



the **hearth**  
on james

# September 2023, Senior Living Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>📍 830 James St. Syracuse, NY 13203</p> <p>☎ (315) 422-2173</p> <p>🌐 <a href="http://www.facebook.com/TheHearthonJames">www.facebook.com/TheHearthonJames</a></p> <p>🌐 <a href="http://www.hearthonjames.com">www.hearthonjames.com</a></p>			<p><b>Room Key:</b> RR- Rec Room P- Parlor FP- Front Patio 2L- 2nd Floor Lounge O- Outing PL- Parking Lot DR- Dining Room DP- Dining Room Patio</p>	<p><b>Live More Director:</b> Maria Marzullo</p> <p><b>Live More Coordinators:</b> Cathy Cook, &amp; Brad Stoyell</p>	<p><b>1 College Colors Day!</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 You Be The Judge (P) 1:30 Dollar BINGO (RR) 2:45 College Colors Day Social Hour (P)</p>	<p><b>2</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Pick &amp; Pull Words (P) 1:30 Board Game Club (RR) 2:45 Afternoon Tea (RR)</p>
<p><b>3</b> 10:00 Prayer/ Communion Service (P) 10:30 Daily Chronicle &amp; Coffee (P) 11:00 Left, Center, Right (RR) 1:30 Dollar BINGO &amp; Popcorn (RR) 2:45 Afternoon Matinee- Residents Choice (P)</p>	<p><b>4 Labor Day!</b> 9:30 Morning Movers (P) 10:30 Drum Aerobics (P) 11:00 Reminiscing About Work Life Discussion (P) 11:00 Meditation Monday (RR) 1:30 Activity Planning Meeting (RR) 2:30 Manicure Monday (RR) 3:00 Monday Matinee- Labor Day (RR)</p>	<p><b>5 National Healthcare Housekeeping Week!</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 15 Weirdest Places In The World To Live (P) 1:30 Making Treat Bags For Our Environmental Services Team (RR) 3:15 Afternoon Rosary (RR) 3:30 Housekeeper Appreciation Social (P)</p>	<p><b>6</b> 8:30 Walmart (O) 9:30 Morning Movers (P) 10:30 Chair Yoga (RR) 11:00 Reasons To Practice Yoga In Your 50's (P) 1:00 Dollar BINGO (RR) 2:30 Music With Jilissa (P)</p>	<p><b>7</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Pick &amp; Pull Words (P) 1:30 Food Council (RR) 2:30 Arts &amp; Crafts- 3D Apple Magnets (RR)</p>	<p><b>8</b> 8:30 Wegmans/ Post Office (O) 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Walking Club &amp; Name That Tune (P) 11:00 Phoebe's Restaurant (O) 1:30 Dollar BINGO (RR) 3:00 Bible Study With Mike (RR)</p>	<p><b>9</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Cranium Crunches -Wacky Wordies (RR) 1:30 Horse Racing (RR) 1:30 Ladies Pitch Tournament (P) 2:45 Afternoon Tea (RR)</p>
<p><b>10 Grandparents Day!</b> 10:00 Prayer/ Communion Service (P) 10:30 Daily Chronicle &amp; Coffee (P) 11:00 Grandparents Day Discussion (RR) 11:30 Grandparents Day Luncheon (DR) 1:30 Dollar BINGO (RR) 2:45 Afternoon Matinee- Residents Choice (P)</p>	<p><b>11 National Assisted Living Week!</b> National Woman's Baseball Day! 9:30 Morning Movers (P) 10:30 Drum Aerobics 11:00 History Of Women's Baseball With Fred (P) 1:30 Journaling (RR) 2:00 Hearth Scrapbook Making (RR) 3:00 Manicure Monday (RR)</p>	<p><b>12 National Assisted Living Week!</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Toys Then &amp; Now (P) 1:30 Toy &amp; Tell With 2<sup>nd</sup> Graders (P) 2:15 Hungry Hungry Hippo With The Food Services Team (RR) 3:00 Catholic Mass (RR)</p>	<p><b>13 National Assisted Living Week!</b> 8:30 Dollar Tree (O) 9:30 Morning Movers (P) 10:30 Chair Yoga (RR) 11:00 Spanish Lesson With Angel &amp; The Environmental Services Team (RR) 1:30 Dollar BINGO (RR) 2:45 Pet Visit With Moose (FP) 4:00-6:00 Celebration Of Assisted Living Week Happy Hour With Referral Partners &amp; Residents (P)</p>	<p><b>14 National Assisted Living Week!</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Fall Prevention Tips With the Nursing Team (RR) 1:30 News &amp; Chat (P) 2:30 Cheese &amp; Wine Pairings With Torre &amp; Dale (P) 5:30 Outdoor Movie - A League Of Their Own With Hot Cocoa &amp; Popcorn (DP)</p>	<p><b>15 National Assisted Living Week!</b> 8:30 Wegmans/ Post Office (O) 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Brain Talks - Stepping into Dementia's Reality With Teepa Snow (RR) 11:00 Yellow Brick Road Casino (O) 1:30 Dollar BINGO (RR) 3:00 Happy Hour With Lori (P)</p>	<p><b>16</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Uno Card Game (P) 1:30 Cornhole (P) 2:45 Afternoon Tea (RR)</p>
<p><b>17 Happy Birthday Ken M.!</b> 10:00 Prayer/ Communion Service (P) 10:30 Daily Chronicle &amp; Coffee (P) 11:00 Shut The Box (RR) 1:30 Dollar BINGO (RR) 2:45 Afternoon Matinee- Residents Choice (P)</p>	<p><b>18 Eat An Extra Desert Day!</b> Happy Birthday Carol T.! 9:30 Morning Movers (P) 10:30 Drum Aerobics (P) 11:00 Dessert Alphabet (P) 11:00 Meditation Monday (RR) 1:30 Cake Or Fake (P) 2:30 Cooking Club- Healthy Apple Crumble Parfait (RR) 3:15 Manicure Monday (RR)</p>	<p><b>19</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Tuesday Trivia (P) 1:30 Musical Bingo (RR) 3:15 Afternoon Rosary (RR)</p>	<p><b>20</b> 8:30 Target (O) 9:30 Morning Movers (P) 10:30 Chair Yoga (RR) 11:00 99 Positive Affirmations You Can Use Daily (RR) 1:30 Dollar BINGO (RR) 1:30 Ladies Pitch Tournament (P) 2:45 Apple Cider &amp; Cookies Social (P)</p>	<p><b>21 Flu Vaccine/Covid Booster Clinic</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Think More Thursday- What Am I? (RR) 1:30 News &amp; Chat (P) 2:30 Music With Blair (P)</p>	<p><b>22 First Day Of Fall</b> 8:30 Wegmans/ Post Office (O) 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 12:30 Apples To Apples (RR) 12:30 Abbots Apple Farm (O) 1:30 Dollar BINGO (RR) 3:00 Bible Study With Mike (RR)</p>	<p><b>23</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Pick &amp; Pull Words (RR) 1:30 Rummikub (RR) 2:45 Afternoon Tea (RR)</p>
<p><b>24</b> 10:00 Prayer/ Communion Service (P) 10:30 Daily Chronicle &amp; Coffee (P) 11:00 Hangman (RR) 1:30 Dollar BINGO (RR) 2:45 Afternoon Matinee- Residents Choice (P)</p>	<p><b>25</b> 9:30 Morning Movers (P) 10:30 Drum Aerobics (P) 11:00 Endangered Animals Wordsearch (P) 11:00 Meditation Monday (RR) 1:30 Resident Store (P) 2:30 Manicure Monday (RR) 3:00 Uno Card Game &amp; Milkshakes (RR)</p>	<p><b>26</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Brain Games (P) 1:30 Arts &amp; Crafts- Toilet Paper Pumpkins (RR) 3:00 Catholic Mass (RR)</p>	<p><b>27</b> 8:30 Aldi's (O) 9:30 Morning Movers (P) 10:00 Veterans Coffee Club (P) 10:30 Chair Yoga (RR) 11:00 Trivial Pursuit (RR) 1:30 Dollar BINGO (RR) 2:45 September Birthday Social (RR)</p>	<p><b>28 National Service Dogs Month!</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Learn More About Service Dogs (P) 1:30 Resident Council (RR) 2:30 Pet Visit With Wiggins (FP)</p>	<p><b>29</b> 8:30 Wegmans/ Post Office (O) 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Ribbon Dancing (RR) 11:00 Red Lobster Restaurant (O) 1:30 Dollar BINGO (RR) 3:00 Bible Study With Mike (RR)</p>	<p><b>30</b> 9:30 Morning Movers (P) 10:30 Move More Exercise (P) 11:00 Card Game Club (RR) 1:30 The Price Was Right 1960s (RR) 2:45 Afternoon Tea (RR)</p>