



# murano

SENIOR LIVING

## Hours of Service

Breakfast: 7-10 Lunch: 11-2 Dinner 4-7 Bar: 12-8

## Breakfast

### \*Complete Breakfast \$7

2 eggs your way, potatoes, toast  
choice of bacon, sausage or ham steak

### Salmon Avocado Toast \$6

rustic sourdough, tomato  
parmesan + sunny-side-up egg

### Breakfast Hash \$7

seasonal veggies + sunny-side-up eggs

### Veggie Omelette \$7

spinach, onion, peppers  
wild mushrooms + potatoes

### Denver Omelette \$7

ham, cheddar cheese  
peppers onions + potatoes

### Puget Sound Omelette \$9

dungeness crab, onions  
provolone cheese + potatoes

### Murano Oatmeal \$6

raisins, milk + almonds

### Granola French Toast \$7

whip cream, syrup + butter

### Murano Parfait \$6

berries, granola + yogurt

## Smoothies \$4

### Sunrise

oj, strawberry, yogurt, cherry + mango

### Antioxidant

mixed berries, grape juice, yogurt + berry

### Green Machine

kale, spinach, cucumber, avocado  
tomato, apple + ginger

## Starters Apps, Salads + Soups

### Crispy Fried Calamari \$7

buttermilk battered  
roasted red pepper + herbs

### Beet & Asparagus \$6

orange + walnut herb sauce

### Hummus \$5

assorted breads + crudité

## Starter Salads

### Mixed Greens Salad \$6

cypress goat cheese, almond, lemon plum  
balsamic vinaigrette

### Slaw Salad \$6

jicama, carrots, zucchini, red cabbage + romesco dressing

### Classic Caesar \$6

gem lettuce, house tarragon chive caesar dressing  
herbed croutons, radish, anchovy + parmesan

## Soups

### Roasted Butternut Squash or Cream of Lentil Sausage

cup \$3 bowl \$6

### Soup Du Jour

ask your service team about today's option  
cup \$3 bowl \$6

## Entrée Salads & Sandwiches

### BLT Chicken Salad \$14

tomatoes, avocado, bacon, pickled onion  
garlic croutons + ranch dressing

### Delicata Squash Fattoush Salad \$10

gem lettuce, cucumber, radish, red onion, red pepper,  
mint, feta cheese, fried pita + house vinaigrette

### Eggplant Steak \$12

sweet potato, parsley, cilantro, fried quinoa  
tomato sauce

### S.L.T Sandwich \$9

salmon, lettuce, tomato, red onion  
herb aioli + macrina sourdough bread

### Signature Burger \$11

### Choice of \*Angus Beef, Chicken, or Beyond Patty

burger- brioche bun, gruyere, bacon jam  
mixed green lettuce, tomato + herb aioli

## Entrées

### Fried Chicken \$14

vegetables + cheddar mashers

### Seafood Risotto \$18

saffron, dungeness crab, lobster  
prawns+ tomato

## À La Carte

Lunch choice of 1 protein and 1 side / Dinner choice 1 protein and 2 sides

### \*Duck Breast \$13

Carrots \$2

### \*Steak \$12

Nightly Vegetable \$2

### \*Island Spring Tofu \$10

Mashed Potatoes \$2

### \*Salmon \$13

Daily Starch \$2

### Chicken \$10

Risotto \$2

\*The health department advises that consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. Menu items may contain nuts and other allergens. Please let us know if you are allergic to any food items.