

## What's New in August

**St. Therese Garden Tour** walk with gardener George at 9:30 on Tuesday, August 1. Meet in the Lobby.

**The Dust Bowl: An American Experience** program supplements the recent book read by Barb's Book Club on the same topic. Tuesday, August 1 at 11:00 in the Theater.

**Lake Riley Pontoon Ride and Picnic** is on Wednesday, August 2 departing at 9:30. Sign up required in the Bistro. We will picnic lakeside after the pontoon ride.

**The Power of FUN Part 3: Find Your Fun Style** at 1:30 in the Community Room so you can learn what types of activities generate fun for you.

**Christian Church Service with Pastor Mark** on Monday, August 7 in the Chapel at 11:00.

**Plymouth Farmer's Market** on Wednesday, August 9 **and** 30 at 2:15. Sign up in the Bistro.

**Van Nixon** brings his versatile style of music to our Community Room on Thursday, August 10 at 2:00.

**Outdoor Fun and Games** on Tuesday, August 15 at 10:30. Meet in the lobby and bring your team spirit!

**The Power of FUN-Part 4: Put More Fun in Your Life** is in the Community Room on Tuesday, August 15. Learn what are your fun factors, anti-fun factors, and fun magnets to put more fun in your life.

**Men's Outing to a Classic Car Show** on Wednesday, August 16 with bus leaving at 10:00. Please sign up as space is limited. The show will be in a parking lot at the Minnetonka Senior Center

**Chain of Lakes Scenic Drive** Thursday, August 17 at 1:00. Please sign up in the Bistro.

**High Water Band with Fred Gustafson** plays a mix of Jazz/Rock, Folk, Country and Standards from 1960 to the present on Thursday, August 24 starting at 2:00 in the Community Room.

**Todd Hagen on his Accordion** will perform with enthusiasm and humor in the Community Room starting at 2:00 on Thursday, August 31 followed by the Birthday Social.

**Birthday Social for July** in the Club Lounge on Thursday, July 27 at 3:00. Everyone is welcome!

### **NOTES:**

**Resident Council Meeting** is held on the first Wednesday of each month in the community Room

**Beauty Salon**—is Essential Beauty Salon. Please call this number to make an appointment: **651-302-5644**.

\*Remember activities are subject to change especially do to weather. Activities for the day are posted by the mail boxes and by the Kitchen window.

\*Self serve coffee and tea available daily in the Bistro Café.

### Staff:

Dylan Thompson-Executive Director

Gina Ehresmann— Director of Health Services

Dwight Miller – Environmental Services Director

Andrew Hunt - Culinary Director

Susan Krantz— Sales and Outreach Director

Katy Swanson – Activities Director

### Nurses:

Amanda Kohler

Allyson Kihlle

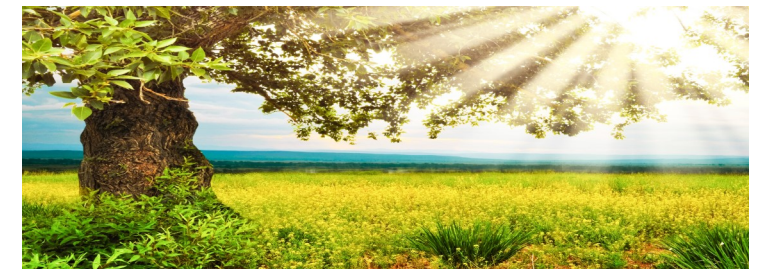
Rachel Banken

Michelle Anderson



Independent and  
Assisted Living

## August 2023



## Happy Birthday!

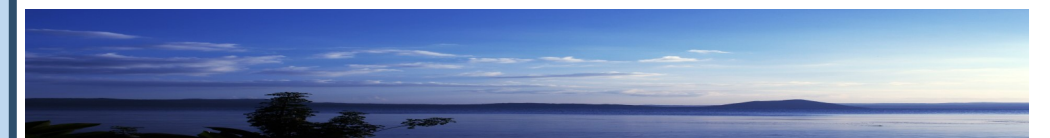
**Tedd  
August 11**

**Harriet  
August 23**

**Jeanne  
August 25**



TRUE FUN is the theme for August as we learn what makes something fun and how to put more of it into life. There will be opportunities for FUN with outings to Lake Riley, Plymouth Farmer's Market, Scenic Drives, Classic Car Show, along with Outdoor Games in the front yard! The music lineup is full of variety and talent starting with the gifted vocal artist of the Twin Cities for nearly 40 years, Van Nixon. Seasoned musician Fred Gustafson along with Mark Bratten formed High Water Band and combine vocals, guitar, keyboard, saxophone, flute and harmonica. Todd Hagen considers himself an entertainer who just happens to play the accordion. He will make sure everyone will have a FUN time!



Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God. Philippians 4:6