

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:45 Corn Hole 1:30 Party Pong 2:00 Basket Toss 3:00 Music with Clair Besse 4:00 Walking Group 6:00 Comedy Time National Coffee Day	2 10:00 Chair A Size 10:30 Wet Your Whistle & High/Low 11:00 Witches Hats 1:30 October Bingo & HH 3:00 Dice & Small Group 3:30 Basketball 4:00 Pong Ball 6:00 Dem Bones Game	3 10:00 Bucket Toss 10:30 Wet Your Whistle & Name 3 11:00 Tower Toss 1:30 Ghoul Racing 3:00 Slam Can 3:30 Bottle Ring Toss 4:00 Noodle Hockey 6:00 Penny Ante' Red	4 10:00 Sing a Long & WYW 11:00 Moving to the Music 1:30 Communion with Felecia 2:30 October Bingo 4:00 Spiders 6:00 Thumbs Up	Happy Birthday Carl!!! 5 10:00 Bible Study with Joe & Linda 11:00 Let's Get Moving 1:30 Golf 2:30 Small Group/Basket Toss 3:30 Balloons 4:00 Walking Group 6:00 Shake Loose	6 10:00 Number Bingo 11:00 Witch Hat 1:30 Bocce 2:30 Small group 2:30 Stand Up bottle 3:30 4 in a Row 6:00 LCR	7 10:45 Noodle Hockey 1:30 Football 2:00 Javelin 2:30 Happy Hour 3:00 Bucket Toss 3:30 Pong Ball 4:00 Sit Down Dancing 6:00 Ozzie and Harriet Simchat Torah Begins
8 10:45 Horse Shoes 1:30 Walking Group 2:00 Church with Linda & Joe 3:30 Basketball 4:00 Bean Bag Toss 6:00 Shake Awake Pastor Appreciation Day	9 10:15 Frog Toss 10:45 Wet Your Whistle & Halloween Trivia (You tube) 11:00 Walking Group 1:30 October Bingo 3:00 Craft group/Basket Toss 3:30 Candy Corn Toss 4:00 Noodle F6:00 Dice Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	10 10:00 Chair Yoga 10:30 Wet Your Whistle 11:00 Golf 1:30 Ladder game & Arm, shoulder hand massage For Residents 2:30 Javelin Throw 3:30 Yard Darts 6:00 Lucky Halloween	11 10:00 Sing a Long & WYW 11:00 Moving to the Music 1:30 October Bingo 3:00 Small Group 3:00 Ring Toss 3:30 Disc Throw 4:00 Kick Ball 6:00 Gratitude Sticks	12 10:00 Witches Hats 10:30 Wet Your Whistle & Red or Black 11:00 Slam Can 1:30 AGT Time 3:00 Noodle Ghost 3:30 Spiders 4:00 Walking Group 6:00 Shake Loose National M&M Day	13 10:00 Rosary with Sandy 11:00 Yellow Dice 1:30 October Bingo 3:30 Balls 3:30 Small group 4:00 Bucket Toss 6:00 Darts	14 10:45 Walking Group 1:30 Baskets 2:30 Slam Can 3:30 Kick Ball 4:00 Bean Bag toss 6:00 Life Stories
15 10:45 Corn Hole 1:30 Beach Balls 2:30 Walking Group 3:00 Happy Hour 3:30 Darts 4:00 This or That 6:00 I love Lucy	16 10:00 7/11/Double 10:30 Wet Your Whistle & Yellow Dice 11:00 Tennis 1:30 October Bingo 3:00 Manicures 3:00 Baseball 4:00 Football 6:00 You Choose Bosses Day	17 10:00 Slotz Ball 10:30 Wet Your Whistle 11:00 Chair Yoga 1:30 Yellow Dice 2:00 Noodle Fun 2:00 Small Group 3:00 Ghoul Racing 6:00 Memory Game	18 10:00 Table Top Bowling 10:30 Wet Your Whistle 11:00 Moving to the Music 1:30 Communion with Felecia 2:30 October Bingo 4:00 Noodle Fun 6:00 Shake Awake	Happy Birthday Janis!!! 19 10:00 Bible Study with Joe & Linda 11:00 Kick Ball 2:00 October Birthday Party with Don Williams 3:00 Walking Group 3:30 Ghost Bowling 6:00 Pigs	20 10:00 Number Bingo 11:00 Bean bag Toss 1:30 Witch Hat 2:30 Dice 3:00 Party Pong 4:00 Tennis 6:00 Reading Circle	21 10:45 Frog Toss 1:30 Frog Racing 2:30 Happy Hour 3:00 Lilly Pads 3:30 Flying Frogs 4:00 Frog Pong 6:00 Lucky Frog American Frog Day
22 10:45 Horse Shoes 1:30 Walking Group 2:00 Church with Linda & Joe 3:30 Golf 4:00 Javelin 6:00 Penny Ante'	23 10:00 Number Bingo & WYW 11:00 Balls 1:30 October Bingo & HH 3:00 Maicures 3:00 Ring Toss 4:00 Pass The Pigs 6:00 Shake Awake	24 10:00 Chair Yoga 10:30 Wet Your Whistle 11:00 Spiders 1:30 Tower Toss 2:30 Witches Noodle 3:30 Table top Bowling 6:00 Wooden Matching Game	25 10:00 Sing a Long & WYW 11:00 Moving to the Music 1:30 October Bingo 3:00 Small Group Making Masks for Someplace Safe 3:00 Witches Hats 3:30 Golf 4:00 Basket Toss 6:00 Dice	Happy Birthday Dorothy S!!! 26 10:00 Ghoul Racing & WYW 11:00 Kick ball 1:30 Ghost Bowling 2:30 Small Group 2:30 Bucket Toss 3:30 Pong Ball 6:00 Lucky Halloween	27 10:00 Rosary with Sandy 11:00 Sit Down Dancing 1:30 October Bingo 3:00 Disc Throw 3:30 Basketball 6:00 Zilch	28 10:45 Horse shoes 2:00 Trick or Treating ALL STAFF AND FAMILY MEMBER'S GRANCHILDREN AND CHILDREN ARE WELOCME TO ATTEND!! 6:00 Trivia
29 10:45 Corn Hole 1:30 You Choose 2:30 Walking Group 3:00 Happy Hour 3:30 AGT Time and Manicures 6:00 Yardzee	30 10:00 Sit down Dancing 10:30 Wet Your Whistle & Shake Loose 11:00 Noodle Fun 1:30 October Bingo 3:30 4 in a Row 4:00 Bean Bag Toss 6:00 Your choice	31 10:00 Witches Hat Toss 10:30 Halloween Bean Bag Toss 11:00 Scary Chair Exercises 2:00 Halloween Party With Rachell 3:30 Spider Toss 4:00 Cauldron 6:00 Name 3 Halloween	 OCTOBER 2023 Armstrong Memory Care Assisted Living 			