










Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>September</h1> 					
4. THE ATLAS POINT OFFICE WILL BE CLOSED IN OBSERVANCE OF THE LABOR DAY HOLIDAY	5. 10:45am: Water Aerobics - Pool 1:30pm: Bingo - DR 1:30pm: Mahjong - MR 3pm: Coffee Chat - DR	6. 9am & 11am: Walmart/Target Trip 12:00pm: Labor Day Event - "Farewell to Summer" - DR 1pm: Atlas Van Leaves for Prestonwood Bible Study. 3pm: Coffee Chat - CR 3pm: Mexican Train - PR	7. 9:00am- Casino Trip 10:45am: Fitness Class - DR 2pm: 42 Dominoes - MR 3pm - Coffee Chat - DR CASINO	8. 10am: Trader Joes 11:30am: Yoga - DR 12:30pm: Bridge - PR 2:00pm: Silver Derby- DR 3pm: Coffee Chat - CR 	9. 11am: Crafts with Linda - DR 3pm: Coffee Chat - DR 3pm: Mexican Train - MR 
11. 9am & 11am: Kroger Trip 1pm: Prestonwood Bible Study - PR 1pm: Pegs and Jokers - MR 2:30-5:30pm: Bridge - PR 3pm: Coffee Chat - CR 4:00pm: Re-Mix & Mingle : Trash to Treasure and Garage Sale. - DR	12. 10:45am: Water Aerobics - Pool 1:30pm: Bingo - DR 1:30pm: Mahjong - MR 3pm: Coffee Chat - DR 	13. 9am & 11am: Walmart/Target Trip 1pm: Atlas Van Leaves for Prestonwood Bible Study. 3pm: Coffee Chat - DR 3:00pm: Mexican Train - PR	14. 10am: Graff Mobile Foot Clinic 10:30am: Shopping Trip to Stonebriar Centre 10:45am: Fitness Class - DR 2pm: 42 Dominoes - MR 3pm - Coffee Chat - CR 4:00pm: H.H. - "Party on the Rocks" with musical guest Marty Ruiz. - DR 	15. 10am: Central Market Trip 11:30am: Yoga - DR 12:30pm: Bridge - PR 3pm: Coffee Chat - DR 	16. 11am: Crafts with Linda - DR 3pm: Coffee Chat - DR 3pm: Mexican Train - MR
18. 9am & 11am: Kroger Trip 1pm: Prestonwood Bible Study-PR 1pm: Pegs and Jokers - MR 2:30-5:30pm: Bridge - PR 3pm: Coffee Chat - DR	19. 10:45am: Water Aerobics - Pool 12-12:45pm: Harris Jewelry Repair- DR 1:30pm: Bingo - DR 1:30pm: Mahjong - MR 3pm: Coffee Chat - DR	20. 9am & 11am: Walmart/Target Trip 1pm: Atlas Van Leaves for Prestonwood Bible Study. 3pm: Coffee Chat - DR 3:00pm: Mexican Train - PR	21. 10:45am: Fitness Class - DR 11:30am: Lunch Outing to Maggiano's 2pm: 42 Dominoes - MR 3pm: Coffee Chat - CR 4:00pm: H.H. - NFL Party - DR 	22. 10am: HEB Trip 11:30am: Yoga - DR 12:30pm: Bridge - PR 3pm: Coffee Chat - CR	23. 11am: Crafts with Linda - DR 3pm: Coffee Chat - DR 3pm: Mexican Train - MR
25. 9am & 11am: Kroger Trip 1pm: Prestonwood Bible Study-PR 1pm: Pegs and Jokers - MR 2:30-5:30pm: Bridge - PR 3pm: Coffee Chat - DR	26. 10:45am: Water Aerobics - Pool 1:30pm: Bingo - DR 1:30pm: Mahjong - MR 3pm: Coffee Chat - DR	27. 9am & 11am: Walmart/Target Trip 1pm: Atlas Van Leaves for Prestonwood Bible Study. 3pm: Coffee Chat - DR 3pm: Mexican Train - PR	28. 10:45am: Fitness Class - DR 2pm: 42 Dominoes - MR 3pm: Coffee Chat - DR	29. 10am: Market Street Trip 11:30am: Yoga - DR 12:30pm: Bridge - PR 3pm: Coffee Chat - CR 3:00pm: September Birthday Party - DR 	30. 11am: Crafts with Linda - DR 3pm: Coffee Chat - DR 3pm: Mexican Train - MR

Location key
 DR = Dining Room
 PR= Promenade Room

CR = Coffee Room
 MR = Media Room

fall
VIBES


A...
 ♦ Creative ♦ ♦ Healthy ♦ ♦ Mindful ♦
 ♦ Inquisitive ♦ ♦ Centered ♦
 ♦ Playful ♦ ♦ Social ♦

Life.



Office Hours
 Monday - Friday
 Saturday
 Sunday

9:00 am - 6:00 pm
 10:00 am - 5:00 pm
 CLOSED



SPECIAL EVENTS

"FAREWELL TO SUMMER" LABOR DAY PARTY | WEDNESDAY SEPT. 6TH AT 12:00PM

In honor of Labor Day we're throwing a party to say goodbye to Summer. We'll be serving Savory Smoked Gouda and Beef Burger Sliders, Chips, and Fruit Cobbler.

CHOCTAW CASINO TRIP | THURSDAY SEPT. 7TH FROM 9:00AM - 4:00PM

Discover the thrill of winning and a world of luxury at Choctaw Casino and Resort – the ultimate casino resort destination for entertainment! 4216 S. Hwy 69/75 Durant, OK 74701.

SILVER DERBY | FRIDAY SEPT. 8TH FROM 2:00PM - 3:00PM

Now over two decades later, we've grown to become not only the MAVERICK for entertainment in senior communities across Texas but BINGO's biggest rival proving to be an event that everyone absolutely loves playing! A craving for excitement generated by a thrill of a win. Mint Julips will be served.

HAPPY HOUR - "ON THE ROCKS" W/MARTY RUIZ | THURSDAY SEPT. 14TH AT 4:00PM

Marty Ruiz returns to serenade us during Happy Hour. Enjoy a cocktail and appetizer and sing along to some of your all-time favorite classics with Marty! We'll be serving meat and cheese trays and a sweet treat.

SHOPPING AT STONEBRIAR | THURSDAY SEPT. 14TH FROM 10:30AM - 1:00PM

This indoor mall features traditional retailers, a movie theater, fine designers and over 15 eateries to enjoy. Sign up sheets for this outing are located at the front office, spots fill quickly so stop by the office as soon as possible to claim your spot!

GRAFF MOBILE FOOT CLINIC | THURSDAY SEPT. 14TH AT 10:00AM

The clinic will be parked on the west side of the parking lot as usual. The sign up sheets are at the office.

HARRIS JEWELRY REPAIR | TUESDAY SEPT. 19TH FROM 12:00 - 12:45PM

Bring your broken jewelry for repair! Repairs while you wait. Harris Jewelry will purchase your Gold and Sterling Silver - accept check or cash for payment

LUNCH OUTING: MAGGIANO'S | THURSDAY SEPT. 21ST FROM 11:30AM-1:00PM

An Italian-American eatery that features classic Italian recipes. Sign up sheets for this outing are located at the front office, spots fill quickly so stop by the office as soon as possible to claim your spot!

HAPPY HOUR - NFL PARTY! | THURSDAY SEPT. 21ST AT 4:00PM

It's finally Football Season again!! Throw on your favorite team jersey or shirt and join us in the dining room for some pizza and ice cream!

SEPTEMBER BIRTHDAY CELEBRATION | FRIDAY SEPT. 29TH AT 4:00PM

We celebrate birthdays to remember, acknowledge, and appreciate the life of a person who has been born, Birthdays commemorate life in all its wonderful ways and make it more special each year!

ATLAS POINT STAFF

Tamar Martinez | Property Manager
Cristal Ayala | Asst. Property Manager
Barbara Franco | Sales & Marketing
Mercedes Vasquez | Service Manager
George Plugge | Driver
Carmen Sanchez | Housekeeper



ATLAS POINT DIRECTORY

Salon by Maryam | 469-471-8117
Blair's Nail Salon | 214-450-8421
Maintenance Emergency | Follow Prompt
Emergency | CALL 911!
Atlas Office | 469-210-3033



the

LIFESTYLE. INDEPENDENCE.

ATLAS POINT
— AT PRESTONWOOD —
an allure active adult community

3033 E. Hebron Pkwy, Carrollton, TX 75010

life

FRIENDSHIP. ENTHUSIASM.