



RESIDENT BIRTHDAY'S

Elaine P. 9/13

Robert K. 9/30



FRIENDS & FAMILY REFERRAL PROGRAM!

WALTONWOOD FALL BOWLING LEAGUE

Fall bowling league kicks off on September 10th!

Our very own Cherry Hill Keglers are going for their second win in this tournament against all other communities in Waltonwood.

Please cheer on your fellow residents as they go for a strike and go for the gold!



ASSISTED LIVING WEEK

Season of Reflection is the theme for this years Assisted Living Week, September 10th-16th. It kicks off on the 10th with Grandparent's Day, a celebration of all that grandparents are to their loved ones and friends. We will celebrate a variety of ways throughout the week, working our way through seasons of life to reflect on.

9/10- Grandparents Day themed dinner and special treat!

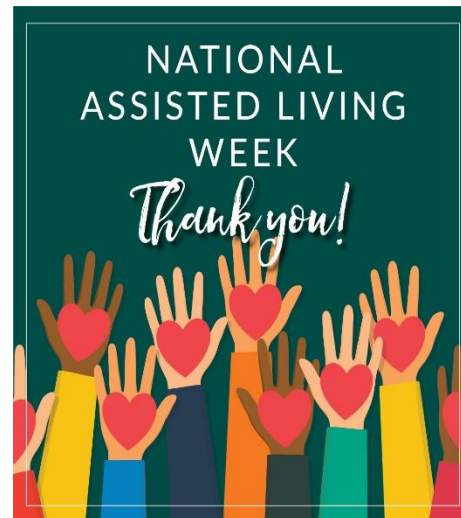
9/11- 9/11 Remembrance Day with a special devotion by Dennis!

9/12- "The Golden Years" Guess Who Picture Contest and Mock Elections begin!

9/13- "The Adult Years" Breakfast Baking Demonstration by Mitch and a trip to the Detroit Zoo!

9/14- "The Wonder Years" Homecoming Dance!

9/15- "It's Just The Beginning" Mock Election Results!



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

SEPTEMBER 2023



LIFE ENRICHMENT CORNER

Welcome to September Waltonwood Family!

Fall is just around the corner and we are so excited to begin this celebration. We are looking forward to a month of fun and adventure. Please make sure to check out our list of outings for the month of September and get with Logan to sign up for any that you may be interested in. Also be on the lookout for all of the fun-filled programming for Assisted Living Week coming up!

Happy September everyone!

We would also like to extend a warm welcome to all of our recent move-ins. Thank you for choosing us and welcome to the Waltonwood Family!



SINGH

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COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Sharde' Jones
Business Office Manager

Eirik Kauserud
Culinary Services Manager

Andrew Raudszus
Environmental Services
Manager

Krystal Sidibe
Independent Living Manager

Ebony Adams
IL Life Enrichment Manager

Logan Winton
AL Life Enrichment Manager

Ermira Sinani
MC Life Enrichment Manager

Renee Ralsky
Marketing Manager

Jasmine Fowlkes
Resident Care Manager

Tierre Shaw
MC Wellness Coordinator

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month
Carlyn

Thank you, Carlyn, for all that you do for the residents and staff here at Waltonwood Cherry Hill. We appreciate your hard work and dependability. You are always there to help someone in need. We are so thankful to have you as a part of this team!

If you have someone you would like to nominate, please see Logan or Ermira.



AUGUST HIGHLIGHTS

08

We enjoyed some reading at the beautiful Canton Public Library!

10

We enjoyed a Magic performance by John Russell!



18

Residents competed in Field Day with a variety of different events!

20

Residents enjoyed a trip to Kensington Metro Park for a boat ride and a picnic!



FOREVER FIT: FOCUS ON FITNESS

Outside of the Box
If nothing else we are creatures of habit. The schedules and routines that we’ve developed over the years help us to be effective, efficient and comfortable. Sometimes however, in order to see the improvements we need we have to make that awkward step outside our comfort zone. As fragile as our bodies can be they are equally resilient and adapt to the stresses we place upon it. By failing to regularly add new stimuli, we often find ourself making little to no progress. If you find yourself at a bit of a plateau it may the perfect time to try a new or more challenging exercise. Remember exercise should never be painful, rather taxing enough to test your ability so you can make the small incremental steps to a stronger healthier version of you.

- Chris, Forever Fit Manager

Assisted Living Outing Opportunities for September

- September 6th- 12:00pm Domino Farms
- September 13th – 11:00am Detroit Zoo
- September 19th – 1:00m Roush Automotive Museum
- September 28th – 11:15am Tiger’s Game



Please see Logan to sign up.

SEPTEMBER SPECIAL EVENTS

06

Residents will be taking a trip to Domino Farms!

13

Residents will be headed to the Detroit Zoo to celebrate Senior day and enjoy the animals!



26

We will be honoring our Veterans with a Veteran’s Luncheon to thank them for their service!

29

We will be enjoying delicious coffee in honor National Coffee Day!



EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends,

September has finally arrived!

We are looking forward to this fun filled season. Getting Fall ready with all of you will be joyful. Please see our activities calendar for additional information planned for this month. Assisted living week is approaching. seasons of Reflection. If you enjoy reading, we have plenty of books in our libraries for all to enjoy. Also please be reminded of our upcoming flu clinic in October. Registration for the flu clinic ends on August 31st.

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffiany.tucker@singhmail.com