

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>SEPTEMBER 2023</h1> <h2>Garden Place Waterloo Activities Calendar</h2>						Happy Birthday Martha! 1 10:00 Moovin' & Groovin' Exercise 10:30 Smoothie Bar 2:00 Prize Bingo 6:00 Happy Hour
3 10:30 Sunday Service with Chaplin Tom 1:00 Movie Resident "Pick" with Popcorn & Soda	4 10:00 Exercise with Amber 10:30 Entertainment: Ron & Chuck 2:00 Labor Day Trivia with Bomb Pops! 6:00 Bean Bag Toss	National Cheese Pizza Day! 5 10:00 Daily Chronicle 10:15 Chair Exercise 11:00 Outing: Lunch at Imo's Pizza (Sign-up) 2:00 <i>Pretty Nails & Handsome Hands</i> 6:00 Prize Bingo	Happy Birthday Dan! Podiatrist Coming Today! 6 10:00 Sweatin' to the Oldies 10:30 Jeopardy 11:00 Outing: Library (Sign-up) 1:30 Bible Study with Jen 2:00 Balloon Noodle Toss 6:00 Bowling Night	7 9:30 Worship with Pastor Poole 10:00 Daily Chronicle 10:15 Chair Exercise 2:00 <i>Baking with Emma</i> 5:30 Card Players Night 6:00 Barber Shop Music	Happy Birthday Gene! 8 10:00 Moovin' & Groovin' Exercise 10:30 Smoothie Bar 2:00 Prize Bingo 6:00 Donkey Visit with Lynne	9 10:00 Exercise Video 2:00 Staff Choice 5:45 Rosary (Private Dining Room) 6:00 Communion (Private Dining Room)
Happy Grandparents Day! 10 10:30 Sunday Service with Chaplin Tom 2:00 Ice Cream Sundaes with Family Members! <small>Grandparents Day</small>	National Crazy Sock Day! 11 Happy Birthday Jim! 10:00 Exercise with Amber 10:30 Thunder N' Lightning Cloggers 2:00 Staff Baking Competition (Residents Judge Desserts) and Photo Booth! 6:00 Prize Bingo	Assisted Living Dress like an Elderly Person Day 12 10:00 Chair Exercise 10:30 Show N' Tell & Mini Stories 2:00 Bryan Foggs Music 6:00 Comedy/Magic Show with Jeff Lefton	Week - Honoring Vegas Day 13 Happy Birthday Marlene S! 10:00 Sweatin' to the Oldies' 10:30 Price is Right! 1:30 Bible Study with Jen 2:00 Garden Place Casino 6:00 Bean Bag Toss	Our Residents Sports Day (Wear Your Favorites Sports Team) 14 10:00 Chair Exercise 10:30 Minute To Win It 2:00 Staff Family Feud 5:30 Card Players Night 6:00 Therapy Dogs w/ Lynn	& Caregivers! Carnival Day 15 Happy Birthday Pauline! 10:00 Moovin' & Groovin' Exercise 10:30 Smoothie Bar 1:00 Garden Place Carnival 6:00 Prize Bingo <small>Rosh Hashanah Begins</small>	16 10:00 Exercise Video 2:00 Staff Choice 5:45 Rosary (Private Dining Room) 6:00 Communion (Private Dining Room) <small>Oktoberfest Begins</small>
17 10:30 Sunday Service with Chaplin Tom 1:00 Movie Resident "Pick" with Popcorn & Soda	Happy Birthday Sarah G (Staff)! 18 10:00 Exercise with Amber 10:30 Words in Words 2:00 Entertainment: Cherry & Jerry 6:00 Balloon Noodle Toss	Happy Birthday Jack! 19 10:00 Chair Exercise 11:00 Outing: Mr. BBQ at Mystic Oak Golf Course (Sign-up) 2:00 <i>Pretty Nails & Handsome Hands</i> 6:00 Prize Bingo	20 10:00 Sweatin' to the Oldies 10:30 Jeopardy 11:00 Outing: Library (Sign-up) 1:30 Bible Study with Jen 1:30 Banking w/ First National 2:00 Bingo w/ First National 6:00 Bean Bag Toss	World Alzheimer's Day! (Wear Purple) 21 9:30 Worship with Pastor Jeff M 10:00 Chair Exercise 10:30 Catholic Mass 2:00 <i>Baking with Emma</i> 5:30 Card Players Night 6:00 Bowling	First Day of Autumn! 22 10:00 Moovin' & Groovin' Exercise 10:30 Smoothie Bar 2:00 Prize Bingo with Apple Cider! 6:00 Happy Hour <small>Autumn Begins</small>	23 10:00 Exercise Video 2:00 Beverage Bingo 5:45 Rosary (Private Dining Room) 6:00 Communion (Private Dining Room)
Happy Birthday Barb (Staff)! 24 10:30 Sunday Service with Chaplin Tom 1:00 Movie Resident "Pick" with Popcorn & Soda <small>Yom Kippur Begins</small>	Happy Birthday Jaylyn (Staff)! 25 10:00 Exercise with Amber 10:30 Words in Words 2:00 <i>Baking with Emma</i> 6:00 Bowling	26 10:00 Chair Exercise 10:30 Jeopardy 1:30 Outing: History Museum of Monroe County (Sign-Up)! 6:00 Prize Bingo	27 9:45 Daily Chronicle 10:00 Sweatin' to the Oldies 1:30 Bible Study with Jen 2:00 Magnet Making 3:00 Book Club 6:00 Bean Bag Toss	Good Neighbor Day 28 10:00 Chair Exercise 10:30 Family Feud 2:30 Apple Crisp & Apple Cider Social 5:30 Card Players Night 6:00 Therapy Dogs w/ Lynn	Harvest Moon Tonight! 29 10:00 Moovin' & Groovin' Exercise 10:30 Smoothie Bar 2:00 Prize Bingo with Moon Pies! 6:00 Donkey Visit with Lynne	30 10:00 Exercise Video 2:00 Staff Choice 5:45 Rosary (Private Dining Room) 6:00 Communion (Private Dining Room)

Activities are subject to change

Garden Place of Waterloo 735 Columbia Ave Waterloo IL (618)-939-4900

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>September 2023</h1> <h2>Garden Place Waterloo</h2>						
Chicken Cordon Bleu 3 Scalloped Potatoes Carrots Apricots Cold Ham & Cheese Slider Pickle Sliced Tomatoes Chips & Cookies	BBQ Pork Steaks 4 Baby Bakers Baked Beans Watermelon Grilled Hotdogs French Fries Butter Pecan Ice Cream <i>Labor Day</i>	Beef Tips with Noodles 5 Broccoli Garlic Stick Grapes Chicken Pot Pie Biscuit w/ Butter Orange Fluff	Cinnamon Rolls 6 Happy Birthday Dan! Steak & Baked Potatoes w/ Sour Cream, Corn, Vanilla Ice Cream with Chocolate Syrup Italian Sub, Pasta Salad, Pickle Spear, Jello	Pork Sausage, Fried 7 Cabbage, German Potato Salad, Fuji Apples Sloppy Joe on Bun Tator Tots Pickle Better than Anything Cake	Biscuits & Gravy 1 Happy Birthday Martha! Chicken Wings Beans Cornbread & Fruit Salad Fish Sandwich on Rye w/ Tartar Sauce, Pickle, Creamy Slaw, Eclairs Happy Birthday Gene! 8 Breaded Veal Culets Mashed Potatoes with White Gravy, Lima Beans, Custard Pie Chicken Wild Rice Soup Grilled Cheese Four Layered Dessert	Ham Dinner 2 Buttered Parsley Potatoes Peas Roll Mandarin Oranges Beef & Noodles Casserole Cheddar Biscuit Pudding Spaghetti with Meat Sauce 9 Garlic Stick Cauliflower Peaches Chicken Salad on Croissant Bread & Buttered Pickles Tomato & Cucumber Salad Brownie
Salisbury Steak 10 Hashbrown Casserole Carrots Applesauce BBQ Riblet on Slider Bun Three Bean Salad Pickle Cheesecake <i>Grandparents Day</i>	Happy Birthday Jim! 11 Roast Beef with Gravy Mashed Potatoes Green Beans Ice Cream Club Sandwich Chips Strawberry Dump Cake	Pauline Birthday Meal 12 Fried Chicken Au gratin Potatoes California Mix Chocolate Cake with Cream Cheese Icing French Dip Sandwiches with Au Jus, Potato Skins, Pickle, Cherry Cheese Delight	French Toast 13 Happy Birthday Marlene S! Chicken Strips, Mashed Potatoes with Brown Gravy, Red Velvet Cake & Cream Cheese Icing Bologna Salad on White Bread, Pickle, Sliced Tomato, Apple Turnovers	Cheeseburger with 14 Tomato, Pickle, French Fries, Cupcakes Chicken Wings Caesar Salad Cobbler	Biscuits & Gravy 15 Happy Birthday Pauline! Corn Dogs, Potato Salad Funnel Cake with Ice Cream & Strawberry Topping Fish on Rye Bread w/ Tartar Sauce, Baked Beans Lime Jello with Pears <i>Rosh Hashanah Begins</i>	Beef Stroganoff w/ Noodles 16 Roll Corn Mangoes Chicken Noodle Soup Bowl Ham Salad Slider Angel Food Cake <i>Oktoberfest Begins</i>
Chicken Strips w/ Honey 17 Mustard, Baked Potato with Sour Cream, Slaw, Watermelon Pork Fritter on Bun Sliced Tomatoes Pickle Tapioca with Topping	Happy Birthday Sarah G 18 (Staff)! Chili Mac, Green Beans Garlic Stick & Fruit Cocktail Quiche Sausage Patty Fried Potatoes Parfait	Happy Birthday Jack! 19 Fried Pork Chops Baked Potato with Sour Cream, Baked Beans, Oatmeal Cake Meatball Sub, Macaroni Salad Pickle Spear Sherbert	Pancakes 20 Meatloaf Mashed Potatoes with Gravy Carrots & Fruit Salad Chicken Pot Pie Biscuit with Butter Texas Sheet Cake	Chicken & Dumplings 21 Mixed Vegetables Biscuit Grapes Bowl of Beef Stew Roll w/ Butter Strawberry Fluff	Catfish w/ Tartar Sauce 22 Baby Bakers Cauliflower with Cheese Sauce Peaches Pigs in Blanket Baked Beans Iced Cupcakes <i>Autumn Begins</i>	Lasagna 23 Garlic Bread Peas Fresh Oranges Tomato Soup with Grilled Cheese, Ice Cream
Happy Birthday Barb 24 (Staff)! Turkey, Roll w/ Butter, Baked Sweet Potatoes with Brown Sugar, Corn, Mangoes Ham & Cheese Slider Buns, Chips, Pickle, Rice Krispie Treat <i>Yom Kippur Begins</i>	Happy Birthday Jaylyn 25 (Staff)! Baked Chicken Loaded Baked Potato with Sour Cream, Fresh Asparagus, Watermelon Patty Melts w/ French Fries Pickle Spear, Pie	Shrimp Alfredo 26 Garlic Stick Broccoli Cantaloupe Brats on Bun Tomato Cucumber Salad Brownies	Omelets 27 BBQ Pork Steaks, Hashbrown Casserole, Green Beans, Pineapple Sloppy Joe on Bun, Macaroni Salad, Mandarin Orange Cake	Sweet & Sour Chicken 28 Fried Rice Fried Crab Rangoon Oriental Vegetables Mandarin Oranges Philly Steak Mushrooms with Ranch Jello Poke Cake	Biscuits & Gravy 29 Cod Cut-Ups with Tartar Sauce, Mac & Cheese, Stewed Tomatoes, Grapes Vegetable Soup Turkey & Cheese Slider Black Forest Cake <i>Sukkot Begins</i>	Country Fried Steak 30 Mashed Potatoes with White Gravy, Carrots, Applesauce Pizza Hut Tossed Salad Jello with Topping