



1655 NE 18th St.
Gresham, OR 97030

Stamp



Farmington Square Leadership Team
Phone: 503.665.1994
Email: info-Gresham@farmingtonsquare.com
Website: farmingtonsquare-gresham.com
Facebook: FarmingtonSquareGresham

Executive Director:
Malina Wheeler
Assistant Executive Director:
Melissa Fisher
Wellness Nurses:
Erika Pullen & Jessica Saray
Wellness Directors: Kalina Bounphisay,
Tammy Taylor, Jacqelyn Stahley
Business Office Director:
Monica Bounphisay
Dinning Service Director:
Devonna Ivery
Life Enrichment Director:
Renieta Hawkins
Maintenance Director:
Elijah Taylor



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Farmington Square News

October 2023 Newsletter



2 Hearing Health Tips & Tech
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights & Our ED's Corner
7 Special Moments & Birthdays
8 Mission & Team

Hearing Health Tips & New Technologies

If you're struggling to hear certain sounds or voices that you've always been able to hear just fine, you may be facing a common issue: age-related hearing loss (known as presbycusis). It affects one in three adults over 65, and fortunately, there are various ways to treat it.

The causes of presbycusis include changes in the inner ear, middle ear, or in nerve paths to the brain. Other contributors may include prolonged exposure to loud noises, loss of hair cells, genetic factors, health conditions like heart disease or diabetes, and some medications, per John Hopkins Medicine. It is not a reversible condition so prevention (by avoiding loud noise exposure or wearing ear plugs) is wise.

If you're wondering if you're experiencing hearing loss, but are not sure, there are symptoms to look out for. Presbycusis often occurs gradually and subtly over time. You may find it harder than usual to hear soft voices, children's voices, and speech during background noise, and you may miss words in conversation, according to the American Academy of Audiology. You may also experience ear ringing or hear mumbled or slurred speech. To find out if you are in fact experiencing hearing loss, you'll want to seek a diagnosis from your health provider. You may be referred to a hearing specialist who can test if there are tones you're unable to hear.

When it comes to treatment options for hearing loss, the options are plentiful.

- Hearing Aids are widely used and just recently became available over the counter. Their technology moves forward with recent improvements such as directional



Did you know? Hearing loss affects 30-35% of adults between 65 and 75, and 40-50% of those 75 and older. (American Academy of Audiology)

- microphones that can help speech be understood over background noise.
- Cochlear implants can help by creating signals the brain interprets as sound.
- Telecoils can enhance hearing aids and cochlear implants.
- Assistive listening devices (a hearing loop system, FM system, or infrared system) help amplify sounds and can be used with or without hearing aids.
- Augmentative and alternative communication devices can help people express themselves via a picture board or text display.
- Alerting devices use sound, light, and vibrations to alert users of events. (National Institute on Deafness and Other Communication Disorders)

Let us know if this article has been helpful to you on our Facebook post for this month's newsletter.



Special Moments



Happy Birthday to our Staff & Residents:

- Maryann: October 6th
- Paul: October 7th
- Rachel: October 9th
- Marlene P.: October 11th
- Maria: October 13th
- Neilyann: October 15th
- John: October 17th
- Robert: October 18th
- Elaine: October 22nd
- Maria R.: October 26th
- Jesus: October 28th
- Myleen: October 30th

October 2023 Highlights

Observes: Breast Cancer Awareness, Chiropractors, Dental Hygiene, Emotional Wellness, Financial Planning, Long-Term Care Planning, Organizing Medical Info, Physical Therapy, Protecting Hearing, and Talking About Prescriptions
Celebrates: Apples, Baking, Books, Caramel, Chili, Cookies, Pasta, Pizza, Sausage, Seafood, Stamp Collecting, Pears, Pineapples, and Spinach

01: Hair Day; Bake Cookies Day; Pumpkin Spice Day	16: Boss's Day; Dictionary Day; Sports Day
02: Custodial Worker's Day; Fried Scallops Day	17: Pasta Day; Pharmacy Technician Day
03: Techies Day; Eat Fruit At Work Day	18: Chocolate Cupcake Day; No Beard Day
04: Cinnamon Bun Day; Golf Lover's Day; Taco Day	19: Kentucky Day; Seafood Bisque Day
05: Apple Betty Day; Do Something Nice Day	20: Brandied Fruit Day; Chicken & Waffles Day
06: Coaches Day; Mad Hatter Day; Noodle Day	21: Pumpkin Cheesecake Day; Reptiles Day
07: Chocolate Covered Pretzel Day; Frappe Day	22: Happy Dogs Day; Nut Day; Mother-in-Law Day
08: American Touch Tag Day; Fluffernutter Day	23: Boston Cream Pie Day; TV Talk Show Host Day
09: Native American Day; Columbus Day	24: Bologna Day; Food Day; United Nations Day
10: Angel Food Cake Day; Cake Decorating Day	25: Greasy Food Day; Merry Music Day; Sour Day
11: Sausage Pizza Day; Fossil Day	26: Day of the Deployed; Pumpkin Day; TN Day
12: Farmers' Day; Freethought Day; Gumbo Day	27: Black Cat Day; Breadstick Day; Navy Day
13: Train Your Brain Day; Yorkshire Pudding Day	28: Chocolate Day; First Responders Day
14: Dessert Day; Chess Day; I Love Yarn Day	29: Cat Day; Oatmeal Day; World Stroke Day
15: Aestheticians' Day; I Love Lucy Day	30: Candy Corn Day
	31: Caramel Apple Day; Knock-Knock Jokes Day

Our Executive Director's Corner

Dear residents, family members, and friends,

As fall has approached and all of the autumn colors have been appearing, we have been looking forward to all the fun activities we have planned for the season!

Please join us on October 31st from 4:30 pm-6 pm for our Trunk or Treat. The residents love to see the kids all dressed up! It is sure to be a spooky-sweet fun time!



Staff Spotlight:
Brandon

Brandon has been a dedicated, hard-working member of our team for a little over three years now.

In his spare time, Brandon loves to drive in his car and detail the cars of his friends and family.

When asked why he does what he does here, he said "When the residents get excited to see me, it lets me know I am making a difference in their life. This makes it worth it."

Thank you for all you do, Brandon!



Resident Spotlight:
Kathy

Kathy is one of our newest residents. Kathy has two children: one son and one daughter.

She grew up in Michigan until the age of 17. She has lived from the West Coast to the East Coast, but calls Virginia home. Kathy lived in Virginia for 30 years. While there, she worked as an executive director of sales and marketing for a floral company for 20 years.

Kathy speaks highly of our team and her peers here. We are happy to welcome Kathy to her new home!

SUN	MON	TUE	WED	THU	FRI	SAI
1 9:30 Morning Walk 10:00 Balloon Toss 10:30 Word Games 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Spotlight 3:00 Snack & Reminisce 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	2 9:30 Story Time 10:00 Chair Yoga 10:30 Music & Relax 11:30 Healthy Hands 1:00 Bingo! 2:00 Matching 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	3 9:30 Balloon Toss 10:00 IN2L Spotlight 10:30 Worship Service 11:30 Healthy Hands 1:00 Ladder Ball 2:00 Word Games 3:00 Snack & Books 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	4 9:30 Jazzercise 10:00 Scenic Drive 11:00 Trivia 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Water the Flowers 3:00 Snack & Chat 4:00 Spotlight 4:30 Healthy Hands 6:00 Evening Movie	5 9:30 Game of Choice 10:00 Jazzercise 10:30 Big Pin Bowling 11:30 Healthy Hands 1:00 Bingo! 2:00 Trivia 3:00 Snack & Relax 4:00 Remember When? 4:30 Healthy Hands 6:00 Evening Movie	6 9:30 Walking Group 10:00 Balance & Strengthen 10:30 Dice Game of Choice 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 Family Feud 3:00 Snack & Games 4:00 Did You Know? 4:30 Healthy Hands 6:00 Evening Movie	7 9:30 Spotlight 10:00 Sit & Be Fit 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Bingo! 2:00 Travel 3:00 Snack & Games 4:00 Story Time 4:30 Healthy Hands 6:00 Evening Movie
8 9:30 Walking Group 10:00 Balance & Strengthen 10:30 Dice Game of Choice 11:30 Healthy Hands 1:00 Resident’s Choice 2:00 Family Feud 3:00 Snack & Games 4:00 Did You Know? 4:30 Healthy Hands 6:00 Evening Movie	9 9:30 Explordle 10:00 Sit & Be Fit 10:30 Big Pin Bowling 11:30 Healthy Hands 1:00 Bingo! 2:00 Spotlight 3:00 Snack & Stories 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	10 9:30 Exercise 10:00 Water the Flowers 10:30 Worship Service 11:30 Healthy Hands 1:00 Ladder Ball 2:00 Travel 3:00 Snack & Relax 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	11 9:30 Chair Yoga 10:00 Scenic Drive 11:00 Story Time 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 Matching 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	12 9:30 Spotlight 10:00 Sit & Be Fit 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Bingo! 2:00 Travel 3:00 Snack & Chat 4:00 Story Time 4:30 Healthy Hands 6:00 Evening Movie	13 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Game of Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Did You Know? 3:00 Snack & Reminisce 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	14 9:30 Morning Walk 10:00 Balloon Toss 10:30 Word Games 11:30 Healthy Hands 1:00 Bingo! 2:00 Spotlight 3:00 Snack & Books 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie
15 9:30 Morning Walk 10:00 Balloon Toss 10:30 Word Games 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Spotlight 3:00 Snack & Reminisce 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	16 9:30 Story Time 10:00 Chair Yoga 10:30 Music & Relax 11:30 Healthy Hands 1:00 Bingo! 2:00 Matching 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	17 9:30 Balloon Toss 10:00 Spotlight 10:30 Worship Service 11:30 Healthy Hands 1:00 Ladder Ball 2:00 Word Games 3:00 Snack & Books 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	18 9:30 Jazzercise 10:00 Scenic Drive 11:00 Trivia 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Water the Flowers 3:00 Snack & Chat 4:00 Spotlight 4:30 Healthy Hands 6:00 Evening Movie	19 9:30 Game of Choice 10:00 Jazzercise 10:30 Big Pin Bowling 11:30 Healthy Hands 1:00 Bingo! 2:00 Trivia 3:00 Snack & Relax 4:00 Remember When? 4:30 Healthy Hands 6:00 Evening Movie	20 9:30 Walking Group 10:00 Balance & Strengthen 10:30 Dice Game of Choice 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 Family Feud 3:00 Snack & Games 4:00 Did You Know? 4:30 Healthy Hands 6:00 Evening Movie	21 9:30 Spotlight 10:00 Sit & Be Fit 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Bingo! 2:00 Travel 3:00 Snack & Games 4:00 Story Time 4:30 Healthy Hands 6:00 Evening Movie
22 9:30 Walking Group 10:00 Balance & Strengthen 10:30 Dice Game of Choice 11:30 Healthy Hands 1:00 Resident’s Choice 2:00 Family Feud 3:00 Snack & Games 4:00 Did You Know? 4:30 Healthy Hands 6:00 Evening Movie	23 9:30 Explordle 10:00 Sit & Be Fit 10:30 Big Pin Bowling 11:30 Healthy Hands 1:00 Bingo! 2:00 Spotlight 3:00 Snack & Stories 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	24 9:30 Exercise 10:00 Water the Flowers 10:30 Worship Service 11:30 Healthy Hands 1:00 Ladder Ball 2:00 Travel 3:00 Snack & Relax 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	25 9:30 Chair Yoga 10:00 Scenic Drive 11:00 Story Time 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 Matching 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	26 9:30 Spotlight 10:00 Sit & Be Fit 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Bingo! 2:00 Travel 3:00 Snack & Chat 4:00 Story Time 4:30 Healthy Hands 6:00 Evening Movie	27 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Game of Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Did You Know? 3:00 Snack & Reminisce 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	28 9:30 Morning Walk 10:00 Balloon Toss 10:30 Word Games 11:30 Healthy Hands 1:00 Bingo! 2:00 Spotlight 3:00 Snack & Books 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie
29 9:30 Morning Walk 10:00 Balloon Toss 10:30 Word Games 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Spotlight 3:00 Snack & Reminisce 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	30 9:30 Story Time 10:00 Chair Yoga 10:30 Music & Relax 11:30 Healthy Hands 1:00 Bingo! 2:00 Matching 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	31 9:30 Balloon Toss 10:00 Spotlight 10:30 Worship Service 11:30 Healthy Hands 1:00 Ladder Ball 2:00 Word Games 3:00 Snack & Books 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie		Spirit Week 9/23 - Fall Colors Day 9/24 - Everything Pumpkin Day 9/25 - Favorite Color Day 9/26 - Future-Self Day 9/27 - Costume Day		

SUN	MON	TUE	WED	THU	FRI	SA1
1 9:30 Water the Flowers 10:00 Sit & Be Fit 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Book Club 2:00 Coloring Creativity 3:00 Snack & Chat 4:00 Bubble Pop 4:30 Healthy Hands 6:00 Evening Movie	2 9:30 Spotlight 10:00 Balloon Toss 10:30 Arts & Crafts 11:30 Healthy Hands 1:00 Dominoes Time 2:00 Word Games 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	3 9:30 Balance & Strengthen 10:00 Color Sorting 10:30 Worship Service 11:30 Healthy Hands 1:00 Bingo! 2:00 Game Surprise 3:00 Snack & Read Aloud 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	4 9:30 Exercise 10:00 Scenic Drive 11:00 Walking Group 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 Trivia 3:00 Snack & Social 4:00 Bubble Pop 4:30 Healthy Hands 6:00 Evening Movie	5 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Game of Choice 3:00 Snack & Reminisce 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	6 9:30 Water the Flowers 10:00 Jazzercise 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Big pin Bowling 2:00 Spotlight 3:00 Snack & Books 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie	7 9:30 Morning Walk 10:00 Balance & Strengthen 10:30 Pretty Nails 11:30 Healthy Hands 1:00 Ring Toss 2:00 Trivia 3:00 Snack & Read Aloud 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie
8 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Game of Choice 3:00 Snack & Reminisce 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	9 9:30 Water the Flowers 10:00 Jazzercise 10:30 Spotlight 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Word Games 3:00 Snack & Books 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie	10 9:30 Chair Yoga 10:00 Color Sorting 10:30 Worship Service 11:00 Healthy Hands 1:00 Big Pin Bowling 2:00 All About 3:00 Snack & Game Shows 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	11 9:30 Sit & Be Fit 10:00 Scenic Drive 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Book Club 2:00 Coloring Creativity 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	12 9:30 Spotlight 10:00 Balloon Toss 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Bingo! 2:00 Word Games 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	13 9:30 Walking Group 10:00 Exercise 10:30 Arts & Crafts 11:30 Healthy Hands 1:00 Dominoes Time 2:00 Trivia 3:00 Snack & Social 4:00 Color Sorting 4:30 Healthy Hands 6:00 Evening Movie	14 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Game Surprise 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Game of Choice 3:00 Snack & Reminisce 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie
15 9:30 Water the Flowers 10:00 Sit & Be Fit 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Book Club 2:00 Coloring Creativity 3:00 Snack & Chat 4:00 Bubble Pop 4:30 Healthy Hands 6:00 Evening Movie	16 9:30 Spotlight 10:00 Balloon Toss 10:30 Arts & Crafts 11:30 Healthy Hands 1:00 Dominoes Time 2:00 Word Games 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	17 9:30 Balance & Strengthen 10:00 Color Sorting 10:30 Worship Service 11:30 Healthy Hands 1:30 Resident Council 2:30 Game Surprise 3:00 Snack & Read Aloud 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	18 9:30 Exercise 10:00 Scenic Drive 11:00 Walking Group 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 Trivia 3:00 Snack & Social 4:00 Bubble Pop 4:30 Healthy Hands 6:00 Evening Movie	19 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Game of Choice 3:00 Snack & Reminisce 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	20 9:30 Water the Flowers 10:00 Jazzercise 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Spotlight 3:00 Snack & Books 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie	21 9:30 Morning Walk 10:00 Balance & Strengthen 10:30 Pretty Nails 11:30 Healthy Hands 1:00 Ring Toss 2:00 Trivia 3:00 Snack & Read Aloud 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie
22 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Game of Choice 3:00 Snack & Reminisce 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	23 9:30 Water the Flowers 10:00 Jazzercise 10:30 Spotlight 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 Word Games 3:00 Snack & Books 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie	24 9:30 Chair Yoga 10:00 Color Sorting 10:30 Worship Service 11:00 Healthy Hands 1:00 Big Pin Bowling 2:00 All About 3:00 Snack & Game Shows 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	25 9:30 Sit & Be Fit 10:00 Scenic Drive 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Book Club 2:00 Coloring Creativity 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	26 9:30 Spotlight 10:00 Balloon Toss 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Bingo! 2:00 Word Games 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	27 9:30 Walking Group 10:00 Exercise 10:30 Arts & Crafts 11:30 Healthy Hands 1:00 Dominoes Time 2:00 Trivia 3:00 Snack & Social 4:00 Color Sorting 4:30 Healthy Hands 6:00 Evening Movie	28 9:30 Morning Walk 10:00 Healthy Stretches 10:30 Game Surprise 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 Game of Choice 3:00 Snack & Reminisce 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie
29 9:30 Water the Flowers 10:00 Sit & Be Fit 10:30 Resident’s Choice 11:30 Healthy Hands 1:00 Book Club 2:00 Coloring Creativity 3:00 Snack & Chat 4:00 Bubble Pop 4:30 Healthy Hands 6:00 Evening Movie	30 9:30 Spotlight 10:00 Balloon Toss 10:30 Arts & Crafts 11:30 Healthy Hands 1:00 Dominoes Time 2:00 Word Games 3:00 Snack & Music 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	31 9:30 Balance & Strengthen 10:00 Color Sorting 10:30 Worship Service 11:30 Healthy Hands 1:00 Bingo! 2:00 Game Surprise 3:00 Snack & Read Aloud 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie		Spirit Week 9/23 - Fall Colors Day 9/24 - Everything Pumpkin Day 9/25 - Favorite Color Day 9/26 - Future-Self Day 9/27 - Costume Day		

SUN	MON	TUE	WED	THU	FRI	SAT
1 9:30 Literature Time 10:00 Sit & Be Fit 10:30 Resident's Choice 11:30 Healthy Hands 1:00 Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	2 9:30 Bubble Pop 10:00 Dancing to the Oldies 10:30 Artist Time 11:30 Healthy Hands 1:00 Game 2:00 Bingo! 3:00 Snack & Social 4:00 Color Sorting 4:30 Healthy Hands 6:00 Evening Movie	3 9:30 Balloon Toss 10:00 Color Sorting 10:30 Worship Service 11:30 Healthy Hands 1:00 Travel 2:00 Bingo! 3:00 Snack & Stories 4:00 Water the Garden 4:30 Healthy Hands 6:00 Evening Movie	4 9:30 Healthy Stretches 10:00 Scenic Drive 11:00 Walk With Me 11:30 Healthy Hands 1:00 Matching Game 2:00 Color With Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie	5 9:30 Fold & Fun 10:00 Balance & Strengthen 10:30 Resident's Choice 11:30 Healthy Hands 1:00 Spotlight 2:00 Card Game of Choice 3:00 Snack & Chat 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	6 9:30 Bubble Pop 10:00 Dancing to the Oldies 10:30 Artist Time 11:30 Healthy Hands 1:00 IN2L Game 2:00 Bingo! 3:00 Snack & Social 4:00 Color Sorting 4:30 Healthy Hands 6:00 Evening Movie	7 9:30 Walking Group 10:00 Exercise 10:30 Paint With Me 11:30 Healthy Hands 1:00 "All About" 2:00 Dice Game 3:00 Snack & Laugh 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie
8 9:30 Fold & Fun 10:00 Balance & Strengthen 10:30 Resident's Choice 11:30 Healthy Hands 1:00 Spotlight 2:00 Card Game of Choice 3:00 Snack & Chat 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	9 9:30 Walking Group 10:00 Exercise 10:30 Paint With Me 11:30 Healthy Hands 1:00 "All About" 2:00 Dice Game 3:00 Snack & Laugh 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie	10 9:30 Moving to the Beat 10:00 Picture Me This 10:30 Worship Service 11:30 Healthy Hands 1:00 Word Games 2:00 Big Pin Bowling 3:00 Snack & Relax 4:00 Flower Hydration 4:30 Healthy Hands 6:00 Evening Movie	11 9:30 Sit & Be Fit 10:00 Scenic Drive 11:00 Literature Time 11:30 Healthy Hands 1:00 Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	12 9:30 Morning Walk 10:00 Balloon Toss 10:30 Morning Walk 11:30 Healthy Hands 1:00 Travel 2:00 Bean Bag Toss 3:00 Snack & Stories 4:00 Water the Garden 4:30 Healthy Hands 6:00 Evening Movie	13 9:30 Morning Walk 10:00 Balloon Toss 10:30 Artist Time 11:30 Healthy Hands 1:00 Travel 2:00 Ring Toss 3:00 Snack & Stories 4:00 Water the Garden 4:30 Healthy Hands 6:00 Evening Movie	14 9:30 Walk With Me 10:00 Healthy Stretches 10:30 Sing-A-Long 11:30 Healthy Hands 1:00 Matching Game 2:00 Color With Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie
15 9:30 Literature Time 10:00 Sit & Be Fit 10:30 Resident's Choice 11:30 Healthy Hands 1:00 Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	16 9:30 Bubble Pop 10:00 Dancing to the Oldies 10:30 Artist Time 11:30 Healthy Hands 1:00 Game 2:00 Bingo! 3:00 Snack & Social 4:00 Color Sorting 4:30 Healthy Hands 6:00 Evening Movie	17 9:30 Balloon Toss 10:00 Color Sorting 10:30 Worship Service 11:30 Healthy Hands 1:00 Travel 2:00 Bingo! 3:00 Snack & Stories 4:00 Water the Garden 4:30 Healthy Hands 6:00 Evening Movie	18 9:30 Healthy Stretches 10:00 Scenic Drive 11:00 Walk With Me 11:30 Healthy Hands 1:00 Matching Game 2:00 Color With Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie	19 9:30 Fold & Fun 10:00 Balance & Strengthen 10:30 Resident's Choice 11:30 Healthy Hands 1:00 Spotlight 2:00 Card Game of Choice 3:00 Snack & Chat 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	20 9:30 Bubble Pop 10:00 Dancing to the Oldies 10:30 Artist Time 11:30 Healthy Hands 1:00 Game 2:00 Bingo! 3:00 Snack & Social 4:00 Color Sorting 4:30 Healthy Hands 6:00 Evening Movie	21 9:30 Walking Group 10:00 Exercise 10:30 Paint With Me 11:30 Healthy Hands 1:00 "All About" 2:00 Dice Game 3:00 Snack & Laugh 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie
22 9:30 Fold & Fun 10:00 Balance & Strengthen 10:30 Resident's Choice 11:30 Healthy Hands 1:00 Spotlight 2:00 Card Game of Choice 3:00 Snack & Chat 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	23 9:30 Walking Group 10:00 Exercise 10:30 Paint With Me 11:30 Healthy Hands 1:00 "All About" 2:00 Dice Game 3:00 Snack & Laugh 4:00 Sing-A-Long 4:30 Healthy Hands 6:00 Evening Movie	24 9:30 Moving to the Beat 10:00 Picture Me This 10:30 Worship Service 11:30 Healthy Hands 1:00 Word Games 2:00 Big Pin Bowling 3:00 Snack & Relax 4:00 Flower Hydration 4:30 Healthy Hands 6:00 Evening Movie	25 9:30 Sit & Be Fit 10:00 Scenic Drive 11:00 Literature Time 11:30 Healthy Hands 1:00 Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	26 9:30 Morning Walk 10:00 Balloon Toss 10:30 Morning Walk 11:30 Healthy Hands 1:00 Travel 2:00 Bean Bag Toss 3:00 Snack & Stories 4:00 Water the Garden 4:30 Healthy Hands 6:00 Evening Movie	27 9:30 Morning Walk 10:00 Balloon Toss 10:30 Artist Time 11:30 Healthy Hands 1:00 Travel 2:00 Ring Toss 3:00 Snack & Stories 4:00 Water the Garden 4:30 Healthy Hands 6:00 Evening Movie	28 9:30 Walk With Me 10:00 Healthy Stretches 10:30 Sing-A-Long 11:30 Healthy Hands 1:00 Matching Game 2:00 Color With Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie
29 9:30 Literature Time 10:00 Sit & Be Fit 10:30 Resident's Choice 11:30 Healthy Hands 1:00 Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	30 9:30 Bubble Pop 10:00 Dancing to the Oldies 10:30 Artist Time 11:30 Healthy Hands 1:00 Game 2:00 Bingo! 3:00 Snack & Social 4:00 Color Sorting 4:30 Healthy Hands 6:00 Evening Movie	31 9:30 Balloon Toss 10:00 Color Sorting 10:30 Worship Service 11:30 Healthy Hands 1:00 Travel 2:00 Bingo! 3:00 Snack & Stories 4:00 Water the Garden 4:30 Healthy Hands 6:00 Evening Movie		Spirit Week 9/23 - Fall Colors Day 9/24 - Everything Pumpkin Day 9/25 - Favorite Color Day 9/26 - Future-Self Day 9/27 - Costume Day		