


OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:30 Exercise (CR) 10:30 Coffee & Crumbs (L) 11:15 OUTING: Lunch at Goodhue Depot *Bus loads at 11* *Sign up!* 3:00 Candy Bingo (CR) Happy Birthday Jim!	3 9:30 Exercise (CR) OktoberFest!! 10:30 Travel Time: Germany! (CR) 11:30 Catholic Communion (CR) 1:30 Performance: Mary Livingston (FL) 2:30 Party! (FL/L)	4 COURTESY VAN 10:45 Christian Worship Service (CR) 2:00 Bible Study (CR) 3:00 Card Club: Euchre (L)	5 9:30 Exercise (CR) 10:30 Puzzles and Coloring! (CR) 1:30 First Lutheran Service and Fellowship (CR) 3:00 Book Club (L) Happy Birthday Maury A.!	6 9-4 Library Books (CR) 10:00 Game Time! (CR) 1:30 Deer Crest Dough Bingo (CR) 3:30 Happy Hour Featuring: Orange "Wine" (CR)	7 Happy Birthday DJ!
8 Happy Birthday Lois W.!	9 9:30 Exercise (CR) 10:30 Coffee & Crumbs (L) 1:30 Snack Bingo (CR) 3:30 Men's Club (CR)	10 9:30 Exercise (CR) National Angel Food Cake Day! 10:30 Bake Angel Food Cake! (CR) 1:30 Catholic Mass w/ Fr. Brandon (T) 3:00 Card Club: 500 (L)	11 COURTESY VAN 10:45 Christian Worship Service (CR) 2:00 Bible Study (CR)	12 9:30 Exercise (CR) National Gumbo Day! 10:30 Make Gumbo! (CR) 2:00 Eat a sample of Gumbo! (CR) 3:30 Resident Council (CR) Happy Birthday Gloria!	13 9-4 Library Books (CR) 9:00 OUTING: Lark Toys! *Bus loads at 8:45* *Sign up!* 2:00 Snack Time! (CR)	14
15	16 9:30 Exercise (CR) 10:30 Coffee & Crumbs (L) 1:30 Performance: Michael Riddle (FL) 4:15 OUTING: Supper at Wiederholt's *Bus loads at 4* *Sign up!*	17 9:30 Exercise (CR) 10:30 Halloween Craft (CR) 1:30 Catholic Communion (CR) 3:00 Apple Cider Social (CR)	18 COURTESY VAN 10:45 Christian Worship Service (CR) 2:00 Bible Study (CR)	19 9-Noon Nail Polish and Hand Massages *Sign up* 1:30 Dime Bingo (CR) 3:00 Card Club: Euchre (L)	20 9-4 Library Books (CR) 10:30 Coffee w/ the Chef (L) 2:00 OUTING: Pepin Heights Apple Store *Bus loads at 1:45* *Sign up!*	21
22 Happy Birthday Butch! Happy Birthday Julie Z.!	23 9:30 Exercise (CR) 10:45 OUTING: Mystery Lunch Outing! *Bus loads at 10:30* *Sign up!* 3:00 Performance: Gary LaRue (FL) Happy Birthday Andy!	24 Halloween Scavenger Hunt Starts! 9:30 Exercise (CR) 10:30 Halloween Craft (CR) 1:30 Catholic Communion (CR) 3:30 Town Hall Meeting (CR)	25 COURTESY VAN 10:45 Christian Worship Service (CR) 2:00 Open Hearts: Grief Support Group (CR) Happy Birthday Eileen!	26 9:30 Exercise (CR) 10-Noon Buy a Halloween Boo! Bag (L) 1:30 Halloween Bingo (CR) 3:30 We Know: Dementia Caregiver Support Group (CR)	27 *FLU SHOT CLINIC* 9-4 Library Books (CR) 10:30 Decorating Pumpkins (L) 1:30 Dean Martin Variety Show (T) 3:00 Card Club: 500 (L)	28
29	30 9:30 Exercise (CR) 10:30 Coffee & Crumbs (L) 1:30 Fruit Bingo (CR) 3:30 Haunted Happy Hour AND Bewitched Birthday Bash! (CR)	31 Happy Halloween!! AM: Boo! Bag Delivery 10:00 Trick or Treat with Kids from Daycare! (FL) 11:30 Catholic Communion (CR) 1:30 Performance: Dave Carpenter and Craig Ronsky (FL) 2:30 Party! (CR)	Independent Living / Assisted Living Contact Brenda, Activities Director, with any questions: 651-267-5434 *Schedule Subject to Change without notice*  = Halloween Themed Activity CR: Community Room, FL: Fireside Lounge, L: Library, T: Theater			

OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 1:00 Bingo (GV) National Pumpkin Spice Day!	2 AM: Orientation, Coffee, Chat, Trivia, Ball Toss (GV) 11:15 OUTING: Lunch at Goodhue Depot *Bus loads at 11* *Sign up!* 3:00 Candy Bingo (CR)	3 AM: Morning Wake Up! OktoberFest!! 10:30 Travel Time: Germany! (CR) 1:30 Performance: Mary Livingston (FL) 2:30 Party! (FL/L)	4 AM: Independent Reflection Time 1:00 Hymn Sing with Chaplain Craig (GV)	5 AM: Sing A Long (GV/SV) 10:30 Puzzles and Coloring! (CR) 1:30 First Lutheran Service and Fellowship (CR) PM: Creative Stories (GV/SV)	6 AM: Morning Wake Up! 10:00 Game Time! (CR) PM: Mind Joggers (SV) 3:30 Happy Hour Featuring: Orange "Wine" (CR)	7 PM: Painting Wood Art Décor!	
8 1:00 Bingo (GV) Puzzles and Popcorn!	9 AM: Orientation, Coffee, Chat, Trivia, Stretches (GV) 1:30 Snack Bingo (CR) 3:30 Men's Club (CR)	10 AM: Sing A Long (GV/SV) National Angel Food Cake Day! 10:30 Bake Angel Food Cake! (CR) 1:30 Catholic Mass w/ Fr. Brandon (T)	11 AM: Independent Reflection Time 1:00 Hymn Sing with Chaplain Craig (GV)	12 AM: Morning Wake Up! National Gumbo Day! 10:30 Make Gumbo! (CR) 2:00 Eat a sample of Gumbo! (CR) PM: Bowling Game (GV) Happy Birthday Gloria!	13 9:00 OUTING: Lark Toys! *Bus loads at 8:45* *Sign up!* 2:00 Snack Time! (CR) PM: Toy Trivia (SV)	14 Red Wing Monopoly!	
15 National Cheese Curd Day! 1:00 Bingo (GV)	16 AM: Orientation, Coffee, Chat, Trivia, Balloon Volley (GV) 1:30 Performance: Michael Riddle (FL) 4:15 OUTING: Supper at Wiederholt's *Bus loads at 4* *Sign up!*	17 AM: Sing A Long (GV/SV) 10:30 Halloween Craft (CR) PM: Hot Potato! (GV) 3:00 Apple Cider Social (CR)	18 AM: Independent Reflection Time 1:00 Hymn Sing with Chaplain Craig (GV)	19 AM: Manicures with Nail Polish! (We will come around and ask you, no need to sign up!) PM: Country Drive	20 AM: Mind Joggers (SV) AM: Parachute Game (GV) 2:00 OUTING: Pepin Heights Apple Store *Bus loads at 1:45* *Sign up!*	21 National Pumpkin Cheesecake Day!	
22 1:00 Bingo (GV) National Nut Day Trivia! Happy Birthday Butch! Happy Birthday Julie Z.!	23 AM: Orientation, Coffee, Chat, Trivia, Active Game (GV) 10:45 OUTING: Mystery Lunch Outing! *Bus loads at 10:30* *Sign up!* 3:00 Performance: Gary LaRue (FL)	24 AM: Creative Stories (GV) AM: Game Time (SV) 10:30 Halloween Craft (CR) PM: Creative Stories (SV) PM: Game Time (GV) PM: Popcorn Cart!	25 AM: Independent Reflection Time 1:00 Hymn Sing with Chaplain Craig (GV)	26 AM: Newsletter Folding (SV) 10-Noon Buy a Halloween Boo! Bag (L) 1:30 Halloween Bingo (CR) 3:30 We Know: Dementia Caregiver Support Group (CR)	27 *FLU SHOT CLINIC* 10:30 Decorating Pumpkins (L) 1:30 Dean Martin Variety Show (T)	28 National Chocolate Day!	
29 National Oatmeal Day! 1:00 Bingo (GV)	30 AM: Orientation, Coffee, Chat, Trivia, Ball Toss (GV) 1:30 Fruit Bingo (CR) 3:30 Haunted Happy Hour AND Bewitched Birthday Bash! (CR)	31 Happy Halloween!! AM: Boo! Bag Delivery 10:00 Trick or Treat with Kids from Daycare! (FL) 11:30 Catholic Communion (CR) 1:30 Performance: Dave Carpenter and Craig Ronsky (FL) 2:30 Party! (CR)	Garden View / Sky View Contact Brenda, Activities Director, with any questions: 651-267-5434 *Schedule Subject to Change without notice* = Halloween Themed Activity			CR: Community Room, FL: Fireside Lounge, L: Library, T: Theater, GV: Garden View, SV: Sky View	

