# Program Guide HOMECOMING 2023

**CELEBRATING COMMUNITY** 









#### MONDAY, 9/25

### **TEAM SPORTS DAY**

Grab your favorite sports gear and join us for a great day at the ballpark celebrating being a part of our team!

**10:30am Homecoming Kick Off - Join the cheer squad with this** Pep Rally, or as Cleo calls it our Pup Rally! - *Pillars Front Entrance* 

**11:00am Tai Chi Video -** Start your day with a little movement. Join us as a community on the 7th floor or in your apartment and tune into Channel 1-2.

12:00pm Sports Day Lunch - Brats n Tots

Brats and loaded Tater Tots - Dining Room

**1:00pm Knit & Crochet -** Rally up our crochet hat count with this team of all-star knitters! - *1st floor Café*.

**2:00pm Team Pillars Pound Fitness with Mike -** Join this rocking fitness class and celebrate our community through movement. - 7th Floor

**3:00pm Piano with Sara-Jane** will give Twin's organist Sue Nelson a real run for her money! Get rowdy and sing along in our 3rd floor Dimensions.

**3:30pm Homecoming Tailgate & Alzheimer's' Association Fundraiser -** Our favorite fans at League and Co will be here for another round of fun and games! Join the crew as we raise money for the upcoming Walk to End Alzheimer's. - *Front Entrance* 

**5:00pm Care Partners Support Group - Derek Glenna**Summit Funeral Home and Cremation - 7th Floor

**5:00pm Sports Day Dinner - Gopher Chops**Pork chops, Broccoli and Baked Potatoes

**6:00pm Help send John Boston off to the big leagues!** Join us for this special send off - 7th Floor

**6:45pm Gopher Golf Session -** Join us for an informal golf session

Celebrate our staff of All Stars by sharing why you are their #1 fans in the lobby all day.



# Adventuring Together!

Adventuring together is what makes the Pillars so special!

Jab and flow your way through the jungle in your best animal print or adventure gear!

**9:00am** Special Coffee Social - Celebrate Community during the following coffee socials located in the 1st floor Café.

**10:00am** Jungle Jab & Flow with Erin (45-50 min) - Move and groove to the music in dynamic fitness class. - 7th Floor

11:00am Catholic Communion with St Frances Cabrini Church- 7th Floor

11:00am Safari Scavenger Hunt with Child Care - 1st floor Café

12:00pm Jungle Lunch -Bánh Mì Sandwhich
Vietnamese Pork Sandwich & 5 Spice Sweet Potato Fries

1:00pm Bridge - Dining Room

2:00pm TED Talk - Bat Chat with UMN Professor Christine Salomon - 7th Floor

**3:00pm Wild Animals Petting Zoo**- With Sustainable Safari - *Front* Lions, Tigers and Bears - Oh My! A petting zoo not to miss!

**4:00pm Hear Me Roar** - All about Donkeys and Elephants in this Let's Talk Politics - 7th Floor

5:00 pm Dinner Adventure - Bull & Buddha Noodles

**7:07pm Outdoor Movie & S'mores** - Jumanji (1995), Deck, When two kids find and play a magical board game, they release a man trapped in it for decades - and a host of dangers that can only be stopped by finishing the game. - 7th Floor

# All Day: Adventure Wall

SEND A PICTURE OF YOUR FAVORITE ADVENTURE
TO JAY.BENEDICT@FAIRVIEW.ORG
OR DROP IT OFF AT THE DESK

WEDNESDAY, 9/27

### **BUILDING COMMUNITY DAY**

PUT ON THOSE HARD HATS AND WORK BOOTS AS WE CELEBRATE BUILDING UP OUR COMMUNITY WITH THIS CONSTRUCTION THEMED DAY!

All Day Alzheimer's Association Bake Sale in the Lobby!

**9:30am** Cribbage - *Dining Room* 

**10:00am Tour the Market at Malcolm Yards -** Meet & Greet with Patty & John Wall at Malcolm Yards - *Pillars Lobby* 

10:30am MacPhail Music for Life with MacPhail - Dining Room

11:00am Grandfriends Music with MacPhail - Sun Room - Dining Room

11:30am Balance Basics with Erin (30 min) - Dining Room

**12:00pm Build your own tacos -** Taco Buffet Meat, Cheese, Veggies, Rice, Beans, & Toppings

Build new friendships and your own tacos at our new Resident Lunch

2:00pm Beats & Bonds Pound Fitness Class with Mike - Dining Room

2:00 - 3:00p Staff Appreciation - We Dig You Gift Bags Giveaway! Lobby

3:00pm TED Talk with Julie Wallace -

How our Prospect Park Neighborhood was built -7th Floor

**4:15pm UMAA** Meet & Greet - *Pillars Lobby* 

 $5:00pm\ Dig\ into\ Dinner$  - Family Style

Swedish Meatloaf, Egg Noodles, Green Beans ,Lingonberry Jam

#### 6:30 PM UMAA SPONSORED BINGO WITH ERIN & JAY -- DINING ROOM



Thank you to all our staff who go above and beyond. Today we celebrate them with a small gift on behalf of the residents and their families.



Dress in your fanciest attire or as your favorite Hollywood Movie Star as we celebrate living amongst the stars in this Hollywood inspired day!

**9:00am** Blockbuster Balance & Strength with Hillary - 7th floor - Start your day with movement, please note the time change.

9:00am Coffee Social - 1st Floor Cafe

**10:15am** Child Care Fancy Dress Parade - Watch the Children walk the red carpet and show off in their fancy clothes as they model for us! - *Pillars Lobby* 

11:00am Grace University Lutheran Church Service with Pastor Justin - Club Room

12:00pm Hollywood Lunch - Red Carpet Special!

Tomato Gazpacho, 3 Cheese Grilled Cheese on Multigrain Bread

1:00pm UMN Theater Make-Up Demo - Hollywood Horror:

Peer into the life of Hollywood productions with this live demo sharing the in's and out's of make up design - 7th Floor

**2:30pm** MacPhail Unwrapping Music with Andrea Leap - Hollywood Music - 7th Floor

**4:15pm** Photo Booth & Walk the Red Carpet - *Dining Room Walk* the Red Carpet like the Stars in your fancy attire before dinner!

5:00pm Elegant Dinner - Dine like the Stars!
Steak Oscar, Asparagus, Roasted Garlic Mashed Potatoes

\*\* We invite you to wear a black-tie attire as we serve you in this elevated dining experience. Formal attire encouraged, but not required.

**6:45pm Homecoming Dance - Bobby & Christine Quartet**Find a date and come ready to dance the night away with this after dinner party on the 7th floor!

See the Walk of Fame celebrating this years' volunteers! Sign a note of thanks to our volunteers in the lobby. FRIDAY, 9/29



Wear your Pillars gear or red and black attire and join us for our annual Homecoming Parade!

**10:25am SPCO at the Ordway -** Eunice Kim Plays Mendelssohn's Violin Concerto - *Please sign up in advance. Transportation provided by My Car On Call.* 

10:45am Homecoming 2023 Parade - Pillars Front Entrance

The highlight of our week. Come and join our *King, Robert Ricks* and *Queen, Pat Morris* in the fun at our homecoming parade! They will lead our parade featuring floats created by the childcare children, leadership team, and residents.

**12:00pm** FREE Homecoming Lunch provided by Oppidan Pulled Chicken Sandwich, Cole Slaw, Chips, Cookies

1:00pm Knit & Crochet - 1st Floor Cafe

1:15pm Friends of Bill W. Open Meeting - 7th Floor Club Room

2:00pm Mending with Karen - Art Studio, 1st Floor

**3:30pm Homecoming Matinee - Miracle -** Wind down after the week by watching this film. It's based on a true story of Herb Brooks, the player-turned-coach who led the 1980 U.S. Olympic hockey team to victory over the seemingly invincible Soviet squad.

#### 5:00pm Dinner Together - Festa di Famiglia

Manicotti Marinara, Roasted Broccolini, Garlic Bread, Wine



## **GAME DAY!**

Joins us for Ski-U-Mania or watch on the big screen on the 7th floor Community Room. Wear your Gophers gear loud and proud as you cheer on your favorite team!

**7:45am Ski-U-Mania at McNamara Alumni Center -** Meet us in the lobby if you'd like to join the Ski-U-Mania pre-game festivities!

Join the UMAA for our Ski-U-Mania Pregame Parties at the McNamara Alumni Center before every home Gopher football game! Enjoy game day food, beverages, interactive games, and more.

**9:30am Coffee Social -** Wrap up and reflect on the 2023 Homecoming Week. We hope to hear your feedback on your experience from the week! - *1st Cafe* 

**10:00am UMN Gophers at Huntington Bank Stadium - Kickoff 11am -** If you signed up to join us for the game, please meet in the lobby by 9:45am. We will be providing a shuttle to and from the game. Tickets are sold out but contact us to be put on the wait list.

**1:30pm Scrabble -** Join this regularly scheduled friendly competition! - 1st *Cafe* 

