## 2023 September

Find us on

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Join us this month as we virtually travel to Japan!			1 10:30 Flash Card Fitness 11:00 Headbands 1:30 Courtyard Trivia 3:00 Card Bingo	2 10:30 Exercise 2:00 Cards
3	4	5	6	7	8	9
2:00 Movie Matinee	10:30 Sit and Stretch 11:00 Balloon Bop 1:30 Bingo © ( ♥ © )	<ul> <li>10:30 Exercise</li> <li>11:00 Board Games</li> <li>1:30 Cards</li> <li>3:00 Bible Study</li> </ul>	<ul> <li>10:30 Hula Hoop Exercise</li> <li>11:00 Manicures in the Salon</li> <li>1:30 Shut the Box Game</li> <li>3:00 Cribbage</li> </ul>	<ul> <li>10:30 Exercise</li> <li>11:00 History Of Port Huron</li> <li>1:30 Wheel of Fortune</li> <li>3:30 Cards</li> </ul>	<ul> <li>10:30 Pool Noodle Exercise</li> <li>11:00 Yahtzee</li> <li>1:30 Beachball Toss</li> <li>3:00 Write a Letter to your Grandchild</li> </ul>	<ul><li>10:30 Coffee and Conversation</li><li>2:00 Assorted Table Games</li></ul>
<sup>10</sup> Grandparents Day	11	12 Happy Birthday Ruth !	13	14	15	16
2:00 Movie Matinee	<ul><li>10:30 Sit and Stretch</li><li>11:00 Stick In The Mud Dice</li><li>2:30 Chase the Ace</li><li>3:30 Music on Youtube</li></ul>	<ul><li>10:30 Exercise</li><li>11:00 Shut The Box Game</li><li>2:30 Trivia in the Courtyard</li><li>3:00 Bible Study</li></ul>	<ul> <li>10:30 Pool Noodle Exercise</li> <li>11:00 Manicures in the Salon</li> <li>2:30 Wheel of Fortune</li> <li>3:30 Card Games</li> </ul>	10:30 Exercise 11:00 History Of Port Huron 2:30 Movie Matinee	<ul><li>10:30 Flash Card Fitness</li><li>11:30 LCR Game</li><li>2:30 Spinner Domino</li></ul>	10:30 Exercise
17	18	19	20	21	22	23
2:00 Movie Matinee 4:15 Devotional with Pastor Tucker in Woods Lobby	<ul> <li>10:30 Sit and Stretch</li> <li>11:00 Deal or No Deal</li> <li>1:30 Ship Captain Crew Dice</li> <li>3:00 Card Games</li> </ul>	10:30 Coffee & Conversation 10:45 Communion in The Chapel 1:00 Apple Orchard Drive 3:00 Bible Study	<ul> <li>10:30 Hula Hoop Exercise</li> <li>11:00 Manicures in the Salon</li> <li>1:30 Sing A Long</li> <li>3:00 Chase The Ace</li> </ul>	<ul> <li>10:30 Exercise</li> <li>11:00 History of Port Huron</li> <li>1:30 Wheel of Fortune</li> <li>3:30 Cards</li> </ul>	<ul> <li>10:30 Pool Noodle Exercise</li> <li>11:00 Finish The Line Trivia</li> <li>1:30 Fall Craft</li> <li>3:00 Music with Mindy</li> </ul>	<ul><li>10:30 Coffee and Conversation</li><li>2:00 Assorted Table Games</li></ul>
24	25	26	27 Happy Birthday Betty !	28	29	30
2:00 Movie Matinee	<ul><li>10:30 Sit and Stretch</li><li>11:00 Horse Race Game</li><li>1:30 Japanese Tea Party</li></ul>	<ul> <li>10:30 Exercise</li> <li>11:00 Scrabble</li> <li>1:30 Cherry Blossom Craft</li> <li>3:00 Bible Study</li> </ul>	<ul> <li>10:30 Pool Noodle Exercise</li> <li>11:00 Resident Meeting</li> <li>1:30 Oktoberfest Music with Ray and Bill</li> </ul>	<ul> <li>10:30 Exercise</li> <li>11:00 History of Japan</li> <li>1:30 Wheel of Fortune</li> <li>3:30 Book Club</li> </ul>	<ul><li>10:30 Exercise</li><li>11:00 Words in Words</li><li>1:30 Lunch at Tokyo Grill</li></ul>	10:30 Exercise 2:00 Cards

## RESIDENCE of Lakeshore Woods Assisted Living