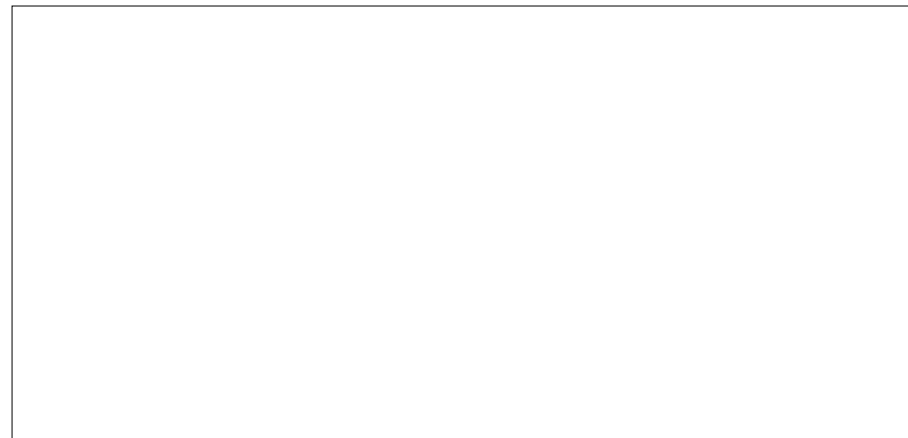




1530 Poplar Dr.
Medford, OR 97504

Stamp



Leadership Team Phone: 541.770.9080
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Website: farmingtonsquare-medford.com
Facebook: Farmington Square Medford

Executive Director: Joni Shale
Community Sales Director: James Denner
Wellness Director A/D Cottage: Shyanne Long
Wellness Director B/C Cottage: Shelia Vadney
Business Office Director: Brooke Whitehead
Life Enrichment Director: Norma Hernandez
Dining Services Director: Margaret Tepovac
Maintenance Director: Shayne Putnam



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Farmington Times

September 2023 Newsletter



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3 Team & Resident Spotlight
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Ways to Support an End to Alzheimer's Disease

This month, our community is looking forward to the Alzheimer’s Association’s Walk to End Alzheimer's. The walk takes place in more than 600 communities across the United States each year, fundraising toward Alzheimer's care, support, and research. For those looking to take action toward an end to Alzheimer's, here are some ways you can support the cause, from the walk and beyond.

- Walk in the Walk to End Alzheimer’s! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org

Our local walk will be taking place:
Sunday, September 17
at Lithia and Driveway Fields (300 Lowry Lane, Medford, OR 97501)
Time: 12:00 pm

(Subject to change. Please check alz.org)

- Participate in the Ride to End Alzheimer’s. You can bike ride anywhere for this Summer Challenge and raise funds toward research.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs with the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Call 855.277.6227.



Alzheimer’s Fast Facts: Americans who have Alzheimer's is growing. More than 6.7 million Americans have Alzheimer's and 1 in 3 seniors pass with Alzheimer's or Dementia. Early diagnosis can provide medical, emotional, and social benefits; aid with clinical trial participation; enable people to be in control of their legal and financial wishes; and create cost savings in medical and long-term care.

- Be a Volunteer Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer’s or dementia.
- Be a Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer’s Association.
- Be a Volunteer Community Educator, providing education and expanding program reach. Vist: volunteer.alz.org/Volunteeropportunities/becoming
- Share on social media: The more accurate information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Don’t forget to hashtag your efforts with #endalz.

Let us know on the first of the month on our facebook what efforts you’re excited about taking part in toward an end to Alzheimer’s!

Special Moments



Happy Birthday to our Staff & Residents:

- Nancy B: Sept. 14
- Thelma S: Sept. 15
- Veronica M: Sept. 17
- John L: Sept. 19
- Carolyn S: Sept. 20
- Diane P: Sept. 27
- Brooke W: Sept. 05
- Cameron O: Sept. 26
- Amalia F: Sept. 27

September 2023 Highlights




Join us for our annual

LUAU

& Maui Fundraiser

A donation station to give directly to the Maui United Way will be available as well as a 50/50 Raffle & Gift Basket Raffle.

**Saturday, September 16th
at 12:00 PM**



WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION

JOIN THE FARMINGTON TEAM

CALL OR EMAIL:

jshale@farmingtonsquare.com



FIGHTING FOR A DIFFERENT FUTURE.

**2023 Walk to End Alzheimer's - Southern Oregon - Medford, OR
Sunday, September 17th**

Event Check-In & Walkers Welcome at 12:00 p.m.

**Opening Ceremony at 1:00 p.m. | Walk Following Ceremony
Lithia & Driveway Fields | 300 Lowry Ln. Medford, OR 97501**



Staff Spotlight:
Miriam B

Miriam is our team member of the month! She is a treasured Caregiver on the Farmington Square team.

Miriam enjoys spending time with her family on her days off. She enjoys going to see her favorite musicians perform.

Miriam loves to cook for family and friends. She enjoys interactions and conversation with the residents.

We are delighted to have you with us, Miriam!



Resident Spotlight:
Patsy Lane


This month, we are honoring Patsy as our resident of the month! She has a spectacular smile. She is a warm, friendly person who always likes to help others. She enjoys dancing, singing, and exercise.

Social time is very important to her. She enjoys chatting, drinking coffee, joking and smiling.

We are so happy to have Patsy here at Farmington Square!


SEPTEMBER 2023

Farmington Square A/B • 1530 Poplar Drive Medford, Or 97504 • 541-770-9098

SUN	MON	TUE	WED	THU	FRI	SAT
<div>All activities subject to change per mandated health guidelines.</div>			<div>Resident Birthday</div> <div>Nancy B 9/14 Thelma S 9/15 Veronica M 9/17 John L 9/19 Carolyn S 9/20 Diane P 9/27</div>	<div>Employee Birthday</div> <div>Brooke W 9/05 Cameron O 9/26 Amalia F 9/27</div>	<div>1</div> <div>Write Letters Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 IN2L Trivia 12:00 IN2L Radio 1:00 Balloon Toss 2:00 Bingo 3:00 Coloring 4:00 One on One 5:00 Music appreciation</div>	<div>2</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 IN2L Game 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon walk 4:00 IN2L Movie 5:00 Music appreciation</div>
<div>3</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 IN2L Trivia 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Sunday Hymns 4:00 Afternoon Walk 5:00 Music appreciation</div>	<div>4</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Morning Walk 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 Music appreciation</div>	<div>5</div> <div>Cheese Pizza Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Morning Walk 12:00 IN2L Radio 1:00 IN2L Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Crafts 5:00 Music appreciation</div>	<div>6</div> <div>Labor Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Fancy Nails 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation</div>	<div>7</div> <div>Salami day</div> <div>9:00 Beauty Hour 10:00 Outing 11:00 Reading Club 12:00 IN2L Radio 1:00 Balloon Toss 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation</div>	<div>8</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation</div>	<div>9</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Crafts 2:00 Bingo Club 3:00 Afternoon Walk 4:00 Coffee Club 5:00 Music appreciation</div>
<div>10</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Sunday Hymns 5:00 Music appreciation</div>	<div>11</div> <div>Patriot Day</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 IN2L Karaoke 12:00 IN2L Radio 1:00 Table Games 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation</div>	<div>12</div> <div>Grandparent Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Game 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation</div>	<div>13</div> <div>Peanut Day</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation</div>	<div>14</div> <div>Hoagie Day</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Balloon Toss 2:00 Bingo 3:00 Music C 4:00 IN2L Karaoke 5:00 Music appreciation</div>	<div>15</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Games 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation</div>	<div>16</div> <div>Guacamole Day</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Balloon Toss 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 Music appreciation</div>
<div>17</div> <div>Country Music Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Sunday Hymns 5:00 Music appreciation</div>	<div>18</div> <div>Dance Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Balloon Toss 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation</div>	<div>19</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation</div>	<div>20</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation</div>	<div>21</div> <div>Chai Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Balloon Toss 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation</div>	<div>22</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation</div>	<div>23</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation</div>
<div>24</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Sunday Hymns 2:00 Bingo Club 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation</div>	<div>25</div> <div>Quesadilla Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation</div>	<div>26</div> <div>Pancake Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 Karaoke Time 5:00 Music appreciation</div>	<div>27</div> <div>Family Day</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Crafts 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation</div>	<div>28</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Music 4:00 Fancy Nails 5:00 Music appreciation</div>	<div>29</div> <div>Coffee Day</div> <div>9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation</div>	<div>30</div> <div>9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo Club 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation</div>

SEPTEMBER 2023

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SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.			Resident Birthday Nancy B 9/14 Thelma S 9/15 Veronica M 9/17 John L 9/19 Carolyn S 9/20 Diane P 9/27	Employee Birthday Brooke W 9/05 Cameron O 9/26 Amalia F 9/27	1 Write Letters Day 9:00 Reading Club 10:00 Morning Exercise 11:00 IN2L Trivia 12:00 IN2L Radio 1:00 Croquet 2:00 Bingo 3:00 Coloring 4:00 One on One 5:00 Music appreciation	2 9:00 Reading Club 10:00 Morning Yoga 11:00 IN2L Game 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon walk 4:00 IN2L Movie 5:00 Music appreciation
3 9:00 Reading Club 10:00 Morning Yoga 11:00 IN2L Trivia 12:00 IN2L Radio 1:00 Coffee Club 2:00 Bingo 3:00 Sunday Hymns 4:00 Afternoon Walk 5:00 Music appreciation	4 9:00 Reading Club 10:00 Morning Exercise 11:00 Morning Walk 12:00 IN2L Radio 1:00 Croquet 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 Music appreciation	5 Cheese Pizza Day 9:00 Reading Club 10:00 Morning Exercise 11:00 Morning Walk 12:00 IN2L Radio 1:00 IN2L Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Crafts 5:00 Music appreciation	6 Labor Day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Fancy Nails 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation	7 Salami day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation	8 9:00 Reading Club 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation	9 9:00 Reading Club 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Crafts 2:00 Bingo Club 3:00 Afternoon Walk 4:00 Coffee Club 5:00 Music appreciation
10 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 Sunday Hymns 5:00 Music appreciation	11 Patriot Day 9:00 IN2L Game 10:00 Morning Yoga 11:00 IN2L Karaoke 12:00 IN2L Radio 1:00 Croquet 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation	12 Grandparent Day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation	13 Peanut Day 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation	14 Hoagie Day 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Croquet 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 Music appreciation	15 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation	16 Guacamole Day 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Paint Club 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 Music appreciation
17 Country Music Day 9:00 Reading Club 10:00 Morning Exercise 11:00 IN2L Game 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Sunday Hymns 5:00 Music appreciation	18 Dance Day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation	19 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Croquet 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation	20 9:00 Reading Club 10:00 Morning Yoga 11:00 Outing 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation	21 Chai Day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Coquet 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation	22 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Table Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation	23 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation
24 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Sunday Hymns 2:00 Bingo Club 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation	25 Quesadilla Day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation	26 Pancake Day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Croquet 2:00 Bingo 3:00 Afternoon Walk 4:00 Karaoke Time 5:00 Music appreciation	27 Family Day 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Crafts 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 Music appreciation	28 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Music 4:00 Fancy Nails 5:00 Music appreciation	29 Coffee Day 9:00 IN2L Game 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Radio 1:00 Bowling 2:00 Bingo 3:00 Afternoon Walk 4:00 Movie Time 5:00 Music appreciation	30 9:00 IN2L Game 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Radio 1:00 Paint 2:00 Bingo Club 3:00 Afternoon Walk 4:00 One on One 5:00 Music appreciation