

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					01	02
					<p>Breakfast Corned Beef Hash Scrambled Eggs, Fresh Fruit</p> <p>Lunch BLT on White, Onion Rings</p> <p>Dinner Seared Salmon with Butter Sauce Green Rice, Roasted Cauliflower</p>	<p>Breakfast Quiche Lorraine Yogurt Parfait, Hashbrowns</p> <p>Lunch Smothered Beef, Bean, & Cheese Burrito Spanish Rice</p> <p>Dinner Chicken Fettuccine Alfredo Fennel Parmesan Salad Garlic Bread</p>
03	04	05	06	07	08	09
<p>Breakfast Sausage, Eggs to Order, Oatmeal</p> <p>Lunch Pork Tenderloin Sliders Curly Fries, Seasoned Sour Cream</p> <p>Dinner Roast Beef with Horseradish Sauce Buttermilk Mashed Potatoes & Pan Sauce Brussel Sprouts</p>	<p>Breakfast Ham Steak, Scrambled Eggs Cinnamon Roll</p> <p>Lunch Chicken Quesadilla, Refried Beans Tortilla Chips, Salsa & Sour Cream</p> <p>Dinner Marinated Flank Steak Chef Salad Toasted Baguette</p>	<p>Breakfast Bacon, Egg, & Cheese Croissant Hashbrown, Fresh Fruit</p> <p>Lunch Sloppy Joes Kettle Chips with Onion Dip, Peaches</p> <p>Dinner Fried Butterfly Shrimp with Cocktail Sauce Baked Potato, Green Beans</p>	<p>Breakfast Waffles, Cheese Eggbake, Fresh Fruit</p> <p>Lunch Open-faced Turkey Sandwich Mashed Potatoes & Gravy, Sweet Corn</p> <p>Dinner Tator Tot Hotdish Mixed Vegetables, Dinner Roll</p>	<p>Breakfast Scrambled Eggs, Bacon Banana Bread Muffin</p> <p>Lunch Deli Roast Beef & Swiss on White Potato Chips, Fresh Fruit</p> <p>Dinner Grilled Pork Chop, Apple Chutney Roasted Sweet Potatoes, Creamy Polenta, Mustard Greens</p>	<p>Breakfast Ham & Cheese Omelet Cream of Wheat</p> <p>Lunch Tuna Pasta Salad over Mixed Greens Carrot Sticks with Ranch, Grapes</p> <p>Dinner Petite Beef Filet with A-1 Sauce Sour Cream Mashed Potatoes Asparagus</p>	<p>Breakfast Chocolate Chip Pancakes Sausage Links, Mixed Berries</p> <p>Lunch Fried Chicken Sandwich Coleslaw, Fresh Fruit</p> <p>Dinner Broiled Walleye, Tartar Sauce Wild Rice Pilaf, Steamed Broccoli</p>
10	11	12	13	14	15	16
<p>Breakfast Eggs to Order, Bacon, Coffe Cake</p> <p>Lunch Hot Ham & Cheese Croissant Multigrain Chips, Diced Pears</p> <p>Dinner Country Fried Steak, Mashed Potatoes with Country Gravy, Buttered Peas</p>	<p>Breakfast Spinach & Cheese Eggbake Sausage, Fresh Fruit</p> <p>Lunch Turkey ala King over Buttermilk Biscuit Mixed Vegetables</p> <p>Dinner Rosemary Roasted Pork Tenderloin Brown Rice Pilaf, Creamed Spinach</p>	<p>Breakfast Waffles, Bacon, Scrambled Eggs</p> <p>Lunch Grilled Bratwurst, Potato Salad Corn on the Cob</p> <p>Dinner California Cheeseburger, Baked Beans Potato Chips, Watermelon</p>	<p>Breakfast Ham Steak, Fried Eggs Banana Bread</p> <p>Lunch Sweet & Sour Chicken, Jasmine Rice Stir Fry Vegetables, Egg Roll</p> <p>Dinner Pork Schnitzel with Mushroom Gravy Buttered Spaetzle, Brussel Sprouts</p>	<p>Breakfast Biscuits & Gravy Scrambled Eggs</p> <p>Lunch Hard or Soft Shell Beef Tacos Refried Beans, Pineapple</p> <p>Dinner Grilled Chicken Fettuccine Alfredo Broccoli & Pancetta Garlic Bread</p>	<p>Breakfast Eggs to Order, Bacon, Donut</p> <p>Lunch Roasted Turkey with Gravy Cornbread Stuffing, Sugar Glazed Yams</p> <p>Dinner Herb Baked Tilapia with Tartar Sauce Potato Croquettes Green Bean Almondine</p>	<p>Breakfast Blueberry Pancakes Sausage, Mixed Berries</p> <p>Lunch Grilled Chicken Bacon Ranch Wrap Kettle Chips</p> <p>Dinner Glazed Meatloaf Baked Potato, Sweet Corn</p>
17	18	19	20	21	22	23
<p>Breakfast Cheese Omelet, Bacon Banana Muffin</p> <p>Lunch Cracker Crusted Walleye Sandwich Steak Fries</p> <p>Dinner Dry-Rub Chicken Wings Celery Sticks, Potato Chips</p>	<p>Breakfast French Toast, Sausage Links Fresh Fruit</p> <p>Lunch Three Cheese Melt, Tomato Basil Bisque Three Bean Salad</p> <p>Dinner Grilled Pork Tenderloin Lyonnaise Potatoes Seasoned Broccoli</p>	<p>Breakfast Bacon, Mushroom & Swiss Quiche Blueberry Bagel with Cream Cheese</p> <p>Lunch Grilled Chicken Caesar Salad Garlic Breadstick, Grapes</p> <p>Dinner Marinated Steak Bites, Peppers & Onions Garden Rice Pilaf</p>	<p>Breakfast Waffles, Scrambled Eggs Strawberries</p> <p>Lunch Hot Beef Commercial Mashed Potatoes & Gravy, Sweet Corn</p> <p>Dinner Pesto Mozzarella Chicken over Penne Herb Roasted Tomatoes</p>	<p>Breakfast Eggs to Order, Sausage English Muffin</p> <p>Lunch Sausage Pizza, Cantaloupe Wedge Broccoli Salad</p> <p>Dinner Glazed Pork Chops with Pineapple Salsa Spiced Yellow Rice Asparagus</p>	<p>Breakfast Ham Steak, Scrambled Eggs with Cheese Raisin Toast</p> <p>Lunch Loaded Beef Nachos Salsa & Sour Cream, Pineapple</p> <p>Dinner Sauteed Shrimp with Cocktail Sauce Twice Baked Potatoes Seasonal Squash</p>	<p>Breakfast Breakfast Pizza Grapefruit</p> <p>Lunch Grilled Kielbasa, Fingering Potatoes Pearl Onions & Sweet Peas</p> <p>Dinner Beef & Broccoli Stir Fry Fried Rice, Egg Roll Sweet & Sour Sauce</p>
24	25	26	27	28	29	30
<p>Breakfast Bacon, Scrambled Eggs Coffee Cake</p> <p>Lunch Savory Roast Pork, Au Gratin Poatoes, California Blend Vegetables</p> <p>Dinner Honey Glazed Ham, Baked Sweet Potato with Herbed Butter, Green Beans</p>	<p>Breakfast Johnny Cakes, Sausage Fresh Fruit</p> <p>Lunch Philly Cheesesteak with Peppers & Onions French Fries</p> <p>Dinner Italian Sausage Lasagna, Caesar Salad Garlic Breadstick</p>	<p>Breakfast Eggs to Order, Bacon Cinnamon Raisin Bagel</p> <p>Lunch Beef Chili with Cheddar and Sour Cream Cornbread with Honey Butter, Cantaloupe</p> <p>Dinner Slow-Roasted Chicken Rice Pilaf, Glazed Carrots</p>	<p>Breakfast Waffles, Broccoli Cheese Eggbake, Sausage Patties</p> <p>Lunch BBQ Pulled Pork Sliders Craisin Slaw, Apple Slices</p> <p>Dinner Homestyle Meatloaf with Gravy Garlic Mashed Potatoes, Corn on the Cob</p>	<p>Breakfast Cheese Blintz with Blueberry Sauce Bacon, Hashbrown</p> <p>Lunch Beef Taco Salad with Lettuce, Tomato, Cheese, & Black Olives</p> <p>Dinner Grilled Chicken & Penne Pasta with Basil & Tomatoes Garlic Bread</p>	<p>Breakfast Sausage, Egg, & Cheese Biscuit Sandwich Fresh Fruit</p> <p>Lunch Chicken Tenders, Celery Sticks Chex Mix</p> <p>Dinner Parmesan Crusted Pollock Rosemary Roasted Potatoes Grilled Asparagus</p>	<p>Breakfast Apple Cinnamon Cream of Wheat Bacon, Eggs to Order</p> <p>Lunch Supreme Pizza, Caesar Pasta Salad Fresh Fruit</p> <p>Dinner Grilled Chicken Cobb Salad Dinner Roll, Fresh Fruit</p>