

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEETING PLACES					1	2
D2 - Dimensions 2 D2 & D3 - Dimensions 2 & 3 DR1 - Dining Room CC - Childcare 7CR - 7th Floor Community Room	PL - Pillars Lobby Club Room - 7th Floor Club Room Conf - Conf Room 1C - 1st Floor Cafe PFE - Pillars Front Entrance/Outdoors Deck - Rooftop Deck				9:45am Morning Stretch with Sasha, D2 1:30pm Volcano Project with Sasha, D2 7:05pm Twins vs Rangers, D2 & D3	9:00am Morning Visits with Ingrid, D2 11:00am Morning Movement with Ingrid, D2 2:30pm Homecoming Crafts with Ingrid, D2 6:15pm Twins vs Rangers, D2 & D3
3	4	5	6	7	8	9
11:00am Worship Service, D2 1:30pm Homecoming Crafts with Ingrid, D2 1:35pm Twins vs Rangers, D2 & D3 3:00pm Pillars Cinema: We Are The Champions (Cheese Rolling), D2 6:15pm Pillars Cinema: Dancing With The Birds. D2	10:15am Always Learning with Sasha: Labor Day, D2 5:10pm Twins vs Guardians, D2 & D3	10:00am Small Group Projects with Tom - Homecoming Prep, D2 11:15am Morning Movement, D2 1:30pm Afternoon Salon: Nail Care, D2 & D3 1:30pm Scenic Drive with John: Sculpture Garden, D2 & D3 4:00pm Virtual Concert Hour, D2 5:10pm Twins vs Guardians. D2	10:00am Playground Visits with Ingrid, D2 11:00am Morning Movement with Ingrid, D2 12:10pm Twins vs Guardians, D2 1:00pm Homecoming Craft Projects with Tom!, DR1 1:15pm Music Sessions: Note By Note with Ingrid, D2 3:00pm Lucynt Table Games with John. D2	10:15am Active Games - Connect 4, D2 2:15pm Piano with John Bury, D2 2:30pm Chair Massages with Ellen, D2	9:45am Morning Stretch, D2 1:00pm Rock-a-bye Club (D2), CC 7:10pm Twins vs Mets, D2 & D3	9:00am Morning Visits with Ingrid, D2 10:30am Scenic Drive, D2 & D3 11:00am Morning Movement, D2 1:10pm Twins vs Mets, D2 & D3 1:30pm Homecoming Garland with Ingrid, D2 2:00pm Car Club, D2 & D3
10	11	12	13	14	15	16
11:00am Worship Service, D2 12:00pm Vikings vs Buccaneers (CBS), D2 & D3 1:10pm Twins vs Mets, D2 & D3 3:00pm Pillars Cinema: The Sound of Music, D2 6:15pm Pillars Cinema: Full Swing, D2	10:30am Kids Corner with Venus Room, D2 11:05am Drumming with Marisa, D2 2:00pm Library Visits with Sasha, D2 3:00pm Pound Fitness with Mike, D2 6:40pm Twins vs Rays, D2 & D3	10:00am Small Group Projects with Ingrid: Leaf Tracing, D2 11:00am Singing Group with Karen - All Are Welcome!, DR1 11:15am Morning Movement with Ingrid, D2 12:10pm Twins vs Rays, D2 & D3 1:30pm Afternoon Salon: Nail Care, D2 1:30pm Scenic Drive with John: Sculpture Garden, D2 & D3 4:00pm Virtual Concert Hour, D2 6:40pm Twins vs Rays, D2 & D3	11:00am Morning Movement with Ingrid, D2 1:00pm Homecoming Craft Projects with Tom!, DR1 1:15pm Music Sessions: Violin Makers (2013), D2 3:00pm Lucynt Table Games, D2	10:15am Brain Games, D2 11:00am MacPhail Unwrapping Music with Andrea Leap - Roaring 20s: 1920's Jazz Age Music, 7CR 11:00am MacPhail Music for Life - Intergenerational Session, D2 11:30am Grandfriends Music for Life with MacPhail - Mercury Room, D2 2:15pm Piano with John Bury, D2 2:30pm Chair Massages with Ellen, D2 7:15pm Vikings vs Eagles (Prime), D2 & D3	9:45am Chair Yoga with Jes, D2 10:45am Kids Corner with Neptune Room, D2 11:00am Jewish High Holy Day Celebration with Rabbi Lynn Liberman, Club Room 1:00pm Rock-a-bye Club (D2), CC 2:00pm MacPhail Hour -, 7CR 6:40pm Twins vs White Sox, D2 & D3	9:00am Morning Visits with Ingrid, D2 11:00am Morning Movement, D2 1:30pm Oktoberfest, D2 2:30pm Coffee Klatch, D2 6:10pm Twins vs White Sox, D2 & D3
17	18	19	20	21	22	23
10:15am Lucynt Table, D2 11:00am Worship Service, D2 1:10pm Twins vs White Sox, D2 & D3 3:00pm Pillars Cinema: This Is A Robbery (World's Biggest Art Heist), D2	10:15am Always Learning: Rosh Hashanah, D2 11:00am Sun Room Visits, D2 3:00pm Pound Fitness with Mike, D2 5:40pm Twins vs Reds, D2 & D3	10:00am Homecoming Crafts with Ingrid, D2 11:00am Singing Group with Sara-Jane - All are welcome!, DR1 11:15am Morning Movement with Ingrid, D2 1:30pm Afternoon Salon: Nail Care, D2 & D3 4:00pm Virtual Concert Hour, D2 5:40pm Twins vs Reds, D2 & D3	11:00am Morning Movement with Ingrid, D2 11:35am Twins vs Reds, D2 & D3 1:00pm Homecoming Craft Projects with Tom!, DR1 1:15pm Music Sessions: Herb Alpert Is..., D2 3:00pm Lucynt Table Games, D2 5:00pm Peace Project - Celebrate The Bahamas. DR1	10:15am Active Games - Bean Bag Toss, D2 11:00am MacPhail Music for Life - Intergenerational Session, D2 11:30am Grandfriends Music for Life with MacPhail - Mercury Room, D2 2:15pm Piano with John Bury, D2 2:30pm Chair Massages with Ellen, D2	9:45am Chair Yoga with Jes, D2 1:00pm Rock-a-bye Club (D2), CC 7:10pm Twins vs Angels, D2 & D3	9:00am Morning Visits with Ingrid, D2 10:30am Scenic Drive, D2 & D3 11:00am Morning Movement, D2 1:10pm Twins vs Angels, D2 & D3 2:00pm Car Club, D2 & D3
24	25	26	27	28	29	30
10:15am Lucynt Table, D2 11:00am Worship Service, D2 12:00pm Vikings vs Chargers (Fox), D2 & D3 1:10pm Twins vs Angels, D2 & D3 3:00pm Pillars Cinema: Marcel The Shell with Shoes On, D2 6:15pm Pillars Cinema: C'mon C'mon, D2	10:30am Happy Homecoming! Pup/Pep Rally, PFE 11:05am Drumming with Marisa, D2 2:00pm Library Visits with Sasha, D2 3:00pm Pound Fitness with Mike, D2 3:30pm Homecoming Week - Tailgate & Alzheimer's' Association Fundraiser, PFE	10:00am Small Group Projects with Ingrid: DIY Lanterns, D2 10:00am Scavenger Hunt Prep with Child Care, D2 & D3 11:00am Catholic Communion with Volunteer from St Frances Cabrini Catholic Church, Club Room 11:15am Morning Movement with Ingrid, D2 1:30pm Afternoon Salon: Nail Care, D2 & D3 2:00pm TED Talk - Bat Chat with UMN Professor Christine Salomon (60 min), 7CR 2:30pm Visits with UMN PT Students, D2 3:00pm Exotic Animals Visit, PFE 4:00pm Virtual Concert Hour, D2 6:40pm Twins vs Athletics, D2 & D3	10:45am Interген Sandbox Sessions, D2 & D3 11:00am Morning Movement with Ingrid, D2 1:00pm Homecoming Craft Projects with Tom!, DR1 1:15pm Music Sessions: One Hit Wonders, D2 3:00pm Lucynt Table Games, D2 5:00pm Building Community Dinner, DR1 6:40pm Twins vs Athletics. D2	10:15am Child Care Parade - Walk the Red Carpet, PL 11:00am Protestant Church Service, Club Room 11:00am MacPhail Music for Life - Intergenerational Session, D2 11:30am Grandfriends Music for Life with MacPhail - Mercury Room, D2 12:10pm Twins vs Athletics, D2 & D3 2:15pm Piano with John Bury, D2 2:30pm MacPhail Unwrapping Music with Andrea Leap - Hollywood Music, 7CR 2:30pm Visits with UMN PT Students, D2 6:45pm Homecoming Dance with Bobby & Christine Quartet, 7CR	10:45am Homecoming 2023 Parade, PFE 12:00pm Homecoming Lunch!, DR1 1:00pm Rock-a-bye Club (D2), CC 7:10pm Twins vs Rockies, D2 & D3	9:00am Morning Visits with Ingrid, D2 10:00am Morning Visits, D2 11:00am Morning Movement, D2 7:10pm Twins vs Rockies, D2 & D3

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEETING PLACES					1	2
<i>D3</i> - Dimensions 3 <i>D2 & D3</i> - Dimensions 2 & 3 <i>DR1</i> - Dining Room <i>CC</i> - Childcare <i>7CR</i> - 7th Floor Community Room	<i>PL</i> - Pillars Lobby <i>Club Room</i> - 7th Floor Club Room <i>Conf</i> - Conf Room <i>1C</i> - 1st Floor Cafe <i>PFE</i> - Pillars Front Entrance/Outdoors <i>Deck</i> - Rooftop Deck				10:30am Morning Stretch with Sasha, <i>D3</i> 3:00pm Volcano Project with Sasha, <i>D3</i> 3:30pm Chair Massages with Ellen, <i>D3</i> 7:05pm Twins vs Rangers, <i>D2 & D3</i>	10:00am Morning Visits, <i>D3</i> 11:30am Morning Movement with Ingrid, <i>D3</i> 1:30pm Homecoming Crafts with Ingrid, <i>D3</i> 6:15pm Twins vs Rangers, <i>D2 & D3</i>
3	4	5	6	7	8	9
10:00am Hennepin Ave United Methodist Church Live Stream, <i>D3</i> 11:00am Puzzle Hour, <i>D3</i> 1:35pm Twins vs Rangers, <i>D2 & D3</i> 3:00pm Homecoming Crafts with Ingrid, <i>D3</i> 6:00pm Pillars Cinema: Human Playground. <i>D3</i>	11:00am Drumming with Marisa, <i>D3</i> 2:00pm Always Learning with Sasha: Labor Day, <i>D3</i> 3:00pm Piano with Sara-Jane, <i>D3</i> 5:10pm Twins vs Guardians, <i>D2 & D3</i>	10:00am Visits with Saturn Room with Sasha, <i>D3</i> 11:00am Morning Movement with Sasha, <i>D3</i> 1:30pm Afternoon Salon: Nail Care, <i>D2 & D3</i> 1:30pm Scenic Drive with John: Sculpture Garden, <i>D2 & D3</i> 4:00pm Virtual Concert Hour, <i>D3</i> 5:10pm Twins vs Guardians. <i>D2 & D3</i>	10:15am Jupiter Visits with Brooklyn, <i>D3</i> 11:00am Brain Games with Sasha, <i>D3</i> 12:10pm Twins vs Guardians, <i>D2 & D3</i> 1:00pm Homecoming Craft Projects with Tom!, <i>DR1</i> 3:00pm Pound Fitness with Mike, <i>D3</i>	11:00am Brain Games, <i>D3</i> 11:00am Homecoming Crafts with Ingrid, <i>D3</i> 1:15pm Piano with John Bury, <i>D3</i> 2:00pm Resident Activity Committee, <i>D3</i>	10:30am Morning Stretch, <i>D3</i> 2:00pm Rock-a-bye Club (D3), <i>CC</i> 3:30pm Chair Massages with Ellen, <i>D3</i> 7:10pm Twins vs Mets, <i>D2 & D3</i>	10:30am Scenic Drive, <i>D2 & D3</i> 11:30am Morning Movement, <i>D3</i> 1:10pm Twins vs Mets, <i>D2 & D3</i> 2:00pm Car Club, <i>D2 & D3</i> 3:00pm Homecoming Garland with Ingrid, <i>D3</i>
10	11	12	13	14	15	16
10:00am Hennepin Ave United Methodist Church Live Stream, <i>D3</i> 11:00am Puzzle Hour, <i>D3</i> 12:00pm Vikings vs Buccaneers (CBS), <i>D2 & D3</i> 1:10pm Twins vs Mets, <i>D2 & D3</i> 6:00pm Pillars Cinema: Won't You Be My Neighbor. <i>D3</i>	10:15am Morning Movement with Sasha, <i>D3</i> 11:00am Sun Room Visits, <i>D3</i> 3:00pm Piano with Sara-Jane, <i>D3</i> 6:40pm Twins vs Rays, <i>D2 & D3</i>	10:00am Visits with Saturn Room, <i>D3</i> 11:00am Morning Movement with Sasha, <i>D3</i> 11:00am Singing Group with Karen - All Are Welcome!, <i>DR1</i> 12:10pm Twins vs Rays, <i>D2 & D3</i> 1:30pm Afternoon Salon: Nail Care, <i>D2 & D3</i> 1:30pm Scenic Drive with John: Sculpture Garden, <i>D2 & D3</i> 4:00pm Virtual Concert Hour, <i>D3</i> 6:40pm Twins vs Ravens. <i>D2 & D3</i>	10:15am Jupiter Visits with Brooklyn, <i>D3</i> 1:00pm Homecoming Craft Projects with Tom!, <i>DR1</i> 3:00pm Pound Fitness with Mike, <i>D3</i> 4:00pm Music Sessions: Violin Makers (2013), <i>D3</i>	9:45am MacPhail Music for Life - Intergenerational Session, <i>D3</i> 10:15am Grandfriends Music for Life with MacPhail - Neptune Room, <i>D3</i> 11:00am Active Games - Connect 4, <i>D3</i> 11:00am MacPhail Unwrapping Music with Andrea Leap - Roaring 20s: 1920's Jazz Age Music, <i>7CR</i> 1:15pm Piano with John Bury, <i>D3</i> 6:10pm Twins vs White Sox, <i>D2 & D3</i> 7:15pm Vikings vs Eagles (Prime), <i>D2 & D3</i>	10:30am Chair Yoga with Jes, <i>D3</i> 11:00am Jewish High Holy Day Celebration with Rabbi Lynn Liberman, <i>Club Room</i> 2:00pm MacPhail Hour -, <i>7CR</i> 2:00pm Rock-a-bye Club (D3), <i>CC</i> 3:30pm Chair Massages with Ellen, <i>D3</i> 6:40pm Twins vs White Sox, <i>D2</i>	10:00am Morning Visits, <i>D3</i> 11:30am Morning Movement, <i>D3</i> 3:00pm Oktoberfest, <i>D3</i> 6:10pm Twins vs White Sox, <i>D2 & D3</i>
17	18	19	20	21	22	23
10:00am Hennepin Ave United Methodist Church Live Stream, <i>D3</i> 11:00am Puzzle Hour, <i>D3</i> 1:10pm Twins vs White Sox, <i>D2 & D3</i> 2:30pm Homecoming Crafts with Ingrid, <i>D3</i> 6:00pm Pillars Cinema: Driving Miss Daisy, <i>D3</i>	10:30am Kids Corner with Venus Room, <i>D3</i> 11:00am Drumming with Marisa, <i>D3</i> 2:00pm Always Learning: Rosh Hashanah, <i>D3</i> 3:00pm Piano with Sara-Jane, <i>D3</i> 5:40pm Twins vs Reds, <i>D3</i>	10:00am Visits with Saturn Room, <i>D3</i> 11:00am Singing Group with Sara-Jane - All are welcome!, <i>DR1</i> 11:00am Living with Parkinson's Group - Fitness Session, <i>7CR</i> 11:00am Morning Movement with Sasha, <i>D3</i> 1:30pm Afternoon Salon: Nail Care, <i>D2 & D3</i> 4:00pm Virtual Concert Hour, <i>D3</i> 5:40pm Twins vs Reds, <i>D2 & D3</i>	10:15am Jupiter Visits with Brooklyn, <i>D3</i> 11:35am Twins vs Reds, <i>D2 & D3</i> 1:00pm Homecoming Craft Projects with Tom!, <i>DR1</i> 3:00pm Pound Fitness with Mike, <i>D3</i> 4:00pm Music Sessions: Herb Alpert Is..., <i>D3</i> 5:00pm Peace Project - Celebrate The Bahamas, <i>DR1</i>	9:45am MacPhail Music for Life - Intergenerational Session, <i>D3</i> 10:15am Grandfriends Music for Life with MacPhail - Neptune Room, <i>D3</i> 11:00am Brain Games, <i>D3</i> 1:15pm Piano with John Bury, <i>D3</i>	10:30am Chair Yoga with Jes, <i>D3</i> 2:00pm Rock-a-bye Club (D3), <i>CC</i> 3:30pm Chair Massages with Ellen, <i>D3</i> 7:10pm Twins vs Angels, <i>D2 & D3</i>	10:00am Morning Visits, <i>D3</i> 10:30am Scenic Drive, <i>D2 & D3</i> 11:30am Morning Movement, <i>D3</i> 1:10pm Twins vs Angels, <i>D2 & D3</i> 1:30pm Word Games with Ingrid, <i>D3</i> 2:00pm Car Club, <i>D2 & D3</i>
24	25	26	27	28	29	30
10:00am Hennepin Ave United Methodist Church Live Stream, <i>D3</i> 11:00am Puzzle Hour, <i>D3</i> 12:00pm Vikings vs Chargers (Fox), <i>D2 & D3</i> 1:10pm Twins vs Angels, <i>D2 & D3</i> 6:00pm Pillars Cinema: Marcel the Shell with Shoes On, <i>D3</i>	10:15am Morning Movement with Sasha, <i>D3</i> 10:30am Happy Homecoming! Pup/Pep Rally, <i>PFE</i> 11:00am Sun Room Visits, <i>D3</i> 3:00pm Piano with Sara-Jane, <i>D3</i> 3:30pm Homecoming Week - Tailgate & Alzheimer's' Association Fundraiser, <i>PFE</i>	10:00am Scavenger Hunt Prep with Child Care, <i>D2 & D3</i> 10:00am Visits with Saturn Room, <i>D3</i> 11:00am Catholic Communion with Volunteer from St Frances Cabrini Catholic Church, <i>Club Room</i> 11:00am Morning Movement with Sasha, <i>D3</i> 1:30pm Afternoon Salon: Nail Care, <i>D2 & D3</i> 2:00pm TED Talk - Bat Chat with UMN Professor Christine Salomon (60 min), <i>7CR</i> 2:30pm Visits with UMN PT Students, <i>D3</i> 3:00pm Exotic Animals Visit, <i>PFE</i> 4:00pm Virtual Concert Hour, <i>D3</i> 6:40pm Twins vs Athletics, <i>D2 & D3</i>	10:15am Jupiter Visits with Brooklyn, <i>D3</i> 10:45am Intergeren Sandbox Sessions, <i>D2 & D3</i> 1:00pm Homecoming Craft Projects with Tom!, <i>DR1</i> 3:00pm Pound Fitness with Mike, <i>D3</i> 4:00pm Music Sessions: One Hit Wonders, <i>D3</i> 6:40pm Twins vs Athletics, <i>D2 & D3</i>	9:45am MacPhail Music for Life - Intergenerational Session, <i>D3</i> 10:15am Child Care Walk the Red Carpet, <i>PL</i> 10:15am Grandfriends Music for Life with MacPhail - Neptune Room, <i>D3</i> 11:00am Active Games - Bean Bag Toss, <i>D3</i> 11:00am Protestant Church Service, <i>Club Room</i> 12:10pm Twins vs Athletics, <i>D2 & D3</i> 1:15pm Piano with John Bury, <i>D3</i> 2:30pm MacPhail Unwrapping Music with Andrea Leap - Hollywood Music, <i>7CR</i> 2:30pm Visits with UMN PT Students, <i>D3</i> 6:45pm Homecoming Dance, <i>7CR</i>	10:45am Homecoming 2023 Parade, <i>PFE</i> 12:00pm Homecoming Lunch!, <i>DR1</i> 2:00pm Rock-a-bye Club (D3), <i>CC</i> 7:10pm Twins vs Rockies, <i>D2 & D3</i>	10:00am Morning Visits, <i>D3</i> 11:30am Morning Movement, <i>D3</i> 1:00pm Coffee Klatch, <i>D3</i> 7:10pm Twins vs Rockies, <i>D2 & D3</i>