



# WET T-SHIRT CONTEST

Thursday, August 10th

2:00 P.M.

In the Courtyard



**Lobster Take Out \$50.00**

**August 18th @ 5:30p.m.**

Take-out includes Lobster, sides, bread, dessert, butter and lemons, shell crackers, a bib and eating instructions., delivered by 5:30 p.m.

**Sign Up at Front Desk  
By Thursday, August 10th.**



Wednesday, August 2nd

Depart @ 1:45 p.m.



**CABARET**



**D I N E R S C L U B**

## Scott Street Deli

11:00 a.m.  
August 30th.

**Sign-Up at Front Desk**



# WESLEY GARDENS RETIREMENT COMMUNITY

*A Community of Methodist Homes of Alabama & Northwest Florida*

**Monthly Calendar & Newsletter**

**August 2023**

## From the Administrator's Desk

For many families, August marks the end of Summer as kids head back to school. It will be back to the grind stone and the 3 R's of "Reading and Writing and Arithmetic." I'm still not sure how they thought each of those words began with the letter "R"??? Anyway, it is a busy time for us as well.



It is going to be a busy month. There is a trip to the Alabama Shakespeare on August 2nd to see CABARET. Mark your Calendars for Thursday, August 10th. At 2:00. It's an event you don't want to miss. The Wet T-Shirt Contest in the Courtyard will be a steamy hot but kind of cool at the same time event. On Friday, August 18 we have the opportunity to participate in the Church of the Ascension Lobster Fest. It is **\$50.00** for a Take-out box and will include Lobster, sides, bread, dessert, butter and lemons, shell crackers, a bib and eating instructions. We will pick it up for you have it delivered by 5:30 p.m.

On Thursday, August 24th we will have the Wesley Gardens Fashion and Follies Event. This will be an entertaining afternoon. We are looking forward to seeing everyone participate. Diners Club is planned for Wednesday, August 30th. and we will be going to Scott Street Deli. Come go with us. You won't be disappointed. And on August 31st, our Big Event for the Month, is our annual **Country Shindig**. Invite your families for a night of Pick'n and Grin'n and some shonuff good country vittles. The cost for guest is \$14.00 per person and reservations must be made by Friday, August 25th.

As always, there are so many special events planned throughout the month. I look forward to seeing you participate. It will be a fun month.

Celebrating Life,  
*Randy Allen*

# Country Shindig

**Tuesday August 31st @ 5:30 p.m.**

⌘ Families Welcome ⌘ Country Cooking ⌘ Entertainment ⌘ Shonuff Fun

**Guest Cost \$14.00 RSVP by Friday, Friday August 25th**

⌘ 272-7917



*"...where life is celebrated... and the touch of God's love is ever-present and ageless."*





# Wesley Gardens











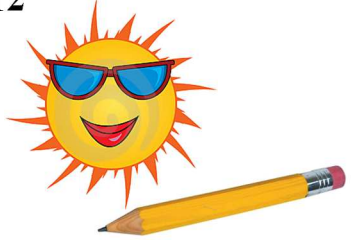
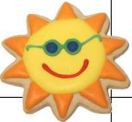





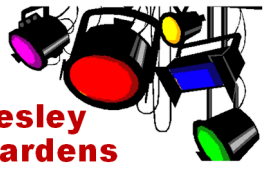







A Part of Methodist Homes of Alabama & Northwest Florida

*We treat you like  
Family™*



# August 2023

## Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Health Check</b> Blood Pressure &amp; Weights First of each Month in Activity Room</p>		<p><b>1</b> 9:30 Armchair Exercise 10:30 Bible Study with Ed Cleveland 2:00 Skip Bo Activity Room</p>	<p><b>2</b> 10:00 Armchair Exercise w/ Mr. Allen <b>1:45 ASF CABARET</b> 2:00 Bingo</p> 	<p><b>3</b> 10:00 Armchair Exercise 2:00 At the Movies</p> 	<p><b>4</b> 9:00 Manicures in the AR 10:15 Shopping <b>1:30 Bus Excursion to DOLLAR TREE</b></p>	<p><b>5</b></p> 
<p><b>6</b> 9:30 Morning Worship Life Enrichment Center 2:00 Li'l Debbie in the Parlor</p> 	<p><b>7</b> 9:00 Banking 10:00 Armchair Exercise 2:00 Bingo Sponsored by <b>Selah Therapeutics</b></p> 	<p><b>8</b> 10:00 Armchair Exercise 2:00 Cookies &amp; Milk In the Parlor</p> 	<p><b>9</b> 10:00 Armchair Exercise 2:00 Monthly Birthday Sponsored by <b>Sage Health</b></p> 	<p><b>10</b> 10:00 Armchair Exercise 2:00 Wet T-Shirt Contest In the Courtyard</p> 	<p><b>11</b> 9:00 Women in the Word W. Kelli Weldon 10:15 Shopping <b>2:00 Friday Bingo</b></p>	<p><b>12</b></p> 
<p><b>13</b> 9:30 Morning Worship Life Enrichment Center 2:00 Lindsey Cope and And Gladys Ventriloquist</p> 	<p><b>14</b> 9:00 Banking 10:00 Armchair Exercise 2:00 Bingo</p>	<p><b>15</b> 9:30 Armchair Exercise 10:30 Bible Study with Ed Cleveland 2:00 Food for Thought Prickly Culinary Choice Cactus</p>	<p><b>16</b> 10:00 Armchair Exercise 2:00 Bingo</p> 	<p><b>17</b> 10:00 Armchair Exercise 2:00 Serve Project Teacher Appreciation</p> 	<p><b>18</b> 9:00 Women in the Word W. Kelli Weldon 10:15 Shopping 1:30 Bus Excursion <b>5:30 Lobster Fest</b></p>	<p><b>19</b> 2:00 Saturday Bingo w/ The Worthington's Activity Room <b>SATURDAY BINGO</b></p> 
<p><b>20</b> 9:30 Morning Worship Life Enrichment Center 2:00 Cranium Crunches <b>Fuel the Brain</b></p> 	<p><b>21</b> 9:00 Banking 10:00 Armchair Exercise 2:00 Bingo</p>	<p><b>22</b> 10:00 Armchair Exercise 2:00 Orange Creamsicle Floats in the Parlor</p> 	<p><b>23</b> 10:00 Armchair Exercise 2:00 Bingo</p>	<p><b>24</b> 10:00 Armchair Exercise 2:00 Wesley Gardens Fashion &amp; Follies</p> 	<p><b>25</b> 9:00 Women in the Word W. Kelli Weldon 10:15 Shopping 1:30 Bus Excursion</p> 	<p><b>26</b></p> 
<p><b>27</b> 9:30 Morning Worship Life Enrichment Center 2:00 Popsicles in The Parlor</p> 	<p><b>28</b> 9:00 Banking 10:00 Armchair Exercise 2:00 Bingo</p>	<p><b>29</b> 10:00 Armchair Exercise 2:00 <b>Penny Auction</b></p> 	<p><b>30</b> 10:00 Armchair Aerobics 11:00 Diners Club <b>Scott Street Deli</b> 2:00 Bingo</p> 	<p><b>31</b> 10:00 Armchair Exercise 5:30:Country Shindig Dinner Event</p> 	<p><b>Diners Club</b> Scott Street Deli August 30th. 11:00 p.m. Sign Up at Front Desk</p> 	<p>Make New Friends But Keep the Old One is Silver, The Other Gold</p> 