



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Transportation: APPT. Day 1</b> 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball billiards 1:00 Sit & Fit 2:00 Bingo 3:15 Poker 6:15 Triominos 7:00 Movie Night	<b>2</b> 9:30 SAIL Fitness 10:00 Red wind Casino 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	<b>3</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 1:00 Sit & Fit 6:15 Mexican Train 6:30 Poker	<b>Coast Guard 231<sup>st</sup> Birthday 4</b> 9:30 SAIL Fitness 11:00 Olympia Oyster House 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie	<b>5</b> 9:15 Support Run 2 Remember 9:30 Exercise with Angela 10:00 McChord BX/Commissary 10:30 Board Games 1:00 30 Minute fitness 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 7:00 Trivia Night w/ Steven D.
<b>6</b> 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:00 Walking 1:00 McChord BX/Commissary 1:00 Angela's 30 Minute fitness 2:00 Bingo 6:15 Triominos 6:30 Poker in the Bar 7:00 Movie Night	<b>7</b> <b>Transportation: APPT. Day</b> 9:30 SAIL Fitness 1:00 Sit & Fit 2:00 Ideas for activities (Come with your Calendars and ideas for outings) 6:15 Mexican Train	<b>8</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball billiard 10:45 New Comer Welcome Coffee 1:00 Sit & Fit 2:00 Bingo 3:15 Poker 6:15 Triominos 7:00 Movie Night	<b>9</b> 9:30 SAIL Fitness 10:00 Walmart 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	<b>10</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 1:00 Sit & Fit 2:00 New Comer Orientation With Managers 6:15 Mexican Train 6:30 Poker	<b>11</b> 9:30 SAIL Fitness 10:15 Bible Study (Summer break) 11:00 Lunch Anthony's Homeport Olympia 1:00 Sit & Fit 2:00 Bingo 3:30 Cabaret Singer/ Wine Social 6:15 Triominos 7:00 Friday Night Movie	<b>12</b> 9:15 Support Run 2 Remember 9:30 Exercise with Angela 10:00 Ft Lewis PX/Commissary 10:30 Board Games 1:00 Angela's 30 Minute fitness 2:00 Bingo 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 7:00 Saturday Movie Night
<b>13</b> 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:15 Crafts 1:00 Ft Lewis PX/Commissary 1:00 Angela's 30 Minute fitness 2:00 Bingo 6:15 Triominos 6:30 Poker 7:00 Movie Night	<b>14</b> <b>Transportation: APPT. Day</b> 9:30 SAIL Fitness 11:00 Brain Fitness 1:00 Sit & Fit 2:00 Bean Bag Toss 6:15 Mexican Train	<b>15</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 10:00 ACU Banking for Residents 10:30 Playing 8-ball billiards 1:00 Sit & Fit 2:00 Bingo 3:15 Poker 6:15 Triominos 7:00 Movie Night	<b>16</b> 9:30 SAIL Fitness 10:00 Fred Meyers 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 2:00 RAPL 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	<b>17</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 1:00 Sit & Fit 1:45 Crafting Social 3:00 You call it poker in the bar 3:00 Mahjong 6:15 Mexican Train 6:30 Poker in the Bar 7:00 History Stories w/Steven D	<b>18</b> 9:30 SAIL Fitness 10:15 Bible Study (Summer break) 11:00 Super Buffet, Lacey 1:00 Sit & Fit 2:00 Bingo 3:15 Story time (on break) 6:15 Triominos 7:00 Friday Night Movie	<b>19</b> 9:15 Support Run 2 Remember 9:30 Exercise with Angela 10:00 McChord BX/Commissary 10:30 Board Games 1:00 Angela's 30 Minute fitness 2:00 Bingo 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 7:00 Saturday Movie Night
<b>20</b> 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:00 Walking 1:00 McChord BX/Commissary 1:00 Angela's 30 Minute fitness 2:00 Bingo 6:15 Triominos 6:30 Poker in the Bar 7:00 Movie Night	<b>21</b> <b>Transportation: APPT. Day</b> 9:30 SAIL Fitness 1:00 Sit & Fit 2:00 Song birds w/ Alan Z 6:15 Mexican Train	<b>22</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 10:00 Book Club – 3 <sup>rd</sup> floor 10:30 Playing 8-ball billiards 1:00 Sit & Fit 2:00 Bingo 3:00 Magician Performer 6:15 Triominos 7:00 Movie Night	<b>23</b> 9:30 SAIL Fitness 10:00 Lakewood Towne Center 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 2:00 TOWN HALL 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	<b>24</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 1:00 Sit & Fit 2:00 Resident Birthday Party/ David Robbecke 6:15 Mexican Train 6:30 Poker	<b>Banana Split Day 25</b> 9:30 SAIL Fitness 10:15 Bible Study (Summer break) 1:00 Sit & Fit 2:00 Bingo 3:00 Ricardos, Lacey 6:15 Triominos 7:00 Friday Night Movie	<b>26</b> 9:15 Support Run 2 Remember 9:30 Exercise with Angela 10:00 Ft Lewis PX/Commissary 10:30 Board Games 1:00 Angela's 30 Minute fitness 2:00 Bingo 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 7:00 Saturday Movie Night
<b>27</b> 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:15 Crafts 1:00 Ft Lewis PX/Commissary 1:00 Angela's 30 Minute fitness 2:00 Bingo 6:15 Triominos 6:30 Poker 7:00 Movie Night	<b>28</b> <b>Transportation: APPT. Day</b> 9:30 SAIL Fitness 11:00 Brain Fitness 1:00 Sit & Fit 2:00 Song Birds w/ Alan Z 6:15 Mexican Train	<b>29</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball billiards 1:00 Sit & Fit 2:00 Bingo 3:15 Poker 6:15 Triominos 7:00 Movie Night	<b>30</b> 9:30 SAIL Fitness 10:00 Walmart 10:30 Catholic Prayer Service 11:00 Mass 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	<b>31</b> <b>Transportation: APPT. Day</b> 9:30 Cardio/Strength Fitness 1:00 Sit & Fit 6:15 Mexican Train 6:30 Poker		

\*Calendar subject to change\*