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Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Emerald Gardens News

September 2023 Newsletter



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Ways to Support an End to Alzheimer's Disease

This autumn, our community is looking forward to the Alzheimer’s Association’s Walk to End Alzheimer’s. The walk takes place in more than 600 communities across the United States each year, fundraising toward Alzheimer’s care, support, and research. For those looking to take action toward an end to Alzheimer’s, here are some ways you can support the cause, from the walk and beyond.

- Walk in the Walk to End Alzheimer’s! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org

Our local walk will be taking place:

Saturday, October 14
at The Oregon Zoo in Portland
Times: TBD

(Subject to change. Please check alz.org)

- Participate in the Ride to End Alzheimer’s. You can bike ride anywhere for this Summer Challenge and raise funds toward research.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer’s and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs with the Donate-A-Car Program. Proceeds support the Alzheimer’s Association and may provide tax benefits. Call 855.277.6227.



Alzheimer’s Fast Facts: Americans who have Alzheimer’s is growing. More than 6.7 million Americans have Alzheimer’s and 1 in 3 seniors pass with Alzheimer’s or Dementia. Early diagnosis can provide medical, emotional, and social benefits; aid with clinical trial participation; enable people to be in control of their legal and financial wishes; and create cost savings in medical and long-term care.

- Be a Volunteer Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer’s or dementia.
- Be a Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer’s Association.
- Be a Volunteer Community Educator, providing education and expanding program reach. Vist: volunteer.alz.org/Volunteeropportunities/becoming
- Share on social media: The more accurate information about Alzheimer’s that is shared, the more people will support the fight against Alzheimer’s. Don’t forget to hashtag your efforts with #endalz.

Let us know on the first of the month on our facebook what efforts you’re excited about taking part in toward an end to Alzheimer’s!

Radiant Moments

The collage features six photographs. Top left: A woman in a blue jacket looks at a brochure with 'M.O.' and social media icons. Top right: A couple sits on a beach, looking out at the ocean. Middle left: A woman in a white shirt stands in a jewelry store. Middle right: A group of people are seated at a table, engaged in a craft activity with paint and brushes. Bottom left: A woman sits at a desk, working on a computer. Bottom right: A green bus with 'SeniorLiving.com' and 'EMERALD GARDENS ASSISTED & MEMORY CARE' is parked in front of a building.

September 2023 Highlights

Observes: World Alzheimer’s Awareness, Healthy Aging, Intergenerational Ties, Pain Awareness, Prostate Health, and Self-Care

Celebrates: Americana, Chicken, Classical Music, Honey, Little League, Mushrooms, Piano, Potatoes, Rice, Sewing, and Square Dancing

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|--|---|
| 01: Chianti Day; College Colors Day; Food Bank Day | 16: Raisin Bread Day; Guac Day; Play-Doh Day |
| 02: V-J Day; World Beard Day; Tailgating Day | 17: Apple Dumpling Day; Monte Cristo Day |
| 03: Cinema Day; U.S. Bowling League Day | 18: Air Force Birthday; Cheeseburger Day |
| 04: Labor Day; Macadamia Nut Day; Wildlife Day | 19: Butterscotch Pudding Day; Talk Like Pirates Day |
| 05: Cheese Pizza Day | 20: Fried Rice Day; Pepperoni Pizza Day; Punch Day |
| 06: Coffee Ice Cream Day; Read A Book Day | 21: Chai Day; New York Day; Pecan Cookie Day |
| 07: Acorn Squash Day; Beer Lovers Day; Salami Day | 22: Centenarian’s Day; States and Capitals Day |
| 08: Star Trek Day; World Ampersand Day | 23: Fall Begins; Family Health & Fitness Day |
| 09: Teddy Bear Day; Wiener Schnitzel Day | 24: Cherries Jubilee Day; Punctuation Day |
| 10: Grandparent’s Day; Ideas Day; TV Dinner Day | 25: Daughter’s Day; Quesadilla Day; Family Day |
| 11: Hot Cross Bun Day; Patriot Day | 26: Dumpling Day; Pancake Day |
| 12: Chocolate Milkshake Day; Ants on a Log Day | 27: Women Health Fitness Day; Chocolate Milk Day |
| 13: Peanut Day; Uncle Sam Day | 28: Good Neighbor Day; Strawberry Cream Pie Day |
| 14: Cream Filled Donut Day; Eat a Hoagie Day | 29: Coffee Day; VFW Day |
| 15: Cheese Toast Day; Felt Hat Day; Linguine Day | 30: Chewing Gum Day; Hot Mulled Cider Day |



Manicures are offered a few times throughout the week!
Residents can get a simple file & shape or add some pizzaz with their choice of color!



Staff Spotlight:
Abie

Introducing Abie! He is one of our cooks and became a member of our team about 5 months ago. Before joining us here at Emerald Gardens, he was a cook for about 3 years at another assisted care community. His favorite part of his job is preparing the food and presentation. Not only does he take pride in serving a meal that tastes good, but he also ensures that it looks good.

A few of his hobbies include creating music and watching sports (especially soccer). Portland Timbers are his favorite team. He has a dog named Sylvé, and she is a 3 year old Chug (chihuahua-pug mix). He enjoys spending his free time with his family & dog.



Resident Spotlight:
Carolyn

Carolyn is one of the newer residents here at Emerald Gardens! She has lived here for about five months and is a very active member of our community. You can often find her taking walks around the building. She is quick to greet you with a warm “hello” and a smile.

A few of her hobbies include propagating plants (you can find plants throughout her room) and crafting. Carolyn loves socializing and enjoys getting to know new people. She enjoys going on outings, watching movies and playing card games. She’s a big fan of sweet treats and ice cream.





SEPTEMBER 2023

Emerald Gardens

Assisted Care

1890 Newberg Hwy Woodburn, OR 97071

503-982-4000

SUN	MON	TUE	WED	THU	FRI	SAT
<p>All activities subject to change per mandated health guidelines.</p> 				<p>Activity Locations:</p> <p>MR = Upstairs Movie Room DR = Dining Room FL = Fireside Lounge BP = Back Patio</p>	<p>1 World Letter Writing Day 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Bingo (DR) 1:15 Letters To Loved Ones (FL) 1:45 Manicures 3:00 Wii Games (MR) 4:00 Card Games (MR) 5:25 Evening Movie: "The Notebook" (MR)</p>	<p>2 National Hummingbird Day 9:00 Daily Newsletter 10:15 Bingo (DR) 11:30 Coffee & Chat (DR) 1:30 Painting Club (MR) 1:45 Manicures 3:15 Walk & Talk (BP) 4:00 Game Hour (MR) 5:25 Hummingbird Documentary: "Jeweled Messengers" (MR)</p>
<p>3 National Doodle Day 9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:00 Manicures 1:00 Pictionary (MR) 2:15 Walk & Talk (BP) 3:15 Bingo (DR) 4:30 Coffee & Chat (DR) 5:25 Episode: "Young Indiana Jones S1: E9" (MR)</p>	<p>4 Labor Day 8:15 Daily Newsletter 9:30 Chair Stretching (MR) 10:15 Bingo (DR) 1:15 Country Drive 3:00 Happy Hour (BP) 3:30 Yahtzee (MR) 4:45 Coffee & Chat (DR) 5:25 Evening Movie: "The Three Musketeers" (MR)</p>	<p>5 Cheese Pizza Day 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Family Feud (MR) 11:30 Coffee & Chat (DR) 1:00 Phase 10 (MR) 1:45 Movie: "Old Dogs" (MR) 3:00 Trivia & Coffee (DR) 4:00 Takeout Tuesday: "Abby's Pizza"</p>	<p>6 Read A Book Day 8:15 Daily Newsletter 8:45 Movie: "Beauty & The Beast" (MR) 10:15 Bingo (DR) 11:30 Walk & Talk (BP) 1:15 Woodburn Library 2:45 D.I.Y. Bookmarks (MR) 3:45 10,000 Dice Game (MR) 4:45 Coffee & Chat (DR)</p>	<p>7 National Beer Lovers Day 8:15 Daily Newsletter 9:30 Sit & Be Fit (MR) 10:00 Scrabble (MR) 11:30 Coffee & Chat (DR) 1:15 Show: "Modern Marvels: Brewing Iconic Beers" (MR) 2:00 Coloring (MR) 3:00 Happy Hour (BP) 4:00 Walk & Talk (BP)</p>	<p>8 Star Trek Day 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Bingo (DR) 1:15 Movie: "Star Trek: Into Darkness" (MR) 1:45 Manicures 2:45 Uno (MR) 4:00 Paint & Sip (MR) 4:45 Coffee & Chat (DR)</p>	<p>9 Wonderful WeirDOS Day 9:00 Daily Newsletter 10:15 Bingo (DR) 11:30 Coffee & Chat (DR) 1:30 Painting Club (MR) 1:45 Manicures 3:15 Walk & Talk (BP) 4:00 Game Hour (MR) 5:25 Movie: "Peter Pan & Wendy" (MR)</p>
<p>10 Ntl. Assisted Living Week 9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:00 Manicures 1:00 Scrabble (MR) 2:15 Walk & Talk (BP) 3:15 Bingo (DR) 4:30 Coffee & Chat (DR) 5:25 Episode: "Young Indiana Jones S1: E10" (MR)</p>	<p>11 Pajama Day 8:15 Daily Newsletter 9:30 Chair Stretching (MR) 10:15 Bingo (DR) 1:15 Hand Massages (FL) 2:30 Country Drive 3:30 10,000 Dice (MR) 4:45 Coffee & Chat (DR) 5:25 Evening Movie: "Blackbeard's Ghost" (MR)</p>	<p>12 Tie-Dye Tuesday 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Card Games (MR) 11:30 Coffee & Chat (DR) 1:30 Tie-Dye Craft (BP) 3:00 Trivia & Coffee (DR) 4:00 Takeout Tuesday: "Taco Bell" 5:25 Movie: "Shipwrecked" (MR)</p>	<p>13 Wild West Wednesday 8:15 Daily Newsletter 8:45 Movie: "The Apple Dumpling Gang Rides Again" (MR) 10:15 Bingo (DR) 11:30 Walk & Talk (BP) 1:30 Chef Chat (DR) 2:30 Wal-Mart Trip 4:00 Yahtzee (MR) 4:45 Coffee & Chat (DR)</p>	<p>14 80's Day 8:15 Daily Newsletter 9:30 Sit & Be Fit (MR) 10:00 Scrabble (MR) 11:30 Coffee & Chat (DR) 1:15 Movie: "Turner & Hooch" (MR) 3:00 80's Music Trivia (MR) 4:00 Walk & Talk (BP) 5:30 Bingo & Brew</p>	<p>15 Flower Power Friday 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Swan Island Dahlia Festival Trip 1:45 Manicures 3:00 Flower Craft (FL) 4:00 Phase 10 (MR) 4:45 Coffee & Chat (DR) 5:25 Concert Stream: "Jimi Hendrix Live 1969" (MR)</p>	<p>16 American Legion Day 9:00 Daily Newsletter 10:15 Bingo (DR) 11:30 Coffee & Chat (DR) 1:30 Painting Club (MR) 1:45 Manicures 3:15 Cards For The Aurora American Legion (FL) 4:00 Game Hour (MR) 5:25 Movie: "White Fang" (MR)</p>
<p>17 Intl. Country Music Day 9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:00 Manicures 1:00 Pictionary (MR) 2:15 Walk & Talk (BP) 3:15 Bingo (DR) 4:30 Coffee & Chat (DR) 5:25 Episode: "Young Indiana Jones S1: E11" (MR)</p>	<p>18 Rice Krispie Treats Day 8:15 Daily Newsletter 9:30 Chair Stretching (MR) 10:15 Bingo (DR) 1:15 D.I.Y. Rice Krispie Treats (DR) 3:00 Resident Council (DR) 4:00 Dice Games (MR) 5:25 Evening Movie: "Fantastic Four" (MR)</p>	<p>19 Talk Like A Pirate Day 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Card Games (MR) 11:00 Red Robin Trip 1:30 Movie: "Pirates Of The Caribbean" (MR) 3:00 Trivia & Coffee (DR) 4:00 Table Tennis (FL) 4:45 Coffee & Chat (DR)</p>	<p>20 National Punch Day 8:15 Daily Newsletter 8:45 Movie: "George Of The Jungle" (MR) 10:15 Bingo (DR) 11:30 Walk & Talk (BP) 1:15 Woodburn Library 3:00 Trivia & Punch (DR) 3:45 Yahtzee (MR) 4:45 Coffee & Chat (DR)</p>	<p>21 International Day of Peace 8:15 Daily Newsletter 9:30 Sit & Be Fit (MR) 10:00 Scrabble (MR) 11:30 Coffee & Chat (DR) 1:15 Documentary: "David Lynch: Meditation; Creativity; Peace." (MR) 3:15 Wii Games (MR) 4:15 Walk & Talk (BP)</p>	<p>22 Natl. Ice Cream Cone Day 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Bingo (DR) 1:30 Manicures 3:00 Ice Cream Cones (DR) 4:00 Phase 10 (MR) 4:45 Coffee & Chat (DR) 5:25 Documentary: "How It's Made: Ice Cream" (MR)</p>	<p>23 Autumn Equinox 9:00 Daily Newsletter 10:15 Bingo (DR) 11:30 Coffee & Chat (DR) 1:30 Painting Club (MR) 1:45 Manicures 3:15 Walk & Talk (BP) 4:00 Game Hour (MR) 5:25 Movie: "White Fang 2" (MR)</p>
<p>24 World Rivers Day 9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:00 Manicures 1:00 Rack-O (MR) 2:15 Walk & Talk (BP) 3:15 Bingo (DR) 4:30 Coffee & Chat (DR) 5:25 Episode: "Young Indiana Jones S1: E12" (MR)</p>	<p>25 Ntl. One-Hit Wonder Day 8:15 Daily Newsletter 9:30 Chair Stretching (MR) 10:15 Bingo (DR) 1:00 Country Drive 3:00 80's One-Hit Wonders Musical Trivia (MR) 4:00 Dice Games (MR) 5:25 Evening Movie: "Avatar" (MR)</p>	<p>26 Johnny Appleseed Day 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Card Games (MR) 11:30 Coffee & Chat (DR) 1:30 Documentary: "Wholesome Heroes: Johnny Appleseed" (MR) 3:00 Ice Cream & Chat (DR) 4:00 Takeout Tuesday: "</p>	<p>27 World Tourism Day 8:15 Daily Newsletter 8:45 Movie: "George Of The Jungle 2" (MR) 10:15 Bingo (DR) 11:30 Walk & Talk (BP) 1:15 Safeway Trip 3:00 Virtual Tour of New York Aquarium (MR) 3:45 Yahtzee (MR) 4:45 Coffee & Chat (DR)</p>	<p>28 Ntl. Good Neighbor Day 8:15 Daily Newsletter 9:30 Sit & Be Fit (MR) 10:00 D.I.Y. Cards For Neighbors (FL) 11:30 Coffee & Chat (DR) 1:15 Documentary: "Our Assignment From Fred Rogers" (MR) 3:15 Wii Games (MR) 4:15 Walk & Talk (BP)</p>	<p>29 National Coffee Day 8:15 Daily Newsletter 9:30 Walk & Talk (BP) 10:00 Bingo (DR) 11:30 Coffee & Chat (DR) 1:30 Manicures 3:00 Starbucks Trip 4:30 Uno (MR) 5:25 Documentary: "Modern Marvels: How Coffee is Made" (MR)</p>	<p>30 Save Your Photos Day 9:00 Daily Newsletter 10:15 Bingo (DR) 11:30 Coffee & Chat (DR) 1:30 Painting Club (MR) 1:45 Manicures 3:00 Scrapbooking (FL) 4:15 Game Hour (MR) 5:25 Movie: "Black Widow" (MR)</p>



















SEPTEMBER 2023

Emerald Gardens

• Memory Care

• 1890 Newberg Hwy Woodburn, OR 97071

• 503-982-4000

SUN	MON	TUE	WED	THU	FRI	SAT
<p>All activities subject to change per mandated health guidelines.</p>					<p>1 World Letter Writing Day</p> <p>9:00 Walk & Talk</p> <p>9:30 Coffee & Chat</p> <p>9:45 Letters To Friends</p> <p>11:15 Daily Newsletter</p> <p>1:00 Reading Group</p> <p>2:30 Balloon Toss</p> <p>3:00 Snack & Chat</p> <p>4:30 50's Music on IN2L</p> <p>7:30 Aromatherapy</p>	<p>2 National Hummingbird Day</p> <p>9:00 Morning Movie</p> <p>10:00 Coffee & Chat</p> <p>10:30 Walk & Talk</p> <p>11:00 Daily Newsletter</p> <p>1:00 Bingo</p> <p>2:00 Humming Bird Craft</p> <p>3:00 Snack & Chat</p> <p>3:30 Balloon Toss</p> <p>4:30 60's Music on IN2L</p> <p>7:30 Aromatherapy</p> 
<p>3 National Doodle Day</p> <p>9:00 Church Service Video on IN2L</p> <p>9:45 Coffee & Chat</p> <p>11:00 Walk & Talk</p> <p>11:30 Daily Newsletter</p> <p>12:45 Coloring</p> <p>2:15 Balloon Toss</p> <p>3:00 Snack & Chat</p> <p>4:30 Love Songs on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>4 Labor Day</p> <p>9:30 Music & Stretching</p> <p>9:45 Coffee & Chat</p> <p>10:00 Morning Movie</p> <p>11:30 Daily Newsletter</p> <p>1:15 Manicures</p> <p>2:15 Walk & Talk</p> <p>3:00 Snack & Chat</p> <p>3:30 Memory Games</p> <p>4:30 Rock Music on IN2L</p> <p>7:30 Aromatherapy</p>	<p>5 Cheese Pizza Day</p> <p>9:30 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:00 Balloon Toss</p> <p>11:00 Daily Newsletter</p> <p>1:15 Country Drive</p> <p>3:00 Snack & Chat</p> <p>3:30 Painting</p> <p>4:30 Country Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p>	<p>6 Read A Book Day</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:30 D.I.Y. Bookmarks</p> <p>11:00 Daily Newsletter</p> <p>1:15 Afternoon Movie</p> <p>2:45 Chair Stretching</p> <p>3:00 Snack & Chat</p> <p>3:30 Brain Games</p> <p>4:30 80's Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>7 National Feel The Love Day</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>11:00 Daily Newsletter</p> <p>1:00 Hand Massages</p> <p>2:30 Music & Stretching</p> <p>2:45 Snack & Chat</p> <p>4:30 Easy Listening Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p>	<p>8 Physical Therapy Day</p> <p>9:00 Walk & Talk</p> <p>9:30 Coffee & Chat</p> <p>9:45 D.I.Y. Cards For Therapist</p> <p>11:00 Sensory Activity</p> <p>1:00 Reading Group</p> <p>2:30 Balloon Toss</p> <p>3:00 Snack & Chat</p> <p>4:30 50's Music on IN2L</p> <p>7:30 Aromatherapy</p>	<p>9 Wonderful Weirdos Day</p> <p>9:00 Morning Movie</p> <p>10:00 Coffee & Chat</p> <p>10:30 Walk & Talk</p> <p>11:00 Daily Newsletter</p> <p>1:00 Bingo</p> <p>2:00 Art Hour</p> <p>3:00 Snack & Chat</p> <p>3:30 Balloon Toss</p> <p>4:30 60's Music on IN2L</p> <p>7:30 Aromatherapy</p> 
<p>10 Ntl. Assisted Living Week</p> <p>9:00 Church Service Video on IN2L</p> <p>9:45 Coffee & Chat</p> <p>11:00 Walk & Talk</p> <p>11:30 Daily Newsletter</p> <p>12:45 Coloring</p> <p>2:15 Balloon Toss</p> <p>3:00 Snack & Chat</p> <p>4:30 Love Songs on IN2L</p> <p>7:30 Aromatherapy</p>	<p>11 Pajama Day</p> <p>9:30 Music & Stretching</p> <p>9:45 Coffee & Chat</p> <p>10:00 Morning Movie</p> <p>11:30 Daily Newsletter</p> <p>1:15 Walk & Talk</p> <p>2:30 Country Drive</p> <p>3:00 Snack & Chat</p> <p>3:30 Memory Games</p> <p>4:30 Rock Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>12 Tie-Dye Tuesday</p> <p>9:30 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:00 Balloon Toss</p> <p>11:00 Daily Newsletter</p> <p>1:15 Manicures</p> <p>3:00 Snack & Chat</p> <p>3:30 Tie-Dye Activity</p> <p>4:30 Country Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p>	<p>13 Wild West Wednesday</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:30 Western Theme Craft</p> <p>11:00 Daily Newsletter</p> <p>1:15 Afternoon Movie</p> <p>2:00 Chair Stretching</p> <p>3:00 Snack & Chat</p> <p>3:30 Brain Games</p> <p>4:30 Country Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>14 80's Day</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>11:15 Daily Newsletter</p> <p>1:30 Music & Stretching</p> <p>1:45 80's Fashion Show</p> <p>2:00 Memory Games</p> <p>3:00 Snack & Chat</p> <p>4:30 80's Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p>	<p>15 Flower Power Friday</p> <p>9:00 Walk & Talk</p> <p>9:30 Coffee & Chat</p> <p>9:45 Flower Craft</p> <p>11:00 Sensory Activity</p> <p>1:00 Reading Group</p> <p>2:30 Balloon Toss</p> <p>3:00 Snack & Chat</p> <p>4:30 60's Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>16 American Legion Day</p> <p>9:00 Morning Movie</p> <p>10:00 Coffee & Chat</p> <p>10:30 Walk & Talk</p> <p>11:00 Daily Newsletter</p> <p>1:00 Bingo</p> <p>2:00 D.I.Y. Cards For Aurora American Legion</p> <p>3:00 Snack & Chat</p> <p>3:30 Balloon Toss</p> <p>4:30 50's Music on IN2L</p> <p>7:30 Aromatherapy</p>
<p>17 Intl. Country Music Day</p> <p>9:00 Church Service Video on IN2L</p> <p>10:00 Coffee & Chat</p> <p>11:30 Daily Newsletter</p> <p>12:45 Coloring</p> <p>2:15 Balloon Toss</p> <p>3:00 Snack & Chat</p> <p>4:30 Country Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>18 Rice Krispie Treats Day</p> <p>9:30 Music & Stretching</p> <p>9:45 Coffee & Chat</p> <p>10:00 Morning Movie</p> <p>11:30 Daily Newsletter</p> <p>1:15 Walk & Talk</p> <p>2:15 D.I.Y. Rice Krispies</p> <p>3:00 Snack & Chat</p> <p>3:30 Memory Games</p> <p>4:30 Rock Music on IN2L</p> <p>7:30 Aromatherapy</p>	<p>19 Talk Like A Pirate Day</p> <p>9:30 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:00 Balloon Toss</p> <p>11:00 Daily Newsletter</p> <p>1:15 Manicures</p> <p>3:00 Snack & Chat</p> <p>3:30 Digging For Treasure</p> <p>4:30 Country Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p> 	<p>20 Natl. String Cheese Day</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:30 Painting</p> <p>11:00 Daily Newsletter</p> <p>1:15 Afternoon Movie</p> <p>2:45 Chair Stretching</p> <p>3:00 Snack & Chat</p> <p>3:30 Brain Games</p> <p>4:30 80's Music on IN2L</p> <p>7:30 Aromatherapy</p>	<p>21 International Day of Peace</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>11:00 Balloon Toss</p> <p>11:15 Daily Newsletter</p> <p>1:25 Peace Inspired Craft</p> <p>2:15 Manicures</p> <p>3:00 Snack & Chat</p> <p>4:30 Easy Listening Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>22 Natl. Ice Cream Cone Day</p> <p>9:00 Walk & Talk</p> <p>10:00 Coffee & Chat</p> <p>11:15 Sensory Activity</p> <p>1:00 Reading Group</p> <p>2:30 Balloon Toss</p> <p>3:00 Ice Cream Cones</p> <p>4:30 50's Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p>	<p>23 Autumn Equinox</p> <p>9:00 Morning Movie</p> <p>10:00 Coffee & Chat</p> <p>10:30 Walk & Talk</p> <p>11:00 Daily Newsletter</p> <p>1:00 Bingo</p> <p>2:00 Autumn Inspired Craft</p> <p>3:00 Snack & Chat</p> <p>3:30 Balloon Toss</p> <p>4:30 60's Music on IN2L</p> <p>7:30 Aromatherapy</p> 
<p>24 World Rivers Day</p> <p>9:00 Church Service Video on IN2L</p> <p>9:45 Coffee & Chat</p> <p>11:00 Walk & Talk</p> <p>11:30 Daily Newsletter</p> <p>12:45 Coloring</p> <p>2:15 Balloon Toss</p> <p>3:00 Snack & Chat</p> <p>4:30 Love Songs on IN2L</p> <p>7:30 Aromatherapy</p>	<p>25 Ntl. One-Hit Wonder Day</p> <p>9:30 Music & Stretching</p> <p>9:45 Coffee & Chat</p> <p>10:00 Morning Movie</p> <p>11:30 Daily Newsletter</p> <p>1:00 Country Drive</p> <p>2:15 Walk & Talk</p> <p>3:00 Snack & Chat</p> <p>3:30 Memory Games</p> <p>4:30 Rock Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>26 Johnny Appleseed Day</p> <p>9:30 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:00 Balloon Toss</p> <p>11:00 Daily Newsletter</p> <p>1:15 Story Of Appleseed</p> <p>1:45 Apple Themed Craft</p> <p>3:00 Snack & Chat</p> <p>4:30 Country Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p>	<p>27 World Tourism Day</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>10:30 Virtual Aquarium Tour</p> <p>11:00 Daily Newsletter</p> <p>1:15 Afternoon Movie</p> <p>2:45 Chair Stretching</p> <p>3:00 Snack & Chat</p> <p>3:30 Brain Games</p> <p>4:30 80's Music on IN2L</p> <p>7:30 Aromatherapy</p> 	<p>28 Ntl. Good Neighbor Day</p> <p>9:00 Walk & Talk</p> <p>9:45 Coffee & Chat</p> <p>11:00 Balloon Toss</p> <p>11:15 Daily Newsletter</p> <p>1:25 Cards For Neighbors</p> <p>2:00 Manicures</p> <p>3:00 Snack & Chat</p> <p>4:30 Easy Listening Music on IN2L</p> <p>7:30 Aromatherapy</p>	<p>29 National Coffee Day</p> <p>9:00 Walk & Talk</p> <p>10:00 Coffee & Chat</p> <p>11:15 Sensory Activity</p> <p>1:00 Reading Group</p> <p>2:30 Balloon Toss</p> <p>3:00 Ice Cream Cones</p> <p>4:30 50's Music on IN2L</p> <p>5:30 Evening Movie</p> <p>7:30 Aromatherapy</p> 	<p>30 National Love People Day</p> <p>9:00 Morning Movie</p> <p>10:00 Coffee & Chat</p> <p>10:30 Walk & Talk</p> <p>11:00 Daily Newsletter</p> <p>1:00 Bingo</p> <p>2:00 Love Inspired Craft</p> <p>3:00 Snack & Chat</p> <p>3:30 Balloon Toss</p> <p>4:30 60's Music on IN2L</p> <p>7:30 Aromatherapy</p>