



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15-Church Service-CH1 1:00-Prayers & Recitation of the-Rosary-CH 2:00-Weekend Movie-GR	9:00-Exercise-CR 2 9:30-Shop @ Weis Mkts.*** 11:00-Morning Stretch-CLR 1:00-Scrabble-BW 1:30-Trip to Michael's*** 2:00-Michael @ the Piano-PC/DR 3:30-"Wii" bowling-GR	9:00-Exercise-CR 3 11:00-October Hangman-CLR 1:00-Town Hall Mtg.-DR 2:00- Fox Fitness-CLR 3:00-Afternoon Movie-CLR	9:00-Exercise-CR 4 10:15-Devotions-CH 11:00-Morning Stretch-CLR  2:00-Bingo-CLR 3:30-Activity Meeting-GR	9:00-Exercise-CR 5 10:15-"Chosen" video-CR 1:15-Trivia-CLR 1:00-"Chosen" video-CR 2:00-Fox Fitness-CLR 3:15-Happy Hour-LOB	Smile Day 6  9:00-Exercise-CR 9:00-Catholic Comm.-GR 9:30-Trip to Dollar Tree*** 1:00-Poker-CR 1:15-Friday Film-CR 3:15-"Wii" bowling-CR	9:00-Exercise-CR 7 10:15-Sip & Chat-AR 2:00-Bingo-DR
9:15-Church Service-CH8 1:00-Prayers & Recitation of the-Rosary-CH 2:00-Weekend Movie-GR	9:00-Exercise-CR 9 9:30-Shop @ Giant*** 11:00-Morning Stretch-CLR 1:00-Scrabble-BW 2:00-Adelynn Entertains-PC/DR 3:30-"Wii" bowling-GR <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small>	9:00-Exercise-CR 10 10:15-Manicures w/Vo-Tech-BW 11:00-Word in a Word-CLR 2:00- Fox Fitness-CLR 3:00-Catholic Mass-CH 3:00-Afternoon Movie-CLR	9:00-Exercise-CR 11 10:15-Devotions-CH 11:00-Morning Stretch-CLR 11:00-Lunch Out to Smokey Bones*** 2:00-Bingo-CLR 3:30-Michigan Rummy-DR	9:00-Exercise-CR 12 10:15-"Chosen" video-CR 1:00-"Chosen" video-CR 1:30-Critters Great & Small-AR 2:00-Fox Fitness-CLR 3:15-Rootbeer Floats-LOB 7:00-Baptist Church Service-CH	U.S.Navy (1775) 13 Apple Butter Day 9:00-Exercise-CR 9:00-Catholic Comm.-GR 9:30-Trip to Markey's*** 1:00-Poker-CR 1:15-Friday Film-CR 3:15-"Wii" bowling-CR 	9:00-Exercise-CR 14 10:15-Sip & Chat-AR 2:00-Bingo-DR
9:15-Church Service-CH15 1:00-Prayers & Recitation of the-Rosary-CH 2:00-Weekend Movie-GR	9:00-Exercise-CR 16 9:30-Shop @ Jerry's Mkt*** 11:00-Morning Stretch-CLR 1:00-Scrabble-BW 1:30-Trip to Target*** 2:00-Music w/Joe-PC/DR 3:30-"Wii" bowling-GR	9:00-Exercise-CR 17 11:00-Wacky Wordies-CLR 1:00-Pumpkin Craft-CLR 2:00- Fox Fitness-CLR 3:00-Afternoon Movie-CLR 	9:00-Exercise-CR 18 10:15-Devotions-CH 11:00-Morning Stretch-CLR 11:00-Lunch out to Hosses*** 2:00-Birthday Party w/ Mick-PC/DR 3:30-Michigan Rummy-DR	Pretzel Day 19 9:00-Exercise-CR 10:15-"Chosen" video-CR 1:00-"Chosen" video-CR 1:15-Trivia-CLR 2:00-Fox Fitness-CLR 2:00-Hunter @ the Piano-PC/DR 3:15-Pretzels Bites-LOB/Porch	9:00-Exercise-CR 20 9:00-Catholic Comm.-GR 9:30-Trip to Lehman's*** 12:00-Vet's Pizza lunch-AR 1:00-Poker-CR 1:15-Friday Film-CR 3:15-"Wii" bowling-CR	9:00-Exercise-CR 21 10:15-Bingo-DR 2:00-"This Way Up" Entertainment-
9:15-Church Service-CH22 1:00-Prayers & Recitation of the-Rosary-CH 2:00-Weekend Movie-GR	9:00-Exercise-CR 23 9:30-Shop @ Price Rite Mkts*** 11:00-Morning Stretch-CLR 1:00-Scrabble-BW 2:00-"SweetLife" entertainsPC/DR 3:15-Pumpkin	9:00-Exercise-CR 24 10:15-Manicures w/Vo-Tech-BW 11:00-Brainbusters-CLR 1:00-Craftyme-CLR 2:00- Fox Fitness-CLR 5:00-Get Together for Pizza***-DR	9:00-Exercise-CR 25 10:15-Devotions-CH 11:00-Morning Stretch-CLR 12:00-Chinese Lunch*** 2:00-Bingo-CLR 3:30-Michigan Rummy-DR	Pumpkin Day 26 9:00-Exercise-CR 10:15-"Chosen" video-CR 1:00-"Chosen" video-CR 1:15-Trivia-CLR 2:00-Fox Fitness-CLR 3:15-Pumpkin delights LOB/Porch	Wear Purple Day 27 9:00-Exercise-CR 9:00-Catholic Comm.-GR 9:30-Trip Dollar General*** 10:00-Alzheimer's Walk-Lobby 1:00-Poker-CR 3:15-"Wii" bowling-CR	9:00-Exercise-CR 28 10:15-Sip & Chat-AR 2:00-Bingo-DR 
9:15-Church Service-CH29 1:00-Prayers & Recitation of the-Rosary-CH 2:00-Weekend Movie-GR	Candy Corn Day 30 9:00-Exercise-CR 9:30-Shop @ Grocery Outlet*** 11:00-Morning Stretch-CLR 1:00-Food Committee-DR 2:00-Brad & Bren Entertain-PC/DR 3:30-"Wii" bowling-GR 6:30-Trick-or-treat nite	9:00-Exercise-CR 31 11:00-Brain games-CLR 1:00-Craftyme-CLR 2:00- Fox Fitness-CLR 3:00-Afternoon Movie-CLR 	Senior Commons at Powder Mill Independent Living Activities <h1>October 2023</h1> KEY...CR-Community Rm(200); CH-Chapel(300); AR-Activities Rm (400) GR-Game Rm(600); CLR-Club Rm (Lower Level); LB-Library (2 nd FL)			