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Stamp



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Nichol Bracewell



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Pioneer Post

September 2023 Newsletter



2 Support an End to Alzheimer's
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights & September Quotes
7 Special Moments
8 Mission & Team

Ways to Support an End to Alzheimer's Disease

This month, our community is looking forward to the Alzheimer's Association's Walk to End Alzheimer's. The walk takes place in more than 600 communities across the United States each year, fundraising toward Alzheimer's care, support, and research. For those looking to take action toward an end to Alzheimer's, here are some ways you can support the cause, from the walk and beyond.

- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org

Our local walk will be taking place:

Sunday, September 17
at Lithia and Driveway Fields (300 Lowry Lane, Medford, OR 97501)
Time: TBD

(Subject to change. Please check alz.org)

- Participate in the Ride to End Alzheimer's. You can bike ride anywhere for this Summer Challenge and raise funds toward research.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs with the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Call 855.277.6227.



Alzheimer's Fast Facts: Americans who have Alzheimer's is growing. More than 6.7 million Americans have Alzheimer's and 1 in 3 seniors pass with Alzheimer's or Dementia. Early diagnosis can provide medical, emotional, and social benefits; aid with clinical trial participation; enable people to be in control of their legal and financial wishes; and create cost savings in medical and long-term care.

- Be a Volunteer Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
- Be a Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.
- Be a Volunteer Community Educator, providing education and expanding program reach. Visit: volunteer.alz.org/Volunteeropportunities/becoming
- Share on social media: The more accurate information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Don't forget to hashtag your efforts with #endalz.

Let us know on the first of the month on our facebook what efforts you're excited about taking part in toward an end to Alzheimer's!

Special Moments



September 2023 Highlights

Observes: World Alzheimer’s Awareness, Healthy Aging, Intergenerational Ties, Pain Awareness, Prostate Health, and Self-Care

Celebrates: Americana, Chicken, Classical Music, Honey, Little League, Mushrooms, Piano, Potatoes, Rice, Sewing, and Square Dancing

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|--|---|
| 01: Chianti Day; College Colors Day; Food Bank Day | 16: Raisin Bread Day; Guac Day; Play-Doh Day |
| 02: V-J Day; World Beard Day; Tailgating Day | 17: Apple Dumpling Day; Monte Cristo Day |
| 03: Cinema Day; U.S. Bowling League Day | 18: Air Force Birthday; Cheeseburger Day |
| 04: Labor Day; Macadamia Nut Day; Wildlife Day | 19: Butterscotch Pudding Day; Talk Like Pirates Day |
| 05: Cheese Pizza Day | 20: Fried Rice Day; Pepperoni Pizza Day; Punch Day |
| 06: Coffee Ice Cream Day; Read A Book Day | 21: Chai Day; New York Day; Pecan Cookie Day |
| 07: Acorn Squash Day; Beer Lovers Day; Salami Day | 22: Centenarian’s Day; States and Capitals Day |
| 08: Star Trek Day; World Ampersand Day | 23: Fall Begins; Family Health & Fitness Day |
| 09: Teddy Bear Day; Wiener Schnitzel Day | 24: Cherries Jubilee Day; Punctuation Day |
| 10: Grandparent’s Day; Ideas Day; TV Dinner Day | 25: Daughter’s Day; Quesadilla Day; Family Day |
| 11: Hot Cross Bun Day; Patriot Day | 26: Dumpling Day; Pancake Day |
| 12: Chocolate Milkshake Day; Ants on a Log Day | 27: Women Health Fitness Day; Chocolate Milk Day |
| 13: Peanut Day; Uncle Sam Day | 28: Good Neighbor Day; Strawberry Cream Pie Day |
| 14: Cream Filled Donut Day; Eat a Hoagie Day | 29: Coffee Day; VFW Day |
| 15: Cheese Toast Day; Felt Hat Day; Linguine Day | 30: Chewing Gum Day; Hot Mulled Cider Day |

September Quotes

“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again... who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly.”- **Teddy Roosevelt**

“You either walk inside your story and own it or you can stand outside your story and hustle for your worthiness.”- **Brene Brown**

“Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace, and gratitude” - **Denis Waitley**

“In the end, it’s not the years in your life that count. It’s the life in your years.”
– **Abraham Lincoln**

“Happiness is an Inside Job”- **Nichol Bracewell**



Staff Spotlight:
Kysin K.

Kysin has been around our community from the tender age of 9 when his mother started working here. He has been a cook, helped in maintenance and housekeeping and can be found where ever he is needed. Kysin is very passionate about his family and enjoys his free time creating memories with his siblings, nieces and nephews. Some of his favorite hobbies include all sports, traveling, and trying new foods. He enjoys listening to and creating music. Kysin also likes reading. His favorite book is called “Home Boys” by Alan Sitomer. The message Kysin wants to share is; “Be grateful for every day; every day is a good day!”




Resident Spotlight:
All of You

We are blessed to have the most amazing residents! When we say “Pioneer,” you say “Village”! Here at Pioneer Village we ae blessed with a truly beautiful community. The scenery is unbeatable and the deer are family who would gladly join you at the dinner table. As we all go about our lives, one thing remans constant: the kindness we see around us every day. We would like to thank you for being a part of our community and allowing us into your lives and hearts. Thank you for the smiles and the laughs. Thank you for stopping us in the halls just to say “hi”. Thank you for teaching us the meaning of community.

SEPTEMBER 2023

Pioneer Village • 805 N 5th St., Jacksonville, Oregon • 541-899-6825

SUN	MON	TUE	WED	THU	FRI	SAT
	<p><u>Birthdays</u></p> <p>Bill R. 9-2 Launa M. 9-5 Allen S. 9-12 Nanci W. 9-20 Vernice H. 9-29 Gay W. 9-29</p> <p>Jeanne M. 9-3 Austin H. 9-4 Mike de R. 9-25</p>	<p><u>Transportation Days:</u> Monday-Tuesday-Thursday</p> <p><u>Location Legend:</u> AL= A Lobby B= Bistro BL= Bistro Lobby TF= Third Floor CR= Cinema Room DR= Dining Room AK=Activity Kitchen FR = Fitness Room</p>			<p>1</p> <p>9:00 Go Nuts for Donuts 10:30 Picnic Brunch Applegate Lake 12:30 Piano with Josh—BL 1:30 Scenic Drive 3:00 Musical Soiree Accordion w/ Lillian 6:00 Friday Night Movie -CR</p>	<p>2</p> <p>9:00 Coffee Chat - AL 10:30 One on Ones 11:00 Get to Know Denise 1:30 Poker - TF 3:00 Game Time -TF 4:00 One on Ones 5:00 IN2L Classics - B 6:00 Saturday Night Movie</p>
<p>3</p> <p>9:00 One on Ones 10:15 Presbyterian Church Transportation 10:30 Card Games - TF 1:00 Sunday Matinee - CR 1:30 Poker - TF 3:00 Scenic Drive 3:30 Women's Circle -BL</p>	<p>4</p> <p>9:00 Monday Social- B 10:00 Tai Chi with Dayton-TF 11:00 Wii Bowling -TF 1:30 Mexican Train - TF 3:00 Resident Council - B Open to all Residents 4:00 Pool Tournament - TF 5:00 IN2L Funny Videos—B</p>	<p>5</p> <p>9:00 Coffee Social - AL 10:00 Billiards—TF 11:00 10 Thousand - AL 11:30 Water Zumba @ YMCA 1:30 Poker -Wii Games - TF 2:00 Welcoming Committee—B 3:00 Cocktail / Karaoke Hour - B 4:00 One on Ones 5:00 IN2L Relax - AL</p>	<p>6</p> <p>9:00 Morning Social - AL 10:00 Shopping Bi-Mart 11:00 Snack Creations—AK 1:00 Activity Meeting - B 1:30 Scenic Drive 3:00 Menu Meeting - CR 3:00 Glee Club - B 4:00 Trivial Pursuit - AL</p>	<p>7</p> <p>9:00 IN2L Tai Chi - B 10:00 Bible Study - CR 11:00 Noodle Volley Ball -B 1:30 Poker & Mexican Train - TF 2:00 Parkinson's Group -CR 3:00 Dan & Carole -B Egypt 4:00 Afternoon Stretch - B</p>	<p>8</p> <p>9:00 Go Nuts for Donuts 10:30 Book Club - CR 12:30 Piano with Josh—BL 1:30 Create & Craft - B 3:00 Musical Soiree Tracy Davey 4:30 IN2L Funny Videos - B 6:00 Friday Night Movie -CR</p>	<p>9</p> <p>9:00 Coffee Chat - AL 10:30 One on Ones 11:00 Smoothie Surprise - AK 1:30 Poker - TF 3:00 Game Time -TF 4:00 One on Ones 5:00 IN2L Classics - B 6:00 Saturday Night Movie</p>
<p>10</p> <p>9:00 One on Ones 10:15 Presbyterian Church Transportation 10:30 Card Games - TF 1:00 Sunday Matinee - CR 1:30 Poker - TF 3:00 Scenic Drive 3:30 Women's Circle -BL</p>	<p>11</p> <p>9:00 Monday Social- B 10:00 Tai Chi with Dayton-TF 11:30 9\11 Luncheon—DR 1:30 Mexican Train - TF 2:30 Beginners Chess - TF 4:00 Pool Tournament - TF 5:00 IN2L Funny Videos—B</p>	<p>12</p> <p>9:00 Coffee Social - AL 10:00 Billiards -TF 11:00 TED Talk Tuesday-B 1:30 Poker - Wii Games - TF 2:00 Creek Side Chat - B Open to all Residents 3:00 Cocktail/ Karaoke Hour —B 4:30 Out to Dinner The Wharf</p>	<p>13</p> <p>9:00 Morning Social - AL 10:30 Shopping - Trader Joes 11:00 Lets Paint Our Nails—B 1:30 Scenic Drive 3:00 Menu Meeting - CR 4:00 Trivial Pursuit -B 5:00 IN2L Salt Box - B</p>	<p>14</p> <p>9:00 IN2L Tai Chi - B 10:00 Bible Study -CR 11:30 Water Zumba @ YMCA 1:00 Louis Faro - BL 2:15 Poker & Mexican Train - TF 3:30 Ice Cream Social - B 4:00 IN2L Explore - B 5:00 IN2L Learn - AL</p>	<p>15</p> <p>9:00 Go Nuts for Donuts 10:30 Pioneer Fishing Trip 12:30 Piano with Josh—BL 1:30 Scenic Drive 3:00 Musical Soiree Sonny Kanahele 4:30 to 7:30 Grand Parents Night out</p>	<p>16</p> <p>9:00 Coffee Chat - AL 10:30 One on Ones 11:00 Saturday Crafts—B 1:30 Poker - TF 3:00 Game Time -TF 4:00 One on Ones 5:00 IN2L Classics - B 6:00 Saturday Night Movie</p>
<p>17</p> <p>9:00 One on Ones 10:15 Presbyterian Church Transportation 10:30 Card Games - TF 1:00 Sunday Matinee - CR 1:30 Poker - TF 3:00 Dancin Winery 3:30 Women's Circle -BL</p>	<p>18</p> <p>9:00 Monday Social - B 10:00 Tai Chi with Dayton-TF 11:00 Wii Bowling -TF 12:30 Thank You Ceremony -DR 1:30 Mexican Train - TF 4:00 Pool Tournament - TF 5:00 IN2L Funny Videos—B</p>	<p>19</p> <p>9:00 Coffee Social - AL 10:00 Billiards—TF 11:00 10 Thousand - AL 11:30 Water Zumba @ YMCA 1:30 Poker - Wii Games - TF 3:00 Cocktail / Karaoke Hour - B 5:00 IN2L Relax - AL</p>	<p>20</p> <p>9:00 Morning Social- AL 10:00 Shopping - Fred Meyer 11:00 Snack Creations - AK 1:30 Scenic Drive 3:00 Menu Meeting - CR 3:00 Glee Club -B 4:00 IN2L Travel - AL</p>	<p>21</p> <p>9:00 IN2L Tai Chi - B 10:00 Bible Study - CR 11:00 Noddle Volleyball— B 1:30 Poker & Mexican Train - TF 2:00 Parkinson's Group -CR 3:00 Ice Cream Social - B 4:00 IN2L Explore - B 5:00 IN2L Learn - AL</p>	<p>22</p> <p>9:00 Go Nuts for Donuts 10:30 Book Club - CR 12:30 Piano with Josh—BL 1:30 Create & Craft - B 3:00 Musical Soiree Bob Haworth 4:30 IN2L Funny Videos - B 6:00 Friday Night Movie -CR</p>	<p>23</p> <p>9:00 Coffee Chat - AL 10:30 One on Ones 11:00 Smoothie Surprise - AK 1:30 Poker - TF 3:00 Game Time -TF 4:00 One on Ones 5:00 IN2L Classics - B 6:00 Saturday Night Movie</p>
<p>24</p> <p>9:00 One on Ones 10:15 Presbyterian Church Transportation 10:30 Card Games - TF 1:00 Sunday Matinee - CR 1:30 Poker - TF 3:00 Scenic Drive 3:30 Women's Circle -BL</p>	<p>25</p> <p>9:00 Monday Social- B 10:00 Tai Chi with Dayton-TF 11:00 Wii Bowling -TF 1:30 Mexican Train - TF 4:00 Pool Tournament - TF 5:00 IN2L Funny Videos—B</p>	<p>26</p> <p>9:00 Coffee Social - AL 10:00 Billiards—TF 11:00 10 Thousand - AL 1:30 Poker - Wii Games - TF 3:00 Cocktail / Karaoke Hour - B 4:30 Out to Dinner Callahan's Mountain Lodge</p>	<p>27</p> <p>9:00 Rain Rock Casino Day Trip *Will Return Before Dinner* 2:30 Meet N’ Greet—B 3:00 Menu Meeting - CR 4:00 IN2L Travel- AL</p>	<p>28</p> <p>9:00 IN2L Tai Chi - B 10:00 Bible Study -CR 11:30 Water Zumba @ YMCA 1:30 Poker & Mexican Train - TF 3:30 Ice Cream Social - B 4:00 IN2L Explore - B 5:00 IN2L Learn - AL</p>	<p>29</p> <p>9:00 Go Nuts for Donuts 10:30 Picnic Lunch Lake of the Woods 12:30 Piano with Josh—BL 3:00 Musical Soiree Karaoke Hour 4:30 IN2L Funny Videos - B 6:00 Friday Night Movie -CR Resident Social 6 to 8 PM</p>	<p>30</p> <p>9:00 Coffee Chat - AL 10:30 One on Ones 11:00 Saturday Crafts—B 1:30 Poker - TF 3:00 Game Time -TF 4:00 One on Ones 5:00 IN2L Classics - B 6:00 Saturday Night Movie</p>