

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2023

PATRIOTS LANDING INDEPENDENT & ASSISTED LIVING LIFE ENRICHMENT

<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 1:00 Ft Lewis PX/Commissary 2:00 Resident Run Board Games 6:15 Triominos 7:00 Movie Night</p>	<p>3 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>4 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 8-Ball Billiards 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Card Game 6:15 Triominos 7:00 Movie Night</p>	<p>5 Transportation: APPT. Day 9:30 SAIL Fitness 10:00 Fred Meyer 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>6 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Beginners Bingo 1:00 Sit & Fit 5:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Card Game</p>	<p>7 Transportation: APPT. Day 9:30 SAIL Fitness 10:15 Bible Study Resumes 11:00 Olive Garden, Olympia 1:00 Sit & Fit 2:00 Bingo 3:30 Cabaret Singer 6:15 Triominos 7:00 Friday Night Movie</p>	<p>8 Transportation: APPT. Day 9:30 SAIL Fitness 10:00 McChord BX/Commissary 10:30 Resident Board Games 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Card Game 7:00 Trivia Night w/ Steven D.</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:00 – 2:00 Grandparents Day Buffet 1:00 McChord BX/Commissary 6:15 Triominos 7:00 Movie Night</p>	<p>10 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>11 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>12 Transportation: APPT. Day 9:30 SAIL Fitness 10:00 Jo-Ann Fabrics 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>13 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 5:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Card Game</p>	<p>14 Transportation: APPT. Day 9:30 SAIL Fitness 10:15 Bible Study Resumes 11:00 Olive Garden, Olympia 1:00 Sit & Fit 2:00 Bingo 3:30 Cabaret Singer 6:15 Triominos 7:00 Friday Night Movie</p>	<p>15 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Resident Board Games 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Card Game 7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:00 – 2:00 Grandparents Day Buffet 1:00 McChord BX/Commissary 6:15 Triominos 7:00 Movie Night</p>	<p>17 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>18 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>19 Transportation: APPT. Day 9:30 SAIL Fitness 10:00 Jo-Ann Fabrics 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>20 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 5:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Card Game</p>	<p>21 Transportation: APPT. Day 9:30 SAIL Fitness 10:15 Bible Study Resumes 11:00 Olive Garden, Olympia 1:00 Sit & Fit 2:00 Bingo 3:30 Cabaret Singer 6:15 Triominos 7:00 Friday Night Movie</p>	<p>22 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Resident Board Games 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Card Game 7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:00 – 2:00 Grandparents Day Buffet 1:00 McChord BX/Commissary 6:15 Triominos 7:00 Movie Night</p>	<p>23 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>24 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>25 Transportation: APPT. Day 9:30 SAIL Fitness 10:00 Jo-Ann Fabrics 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>26 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 5:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Card Game</p>	<p>27 Transportation: APPT. Day 9:30 SAIL Fitness 10:15 Bible Study Resumes 11:00 Olive Garden, Olympia 1:00 Sit & Fit 2:00 Bingo 3:30 Cabaret Singer 6:15 Triominos 7:00 Friday Night Movie</p>	<p>28 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Resident Board Games 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Card Game 7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:00 – 2:00 Grandparents Day Buffet 1:00 McChord BX/Commissary 6:15 Triominos 7:00 Movie Night</p>	<p>29 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>30 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Phone Help w/Kim 6:15 Mexican Train</p>	<p>31 Transportation: APPT. Day 9:30 SAIL Fitness 10:00 Jo-Ann Fabrics 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>32 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 5:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Card Game</p>	<p>33 Transportation: APPT. Day 9:30 SAIL Fitness 10:15 Bible Study Resumes 11:00 Olive Garden, Olympia 1:00 Sit & Fit 2:00 Bingo 3:30 Cabaret Singer 6:15 Triominos 7:00 Friday Night Movie</p>	<p>34 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Resident Board Games 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Card Game 7:00 Saturday Movie Night</p>