



14420 SW Farmington Rd.
Beaverton, OR 97005

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Leadership Team:
Phone: 503.626.2273
Email: info-Beaverton@farmingtonsquare.com
Website: farmingtonsquare-beaverton.com
Facebook: FarmingtonSquareBeaverton

Executive Director:

Tawnya Theodore

Community Relations Director:

Randy Dickens

Business Office Director:

Jane Smith

Wellness Director:

Cory Stevenson (A), Melissa Garza (B),
Marchelle Roberts (CD)

Wellness Coordinators:

Cathy Ayala & Adriana Cruz-Bautista

Life Enrichment Director:

Rob Baty

Dining Services Director:

Erika Silva

Maintenance Director:

Mike Fraser

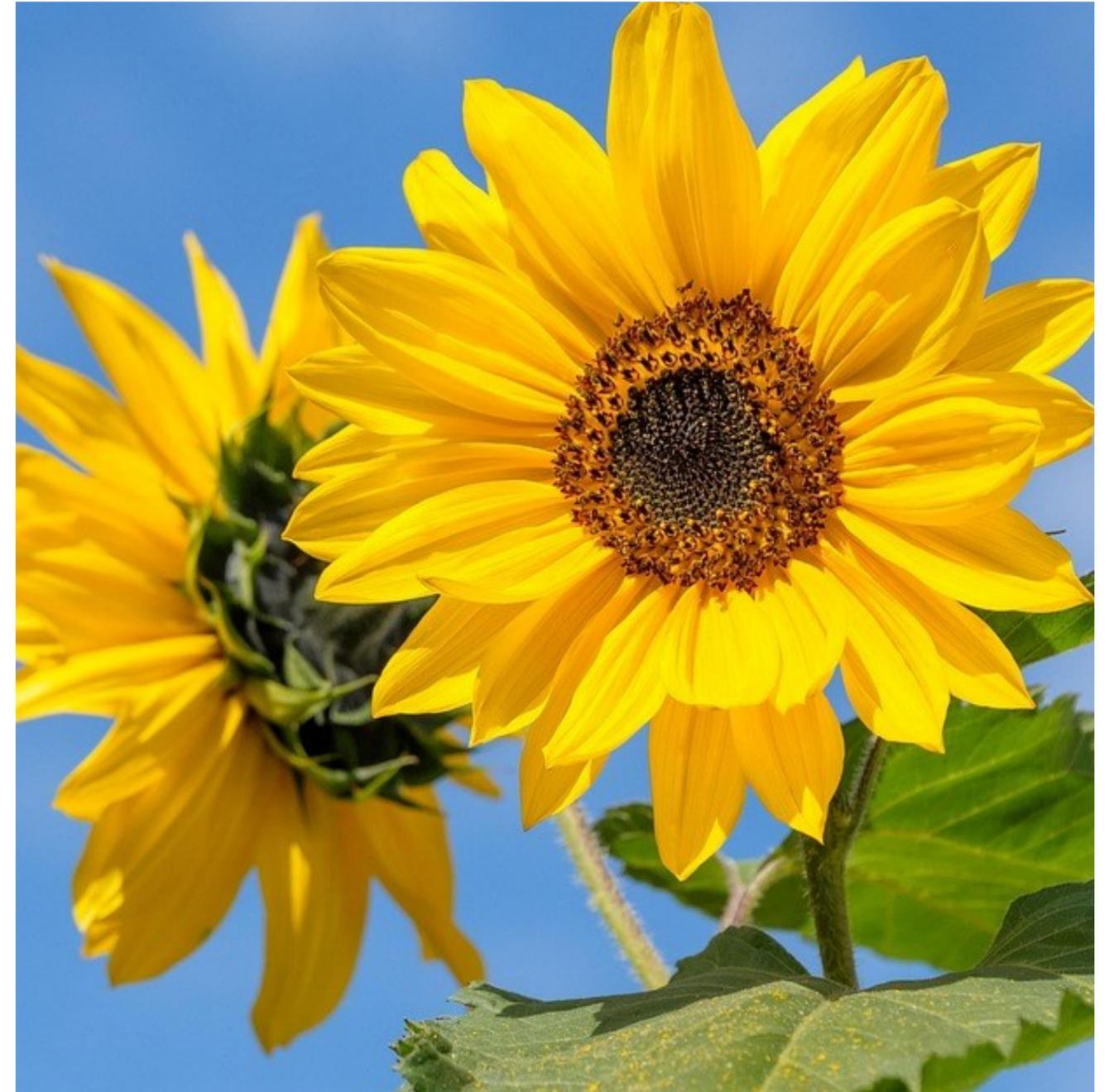


Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Radiant Reader

September 2023

Farmington Square Newsletter



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Ways to Support an End to Alzheimer's Disease

This autumn, our community is looking forward to the Alzheimer's Association's Walk to End Alzheimer's. The walk takes place in more than 600 communities across the United States each year, fundraising toward Alzheimer's care, support, and research. For those looking to take action toward an end to Alzheimer's, here are some ways you can support the cause, from the walk and beyond.

- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org

Our local walk will be taking place:

Saturday, October 14
at The Oregon Zoo in Portland
Times: TBD

(Subject to change. Please check alz.org)

- Participate in the Ride to End Alzheimer's. You can bike ride anywhere for this Summer Challenge and raise funds toward research.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs with the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Call 855.277.6227.



Alzheimer's Fast Facts: Americans who have Alzheimer's is growing. More than 6.7 million Americans have Alzheimer's and 1 in 3 seniors pass with Alzheimer's or Dementia. Early diagnosis can provide medical, emotional, and social benefits; aid with clinical trial participation; enable people to be in control of their legal and financial wishes; and create cost savings in medical and long-term care.

- Be a Volunteer Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
- Be a Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.
- Be a Volunteer Community Educator, providing education and expanding program reach. Visit: volunteer.alz.org/Volunteeropportunities/becoming
- Share on social media: The more accurate information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Don't forget to hashtag your efforts with #endalz.

Let us know on the first of the month on our facebook what efforts you're excited about taking part in toward an end to Alzheimer's!

Special Moments



Happy Birthday to our

Residents & Staff:

Gen B. - Sept. 5
Nell C. - Sept. 10
Betty Jene B. - Sept. 20

Miryah C. - Sept. 2
Maria C. - Sept. 8
Carlos C. - Sept. 12
Brittany M. - Sept. 12
Haley H. - Sept. 27
Brianna L. - Sept 28

September 2023 Highlights

Observes: World Alzheimer’s Awareness, Healthy Aging, Intergenerational Ties, Pain Awareness, Prostate Health, and Self-Care

Celebrates: Americana, Chicken, Classical Music, Honey, Little League, Mushrooms, Piano, Potatoes, Rice, Sewing, and Square Dancing

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|--|---|
| 01: Chianti Day; College Colors Day; Food Bank Day | 16: Raisin Bread Day; Guac Day; Play-Doh Day |
| 02: V-J Day; World Beard Day; Tailgating Day | 17: Apple Dumpling Day; Monte Cristo Day |
| 03: Cinema Day; U.S. Bowling League Day | 18: Air Force Birthday; Cheeseburger Day |
| 04: Labor Day; Macadamia Nut Day; Wildlife Day | 19: Butterscotch Pudding Day; Talk Like Pirates Day |
| 05: Cheese Pizza Day | 20: Fried Rice Day; Pepperoni Pizza Day; Punch Day |
| 06: Coffee Ice Cream Day; Read A Book Day | 21: Chai Day; New York Day; Pecan Cookie Day |
| 07: Acorn Squash Day; Beer Lovers Day; Salami Day | 22: Centenarian’s Day; States and Capitals Day |
| 08: Star Trek Day; World Ampersand Day | 23: Fall Begins; Family Health & Fitness Day |
| 09: Teddy Bear Day; Wiener Schnitzel Day | 24: Cherries Jubilee Day; Punctuation Day |
| 10: Grandparent’s Day; Ideas Day; TV Dinner Day | 25: Daughter’s Day; Quesadilla Day; Family Day |
| 11: Hot Cross Bun Day; Patriot Day | 26: Dumpling Day; Pancake Day |
| 12: Chocolate Milkshake Day; Ants on a Log Day | 27: Women Health Fitness Day; Chocolate Milk Day |
| 13: Peanut Day; Uncle Sam Day | 28: Good Neighbor Day; Strawberry Cream Pie Day |
| 14: Cream Filled Donut Day; Eat a Hoagie Day | 29: Coffee Day; VFW Day |
| 15: Cheese Toast Day; Felt Hat Day; Linguine Day | 30: Chewing Gum Day; Hot Mulled Cider Day |



Staff Spotlight: Carlos

Our August employee of the month goes to Carlos! Carlos is one of our very dedicated MedTech’s here at Farmington Square Beaverton. Carlos has worked for Radiant Senior Living for 15 years and spread his skills throughout various positions. He is our go to trainer for new team members and is always offering his support to pick up extra shifts when needed. In his downtime, he enjoys reading, traveling & spending time with his son Liam. We are so very grateful to have such a dedicated employee.

Join us in giving a huge shout out to Carlos!



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					10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bingo 2:45 Manicures/ Snack 3:30 Sing Along 6:00 Puzzles	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Puzzles 2:30 Bingo/ Snack 3:30 Sing Along 6:00 Movie Night
3	4 Labor Day	5	6	7	8	9
9:30 Coffee/ News 9:45 Gardening 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/ Snack 2:45 This or That 6:00 Balloon Bounce	10:00 Wacky Word Games 10:30 Snack & News 11:15 Exercise 1:30 Bingo/ Snack 2:45 Balloon Badminton 3:30 Afternoon Trivia 6:00 Balloon Bounce	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bingo 3:00 Music By Blake Johnston Cheese Pizza for Snack 6:00 Puzzles	9:45 Painting 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Ice Cream Social/ Bingo 2:45 Sing Along/ Trivia 6:00 Balloon Bounce	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Craft/ Bee Lovers Day 1:30 Bingo 2:30 This or That/ Snack 3:00 Balloon Bounce 6:00 Puzzles	10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bingo 2:45 Manicures/ Snack 3:30 Sing Along 6:00 Puzzles	9:45 Gardening 10:00 Exercise 10:30 Snack & News 11:00 Teddy Bear Trivia 1:30 Puzzles 2:30 Bingo/ Snack 3:30 Sing Along 6:00 Movie Night
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17	18	19	20	21	22	23
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24	25	26 Johnny Appleseed Day	27	28	29	30
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