

# The Geneva Lake News

MANOR

OCTOBER  
2023

## WISH List

Accepting donations of sensory items to help build our sensory program. Please contact Nicole in activities if you are interested in making a donation.

**\*\*When bringing in new items for a resident, please make sure the items are labeled and staff are aware of the new items so we can update their inventory log.\*\***

**Visitation Guidelines: We do not have any visitation guidelines. We do ask that you please not visit if you are currently sick or have been around someone who is sick.**

## Geneva Lake MANOR

211 South Curtis Street  
Lake Geneva, WI 53147  
262.248.3145

Stacy Bulow, Administrator  
Teri Russo, Business Office Manager  
Nicole Weber, Activities

 [Like Us On Facebook](#)

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**Wisconsin Illinois**  
SENIOR HOUSING INC.

[GenevaLakeManor.org](http://GenevaLakeManor.org)

WE ACCEPT CREDIT CARDS

Skilled Nursing • Respite Care • Rehabilitation Services

## Facility News

We would like to share that Quinten Hoskins is no longer with Geneva Lake Manor. Stacy Bulow, Assistant Administrator, will be acting Administrator until a replacement is found. If you have any questions or concerns please contact Stacy.

**Are in interested in volunteering?** We are looking to gain some more volunteers to help in various ways. If you or someone you know is interested, please contact Nicole in activities.



## OH GREAT PUMPKIN DAY!

Fall is here, and we're ready for pumpkin everything! It's the perfect time to indulge in pumpkin pies, cookies, coffee, cheesecake, pasta, roasted seeds, and oatmeal. On October 26, we celebrate our favorite spooky and silly decoration and food: the pumpkin! Is there anything pumpkins can't do?

White pumpkins are the newest fad in pumpkin fashion in the U.S. They are great for carving and painting due to their bright, white canvas-like skin. Pumpkins grow in many colors ranging from the classic bright orange, to yellow, brown, green, grey and white.

### PUMPKIN FUN FACTS:

- The word pumpkin originated from the word pepon. Pepon means "large melon" in Greek.
- Pumpkins, gourds, and squashes are technically fruits, specifically berries.
- The United States produces over 1.5 billion pounds of pumpkins each year.

## Activities/Events

**October 5**

**Outing to Royal Oaks  
Apple Orchard**

**October 19**

**Outing to Dollar Tree**

**October 24**

**Elvis 2:30 Activity Room**

**October 26**

**Outing to Walmart**

**October 29**

**Trick or Treating  
1:30 – 4:00**

**October 31**

**Halloween Party 2:30  
Activity Room**

# October is Breast Cancer Awareness Month



Each year in the United States, about 240,000 cases of breast cancer are diagnosed in women and about 2,100 in men.

## Now Hiring

RN/LPN - FT/PT

CNA - FT/PT

SPEECH/LANGUAGE

PATHOLOGIST

DIETARY – PM AIDE

Apply online at our website.



## Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

### Residents & Staff

10/6	Maddy F.
10/7	Gerald A.
10/8	Kayleigh K.
10/21	Mary O.
10/25	Diane S.
10/27	Audrey C.
10/28	Laure O.

### Staff Anniversaries

Cheyenne G.	10 Years
Kayleigh K.	6 Years
Daphne B.	4 Years
Bobbi B.	3 Years
Diane B.	3 Years
Divinity M.	1 Year
Devon P.	1 Year

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According to the CDC, no breast is typical. What is normal for you may not be normal for another woman. Most women say their breasts feel lumpy or uneven. The way your breasts look and feel can be affected by getting your period, having children, losing or gaining weight, and taking certain medications. Breasts also tend to change as you age.

### Some symptoms of breast cancer could include:

- New lump in the breast or underarm (armpit).
- Many conditions can cause lumps in the breast, including cancer. But most breast lumps are caused by other medical conditions. Two common causes of breast lumps are fibrocystic breast condition and cysts.
- Thickening or swelling of part of the breast.
- Irritation or dimpling of breast skin.
- Redness or flaky skin in the

nipple area or the breast.

- Pulling in of the nipple or pain in the nipple area.
- Nipple discharge other than breast milk, including blood.
- Any change in the size or the shape of the breast.
- Pain in any area of the breast.
- Women who are 40-49 years old should talk to their physician about when to start and how often to get a mammogram, and women who are 50-74 years old and are at average risk for breast cancer should get a mammogram every two years.
- Keep in mind that these symptoms can happen with other conditions that are not cancer. However, if you're concerned or have any symptoms listed above, be sure to make an appointment with your physician right away.

Source: cdc.gov



In our book, these go a long way.

TRUST  
HONESTY  
RESPECT

Learn about our Core Values on our website.

