





September, 2023 Senior Living Calendar

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please Note: Activities are Subject to Change					1 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 TEDTALK – TH 11:15 Lunch Out – Sign Up at Desk! 1:00 Table Pong Tournament – AR 2:00 NAME THAT TUNE! – AR 3:00 JEOPARDY – AR 4:00 Social Hour – C 5:30 Piano w/ Kaelynn – DR	2 10:00 Morning Exercise – AR 10:30 Manicures! SIGN UP! – AR 11:00 Shopping Trip! SIGN UP! 11:30 Coffee Chat & Social – C 1:00 Strength & Stretch Class – AR 1:30 Scenic Bus Trip 2:00 Movie Matinee & Popcorn – TH 2:30-4:00 BINGO! .10 A Card – AR 4:30 Rummikub – C
3 9:00 Church Runs 10:00 Morning Exercise – AR 10:45 Baking Group – Brownies – C 1:00 Ladder Golf – Courtyard 2:30 Ladies Tea – C 3:00 Board Game Hour – AR 4:00 Social Hour – C	4 HAPPY LABOR DAY! 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 Music Trivia & Coffee – C 11:30 LABOR DAY COOK OUT! – CY 2:30 Beach Ball Volleyball – CY 3:00 Movie Matinee w/ Popcorn-TH 5:00 JUMBO Crosswords – AR	5 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:15 Outdoor Walk 1:00 UNO! – C 2:30 THINK MORE! – AR 4:00 Music & Crosswords – AR 5:00 Rummikib – C	6 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 Group Brain Games – AR 1:00 Outdoorsman Club – TH 2:00 MOVE MORE! Chair Yoga – AR 3:00 – 4:30 BINGO! .10 A Card – AR 5:00 Mini Massages – AR 6:00 Movie Night! – TH	7 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:30 Intro to BRIDGE Club! 1:00 Chess Club – AR 2:30 THINK MORE! – AR 3:00 Milkshake Social – C 4:00 JEOPARDY! – AR 6:00 Card Games – C	8 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 TEDTALK – TH 11:15 Lunch Out – Sign Up at Desk! 1:00 Board Game Hour 2:00 Beachball Volleyball – AR 3:00 JEOPARDY! – AR 4:00 Social Hour – C 6:00 Scrabble –C	9 10:00 Morning Exercise – AR 10:30 Manicures! SIGN UP! – AR 11:00 Shopping Trip! SIGN UP! 11:30 Coffee Chat & Social – C 1:00 MOVE MORE! Chair ZUMBA! – AR 1:30 Scenic Bus Trip 2:00 Movie Matinee & Popcorn – TH 2:30-4:00 BINGO! .10 A Card – AR 4:30 Rummikub – C
10 Happy Grandparents Day! 9:00 Church Runs 10:00 Morning Exercise – AR 10:45 Baking Group – Cookies – C 11:00 GRANDPARENTS LUNCH! – DR 1:00 Beach Ball Volleyball – CY 2:30 Ladies Tea – C 3:00 Board Game Hour – AR 4:00 Social Hour – C	11 A Day of Remembrance 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 Honor 9/11 – Slideshow – TH 1:00 Catholic Communion – CH 1:30 Baseball Trivia & Coffee – C 2:00 Art Class w/ Deanna – AR 3:00 Movie Matinee w/ Popcorn-TH 5:00 JUMBO Crosswords – AR	12 CHOCOLATE SHAKE DAY! 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:15 Outdoor Walk 1:15 Chocolate shakes for ALL! – C 2:00 NICK FRADIANI SR. LIVE! – DR 3:00 THINK MORE! – AR 3:15 Cooking Demo w/ Sean! – C 5:00 Rummikub – C	13 International Chocolate Day! 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 CHOCOLATE Trivia w/ Prizes -C 11:30 Outdoorsman Club – AR 1:00 MOVE MORE! – Chair Yoga – AR 2:00 Indoor Smores & Reminisce – C 3:00 – 4:30 BINGO! .10 A Card – AR 5:00 Mini Massages – AR	14 Eat a Hogie Day! 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:30 Picnic in the Courtyard! 1:00 BOAT TOUR! Sign up at Desk! 2:30 Think More! – AR 3:30 JEOPARDY! – AR 5:00 Chess Club – C 6:00 Card Games – C	15 Online Learning Day! /Rash Hashanah 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 TEDTALK – TH 11:15 Lunch Out – Sign Up at Desk! 1:00 Table Pong Tournament – AR 2:00 NAME THAT TUNE! – AR 3:30 Board Game Hour – AR 4:00 Social Hour – C 5:30 Piano w/ Kaelynn – DR	16 10:00 Morning Exercise – AR 10:30 Manicures! SIGN UP! – AR 11:00 Shopping Trip! SIGN UP! 11:30 Coffee Chat & Social – C 1:00 Strength & Stretch Class – AR 1:30 Scenic Bus Trip 2:00 Movie Matinee & Popcorn – TH 2:30-4:00 BINGO! .10 A Card – AR 4:30 Rummikub – C
17 9:00 Church Runs 10:00 Morning Exercise – AR 10:45 Baking Group – Muffins - C 1:00 Corn Hole – Courtyard 2:30 Ladies Tea – C 3:00 Board Game Hour – AR 4:00 Social Hour – C	18 National Fall Prevention Week! 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 Football Trivia & Coffee – C 1:00 Chair Pilates – AR 2:30 Art Class w/ Deanna 3:00 Movie Matinee w/ Popcorn-TH 5:00 JUMBO Crosswords – AR 6:00 Card Games! – C	19 10:00 Morning Exercise – AR 10:30 Bocce – AR 11: 15 Outdoor Walk 1:00 UNO! – C 1:30 Food Committee Meeting – AR 2:30 THINK MORE! 4:00 Music & Crosswords – AR 5:00 Rummikub – C	20 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 Group Brain Games – AR 1:00 Outdoorsman Club – AR 2:00 ICECREAM SOCIAL! – C 3:00 – 4:30 BINGO! .10 A Card – AR 5:00 Mini Massages – AR 6:00 MOVE NIGHT! – TH	21 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 ATRINITY TALK! – AR 11:30 BRIDGE CLUB! – C 1:00 Chess Club – AR 2:30 THINK MORE! – AR 4:00 Ballroom Dancing w/ Frank! AR 6:00 Card Games! – C	22 HAPPY 1 ST DAY OF FALL 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:15 Lunch Out – Sign Up at Desk! 1:00 Ladder Golf – AR 2:00 Acrylic Painting w/ Sandy – AR 3:30 Board Game Hour 4:00 Social Hour – FALL THEME! – C 6:00 Scrabble – C	23 10:00 Morning Exercise – AR 10:30 Manicures! SIGN UP! – AR 11:00 Shopping Trip! SIGN UP! 11:30 Coffee Chat & Social – C 1:00 MOVE MORE! Chair Zumba – AR 1:30 Scenic Bus Trip 2:00 Movie Matinee & Popcorn – TH 2:30-4:00 BINGO! .10 A Card – AR 4:30 Rummikub – C
24 Yom Kippur 9:00 Church Runs 10:00 Morning Exercise – AR 10:45 Baking Group – Cupcakes – C 1:00 Table Pong – AR 2:30 Ladies Tea – C 3:00 Board Game Hour – AR 4:00 Social Hour – C	25 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 Animal Trivia & Coffee – C 1:00 Chair Pilates – AR 2:30 Art Class w/ Deanna – AR 3:00 Movie Matinee w/ Popcorn-TH 5:00 JUMBO Crosswords – AR 6:00 Card Games! – C	26 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:15 Outdoor Walk 1:00 UNO! – AR 2:30 Think More! – AR 4:00 Music & Crosswords – AR 5:00 Rummikub – C	27 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 Group Brain Games – AR 1:00 Outdoorsman Club – AR 2:00 James Michael LIVE! – DR 3:00 – 4:30 BINGO! .10 A Card – AR 5:00 Mini Massages – AR 6:00 MOVIE NIGHT! – TH	28 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:30 BRIDGE CLUB! – C 1:00 Chess Club – AR 1:30 Resident Council Meeting – AR 2:30 THINK MORE! – AR 3:30 Jeopardy! – AR 6:00 Card Games! – C	29 10:00 Morning Exercise – AR 10:30 Bocce – AR 11:00 TEDTALK – TH 11:15 Lunch Out – Sign Up at Desk! 1:00 Board Game Hour – AR 3:00 BOOK CLUB – PDR 4:00 Social Hour – C 5:30 Piano w/ Kaelynn – DR	30 10:00 Morning Exercise – AR 10:30 Manicures! SIGN UP! – AR 11:00 Shopping Trip! SIGN UP! 11:30 Coffee Chat & Social – C 1:00 Strength & Stretch Class – AR 1:30 Scenic Bus Trip 2:00 Movie Matinee & Popcorn – TH 2:30-4:00 BINGO! .10 A Card – AR

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