

Live More Director:
Beth Mosher-Klebs
Live More Coordinator :
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Key:
A – Activities Office
C – Community Room
CY - Courtyard
DR – Dining Room
FR – Fitness Room
P– Parlor
O - Outing

1 College Colors Day!
9:30 Wegmans (O)
10:00 Rummikub (P)
10:30 Stretch w/ Beth (C)
11:00 Blackjack (C)
1:00 Trader Joe's & Barnes and Noble (O)
1:00 Movie and Popcorn: Remember the Titans (C)
3:00 College Football Kickoff Social: Wear Orange! (C)

2
9:30 Shopping: Walmart (O)
10:30 Exercise Class (C)
11:00 Trivia (C)
12:30 Lunch Bunch: (O) Francesca's Pizza
1:00 Blackjack (C)
2:00 "Great Minds Think Alike" Game (C)
3:15 Social Hour (C)



3
9:00-11:00 Church Transport (O)
10:30 Exercise W/Emily (C)
11:00 Name That Tune (C)
1:00 Wii Bowling (C)
2:30 Corn Hole (C)
3:30 Trivia (C)

4 Labor Day
9:00 Nichol's (O)
10:00 Rummikub (P)
10:30 Exercise Class (C)
11:30– 1:30 Meal Flip (DR)
1:30 History of Labor Day (C)
3:00 Music with Emily (C)

5
10:00 Rummikub (P)
10:15 Chair Yoga (C)
11:00 Singing Club (C)
11:00 Walking Club (P)
1:30 BINGO (C)
3:00 Social Hour (P)
4:00 Trivia (P)
5:45 Blackjack (C)

6
10:00 Rummikub (P)
10:30 Exercise Class (C)
11:00 Left, Right, Center (C)
1:00 Entertainment w/ Howie B. (C)
2:30 Speed Trivia (C)
3:15 Social Hour (C)

7
10:00 Rummikub (P)
10:30 Exercise W/ Emily (P)
11:00 Horseracing (P)
1:00 Lets Get Crafty! (P)
3:00 Social Hour (P)
4:00 Target Golf (C)
5:30 Golf Card Game (C)
7:15 Wii Bowling (C)

8
9:30 Wegmans (O)
10:00 Rummikub (P)
10:30 Exercise Class (C)
12:30 Sake Bomb! (O)
11:00 Blackjack (C)
1:30 Movie & Popcorn: "Indiana Jones: Raiders of the Lost Ark"

9
9:30 Shopping: Hobby Lobby (C)
10:30 Exercise Class (C)
11:00 Trivia (C)
12:30 Lunch Bunch: (O) Cracker Barrel
1:00 Blackjack (C)
2:00 Target Football Toss (C)
3:15 Social Hour (C)



10 Grandparents' Day
9:00-11:00 Church Transport (O)
10:30 Exercise W/Emily (C)
11:00 Grandparents Day Crafts (C)
1:00 Brag About Your Grandkids! (C)
2:00 Corn Hole (C)
3:00 Wii Bowling (C)

11 Patriot's Day
9:00 Nichol's (O)
10:00 Rummikub (P)
10:30 Exercise Class (C)
10:30 Banking (O)
11:00 Caring Crafts: Gifts for our Local Fire Departments (C)
1:30 Paint and Sip with Ashleigh! (C)
2:00 Communion Mass w/Deacon Steve (FR)
3:00 Music with Emily (C)

12 Music Mania!
10:00 Rummikub (P)
10:30 Exercise Class (C)
11:00 The History of Classical Music (C)
1:00 Syracuse Symphony Musical Performance! (C)
2:30 Social Hour (P)
3:30 Classical Music Trivia (C)
5:45 Blackjack (C)

13 Fall Fun!
10:00 Rummikub (P)
10:30 Fall Festival: (C) Snacks, Music, Games, Prizes and More!
1:00 Entertainment w/Lori (C)
2:30 Guy's Club: Bros & Brews with Ed & Crew! (C)
2:30 Let's Get Crafty (P)
2:30 Food Committee (PD)
3:30 Goals & Gratitude (C)

14 Golden Heart
10:00 Rummikub (P)
10:30 "Guess Who?!": (C) Can you guess the Staff or Resident by their baby picture?!
1:30 Golden Heart and Service Awards Ceremony (C)
2:30 Golden Social Hour!
5:30 Golf Card Game (C)
7:15 Wii Bowling (C)

15 Thankful Friday
9:30 Wegmans (O)
10:00 Rummikub (P)
10:30 Exercise Class (C)
11:00 Family Feud: Staff vs. Residents! (C)
1:30 TGIF Tailgate Party with Skip & Allison! (C)
4:00 Trivia (C)

16
9:30 Shopping: Dollar Tree (O)
10:30 Exercise Class (C)
1:00 Blackjack (C)
12:30 Lunch Bunch: (O) Denny's
1:30 Gratitude Collage (C)
3:00 Social Hour (C)



17 International Country Music Day
9:00-11:00 Church Transport (O)
10:30 Exercise W/Emily (C)
11:00 Name That Tune: Country Music Edition (C)
1:00 Wii Bowling (C)
2:30 Corn Hole (C)
3:30 Trivia (C)

18
9:00 Nichol's (O)
10:00 Rummikub (P)
10:00 Board Meeting (C)
10:30 Exercise Class (FR)
10:30 Banking (C)
1:00 Caring Crafts (C)
2:00 Spa Nails (C)
3:00 Music with Emily (C)
4:00 Fact or Fiction (C)

19
10:00 Rummikub (P)
10:30 Chair Yoga (C)
11:00 Singing Club (C)
11:00 Walking Club (C)
3:00 Social Hour (P)
4:00 Trivia (P)
7:15 Bingo Night (C)
\$2. per card limit of 2 cards. Please signup by 4.

20
10:00 Rummikub (P)
10:30 Exercise Class (C)
11:00 Left, Right, Center (C)
1:00 Entertainment w/ Jilissa (C)
2:30 Social Hour (C)
3:30 Speed Trivia (C)

21 Wear Purple Day World Alzheimer's Day!
10:00 Rummikub (P)
10:30 Exercise W/Emily (C)
11:00 Lets Get Crafty (C)
1:00 Birthday Social (C)
2:15 50/50 Raffle (C)
2:30 Resident Association Meeting (C)
6:30 Comedy Show!

22 Fall Prevention Day!
9:30 Wegmans (O)
10:00 Rummikub (P)
10:30 Stretch w/ Beth ©
11:00 Slips, Trips & Falls Prevention with Ashley A. (C)
12:30 Freedom of Espresso (O)
1:30 Movie and Popcorn: Captain Marvel (C)

23
9:30 Shopping: Target (O)
10:30 Exercise Class (C)
11:00 Trivia (C)
12:30 Lunch Bunch: (O) Red Robin
1:00 Blackjack (C)
2:00 Target Football Toss (C)
3:00 Social Hour (C)

LIFE DOESN'T HAVE TO BE PERFECT
To be wonderful

24
9:00-11:00 Church Transport (O)
10:30 Exercise W/Emily (C)
11:00 Name That Tune (C)
1:00 Wii Bowling (C)
2:30 Corn Hole (C)
2:30 Ice Cream Run (O)
3:30 Trivia (C)

25 One Hit Wonders Day!
9:00 Nichol's (O)
10:00 Rummikub (P)
10:30 Exercise Class (C)
10:30 Banking (O)
11:00 Guess the Tune: One Hit Wonders Edition (C)
1:00 Caring Crafts (C)
2:00 Church Services w/Deacon Steve (C)
3:00 Music with Emily (O)
4:00 Fact or Fiction (C)

26
10:00 Rummikub (P)
10:30 Chair Yoga (C)
11:00 Documentary: (C) "Johnny Apple Seed"
11:00 Walking club (C)
1:30 BINGO (C)
3:00 Social Hour (P)
4:00 Trivia (P)
5:45 Blackjack (C)

27
10:00 Rummikub (P)
10:30 Exercise Class (C)
11:00 Left, Right, Center (C)
1:30 Veteran's Club (C)
2:30 Social Hour (C)
3:30 Speed Trivia (C)

28
10:00 Rummikub (P)
10:30 Exercise w/ Emily (C)
11:00 Horseracing ©
1:00 Rosary (C)
1:45 Lets get Crafty (C)
3:00 Social Hour (P)
4:00 Target Golf (C)
5:30 Golf Card Game (C)
7:15 Wii Bowling (C)

29 National Coffee Day!
9:30 Wegmans (O)
10:00 Greenpoint Café (C) Feat. Signature Fall Drinks!
10:00 Rummikub (P)
11:00 Stretch w/ Beth (C)
12:30 Beak and Skiff (O)
1:00 Movie & Popcorn: (C) "Hello Dolly!"

30
9:30 Shopping: Five Below (O)
10:30 Exercise Class (C)
11:00 Trivia (C)
12:00 Lunch Bunch: The Retreat (O)
1:00 Blackjack (C)
2:00 "Great Minds Think Alike" Game (C)
3:00 Social Hour (C)

Activities are conducted by activities staff unless otherwise noted.
All activities are subject to change.