#### September 2023

# The Hearth On James



830 James Street | Syracuse, NY | (P) 315-422-2173 | (F) 315-426-7583

## **Celebrating September**

Labor Day September 4<sup>th</sup>

Grandparents Day September 10<sup>th</sup>

National Senior Living Week 9/11- 9/15

Meet Your New Neighbors

Dorothy Dean Apt: 217

Audrey Houser Apt: 121

> Ed Clark Apt:105

A Note From Our Executive Director

Dear Residents,

WOW can you believe that Summer is almost over. August was lovely, but we are certainly looking forward to Welcoming September! Fall officially begins on September 22, 2023. As September rolls in with its cool, crisp air and the promise of fall, it's time to say farewell to our waning days of summer.

I hope you were all able to meet Sara Hines – Director of Nursing and Dale Fenecsey – Business office Manager at the Meet and Greet. If you didn't, please reach out to them and introduce yourselves.

We have great things planned for September and I am looking forward to enjoying the activities with all of you. September  $10^{th} - 16^{th}$  is National Assisted Living Week. We will be having lots of fun-filled events. Please try and participate in the fun. We are going to have an outdoor movie night, happy hour with music and much more with each department involved. Please review our calendar for more information about the exciting range of activities we have planned. If you have ideas for something you would like to do, please call, or stop by to share them with us.

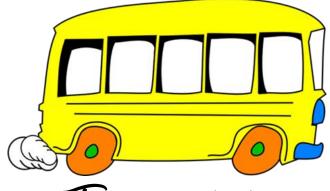
We are also going to have a Flu Shot clinic this month. We will keep you posted on the date and time.

Remember we are here for you. We look forward to spending another month with you and improving our community.

Have a GREAT September!

With Warm Regards

Torre Parker-Lane



Transportation

Please contact the Nursing Department or Front Desk to arrange. Appointments are limited to eight per day & based on van availability.

Monday 8:30-3:30 East Manlius, Fayetteville, Dewitt, Wide waters, Brittonfield North & West Community Hospital, Camillus, Liverpool, North Medical, Route 11 Baldwinsville

### Wednesday 9:30-3:30 Downtown

James Street, East Genesee Street, VA Hospital, Irving Avenue, Erie Boulevard, St. Joseph's Hospital

Fridays are reserved for Wegmans trips and other outings as noted on the monthly calendar.



Executive Director Torre Parker Lane

Business Office Manager Dale Fenescey

> Wellness Director Sara Hines

Environmental Services Director Angel Santana

Food & Beverage Director Shnika Carter

> Live More Director Maria Marzullo

Senior Living Advisor Fred Goldby

Happy Birthday To Gou!

September 17th Ken M.!

September 18th Carol T.!





9/1 College Colors Day! Wear Your College Colors Today 11am - Guessing College Colors 2:45pm - College Colors Day Social

9/6 @ 2:30pm Music With Jilissa

9/7 @ 2:30 Arts & Crafts- 3D Apple Magnets

Check Your Activity Calendars For National Senior Living Week 9/11 – 9/15

9/18 @ 3:00pm Cooking Club – Healthy Apple Crumble Parfait

9/20 @ 2:45pm Apple Cider & Cookies Social

9/21 @ 2:30pm Music With Blair

9/25 @ 3:00pm Uno Card Game & Milkshakes

9/26 @ 1:30pm Arts & Crafts – Toilet Paper Pumpkins

9/28 @ 2:30pm Pet Visit With Wiggins



September Outings!

8:30am Every Friday

Wegmans/Post Office

8:30am Every Wednesday Store Trip

9/8 @ 11:00am Phoebe's Restaurant

9/15 @ 11:00am Yellow Brick Road Casino

9/22 @ 12:30pm Abbotts Apple Farm

9/29 @ 11:00am Red Lobster Restaurant

No Outings On Friday 9/1

Check Gour Activities Calendar For More Fun!

# It's A Nonderful Day At The Hearth On Fames!



Staff Birthdays

September 8th- Shnika C.!

What's New

No Wegmans or lunch outing the first Friday of the month.

No Appointments Monday the 4<sup>th</sup> Labor Day!

Welcome Back Laura Hand & Moose on Wednesday, September 13<sup>th.</sup>

Do you know someone who could benefit from moving to The Hearth on James? If so, you could earn up to \$1,000 through our referral program! Contact us at 315-422-2173 to learn more!

