

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Assisted Living & Cottages

September 2023 Assisted Living & Cottages						Shopping Day Bus Leaves @ 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Friday Fun – How Did We Ever Live Without...? (AR) 5:45 Movie (T)	1:00 Movie (T) 1:30 Bingo with Gina (AR) 5:45 Movie (T)
3 1:00 Movie (T) 3:00 Church – Whidbey Presbyterian (AR) 5:45 Movie (T)	4 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 What's My Job? (AR) 5:45 Movie (T) 	5 Doctor Day 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Resident Meeting (AR) 3:00 Hand Massage & Nail Care (AR) 5:45 Movie (T)	6 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Make Your Own Tie-Dye (Patio) 5:45 Movie (T)	7 Doctor Day 10:00 Video Mornings in Motion (AR) 10:45 Reflection Photos (AR) 1:00 Movie (T) 1:30 Library Maintenance (L) 3:00 Happy Hour & Music with Steve Ellis (Front Drive) 5:45 Movie (T)	8 Shopping Day Bus Leaves @ 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Friday Fun – Barber Shop Music with Maryann (AR) 5:45 Movie (T)	9 1:00 Movie (T) 1:30 Bingo with Gina (Dining Room) 5:45 Movie (T)	
10 1:00 Movie (T) 3:00 YouTube Spiritual Sustenance (AR) 5:45 Movie (T) Seahawks vs. LA Rams 1:25 on Channel 13 	11 9:30-3:00 Christin Timm Pedicures by Appointment 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Celebrating Grandparents Day – Come Prepared to Brag (AR) 5:45 Movie (T) National Assisted Living Week	12 Doctor Day 10:00 Video Mornings in Motion (AR) 10:45 After Exercise Chat & Social Time (AR) 1:00 Movie (T) 1:30 Active Games (AR) 3:00 Tuesday Treats Door to Door 5:45 Movie (T) National Assisted Living Week	13 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Scrapbook & Card Making Club (AR) 5:45 Movie (T) National Assisted Living Week	14 Doctor Day 10:00 Video Mornings in Motion (AR) 10:45 Picture Memory Game (AR) 1:00 Movie (T) 1:30 Room Visits 3:00 Happy Hour & Music with Tom Mullin (TBD) 5:45 Movie (T) National Assisted Living Week	15 Shopping Day Bus Leaves @ 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Friday Fun – The Reptile Lady (Front Drive) 5:45 Movie (T) National Assisted Living Week Rosh Hashanah Begins	16 1:00 Movie (T) 1:30 Bingo with Gina (AR) 5:45 Movie (T)  Oktoberfest Begins	
17 1:00 Movie (T) 3:00 Church – Coupeville Methodist (AR) 5:45 Movie (T) Seahawks at Detroit 10:00am on Channel 13	18 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Travelogue – Milan (AR) 3:30 Bible Study with Pastor Greg (Bistro) 5:45 Movie (T)	19 Doctor Day 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:00-1:30 Library on Wheels (AR) 1:30 Let's Learn About – Covered Bridges (AR) 3:00 Hand Massage & Nail Care (AR) 5:45 Movie (T)	20 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Wood Pumpkin Craft (AR) 5:45 Movie (T)	21 Doctor Day 10:00 Video Mornings in Motion (AR) 10:45 After Exercise Chat & Social Time (AR) 1:00 Movie (T) 1:30 Library Maintenance (L) 3:00 Happy Hour & Music with Lori & Friends (TBD) 5:45 Movie (T)	22 Shopping Day Bus Leaves @ 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Friday Fun – Resident Show-n-Tell (AR) 5:45 Movie (T)	23 1:00 Movie (T) 1:30 Bingo with Gina (AR) 5:45 Movie (T)  Autumn Begins	
24 1:00 Movie (T) 3:00 YouTube Spiritual Sustenance (AR) 5:45 Movie (T) Seahawks vs. Carolina Panthers 1:00 on Channel 7	25 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Healthy Living Talk with Martin (AR) 5:45 Movie (T)	26 Doctor Day 10:00 Regency on Whidbey Dog Show (AR)  1:00 Movie (T) 1:30 Active Games (AR) 3:00 Tuesday Treats Door to Door 5:45 Movie (T)	27 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Scrapbook & Card Making Club (AR) 5:45 Movie (T)	28 Doctor Day 10:00 Video Mornings in Motion (AR) 10:45 Newsletter Prep (AR) 1:00 Movie (T) 1:30 Room Visits 3:00 Happy Hour & Music with Beverly Graham (TBD) 5:45 Movie (T)	29 Shopping Day Bus Leaves @ 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Friday Fun – September Birthday Celebration (AR) 5:45 Movie (T)	30 1:00 Movie (T) 1:30 Bingo with Gina (AR) 5:45 Movie (T)	
Yom Kippur Begins						Sukkot Begins	

Yom Kippur Begins

Sukkot Begins

ALL Activities are subject to change – Please check the Elevators & Front Desk for the most up-to-date schedule of Activities