SITTING IN THE DRYER – PEOPLE MAY
NEED TO USE THE DRYER AND PUT YOUR
CLOTHES ON THE COUNTER WHERE THEY
MAY BE MISTAKEN FOR GIVEAWAY STUFF!!**

Van Schedule (Van leaves at 10am)
SIGN-UPS ARE REQUIRED!

Mondays
Shopping (Brunswick area)

Tuesdays
Doctor Appointments

Wednesdays
Shopping (Pine Creek area)

MISC. PHONE NUMBERS:

Gold Country Lift: 530-271-7433
Larry King (Uber/Lyft) 808-652-2490
Post Office: 530-273-3429
The Union: 530-273-9565
Comcast Cable: 855-307-4896
Grass Valley Police 530-477-4600
(non-emergency)

*We have a new hairdresser in the
Hilltop Salon!
Call Sarah for appointments
530 693-9121*

October Birthdays

Yvonne Fulton.....10/10
Shirley Paulus.....10/13
Connie DuFour.....10/14
David Haight.....10/25
Lurelle Hastings.....10/27
Nancy Boling.....10/28

October Anniversaries

Chuck Azen.....1 year
Mary Putnam.....5 years
Merrill Putnam.....5 years
Nancy Boling.....9 years

Welcome New Residents

Tricia Smith
Bill Hackler
Becky Rapinac
Judith Raymond

Happy at Hilltop?
Please share your feedback!

**Find us on Google and leave us
a google review,**

or

**Go to our website at
hilltop-commons.com
and click on
“community” --
“reviews” --
“write a review”**

Thanks! 😊

October 2023

October Newsletter

Hilltop Commons 131 Eureka St. Grass Valley, CA 95945 (530) 272-5274

Celebrating October

Happy Hour
Music with Carl Jones
Thursday, October 5th

Columbus Day
Monday, October 9th

Happy Hour
Music with DD James
Thursday, October 12th

Happy Hour
Music with Runnin 4 Cover
Thursday, October 19th

Bus Outing
Apple Hill
Tuesday, October 24th

Halloween Party
Happy Hour
Magic Show
Thursday, October 26th

Halloween
Tuesday, October 31st

**Please check your
activities calendar for
additional events
and details!**

A Magical Life

When Harry Houdini died on October 31, 1926, obituaries called him the world's greatest magician and an unparalleled escape artist. Houdini was born in Hungary and emigrated to the United States with his family, where they soon fell into poverty. Houdini began his magic career in 1891 with little success. It wasn't until 1899 that Houdini impressed vaudeville manager Martin Beck with a handcuff escape act. He went on to baffle inspectors from Scotland Yard with his escapes, a feat that earned him regular performances and a decent salary. It did not take long before Houdini was a household name all over Great Britain. He dazzled audiences with card tricks, illusions, and, of course, escape acts. Houdini suddenly found himself the highest-paid entertainer in the world.

Houdini's escapes, while marvelous and death-defying, were also extremely dangerous. Failure to escape meant certain death. Houdini wrapped himself in chains and plunged into a river. He was put in handcuffs and sealed into a milk can filled with milk. He was wrapped in a straitjacket, placed in a coffin, and buried alive. One of his most famous tricks was the "Chinese water torture cell," where his ankles were locked in stocks, and he was suspended upside down in a locked glass-and-steel cabinet filled with water. His escapes were so unbelievable that critics often called him a fake. But no one took their work more seriously than Houdini, and as president of the Society of Magicians, he did not hesitate to expose frauds.

Houdini might be the most famous name in magic, but he is far from the world's only famous magician. Other greats include illusionist Jean-Eugene Robert-Houdin, from whom Houdini took his name. Robert-Houdin is credited with transforming magic from a gimmick for the lower classes to respectable entertainment for the wealthy. And Alexander Herrmann, billed as "Herrmann the Great," was married to Adelaide Herrmann, known as the "Queen of Magic." Hermann was an expert card thrower and could land cards in the highest balcony of a theater. And, of course, he perfected pulling several rabbits out of a hat.

Marketing Stuff
By Traci Gelgood
Marketing Director

Happy Fall! The nights are getting cooler, the mornings have a chill in the air, and the leaves are turning such gorgeous colors! It's my favorite time of year!!

I again want to thank everyone for their friendliness and hospitality towards our new residents! Hilltop is such a warm and inviting place for everyone who visits and who lives here. Remember that a smile can make someone's day, especially if they are having a hard time adjusting!

I also want to welcome Jacqui Adams to our Hilltop family, filling the role of our part time Resident Relations position! She will be working on Saturdays (with me), Sundays, and Mondays. If you haven't already met her, feel free to stop by and say hello! She will greet you with her warm and friendly smile!

Thank you for being the best residents!

Stay happy, healthy, and safe!

For people born between 1930 and 1946...

You are the smallest group of children born since the early 1900's. You are the last generation climbing out of the depression, who can remember the winds of war and the impact of a world at war that rattled the structure of our daily lives for years. You are the last to remember ration books for everything from tea to sugar to shoes. You saved tin foil and poured fried meat fat into cans. You can remember milk being delivered to your house early in the morning and placed in the "milk box" at the front door. You are the last generation to experience an interlude when there were no threats to our country. WWII was over and the cold war, terrorism, global warming, and economic insecurity had yet to appear. You grew up at the best possible time, a time when the world was getting better...

Activities Stuff
By Jill Mahanna
Activities Director

Happy October! This might be my very favorite month! The weather is amazing and this is the month I got married. 😊

I will start with a reminder: Arts & Crafts is now on two Wednesdays a month, and Homer's Tai Chi class is every Monday. The art room is open every Tuesday at 2:30 for you to color, paint, or bring your own art projects and work with others for some creative time.

This month we will have John Muir here on Tuesday, October 10th. Yes! **John Muir in the flesh** to tell you about his life and travels and show you a movie about Yosemite! This will be a very special event. Bonnie and Josh will give us a **Cooking Demo and Tasting** on October 11th. Denise Wey, local artist extraordinaire, will be back on Wednesday, October 18th with a class on making an abstract painting in her "You Can Paint!" series. Space is limited for this Paint & Sip so I will have a sign-up sheet outside my office. **InConcert Sierra** will be here on Friday, October 27th. You might want to put off your breakfast for a short time so you can attend this **classical music concert** at 10:30. And, of course, **Happy Hour music** on Thursdays, October 5th, 12th, and 19th.

We will have a bus outing to the **Folsom Zoo Sanctuary** on Thursday, October 12th. We will also head to **Apple Hill** on Tuesday, October 24th. I have heard some good stories about past trips to Apple Hill!

Our **Halloween Party** will be on October 26th during Happy Hour. Costumes are encouraged and we will have some prizes! I have also invited a magician – **Top Class Magic** – to entertain us for the hour. Much fun!

As always, I encourage you to come join in the daily activities. We have something every day and we love to see new faces. 😊 And if you have ideas for activities or outings, please let me know. I'm always willing to try new ideas!

Culinary Corner
By Bonnie Riley

October is a great time of year! It is finally cooling down and all the trees are changing. Also, the menu is changing to accommodate the weather change. You will see some new items on the menu for these cold winter months. Please feel free to bring me anything you would like to see on the menu for the colder months ahead. Call me in the kitchen or leave a comment card.

We are putting on an Oktoberfest Brunch meal on the 2nd. Look for the details on your October menu. Halloween is on the 31st. That's always a fun day with fun food so stay tuned for that as well!

Please remember you have other options to choose from when it comes to your meals. Please let your server know when they are taking your order. That would include anything from asking for a smaller portion, sauce or gravy on the side, no vegetables, or a different vegetable.

If you are not happy with your plate, please bring it to your server's attention so your server can accommodate a better plate that includes maybe a different piece of meat, redoing your egg orders, or if you asked for a small portion but got a large instead. Whatever it is, **please communicate!** We are here to make sure you are happy.

ALTERNATIVE BRUNCH

- Cheese omelet with toast & fruit
- Eggs any way with toast & fruit

ALTERNATIVE DINNER

- Ham, turkey, egg salad, BLT, or peanut butter & jelly sandwiches with chips & fruit
- Hot dog with chips & fruit
- Cottage cheese & fruit plate (seasonal)
- Baked potato with butter, sour cream, cheese and green onion (served with fruit)
- Chicken bacon salad

If you would like an alternate dinner, please let the kitchen know by 2pm.

Reminder: please make sure you add your name and the date to the suggestion cards. I cannot address the issue if I don't know who the comment card is from!

Please be sure to bring your kindness to the dining room. My staff works hard to make sure you all have what you need. Let's make sure we show them the kindness they deserve.

Sincerely,
Chef Bonnie Riley

Kitchen #530-272-8254

