

List of In-House Services

Kaleidoscope Salon

Denise Hubbard: (916) 486-2710

Independent Contractor

Call to schedule an appointment.

Open Tuesdays to Fridays from 8 a.m. to 4 p.m.

- *Men's Haircut ~ \$15.00*
- *Women's Haircut Only ~ \$20.00*
- *Shampoo/Set ~ \$20.00*
- *Shampoo or Conditioner Only ~ \$7.00*
- *Tints ~ \$50.00+*
- *Perms ~ \$70.00+*

Celtic Hands Massage

Kevin McLachlan: (916) 878-6189

Independent Contractor

2nd & 4th Tuesday each month

11:00 am - 1:00 pm ~ signup in the pink book.

\$20.00 for 15 minutes ~ seated chair massage.

Clean Touch

Will Huttunen: (916) 600-6161

Independent Contractor

Laundry services, dry cleaning, and

alterations. Call for pick up at your front door!

Community Hearing Aid Center

Ed Vinson: (916) 797-9188

Independent Contractor

Free cleaning, batteries & check-up!

2nd Tuesday of each month at 1:30pm

Library on the 1st floor.

Sign up in the book!

Johnson Hauling & More

J.J. Johnson (916) 643-5164

Independent Contractor

Suburban Notary

Christina Valdez (916) 878-0435

Independent contractor - Mobile Notary

Blood Pressure Checks

Rite Aid has a free blood pressure machine in the Pharmacy waiting area and is within walking distance.

If you have an emergency, please call (916) 786-2751! We have staff on site 24 hours, 7 days a week. We are here to assist you!

Office Hours

Monday thru Friday

8:30 a.m. - 5:30 p.m.

Saturday & Sunday

8:30 a.m. - 5:00 p.m.

Roseville Commons Staff

Kathy Horbasch ~ Administrator

Drew Marcus ~ Marketing Director

Ginger McCauley ~ Activities Director

Melody Powers ~ Resident Relations

Open ~ PT Resident Relations

Jack Pesola ~ Maintenance Director

Joe Booth ~ PT Maintenance/Painter

Tammy Davis ~ Van Transportation

De Rollins ~ Bus Transportation

Margaret, Phul & Rosa ~ Housekeeping

Joy, Lori, Julia & Justin ~ Night Porters

Roseville Commons Contact Numbers

Front Office: (916) 786-2751

Night Porters are on duty all night!

Transportation: (916) 827-7643

Kitchen: (916) 472-6471

Activities Office: (916) 749-3189

Laundry Room Hours

Large Laundry Room on 1st Floor

7:00 a.m. to 10:00 p.m. - 7 Days a Week

Small Laundry Rm: 1st, 2nd & 3rd Floors

8:00 a.m. to 9:00 p.m. - 7 Days a Week

Nightly Trash Pick-Up Hours

6:00 p.m. to 8:00 p.m.

7 Days a Week

Please have all items in a trash bag

August 2023

The Rose Review

Roseville Commons . 275 Folsom Rd., Roseville, CA 95678 . (916) 786-2751

Like us on Facebook: <https://www.facebook.com/RosevilleCommonsSeniorLiving/>

Celebrating August

Dog Month

Golf Month

Romance Awareness Month

Homemade Pie Day

August 1

Farmers Market Week

August 6–12

Lighthouse Day

August 7

Garage Sale Day

August 12

Senior Citizen's Day

August 21

World Water Week

August 20–24

National Park Service Day

August 25

**Be Kind to
Humankind Week**

August 25–31

Matchmaker Day

August 31

Hello August!

Here we are already in the last month of summer, and I hope you are all enjoying the warm long days and resting up for a fun-filled fall. We have experienced several excessive heat warnings in our area in July and this trend may continue into August. It is important that everyone stays hydrated during the warm weather. Proper hydration can reduce fatigue and improve endurance. Morrison Living has set up a new hydration station in the Foyer by



the coffee bar. In addition, we have a water bottle fill station available for all residents and guests located by the large elevator. The station has a digital display that shows the number of plastic water bottles saved by using the water station. In just a few months, our community has saved over 1,200 plastic bottles and the number continues to grow every day.

This month we have scheduled one of our favorite annual events at Roseville Commons. Our Casino Gala will take place on Friday, August 18th from 12:30 p.m. to 3:30 p.m. This year we will have a Hot August Nights theme with 50's food, décor and fun! You can't lose because we are providing you with casino fun money that you can play with and then turn in for raffles tickets. There will be Las Vegas style games including Blackjack, Craps, Roulette, and Texas Hold'em tables. Residents will experience the fun and excitement of playing in a real casino, but instead of you going to a casino to play, the 'casino' is brought to you!



Lastly, I want to officially welcome our new Activity Director, Ginger McCauley. Please take a minute and introduce yourself to Ginger and welcome her to Roseville Commons. We are excited to have her as part of the community!

Kathy

Culinary Corner

I will typically focus this corner of the newsletter to culinary topics, but since we are just getting to know one another, I'll use this month's article to share a little more about my personal and professional journey, while adding some fun facts along the way.

First, I was born in Coney Island, Brooklyn. While it is famous for many things, it is home to Nathan's Famous, the company that helped introduce the hot dog to America for five cents a frank (frank is short for "frankfurter," after the city of Frankfurt, Germany, where this delectable bun-nestled sausage was born). Coney Island is also home to some of America's earliest sideshows, which brings me to our next fun fact: I am an identical twin, and although we are not conjoined, I did end up married to another identical twin!



Perhaps due to the circus-like nature of my early environment, I ended up interning at a zoo and at the age of 17, found myself preparing food for a menagerie far wilder than anything I'd seen in Brooklyn. I prepared diets and fed almost every animal in the zoo, which probably explains why I remember everyone's furry friends' names first (just ask Ruby, Bentley, Honey, Pleiku, and Chuck-O).



After that kind of upbringing, it's no surprise that I ended up in a fast-paced kitchen environment. Less surprising still is that I found my way to a community like yours, where I can enter the dining room on any given night and hear a story that's far more interesting than mine.

Thank you for inviting me into your home, and always feel free to speak to me directly about any concerns you may have.

Your Chef,
Louis

August Bus Outings

If you would like to go on any of the fun trips planned for August, please sign up in the Burgundy Binder in the Front Lobby. Our new Activity Director, Ginger, will be attending all bus trips listed below, except for the Thunder Valley Trip.

Thursday, August 3rd
Maidu Museum & Historic Site
(Free Admission)
and Lunch at Original Mel's Diner
in Roseville, CA
Departure time: 9:30 a.m.

Friday, August 4th
Folsom Zoo Trip (\$7 Admission)
Folsom Valley Train Ride (\$3)
& Picnic Lunch (Provided by the kitchen)
in Folsom, CA
Departure time: 9:00 a.m.

Friday, August 11th
Fast Track Hobbies Slot Car Racing (\$10)
or Shopping at Pottery World
and Lunch at the Pottery World Cafe
in Rocklin, CA
Departure time: 9:30 a.m.

Friday, August 18th
Thunder Valley Casino
and Lunch
in Lincoln, CA
Departure time: 9:00 a.m.

Friday, August 25th
California Railroad Museum
(\$12 Admission)
and lunch at the Old Spaghetti Factory
Downtown Sacramento
Departure time: 9:30 a.m.



Senior Citizen Day

Did you know that August 21 is Senior Citizens Day? This is a day to honor and show appreciation to our elders. Everyone, at some point, has gone to someone older for advice or learned something from them.

On August 19, 1988, President Ronald Regan declared August 21 as National Senior Citizen Day. Reagan thought it was important to celebrate the achievements of Senior Citizens and thank them for all they do in the community.

It is a day not only to honor the Senior Citizens in our lives, but also to understand the conditions and struggles of older adults, and to support them as they get older.

Senior Citizens are a growing age group in America. The U.S. Census Bureau's national survey showed an increase from 2010 to 2023 in the number of senior citizens. In 2019, 16% of the population consisted of adults over the age of 65. The Census Bureau has predicted by 2034 there will be more adults over the age of 65 than children under the age of 18.

Five presidents have been over age 65 when inaugurated. Our current president, Joe Biden, is the oldest president to be inaugurated at 78 years and 61 days. The second oldest president when inaugurated was Donald Trump at 70 years and 220 days.

Senior Citizen's Day is a day to honor and show appreciation for all the older adults in your life. Whether it be a parent, a family member, or a friend, this is a day to show all Senior Citizens how you love them, support their needs, look to them for advice and cherish their wisdom.

In honor of the day, look for a special treat to be hung on your apartment door.



Marketing Moments

Dear Neighbors,

I've been thinking quite a bit about what makes a neighbor. Of course, it's the people who live next door and the people who live across the way. But it's also the people who we pass in the hallway, sit next to in the restaurant, or chat with on the front porch. It's the person browsing books in our library, grabbing a coffee in the foyer, or winning a game of Pokeno in the Rose Room. It's the person lounging on the Sunset Terrace, picking up their mail, or visiting with family in the lobby.

What does it mean to be part of this neighborhood? What is our responsibility? My mom used to say to me, "You catch more flies with honey than with vinegar." and, at the time, I always thought that was strange and I didn't much care for flies. But I eventually learned what she meant about sweetness and kindness. Being a good neighbor doesn't require grand gestures, and it doesn't need us to sacrifice everything to make others happy. It only requires a kind word, a thoughtful question, or an offer to help.



In the world both big and small, we are in this together. No matter where you are on your journey, don't forget to love your neighbor. And I promise to love you, too.

Your friend,
Drew

Lincoln’s Penny

In 1909, the United States Mint produced the first coin ever to depict a president: Abraham Lincoln. When the Lincoln penny was launched on August 2, the public immediately took exception to the inclusion of a strange set of initials on the reverse face: V.D.B. Three days later, on August 5, Secretary of the Treasury Franklin MacVeagh suspended production of the coin and ordered the removal of the initials. Only 484,000 of these V.D.B. pennies were struck, of which only 40,000 exist in mint condition today. They remain some of the most sought-after coins by collectors.



In 1905, President Theodore Roosevelt organized a commission to redesign the national currency. He contacted famed sculptor August Saint-Gaudens, requesting that Saint-Gaudens create coinage resembling the beautiful coins of ancient Greece. While Saint-Gaudens designed both the \$20 and \$10 gold coins, the artist succumbed to cancer in 1907, having never lived to see his designs minted. Although Saint-Gaudens died, Roosevelt’s dream of a new currency did not. Next, Roosevelt turned to artist Victor David Brenner—V.D.B.

Brenner was one of America’s preeminent metal workers. Prior to his work on the penny, Brenner created a bas-relief plaque of Lincoln based on a Civil War-era photograph taken by Mathew Brady. Roosevelt was incredibly impressed with the Lincoln bas-relief. Moreover, Roosevelt greatly admired Lincoln, considering him the savior of the Union and the Republicans’ greatest president, even considering himself the heir of Lincoln’s political legacy. No wonder Roosevelt wanted Lincoln’s bust on the penny.

Brenner’s Lincoln bust, which still graces the penny today, remains the longest-running design in U.S. Mint history. Though they were removed in 1909, Brenner’s initials were again added to the penny in 1918, this time below Lincoln’s shoulder. While other collectible pennies are worth more, the V.D.B. penny’s artistic and historical status amongst collectible coins makes it one of the most desirable.

August Birthdays

In astrology, those born from August 1–22 are Leo’s Lions. Leos are creative and charismatic. These natural-born leaders march to the beat of their own drum and aren’t afraid to take initiative. Those born from August 23–31 are Virgins of Virgo. Virgos, associated with the goddess of the earth, are rooted in the material world. They are considered practical, organized, thorough, and detail-oriented.

- P. D. James (writer) – August 3, 1920
- Meghan Markle (royal) – August 4, 1981
- Charlize Theron (actress) – August 7, 1975
- Whitney Houston (singer) – August 9, 1963
- Viola Davis (actress) – August 11, 1965
- Magic Johnson (athlete) – August 14, 1959
- Julia Child (chef) – August 15, 1912
- Orville Wright (aviator) – August 19, 1871
- Kobe Bryant (athlete) – August 23, 1978
- Sean Connery (actor) – August 25, 1930
- Maria Montessori (educator) – August 31, 1870

Resident August Birthdays

- 1st Dale Silverstein
- 4th Wanda Phelps
- 7th Jay Averill
- 8th Helen Outlaw
- 10th Almeta Schneider
- 16th Tony Fiasconaro
- 18th Diana Hutchinson
- 21st Mae Smith
- 21st Gloria Goldberg
- 26th Dennis Dunham



We will be celebrating the July birthdays during our **Birthday Brunch** on **Wednesday, August 30th** at **11:00 a.m.** in the **Dining Room!**

Look What’s Going on in August

Name that Tune: Tuesday, August 1st & 2nd at 11:00 a.m.

Join us for a fun morning of music and singing. Piano Man Dan will be entertaining us on the piano in the Rose Room.



Welcome our New Activity Director: Tuesday, August 2nd at 2:00 p.m.



Come meet our new Activity Director, Ginger McCauley, and enjoy a ice cream sandwich in honor of Ice Cream Sandwich Day!

Horse Races: Monday, August 7th, 21st & 28th at 2:30 p.m. in the Rose Room. The Roseville Commons horses are ready to race, so come place your bets! Six (6) Quarters are needed to play!



Veteran’s In-Home Presentation: Tuesday, August 8th at 1:00 p.m. in the Rose Room. Advanced Wellness will be sharing information on supplemental Veteran’s benefits that are available to seniors.



Canvas Painting Class: Monday, August 14th at 2:00 p.m. in the Rose Room

Claudie will be instructing another canvas painting class. The class is limited to 14 participants. Sign up in the burgundy binder in the front lobby!



Karaoke Hour: Friday, August 25th at 2:30 p.m. in the Rose Room. Jim & Linda will be here for a full hour of Karaoke fun! Snacks & Drinks will be served!

Pokeno & Bingo: Check the activity calendar for dates & times! Scheduled on most Sundays, Wednesdays, & Thursdays.

Pokeno: 18 Nickels & 2 quarters

Binao: 10 Dimes & 2 quarters



August Trivia

Can you answer these August Trivia Questions? Stop by Gingers office to pick up additional August Trivia Questions Form and turn in your answers to Ginger for a prize!

1. What is the birthstone for August?
2. What is the birth flower of August?
3. What sport did Michael Johnson set the world record in August 1996 during the Olympics?
4. Back in history, on August 5, 1962, Nelson Mandela was imprisoned for trying to overthrow which country’s apartheid rule?
5. What or who was the month of August named after?
6. What event took place on August 6, 1945?
7. Which president of the United States signed the Voting Rights Act in August 1965?
8. Which Caribbean Island gained independence from Britain in August 1962?
9. Where did the summer Olympic Games take place in August 2021?
10. Which famous painting was stolen from the Louvre Museum in Paris on August 21st, 1911?



Andrew Schwartz
Apt. #133

Stanley Seeley
Apt. #139

Joan Buchanan
Apt. #207

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>August</div> <div>2023</div>		<div>1</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Name that Tune - RR with Piano Man Dan</div> <div>2:30 Bean Bag Baseball - RR</div> <div>6:00 Yahtzee Hour - LB</div>	<div>2</div> <div>ICE CREAM SANDWICH DAY</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>1:00 POKENO - RR</div> <div>2:00 Welcome our New Activity Director Ginger McCauley & Ice Cream Sandwiches-RR</div> <div>2:30 Afternoon Bingo - RR</div> <div>6:00 Residents Card Night - LBs</div>	<div>3</div> <div>9:30 Outing- Maidu Museum & Lunch at Original Mel'sDiner</div> <div>9:00 Tai Chi DVD ~ RR</div> <div>9:00 Catholic Communion~ CH</div> <div>10:00 Exercise with Ginger - RR</div> <div>12/12:30 Wii Bowling - RR</div> <div>2:30 Happy Hour - RR</div> <div>The Evening Star Band</div> <div>6:00 Bingo with Lori - RR</div>	<div>4</div> <div>INTERNATIONAL BEER DAY</div> <div>9:00 Qi Gong DVD - RR</div> <div>9:00 Outing- Folsom Zoo & Train Ride with Picnic Lunch</div> <div>10:00 Senior Stretching DVD - RR</div> <div>11:00 History- How Beer is Made</div> <div>12:30 Ceramics Class - RR</div> <div>2:30 International Beer Day Sampling & Snacks</div> <div>6:00 Friday Night Movie - RR</div>	<div>5</div> <div>10:00 Senior Stretching - RR DVD Seated Exercise</div> <div>11:00 Seated Yoga DVD - RR</div> <div>1:00 Wii Bowling Session 1- RR</div> <div>1:30 Wii Bowling Session 2- RR</div> <div>2:30 Resident Cornhole - RR</div> <div>6:00 Saturday Night Movie - RR</div>	
	<div>6</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Brain Teasers - RR</div> <div>11:00 Seated Yoga DVD - RR</div> <div>1:00 Matinee Movie - RR with Popcorn</div> <div>6:00 Bingo with Lori - RR</div>	<div>7</div> <div>NATIONAL LIGHTHOUSE DAY</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 History of Lighthouses Documentary on TV- RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:30 Horse Races - RR</div> <div>Come Place your Bets!</div> <div>6:00 Resident's Card - LBer</div>	<div>8</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Seated Massages - CR</div> <div>1:00 Veteran's In-Home Program Presentation by Advanced Wellness- RR</div> <div>1:30 Hearing Aid Checks - LB</div> <div>2:30 Bean Bag Baseball - RR</div> <div>6:00 Yahtzee Hour - LB</div>	<div>9</div> <div>BOOK LOVERS DAY</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Book Club -LB</div> <div>1:00 POKENO - RR</div> <div>2:30 Afternoon Bingo - RR</div> <div>6:00 Residents Card Night - LB</div>	<div>10</div> <div>9:00 Tai Chi DVD ~ RR</div> <div>9:00 Catholic Communion~ CH</div> <div>10:00 Exercise with Ginger - RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:30 Happy Hour - RR with Del & Susan</div> <div>6:00 Bingo with Lori - RR</div>	<div>11</div> <div>9:00 Qi Gong DVD - RR</div> <div>9:30 Bus Outing- Fast Track Slot Car Racing OR Shopping at Pottery World & Lunch at the Cafe</div> <div>10:00 Senior Stretching DVD - RR</div> <div>2:30 Afternoon Bingo with Kathy - RR</div> <div>6:00 Friday Night Movie - RR</div>	<div>12</div> <div>10:00 Senior Stretching - RR DVD Seated Exercise</div> <div>11:00 Seated Yoga DVD - RR</div> <div>1:00 Wii Bowling Session 1- RR</div> <div>1:30 Wii Bowling Session 2- RR</div> <div>2:30 Resident Cornhole - RR</div> <div>6:00 Saturday Night Movie - RR</div>
	<div>13</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Brain Teasers - RR</div> <div>11:00 Seated Yoga DVD - RR</div> <div>1:00 Matinee Movie - RR with Popcorn</div> <div>6:00 Bingo with Lori - RR</div>	<div>14</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Tai Chi DVD - RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:00 Canvas Painting Class with Instructor Claudie - RR</div> <div>6:00 Resident's Card - LB</div>	<div>15</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Golf Putting - RR</div> <div>12:30 Presentation by Joel Segal- Metals, Missles & Me - RR</div> <div>2:30 Bean Bag Baseball - RR</div> <div>6:00 Yahtzee Hour - LB</div>	<div>16</div> <div>NATIONAL ROLLER COASTER DAY</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Documentary on TV History of Roller Coasters - RR</div> <div>1:00 POKENO - RR</div> <div>2:30 Afternoon Bingo - RR</div> <div>6:00 Residents Card Night - LB</div>	<div>17</div> <div>9:00 Tai Chi DVD ~ RR</div> <div>9:00 Catholic Communion~ CH</div> <div>10:00 Exercise with Ginger - RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:30 Happy Hour - RR with Robert Mullan</div> <div>6:00 Bingo with Lori - RR</div>	<div>18</div> <div>9:00 Neighborhood Walk - RR</div> <div>9:00 Bus Outing- Thunder Valley Casino</div> <div>2:00-4:00 p.m. Hot August Nights Casino Event</div> <div>6:00 Friday Night Movie - RR</div>	<div>19</div> <div>10:00 Senior Stretching - RR DVD Seated Exercise</div> <div>11:00 Seated Yoga DVD - RR</div> <div>1:00 Wii Bowling Session 1- RR</div> <div>1:30 Wii Bowling Session 2- RR</div> <div>2:30 Resident Cornhole - RR</div> <div>6:00 Saturday Night Movie - RR</div>
	<div>20</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Brain Teasers - RR</div> <div>11:00 Seated Yoga DVD - RR</div> <div>1:00 Matinee Movie - RR with Popcorn</div> <div>6:00 Bingo with Lori - RR</div>	<div>21</div> <div>SENIOR CITIZEN DAY</div> <div>Look for a treat left at your door!</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Tai Chi DVD - RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:30 Horse Races - RR</div> <div>Come Place your Bets!</div> <div>6:00 Resident's Card - LB</div>	<div>22</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Name that Tune - RR with Piano Man Dan</div> <div>11:00 Seated Massages - CR</div> <div>1:00 Chef's Talk- RR with Louis</div> <div>2:30 Bean Bag Baseball - RR</div> <div>6:00 Yahtzee Hour - LB</div>	<div>23</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Bulls Eye Bucket - RR</div> <div>1:00 POKENO - RR</div> <div>2:30 Afternoon Bingo - RR</div> <div>4:00 Dining Room Table Trivia - DR</div> <div>6:00 Residents Card Night - LB</div>	<div>24</div> <div>9:00 Tai Chi DVD ~ RR</div> <div>9:00 Catholic Communion~ CH</div> <div>10:00 Exercise with Ginger - RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:30 Happy Hour - RR with Mike Ely</div> <div>6:00 Bingo with Lori - RR</div>	<div>25</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Senior Stretching DVD - RR</div> <div>9:30 Bus Outing- California Railroad Museum & Lunch at Old Spaghetti Factory</div> <div>12:30 Ceramics Class</div> <div>2:30 Karoke Hour with Jim and Linda</div> <div>6:00 Friday Night Movie</div>	<div>26</div> <div>10:00 Senior Stretching - RR DVD Seated Exercise</div> <div>11:00 a.m. to 3:00 p.m. Women's Clothing and Jewelry Boutique - RR</div> <div>1:00 Wii Bowling Session 1- RR</div> <div>1:30 Wii Bowling Session 2- RR</div> <div>2:30 Resident Cornhole - RR</div> <div>6:00 Saturday Night Movie - RR</div>
	<div>27</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Brain Teasers - RR</div> <div>11:00 Seated Yoga DVD - RR</div> <div>1:00 Matinee Movie - RR with Popcorn</div> <div>6:00 Bingo with Lori - RR</div>	<div>28</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Tai Chi DVD - RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:30 Horse Races - RR</div> <div>Come Place your Bets!</div> <div>6:00 Resident's Card - LB</div>	<div>29</div> <div>9:00 Tai Chi DVD - RR</div> <div>10:00 Exercise with Ginger - RR</div> <div>11:00 Golf Putting Tournament- RR</div> <div>1:00 Drew's Crew - Card Sharks Game</div> <div>2:30 Bean Bag Baseball - RR</div> <div>6:00 Yahtzee Hour - LB</div>	<div>30</div> <div>9:00 Qi Gong DVD - RR</div> <div>10:00 Senior Stretching DVD - RR</div> <div>11:00 Resident August Birthday Brunch</div> <div>1:00 POKENO - RR</div> <div>2:30 Afternoon Bingo</div> <div>6:00 Residents Card Night - LB</div>	<div>31</div> <div>9:00 Tai Chi DVD ~ RR</div> <div>9:00 Catholic Communion~ CH</div> <div>10:00 Exercise with Ginger - RR</div> <div>12:00 Wii Bowling Session 1- RR</div> <div>12:30 Wii Bowling Session 2- RR</div> <div>2:30 Happy Hour - RR with Gary Blodgett</div> <div>6:00 Bingo with Lori - RR</div>	<div>Roseville Commons</div> <div>Activity Calendar</div>	