Lodi Commons Senior Living October 2023

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am § Group Exercises With Iris (CR) 2:00pm § Rummikub (2FL) 6:00pm Church	8:00am Codi Lake Exploration 9:00am Group Exercise 10:00am Sing A-Long with "Ben" (CR) 10:00am Med Appointments "Lodi" 12:30pm Bingo For Prizes 2:00pm Rummikub (2FL) 2:00pm Po-ke-no 3:00pm Hand & Foot "Game"	8:00am Lodi Lake Exploration 9:00am Group Exercise (CR) 10:00am Black Jack 10:00am Kaiser Stockton 11:00am Yoga Chair Exercise (CR) 2:00pm Rummikub (2FL) 2:00pm Root Beer Floats 2:15pm FLU SHOTS "RITE AID" (CR) 3:00pm Hand & Foot "Game"	8:00am Lodi lake Exploration 9:00am Group Exercise 10:00am Department Open Transportation 12:30pm Bingo With Melissa 2:00pm Rummikub (2FL) 3:00pm Hand & Foot "Game" 3:00pm Sing A-Long with Zachary (CR) 6:00pm Cribbage (2FL)	8:00am Lodi Lake Exploration 9:00am Group Exercise (CR) 10:00am Black Jack 2:00pm Rummikub (2FL) 2:00pm Bible Study With "Matt" 2:00pm Po-ke-no 3:00pm Quality Time W/Residents 3:00pm Prayer Fellowship (PDR) 4:30pm Happy Hour "Robert"	8:00am Lodi lake Exploration 9:00am Group Exercise 10:00am Book Club Organizing Meeting "Patricia" 10:00am Brain Exercise with Melissa 10:00am Raley's 11:00am In-N-Out Burger 1:00pm Bean Bag Baseball (CR) 2:00pm Rummikub (2FL) 3:00pm Hand & Foot "Game" 3:30pm Word Search Puzzle (2FL)	9:00am 🥳 Group Exercise (CR) 7 1:30pm Bingo (CR) 2:00pm 🐇 Rummikub (2FL) 3:00pm 🚵 Mexican Train Dominoes (2FL)
9:00am § Group Exercises With Iris (CR) 2:00pm § Rummikub (2FL) 6:00pm Church	8:00am Lodi Lake Exploration 9:00am Group Exercise 10:00am Sing A-Long with "Ben" (CR) 10:00am Med Appointments "Lodi" 12:30pm Bingo For Prizes 2:00pm Rummikub (2FL) 2:00pm Po-ke-no 3:00pm Hand & Foot "Game"	8:00am Codi Lake Exploration 10 9:00am Charing Aids Cleaning "Josie" Hear USA 10:00am Black Jack 10:00am Black Jack 10:00am Kaiser Stockton 11:00am Yoga Chair Exercise (CR) 1:00pm Bean Bag Baseball 2:00pm Rummikub (2FL) 3:00pm Hand & Foot "Game"	8:00am Codi lake Exploration 9:00am Group Exercise 10:00am Open Transportation 12:30pm Bingo With Melissa 2:00pm Colors & Canvas 3:00pm Hand & Foot "Game" 3:00pm Cribbage (2FL)	8:00am Lodi Lake Exploration 12 9:00am Group Exercise (CR) 10:00am Black Jack 2:00pm Rummikub (2FL) 2:00pm Bible Study With "Matt" 2:00pm Po-ke-no 3:00pm Prayer Fellowship (PDR) 4:30pm Happy Hour "Anthony"	8:00am Codi lake Exploration 9:00am Group Exercise 10:00am Brain Exercise with Melissa 10:00am Save Mart 1:00pm Bean Bag Baseball (CR) 2:00pm Rummikub (2FL) Banana Split Ice Cream 3:00pm Hand & Foot "Game"	9:00am Group Exercise (CR) 1:30pm Bingo (CR) 2:00pm Rummikub (2FL) 3:00pm Mexican Train Dominoes (2FL)
9:00am Group Exercises With Iris (CR) 2:00pm Rummikub (2FL) 6:00pm Church	8:00am Lodi Lake Exploration 16 9:00am Group Exercise 10:00am Sing A-Long with "Ben" (CR) 10:00am Med Appointments "Lodi" 12:30pm Bingo For Prizes 2:00pm Rummikub (2FL) 2:00pm Po-ke-no 3:00pm Hand & Foot "Game"	8:00am Codi Lake Exploration 17 9:00am Group Exercise (CR) 10:00am Kaiser Stockton 11:00am Yoga Chair Exercise (CR) 1:00pm Bean Bag Baseball 2:00pm Rummikub (2FL) 2:00pm Root Beer Floats 3:00pm Hand & Foot "Game"	8:00am Codi lake Exploration 9:00am Coroup Exercise 10:00am Open Transportation 10:00am Crafts Class with "Darlene" 12:30pm Bingo With Melissa 2:00pm Rummikub (2FL) 3:00pm Hand & Foot "Game" 6:00pm Cribbage (2FL)	8:00am Lodi Lake Exploration 19 9:00am Group Exercise (CR) 10:00am Black Jack 2:00pm Rummikub (2FL) 2:00pm Bible Study With "Matt" 2:00pm Po-ke-no 3:00pm Quality Time W/Residents 3:00pm Prayer Fellowship (PDR) 4:00pm HALLOWEEN DANCE "ZADE"	8:00am Codi lake Exploration 9:00am Coroup Exercise 9:00am Papple Hill Trip 10:00am Paple Hill Trip 10:00am Paple Hill Trip Melissa 10:00am Pale Paper	9:00am Group Exercise (CR) 21 1:30pm Bingo (CR) 2:00pm Rummikub (2FL) 3:00pm Mexican Train Dominoes (2FL)
9:00am § Group Exercises With Iris (CR) 2:00pm § Rummikub (2FL) 6:00pm Church	8:00am Clodi Lake Exploration 23 9:00am Group Exercise 10:00am Sing A-Long with "Ben" (CR) 10:00am Med Appointments "Lodi" 12:30pm Bingo For Prizes 2:00pm Rummikub (2FL) 2:00pm Po-ke-no 3:00pm Hand & Foot "Game"	8:00am Clodi Lake Exploration 24 9:00am Group Exercise (CR) 10:00am Black Jack 10:00am Kaiser Stockton 11:00am Yoga Chair Exercise (CR) 1:00pm Bean Bag Baseball 2:00pm Rummikub (2FL) 3:00pm Hand & Foot "Game"	8:00am Lodi lake Exploration 9:00am Croup Exercise 10:00am Dpen Transportation 12:30pm Bingo With Melissa 2:00pm Rummikub (2FL) 3:00pm Hand & Foot "Game" 3:00pm Cribbage (2FL)	8:00am Lodi Lake Exploration 26 9:00am Group Exercise (CR) 10:00am Black Jack 2:00pm Rummikub (2FL) 2:00pm Bible Study With "Matt" 2:00pm Po-ke-no 3:00pm Prayer Fellowship (PDR) 4:30pm Happy Hour "ROBERT"	8:00am Codi lake Exploration 9:00am Coroup Exercise 10:00am Esrain Exercise with Melissa 10:00am Esrain Exercise with Melissa Save Mart 1:00pm Esrain Esrain Esrain Exercise with Melissa Save Mart 1:00pm Esrain Es	9:00am Group Exercise (CR) 28 1:30pm Bingo (CR) 2:00pm Rummikub (2FL) 3:00pm Mexican Train Dominoes (2FL)
9:00am Seroup Exercises With Iris (CR) 2:00pm Rummikub (2FL) 6:00pm Church	8:00am Codi Lake Exploration 30 9:00am Group Exercise 10:00am Sing A-Long with "Ben" (CR) 10:00am Med Appointments "Lodi" 12:30pm Bingo For Prizes 2:00pm Rummikub (2FL) 2:00pm Po-ke-no 3:00pm Hand & Foot "Game"	8:00am Clodi Lake Exploration 31 9:00am Group Exercise (CR) 10:00am Kaiser Stockton 11:00am Yoga Chair Exercise (CR) 1:00pm Bean Bag Baseball 2:00pm Rummikub (2FL) 2:00pm Root Beer Floats 3:00pm Hand & Foot "Game"	LOCATION 2nd Floor Lobby (2FL) Community Room (CR) Private Dining Room (PDR)	ACTIVITY LEGEND Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well		LODI COMMONS SENIOR LIVING