

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**ASSISTED LIVING
ACTIVITIES**



SEPTEMBER 2023

ACTIVITIES ARE SUBJECT TO OCCASIONAL CHANGE

1 Out & About– Olive Garden (11am)
12:00 Puzzle Pieces (AR)
1:00 Brain Games (AR)
2:00 “Happy Hour”- (L)
3:00 Bingo (L)
4:00 Card Games (AR)
5:30 Movie Night (T)

2
10:00 Rosary Club (T)
11:00 Seated Aerobics (T)
1:00 Table Top Games (AR)
3:00 Who Am I? Trivia (AR)
5:00 Relax and Reminisce

3
9:30 Courtyard Coffee & Chat
10:00 Sunday Mass (T)
11:00 Blitz Bingo (AR)
1:00 Brain Games (AR)
2:00 Melodies w/ Ben (L)
3:00 Word in a Word (AR)
5:00 Movie Night (T)

4 Labor Day
10:00 Manicure Monday (AR)
10:00 Hair Salon Open (S)
10:00 Rosary Club (T)
11:00 Seated Tai Chi (T)
2:00 Scenic Ride (L)
5:30 Relax & Reminisce

5 National Cheese Pizza Day
9:30 Courtyard Coffee & Chat
10:00 Walking Club (T)
10:30 Cooking Club (AR)
1:00 Trivia (AR)
2:00 Wine & Cheese Chat (L)
3:30 Afternoon Coffee & Tea (AR)
5:30 Movie Night (T)

6
10:00 Manicures (AR)
10:30 Chair Exercise (T)
11:00 Charades/ Pick and Do (AR)
1:00 Table Top Games (AR)
2:00 Crafters Corner (AR)
3:15 Chair Zumba (L)
4:00 Puzzle Pieces (AR)

7
10:30 Scenic Ride (L)
12:30 Today in History (AR)
1:00 Spell Down– Let’s Think (AR)
2:00 Resident Council (L)
3:00 Bingo (L)
5:30 Coffee and Chat (B)

8 Out & About– Target (10:30am)
12:00 Puzzle Pieces (AR)
1:00 Brain Games (AR)
2:00 “Happy Hour”- (L)
3:00 Bingo (L)
4:00 Card Games (AR)
5:30 Movie Night (T)

9
10:00 Rosary Club (T)
11:00 Seated Aerobics (T)
1:00 Card Games (AR)
3:00 Crossword Puzzles (AR)
5:00 Relax and Reminisce

10 National Assisted Living Begins
9:30 Courtyard Coffee & Chat
10:00 Sunday Mass (T)
11:00 Blitz Bingo (AR)
1:00 Board Games (T)
3:00 Word in a Word (T)
5:00 Movie Night (T)

11 W/C & Walker Wash -2pm
10:00 Manicure Monday (AR)
10:00 Hair Salon Open (S)
10:00 Rosary Club (T)
11:00 Seated Tai Chi (T)
2:00 W/C & Walker Wash (L)
5:30 Relax & Reminisce

12 Elvis Showcase – 2pm
9:30 Courtyard Coffee & Chat
10:00 Communion (AR)
11:00 Take Out Tuesday (AR)
2:00 Elvis Showcase (L)
3:30 Afternoon Coffee & Tea (AR)
5:30 Movie Night (T)

13
10:00 Manicures (AR)
10:30 Chair Exercise (T)
11:00 Charades/ Pick and Do (AR)
1:00 Table Top Games (AR)
2:00 Crafters Corner (AR)
3:00 Matinee Movie (T)

14 Mister Softee– 2pm
10:30 Scenic Ride (L)
12:30 Today in History (AR)
1:00 Spell Down– Let’s Think (AR)
2:00 Mister Softee Visit (L)
3:00 Bingo (T)
5:30 Coffee and Chat (B)

15 Out & About– \$ Store (10:30am)
12:00 Puzzle Pieces (AR)
1:00 Brain Games (AR)
2:00 “Happy Hour”- (L)
3:00 Bingo (L)
4:00 Card Games (AR)
5:30 Movie Night (T)

16
10:00 Rosary Club (T)
11:00 Seated Aerobics (T)
1:00 Table Top Games (AR)
3:00 Who Am I? Trivia (AR)
5:00 Relax and Reminisce

17
9:30 Courtyard Coffee & Chat
10:00 Sunday Mass (T)
11:00 Blitz Bingo (AR)
1:00 Brain Games (AR)
2:00 Melodies w/ Ben (L)
3:00 Word in a Word (AR)
5:00 Movie Night (T)

18
10:00 Manicure Monday (AR)
10:00 Hair Salon Open (S)
10:00 Rosary Club (T)
11:00 Seated Tai Chi (T)
2:00 Sing Along Bingo (L)
5:30 Relax & Reminisce

19
9:30 Courtyard Coffee & Chat
10:00 Walking Club (T)
10:30 Cooking Club (AR)
1:00 Trivia (AR)
2:00 Wine & Cheese Chat (L)
3:30 Afternoon Coffee & Tea (AR)
5:30 Movie Night (T)

20
10:00 Manicures (AR)
10:30 Chair Exercise (T)
11:00 Charades/ Pick and Do (AR)
1:00 Table Top Games (AR)
2:00 Crafters Corner (AR)
3:15 Chair Zumba (L)
4:00 Puzzle Pieces (AR)

21 Out & About– Amish Market (10:30am)
12:30 Today in History (AR)
1:00 Spell Down– Let’s Think (AR)
2:00 Bingo (L)
3:30 Karaoke (T)
5:30 Coffee and Chat (B)

22 Out & About–Marshall’s (10:30am)
12:00 Puzzle Pieces (AR)
1:00 Brain Games (AR)
2:00 “Happy Hour”- (L)
3:00 Bingo (L)
4:00 Card Games (AR)
5:30 Movie Night (T)

23 First Day of Fall
10:00 Rosary Club (T)
11:00 Seated Aerobics (T)
1:00 Card Games (AR)
3:00 Crossword Puzzles (AR)
5:00 Relax and Reminisce



24
9:30 Courtyard Coffee & Chat
10:00 Sunday Mass (T)
11:00 Blitz Bingo (AR)
1:00 Board Games (AR)
3:00 Word in a Word (T)
5:00 Movie Night (T)

25
10:00 Manicure Monday (AR)
10:00 Hair Salon Open (S)
10:00 Rosary Club (T)
11:00 Seated Tai Chi (T)
2:00 Scenic Ride (L)
5:30 Relax & Reminisce

26
9:30 Courtyard Coffee & Chat
10:00 Walking Club (T)
11:00 Take Out Tuesday (AR)
2:00 Wine & Cheese Chat (L)
3:30 Afternoon Coffee & Tea (AR)
5:30 Movie Night (T)

27
10:00 Manicures (AR)
10:30 Chair Exercise (T)
11:00 Charades/ Pick and Do (AR)
1:00 Table Top Games (AR)
2:00 Crafters Corner (AR)
3:00 Matinee Movie (T)

28
10:30 Scenic Ride (L)
12:30 Today in History (AR)
1:00 Spell Down– Let’s Think (AR)
2:00 Bingo (L)
3:30 Karaoke (T)
5:30 Coffee and Chat (B)

29 Out & About– Walmart (10:30am)
12:00 Puzzle Pieces (AR)
1:00 Brain Games (AR)
2:00 “Happy Hour”- (L)
3:00 Bingo (L)
4:00 Card Games (AR)
5:30 Movie Night (T)

30
10:00 Rosary Club (T)
11:00 Seated Aerobics (T)
1:00 Table Top Games (AR)
3:00 Who Am I? Trivia (AR)
5:00 Relax and Reminisce