

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Memory Care Community

AM Daily Devotions Weekend Stretches Noodle Ball Would You Rather PM-Relax & Listen Trivia Mania 2:00 Music w/ Ben-lobby Word in a Word Pass the Ball	Am-Fitness w/ Friends Labor Day History & Facts Occupation Hangman Let's Joke Around PM- Step A Different Beat Bingo Volley Ball Musical Trivia Evening-Hot Tea & Coloring <small>Labor Day</small>	Am-Arm Band Stretches Fill in the Blank on whiteboard Things that go together Balloon Swat PM-Sound in Motion Laughter is the best medicine Conversation cards Nails & Manicures Wii Bowling Evening-Walking Club	AM-Sit & Get Fit Hot Seat Movie Game Would You Rather Talk & Toss PM-Sing Along to Music Today in History Artist Creations Song Quiz Memory Joggers Evening-Tea & Puzzles	Am-Chair Exercise Football Discussion White Board Letter Game Positive Thursday Thoughts PM-Music Therapy Bible Study/Trivia Ice Cream Social Chat & Chew Relax & Color Evening- Group Word Search	AM-Rise & Shine Exercise You Be the Judge Bingo-tv room Nails & Manicures PM-Finish the Melodies Tongue Twisters 2:00 Happy Hour-Lobby Name 10 Fun Facts & Trivia Evening-Snacks & Movie	Am-Move & Groove School Hangman Detective Game Chair Soccer PM- Reminiscing to Music Bingo Remember when What am I? Volley Ball Evening Court Yard Stroll
AM Daily Devotions Weekend workout History Grandparents day True or False Balloon swat PM-Music & Motion Noodle Hockey Trivia Fun Where am I? <small>Grandparents Day</small>	Am-Fitness w/ Friends Scent-Sory Aromatherapy HangMan PM-Step A Different Beat Finish the nursery rhyme 2:00 Slip & Stich w/ Sandy Name that Song Virtual Tour British Museum Evening Tea & Coloring	Am-Arm Band Stretches Pictionary American Trivia Reminisce Family Life PM-Sound in Motion Finish the Drawing What am I? Nails & Manicures Bean bag Toss Evening-Walking Club	AM-Sit & Get Fit Jeopardy True or False Balloon Bop PM-Music & Memories Arts & Crafts Detective Time Hangman Memory Joggers Evening-Tea & Puzzles	Am-Chair Exercise Whiteboard Word in a Word Positive Thursdays Thoughts Noodle Ball PM-Music Therapy Go Fish card Game Pre-pair to sew Game Coloring Crew Balloon Swat Evening- Group Word Search	AM-Rise & Shine Exercise Letter Game on Whiteboard Drama Club Bingo-tv room Nails & Manicures PM-Finish the Melodies Laughter is the best medicine 2:00 Happy Hour-Lobby Name 10 Evening-Snacks & Chat <small>Rosh Hashanah Begins</small>	Am-Move to Music Hangman Detective Game Chair Soccer PM- Reminiscing to Music Bingo Remember when What am I? Volley Ball Evening Court Yard Stroll
AM Daily Devotions Weekend Stretches Who am I? Ring Toss PM-Relax & Listen 2:00 Music/Ben-Lobby Easy Trivia Name 10 Group Coloring Crew	Am-Fitness w/ Friends Discuss & Recall Science for Seniors Ball Toss PM- Step A Different Beat Crafts w/ Sandy Finish the song lyrics Random Trivia Evening Tea & Coloring	Am-Arm Band Stretches Word Wheel Game Fact or Crap Noodle Ball PM-Sound in Motion Conversation Cards Nails & Manicures Horse shoe toss Memory Joggers Evening-Walking Club	AM-Sit & Get Fit Price is Right Group Sing Along Talk & Toss PM-Music & Memories ABC Whiteboard Game Crafty Corner Finish the Phrase Aromatherapy Evening-Tea & Puzzles	Am-Chair Exercise Hangman Positive Thursdays Volley Ball PM-Music Therapy Bible Study/Trivia Baking Club Table Talk Swat the Balloon Evening- Group Word Search	AM-Rise & Shine Exercise Pictionary You be the Judge Bingo-tv room Nails & manicures PM-Finish the Melodies History Talks 2:00 Happy Hour-lobby Conversation cards Evening-Snacks & Chat	Am-Move to Music Name 10 Finish the Phrase Balloon Bop PM- Reminiscing to Music Bingo Who Am I? Discuss & Recall Hot potato Evening Court Yard Stroll
AM Daily Devotions Weekend workout Tongue Twisters Ball Toss PM-Music & Motion Noodle Hockey Conversations Card Sew & Fashion Trivia ElderMusic Quiz-youtube <small>Yom Kippur Begins</small>	Am-Fitness w/ Friends Scent-Sory Aromatherapy HangMan PM-Step A Different Beat Finish the nursery rhyme 2:00 Slip & Stich w/ Sandy Name that Song Virtual Tour British Museum Evening Tea & Coloring	Am-Arm Band Stretches Pictionary Buzzer Trivia Reminisce way back when PM-Sound in Motion Finish the Drawing What am I? Nails & Manicures Bean bag Toss Evening-Walking Club	AM-Sit & Get Fit Hot Seat Movie Game Would You Rather Talk & Toss PM-Sing Along to Music Today in History Fall Artist Creations Song Quiz Memory Joggers Evening-Tea & Puzzles	Am-Chair Exercise Whiteboard Word in a Word Positive Thursdays Thoughts Noodle Ball PM-Music Therapy Black Jack Card Game Science Fashion Preservation Coloring Crew Balloon Swat Evening- Group Word Search	AM-Rise & Shine Exercise Letter Game on Whiteboard Drama Club Bingo-tv room Nails & Manicures PM-Finish the Melodies Laughter is the best medicine 2:00 Happy Hour-Lobby Name 10 Evening-Snacks & Chat <small>Sukkot Begins</small>	Am-Move to Music 20 Questions Math Practice Chair Soccer PM- Reminiscing to Music Bingo Remember when What am I? Volley Ball Evening Court Yard Stroll

ACTIVITIES ARE SUBJECT TO CHANGES