

REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

Ingleside Communities

Check out our Facebook and tiktok page to see some of the highlighted events we are doing in activities. <u>Bit.ly/fb-ing</u>

Laundry Reminder:

If you purchase clothing for a loved one it is very important that laundry labels the clothing with the resident's name. Please bag the new item up and put a tag on it "to be labeled" with the resident's name. Any questions, please ask a staff member.

Pick up a calendar in the activity room for events!

Activity Highlights

Summer has kept us busy here at Ingleside! We went to Ho-Chunk in Madison, Senior Center for Bingo and we were in the Frolic Parade. The weather keeps us on our toes, if it is nice out we have been going outside to the courtyard for morning exercise. We have a wheelchair accessible swing in the courtyard that is a lot of fun too! CNA Week was celebrated with a ceremony, live music and another day we had a squirt gun/water balloon fight on the front patio with staff. June being Dairy Month we focused on dairy foods for kitchen fun

one of the treats we made was homemade ice cream in a bag!



Claudia, Activity Assistant celebrated 9 years of working at Ingleside, 8 of those years in housekeeping and the last year in activities! We are lucky to have her



407 North 8th Street, Mount Horeb, WI 53572 608-437-5511 Jason Williams, Administrator Like Us On Facebook TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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Resident of the Month: Betty B. I was born in Madison General Hospital on March 15, 1925. My mother was a teenager and found it necessary to

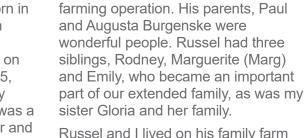
place me up for adoption. At age five, I was adopted by Clarence and Teresa Connelly of Berwyn IL, and later Rockford, IL whom I consider my mom and dad. My mom and dad also adopted my sister Gloria, who was born June 15, 1926, and together we moved to Basco, Wisconsin. You may ask where is Basco? It is a VERY small village between Belleville and Paoli, Wisconsin.

My dad worked for the railroad and mom was a nurturing housewife. I say nurturing because she poured out her love for her family, helping to make our growing up years truly amazing. Gloria and I attended Paoli Elementary School. You may have been in my old elementary school because it is now the Paoli Schoolhouse Bistro. https://www. schoolhousebistro.com.

Gloria and I both graduated from Verona High School. I enjoyed many things about my school years, especially singing. I was a cheerleader for Verona High School, which led to a major transition in the next stage of my life. I met a basketball referee in what you may call "a courtship on the court". His name was Russel Burgenske, who was four years my senior. Following

my graduation, Russel and I were married on June 25, 1943, in the St. James Lutheran Church in Verona. This church has been our spiritual home since that time.

Russel was a farmer, working on his dad's farm near Verona, until he took over management and ownership of the



Russel and I lived on his family farm and raised our family there. Thanks to the guidance of Marg, this "city girl" from Verona learned to be a farmer's wife by helping with chores, managing the farmhouse, cooking (you would love my soups), planting amazing vegetable gardens, and canning. I occasionally milked the cows, fed the chickens and pigs, and helped with planting and harvesting. Before we had tractors, I experienced plowing the fields behind our two horses.

Russel and I raised four children together. Doug was born in 1945, Joan in 1948, Dale in 1949 and Mary in 1957. I believe they would say that the farm was a wonderful place to grow up. We all had chores, but we all enjoyed the adventures and beauty that the countryside offers. Our children had fun and learned so much from this environment. They have all grown to become responsible adults with families of their own. I now have ten grandchildren and seventeen great-grandchildren. I am so proud of them all.

Russel and I also had fun. We loved to dance and play cards (Euchre, of course), we bowled and had dinners with friends. Russel played golf with his friends, including our pastor, postman and his best friend, Billy

Matts. We both loved to fish, vacationing in Minocqua or Chetek, WI many summers, with occasional trips to Canada and Minnesota.

A very special part of my adult life was connecting with about sixteen women, nearly all of us newlyweds when we first met. We called ourselves "The Eight O'clock Callers".

We played cards together each month for nearly 70 years! Only three of us remain and COVID prevented us from our monthly gatherings, but all the members of this group have a special place in my heart.

In the 1950's, Russel and I sold the farm and moved into our home in Verona, where I lived for 58 years. Russel went to work for the Dane County Highway Department. I spent a lot of time volunteering for our St. James Lutheran Church. After we retired, Russel and I spent about a month each winter in Fort Myer's Beach, Florida. We developed a new set of friends there and looked forward to seeing them each year.

We stayed very active in our retirement years. We moved out of our house in Verona into the Willow Point Assisted Living Apartments. We enjoyed this time together until in 2016, my precious husband Russell passed away after two years of illness. This was two weeks short of our 73rd wedding anniversary. He was an honest, giving, and kind man. I miss him dearly.

I had my own physical challenges in my later years. In 2022, I fell twice and fractured both hips. These setbacks, combined with the impact of the COVID pandemic, have slowed me down considerably. Experiencing the Ingleside Communities for my rehab from my falls, convinced me and my family that Ingleside was the best place for me to call home.

At Ingleside, I love to participate in all the activities, especially the musical performances, bingo (they call me Bingo Betty), and social gatherings. In case you did not know, I have always been a very sociable person! My family visits me often and the staff here are so kind and helpful.

What do people say about me? Well, I expect they would say that I am a good person with beautiful white hair! I have always tried to be a kind, loving, and giving person. This was my purpose in this life, and I believe I have accomplished it.



MORE ACTIVITY PHOTO HIGHLIGHTS













Employees of the Month: Marissa & Brittney

Marissa EOM RN – I'm a mother to Jayden (10) and Jamison (6). I have been working at Ingleside for years as a CNA, med tech, LPN and I recently graduated nursing school. I am now an official RN. I love spending time and making memories with my children. I spent most of my childhood and high school doing gymnastics. I always wished I learned how to play the piano. I love doing paint by numbers. I have three cats; Chief, Nala and Mushu. I can't wait to take my children on vacations now that I'm done with school.



SNF, CBRF, RCAC Reminder Contact:

Sweta at 608-470-4005 or spotina@carriagehealthcare. com for any appointment/ transportation needs.

Happy Birthday!

Robert M.	8/1
Lily S.	8/8
Yaye M.	8/9
Tina M.	8/10
Magyk L.	8/10
Jessica O.	8/16
Ernest T.	8/16
Jeremy K.	8/21
Andrea S.	8/22
Nohemi T.	8/23
Karen G.	8/24
Margaret H.	8/26
Mary H.	8/26
Diane R.	8/31

Happy Anniversary!

Terry Bennett	2 years on 8/8	
Josh Boehlke	1 year on 8/17	
Ellie Fish	10 years on 8/7	
Lauren Hartig	1 year on 8/15	
Adam Koelbl	1 year on 8/1	
Donovan Ott	1 year on 8/30	
Lynne Skram	30 years on 8/9	
Brynna Urich	3 years	
(w)	ith WISH) on 8/18	
Claire Veidel	4 years on 8/29	
Makenna Waltz-Dempsey		
	1 year on 8/18	



Brittney EOM LPN – My name is Brittney Layne Lee. I grew up in Blanchardville, WI on a dairy farm and have 3 sisters. I currently live in Mount Horeb and have lived here for the 6 years. I have been in the healthcare field since I graduated high school. Along the way I have had different jobs that include CNA, LPN, dialysis technician, and as a clinical prior authorization coordinator for UWHC. I am currently in school furthering my education as a RN. I am married to my best friend and we

have 4 children. Levi is 16, Lauren 15, Charlie 12, and Tatum is 9. I enjoy watching my children play sports. They are involved in volleyball, softball, gymnastics, baseball, wrestling, football, and even racing dirt bikes. If I am not at work, most likely I will be at some sort of sporting event. A highlight of this year's sports season is that my son Levi (Sophomore) got to participate in the High School State Baseball tournament in June. His team took home the silver trophy, but also came home with so many memories to share. I have worked at Ingleside since March 2023, and am happy to have made this decision in my career.

Seniors: A Wealth of Love, Wisdom, and Experience

Senior Citizen Day, celebrated annually on August 21, is dedicated to honoring and appreciating the contributions of older adults. This day serves as a valuable reminder to acknowledge the wisdom, experience, and love that seniors share with us. It is also a great opportunity for community centers, senior living communities, and families to host intergenerational activities, health fairs, and programs that encourage younger generations to spend time with seniors to learn and share experiences.

he mind that opens to a new idea never returns to its original size.

- Albert Einstein

Learn more about our Core Values on our website.

