

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



<p>3 VISITS WITH FAMILY & FRIENDS 9:00 MORNING MINGLE 10:00 CATHOLIC MASS – TV 11:00 WORSHIP SERVICE – TV 1:30 INDEPENDENT ACTIVITIES 6:30 CLASSIC MOVIES – TV</p>		<p>4 9:00 HOT TOPICS & TRENDS 10:00 STEP UP! EXERCISE 10:30 LET’S SING 12:30 CHAIR YOGA W/ JOAN 2:00 AFTERNOON MINGLE 3:00 HOLLYWOOD SPOTLIGHT 5:30 MOVIE: MUSICAL</p>		<p>5 9:00 IN THE NEWS 10:00 WHICH CAME FIRST? 10:30 STRETCHES W/ ANDREA 12:30 EXERCISE W/ JOAN 1:00 DOMINOES & GAMES 3:00 SPA DAY W/ ABBY 5:30 CLASSIC MOVIE</p>		<p>6 9:00 WORSHIP & PRAISE 10:00 SENIORFIT EXERCISE 10:30 X FACTOR: THE SHOW 1:00 ARTIST WITHIN: WATERCOLOR 2:00 AFTERNOON MINGLE 3:30 TODAY IN HISTORY 5:00 FAVORITE GAME SHOWS</p>		<p>7 9:00 HOT TOPICS & TRENDS 10:00 MINDFUL MEDITATION 10:30 ANIMAL KINGDOM 12:30 EXERCISE W/ JOAN 1:30 OUTING 2:00 AFTERNOON MINGLE 3:00 BINGO 5:30 TMC THE SILVER SCREEN</p>		<p>1 9:00 COFFEE & CONVERSATION 10:00 CHAIR ZUMBA 10:30 AMERICA’S GOT TALENT 12:30 EXERCISE W/ JOAN 1:00 KARAOKE 2:00 TGIF SOCIAL 3:00 DEAR ABBY 5:30 DRY BAR COMEDY NIGHT</p>		<p>2 9:00 COFFEE & THE COURIER 10:15 CHAIR YOGA 1:00 MATINEE MOVIE 3:00 CHECKERS/DOMINOES 3:30 MINDFUL MEDITATION 5:30 CLASSIC TV SHOW</p>	
		<p>10 VISITS WITH FAMILY & FRIENDS 9:00 MORNING MINGLE 10:00 CATHOLIC MASS – TV 11:00 WORSHIP SERVICE – TV 1:30 INDEPENDENT ACTIVITIES 6:30 CLASSIC MOVIES – TV</p> <p style="text-align: center;">NATIONAL GRANDPARENTS DAY</p>		<p>11 9:00 HOT TOPICS & TRENDS 10:00 STEP UP! EXERCISE 10:30 LET’S SING 12:30 CHAIR YOGA W/ JOAN 2:00 AFTERNOON MINGLE 3:00 HOLLYWOOD SPOTLIGHT 5:30 MOVIE: MUSICAL</p>		<p>12 9:00 IN THE NEWS 10:00 WHICH CAME FIRST? 10:30 STRETCHES W/ ANDREA 12:30 EXERCISE W/ JOAN 1:00 DOMINOES & GAMES 3:00 SPA DAY W/ ABBY 5:30 CLASSIC MOVIE</p>		<p>13 9:00 WORSHIP & PRAISE 10:00 SENIORFIT EXERCISE 10:30 X FACTOR: THE SHOW 1:00 ARTIST WITHIN: WATERCOLOR 2:00 AFTERNOON MINGLE 3:30 TODAY IN HISTORY 5:00 FAVORITE GAME SHOWS</p>		<p>14 9:00 HOT TOPICS & TRENDS 10:00 MINDFUL MEDITATION 10:30 ANIMAL KINGDOM 12:30 EXERCISE W/ JOAN 1:30 OUTING 2:00 CHEF IT UP W/ BILL 3:00 BINGO 5:30 TMC THE SILVER SCREEN</p> <p style="text-align: center;">SPIRIT DAY: HIGH SCHOOL STEREOTYPE DAY</p>		<p>8 9:00 COFFEE & CONVERSATION 10:00 CHAIR ZUMBA 10:30 AMERICA’S GOT TALENT 12:30 EXERCISE W/ JOAN 1:00 KARAOKE 2:00 TGIF SOCIAL 3:00 DEAR ABBY 5:30 DRY BAR COMEDY NIGHT</p>	
<p>17 VISITS WITH FAMILY & FRIENDS 9:00 MORNING MINGLE 10:00 CATHOLIC MASS – TV 11:00 WORSHIP SERVICE – TV 1:30 INDEPENDENT ACTIVITIES 6:30 CLASSIC MOVIES – TV</p>		<p>18 9:00 HOT TOPICS & TRENDS 10:00 STEP UP! EXERCISE 10:30 LET’S SING 12:30 CHAIR YOGA W/ JOAN 2:00 AFTERNOON MINGLE 3:00 HOLLYWOOD SPOTLIGHT 5:30 MOVIE: MUSICAL</p>		<p>19 9:00 IN THE NEWS 10:00 WHICH CAME FIRST? 10:30 STRETCHES W/ ANDREA 12:30 EXERCISE W/ JOAN 1:00 DOMINOES & GAMES 3:00 SPA DAY W/ ABBY 5:30 CLASSIC MOVIE</p>		<p>20 9:00 WORSHIP & PRAISE 10:00 SENIORFIT EXERCISE 10:30 X FACTOR: THE SHOW 1:00 ARTIST WITHIN: WATERCOLOR 2:00 AFTERNOON MINGLE 3:30 TODAY IN HISTORY 5:00 FAVORITE GAME SHOWS</p>		<p>21 9:00 HOT TOPICS & TRENDS 10:00 MINDFUL MEDITATION 10:30 ANIMAL KINGDOM 12:30 EXERCISE W/ JOAN 1:30 LIVE ENTERTAINMENT: KEVIN CURRY 2:00 AFTERNOON MINGLE 3:00 BINGO 5:30 TMC THE SILVER SCREEN</p> <p style="text-align: center;">WEAR PURPLE DAY</p>		<p>15 9:00 COFFEE & CONVERSATION 10:00 CHAIR ZUMBA 10:30 AMERICA’S GOT TALENT 12:30 EXERCISE W/ JOAN 1:00 KARAOKE 2:00 TGIF SOCIAL 3:00 DEAR ABBY 5:30 DRY BAR COMEDY NIGHT</p>		<p>16 9:00 COFFEE & THE COURIER 10:15 CHAIR YOGA 1:00 MATINEE MOVIE 3:00 CHECKERS/DOMINOES 3:30 MINDFUL MEDITATION 5:30 CLASSIC TV SHOW</p> <p style="text-align: center;">NATIONAL DANCE DAY</p>	
<p>24 VISITS WITH FAMILY & FRIENDS 9:00 MORNING MINGLE 10:00 CATHOLIC MASS – TV 11:00 WORSHIP SERVICE – TV 1:30 INDEPENDENT ACTIVITIES 6:30 CLASSIC MOVIES – TV</p>		<p>25 9:00 HOT TOPICS & TRENDS 10:00 STEP UP! EXERCISE 10:30 LET’S SING 12:30 CHAIR YOGA W/ JOAN 2:00 AFTERNOON MINGLE 3:00 HOLLYWOOD SPOTLIGHT 5:30 MOVIE: MUSICAL</p>		<p>26 9:00 IN THE NEWS 10:00 WHICH CAME FIRST? 10:30 STRETCHES W/ ANDREA 12:30 EXERCISE W/ JOAN 1:00 DOMINOES & GAMES 3:00 SPA DAY W/ ABBY 5:30 CLASSIC MOVIE</p>		<p>27 9:00 WORSHIP & PRAISE 10:00 SENIORFIT EXERCISE 10:30 X FACTOR: THE SHOW 1:00 ARTIST WITHIN: WATERCOLOR 2:00 BIRTHDAY PARTY W/ DJG 3:30 TODAY IN HISTORY 5:00 FAVORITE GAME SHOWS</p> <p style="text-align: center;">OKTOBERFEST DAY</p>		<p>28 9:00 HOT TOPICS & TRENDS 10:00 MINDFUL MEDITATION 10:30 ANIMAL KINGDOM 12:30 EXERCISE W/ JOAN 1:30 OUTING 2:00 AFTERNOON MINGLE 3:00 BINGO 5:30 TMC THE SILVER SCREEN</p>		<p>22 9:00 COFFEE & CONVERSATION 10:00 CHAIR ZUMBA 10:30 AMERICA’S GOT TALENT 12:30 EXERCISE W/ JOAN 1:00 KARAOKE 2:00 TGIF SOCIAL 3:00 DEAR ABBY 5:30 DRY BAR COMEDY NIGHT</p>		<p>23 9:00 COFFEE & THE COURIER 10:15 CHAIR YOGA 1:00 MATINEE MOVIE 3:00 CHECKERS/DOMINOES 3:30 MINDFUL MEDITATION 5:30 CLASSIC TV SHOW</p>	
<p>24 VISITS WITH FAMILY & FRIENDS 9:00 MORNING MINGLE 10:00 CATHOLIC MASS – TV 11:00 WORSHIP SERVICE – TV 1:30 INDEPENDENT ACTIVITIES 6:30 CLASSIC MOVIES – TV</p>		<p>25 9:00 HOT TOPICS & TRENDS 10:00 STEP UP! EXERCISE 10:30 LET’S SING 12:30 CHAIR YOGA W/ JOAN 2:00 AFTERNOON MINGLE 3:00 HOLLYWOOD SPOTLIGHT 5:30 MOVIE: MUSICAL</p>		<p>26 9:00 IN THE NEWS 10:00 WHICH CAME FIRST? 10:30 STRETCHES W/ ANDREA 12:30 EXERCISE W/ JOAN 1:00 DOMINOES & GAMES 3:00 SPA DAY W/ ABBY 5:30 CLASSIC MOVIE</p>		<p>27 9:00 WORSHIP & PRAISE 10:00 SENIORFIT EXERCISE 10:30 X FACTOR: THE SHOW 1:00 ARTIST WITHIN: WATERCOLOR 2:00 BIRTHDAY PARTY W/ DJG 3:30 TODAY IN HISTORY 5:00 FAVORITE GAME SHOWS</p> <p style="text-align: center;">OKTOBERFEST DAY</p>		<p>28 9:00 HOT TOPICS & TRENDS 10:00 MINDFUL MEDITATION 10:30 ANIMAL KINGDOM 12:30 EXERCISE W/ JOAN 1:30 OUTING 2:00 AFTERNOON MINGLE 3:00 BINGO 5:30 TMC THE SILVER SCREEN</p>		<p>29 9:00 COFFEE & CONVERSATION 10:00 CHAIR ZUMBA 10:30 AMERICA’S GOT TALENT 12:30 EXERCISE W/ JOAN 1:00 KARAOKE 2:00 TGIF SOCIAL 3:00 DEAR ABBY 5:30 DRY BAR COMEDY NIGHT</p>		<p>30 9:00 COFFEE & THE COURIER 10:15 CHAIR YOGA 1:00 MATINEE MOVIE 3:00 CHECKERS/DOMINOES 3:30 MINDFUL MEDITATION 5:30 CLASSIC TV SHOW</p>	