

Activity Calendar – Sample

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<i>Amira</i>	9:30 Qigong for Beginners 10:00 Virtual Zumba 11:00 Trivial Pursuit 1:00 Name that Tune 2:00 Bridge 4:15 Play Reading Group 6:00 Cribbage & Cards	9:30 Strength & Balance Class 1:00 Bingo 2:00 Movie Matinee 2:30 Rummikub 4:15 Cornhole (Bean Bags)	9:00 Quilting Club 10:00 Virtual Zumba 11:00 Coffee & Conversation 1:00 Crossword Game 2:00 Sunshine Club – Card Making 3:00 Mexican Train 7:00 Movie Night	10:00 Virtual Seated Yoga 11:00 Book Club 1:00 Crafting Hour 2:30 Mah Jongg 4:00 Wood burning Art 6:00 Billiards	7:30 Bagels & Coffee 10:00 Tai Chi 11:00 Scattergories 1:00 Scrabble 2:00 Educational Lecture 4:15 Happy Hour	2:00 Bridge
7	8	9	10	11	12	13
12:00 Vikings Game 1:00 Needlework Group 4:00 Beginning Mah Jongg	9:30 Qigong for Beginners 10:00 Virtual Zumba 11:00 Wheel of Fortune 2:00 Bridge 3:30 Name That Tune 4:15 Play Reading Group 6:00 Cribbage & Cards	9:30 Strength & Balance Class 1:00 Bingo 2:00 Movie Matinee 2:30 Rummikub 4:15 Cornhole (Bean Bags)	9:00 Quilting Club 10:00 Virtual Zumba 11:00 Coffee & Conversation 1:00 Crossword Game 2:30 Walking Group 3:00 Mexican Train 7:00 Movie Night	10:00 Virtual Seated Yoga 1:00 Crafting Hour 2:30 Mah Jongg 4:00 Woodburning Art 6:00 Billiards	7:30 Bagels & Coffee 10:00 Tai Chi 11:00 Scattergories 1:00 Scrabble 2:00 Creative Culinary Club 4:15 Happy Hour	2:00 Bridge
14	15	16	17	18	19	20
1:00 Needlework Group 3:05 Vikings Game 4:00 Beginning Mah Jongg	9:30 Qigong for Beginners 10:00 Virtual Zumba 11:00 Jeopardy! 2:00 Bridge 3:30 Name That Tune 4:15 Play Reading Group 6:00 Cribbage & Cards	9:30 Strength & Balance Class 11:00 Movie Committee 1:00 Bingo 2:00 Movie Matinee 2:30 Rummikub 4:15 Cornhole (Bean Bags) 6:00 “Hands Only” CPR Demonstration	9:00 Quilting Club 10:00 Virtual Zumba 11:00 Coffee & Conversation 1:00 Crossword Game 2:30 Walking Club 3:00 Mexican Train 7:00 Movie Night	10:00 Virtual Seated Yoga 11:00 Book Club 1:00 Crafting Hour 2:30 Mah Jongg 4:00 Woodburning Art 6:00 Billiards	7:30 Bagels & Coffee 10:00 Tai Chi 11:00 Scattergories 1:00 Scrabble 4:15 Happy Hour	2:00 Bridge
21	22	23	24	25	26	27
12:00 Vikings Game 1:00 Needlework Group 4:00 Beginning Mah Jongg	9:30 Qigong for Beginners 10:00 Virtual Zumba 11:00 Trivial Pursuit 2:00 Bridge 3:30 Name That Tune 4:15 Play Reading Group 6:00 Cribbage & Cards	9:30 Strength & Balance Class 11:00 Wellness Committee 1:00 Bingo 1:30 Sunshine Club – Card Making 2:00 Movie Matinee 2:30 Rummikub 4:15 Cornhole (Bean Bags)	9:00 Quilting Club 10:00 Virtual Zumba 11:00 Coffee & Conversation 1:00 Crossword Game 2:30 Walking Club 3:00 Mexican Train 7:00 Movie Night	10:00 Virtual Seated Yoga 11:00 Book Club 1:00 Crafting Hour 2:30 Mah Jongg 4:00 Woodburning Art 6:00 Billiards	7:30 Bagels & Coffee 10:00 Tai Chi 11:00 Scattergories 1:00 Scrabble 4:15 Happy Hour	2:00 Bridge
28	29	30				
1:00 Needlework Group 4:00 Beginning Mah Jongg	9:30 Qigong for Beginners 10:00 Virtual Zumba 11:00 Volunteer Service Project 2:00 Bridge 3:30 Name That Tune 4:15 Play Reading Group 6:00 Cribbage & Cards	9:30 Strength & Balance Class 11:00 Wellness Committee 1:00 Bingo 2:00 Movie Matinee 2:30 Rummikub 4:15 Cornhole (Bean Bags)				Resident led activities are YELLOW