

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JULY

9:30 Gospel Music 10:30 Bible Reading 11:00 First Baptist Church 12:00 Lunch 1:30 Patio Gathering 2:30 Adult Therapeutic Coloring 3:30 Movie 5:00 Dinner	2	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Name 5 12:00 Lunch 1:30 Sing-A-Long 2:30 Noodle Ball 3:30 Old Tv Shows 5:00 Dinner	3	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 What is July 4 Facts, History & Trivia 12:00 Lunch 1:30 July 4 Theme Movies 5:00 Dinner <i>Independence Day (US)</i>	4	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Favorite Pastimes Trivia 12:00 Lunch 1:30 Jigsaw Puzzles 2:30 Basketball Hoop 3:30 Movie 5:00 Dinner	5	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Social Relax Time (Jazz Music) 12:00 Lunch 1:30 Words in Words Game 2:30 Disc Slam Game 3:30 Andy Griffin Show 5:00 Dinner	6	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Ring Toss 12:00 Lunch 1:30 Virtual Travel (YouTube) 2:30 Arts & Crafts 3:30 Movie 5:00 Dinner	7	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Who Am I ? Game 12:00 Lunch 1:30 American History Trivia 2:30 Social Relax Time (Music) 3:30 Movie 5:00 Dinner	8	9:30 Daily Chronicles 10:30 Hymn Lines 11:00 First Baptist Church 12:00 Lunch 1:30 Blurt Game 2:30 Parachute Game 3:30 Movie 5:00 Dinner	9	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Price is Right 12:00 Lunch 1:30 Group Discussion Kittens 2:00 Mary Stellar 3:30 Movie 5:00 Dinner	10	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Who Am I ? 12:00 Lunch 1:30 Summer Reminiscing 2:30 Social Time (Malt Shop Music) 3:30 Balloon Swat 4:00 I Love Lucy Tv Show 5:00 Dinner	11	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 This Or That Game 12:00 Lunch 1:30 Weekly Group Book Reading 2:30 Noodle Ball 3:30 Movie 5:00 Dinner	12	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Barbershop Music Appreciation Day 12:00 Lunch 1:30 Jigsaw Puzzles 2:30 Volleyball 3:30 Movie 5:00 Dinner	13	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Up, Up, and Away Trivia 11:00 Color Fun (Linked Senior) 12:00 Lunch 1:30 Family Feud Card Game 2:30 Horoscope Reading 3:30 Movie 5:00 Dinner	14	9:30 Daily Chronicles 10:00 What If ? Game 11:00 Patio Gathering 12:00 Lunch 1:30 Bingo 3:00 Current Events 3:30 Movie 5:00 Dinner	15	9:30 Gospel Music 10:00 Bible Stories 11:00 First Baptist Church 12:00 Lunch 1:30 Ring Toss 2:30 What We Wore Trivia 3:30 Movie 5:00 Dinner	16	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Guess In 10 Game 12:00 Lunch 1:30 Social Relax Time 2:30 Lets Dance 3:00 Snacks & Drinks 4:00 Funniest Kids (YouTube) 5:00 Dinner	17	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 This Day In History 12:00 Lunch 1:30 Therapeutic Adult Coloring 2:30 Eye Spy Card Game 3:30 Movie 5:00 Dinner	18	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Lets Make Music 12:00 Lunch 1:30 Ring Toss 2:30 Weekly Group Book Reading 3:30 Movie 5:00 Dinner	19	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Operation Game 12:00 Lunch 1:30 Pong Ball Game 2:00 Arts & Crafts 3:30 Movie 5:00 Dinner	20	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Group Discussion National Junk Food Day 12:00 Lunch 1:30 Spin & Solved (Linked Senior) 2:30 Persian Poetry 3:30 Movie 5:00 Dinner	21	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Remember When (Linked Senior) 12:00 Lunch 1:30 Disc Slam Game 2:30 Social Time (Latin Music) 3:30 Classic Tv Show 5:00 Dinner	22	9:30 Gospel Music 10:30 Bible Reading 11:00 First Baptist Church 12:00 Lunch 1:30 Current Events 2:00 Basketball Hoop 3:30 Movie 5:00 Dinner	23	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Virtual Look Collector Cars 12:00 Lunch 1:30 Bean Bag Toss 2:30 Spin & Solve (Linked Senior) 3:30 Movie 5:00 Dinner	24	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Famous Faces 12:00 Lunch 1:30 Sleeping Beauty Fairytale History, Origin, Trivia & Facts 3:30 Movie (Maleficent Live Action) 5:00 Dinner	25	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Riddle Jumble 12:00 Lunch 1:30 Social Time(Cuban Music) YouTube 2:30 Weekly Group Book Reading 3:30 Movie 5:00 Dinner	26	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Toss Up Game 12:00 Lunch 1:30 History of Cowboys & The Wild West 2:30 Cowboy Trivia 3:30 Western Movie 5:00 Dinner	27	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Virtual Trivia (Linked Senior) 12:00 Lunch 1:30 Love Quotes 2:30 This Day in History 3:30 Movie 5:00 Dinner	28	9:30 Daily Chronicles 10:00 Nail Polish Day 12:00 Lunch 1:30 Pong Ball Toss Game 2:30 Ancient History Trivia 3:30 Movie 5:00 Dinner	29	9:30 Gospel Music 10:30 Bible Stories 11:00 First Baptist Church 12:00 Lunch 1:30 Hymn Lines 2:00 Guess in 10 Game 3:30 Funniest Animals (YouTube) RELAXATION TIME 5:00 Dinner	30	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Irish Sayings 12:00 Lunch 1:30 Concentration 2:30 Horseshoe Game 3:30 Movie 5:00 Dinner	31		
---	---	--	---	---	---	--	---	--	---	---	---	--	---	---	---	---	----	--	----	--	----	--	----	---	----	---	----	--	----	--	----	---	----	--	----	--	----	---	----	---	----	---	----	---	----	--	----	--	----	--	----	---	----	---	----	--	----	---	----	--	--

2023

The Crossroads at Bon Air, 9100 Bon Air Crossings Drive, Richmond, VA 23235 (804) 560-1440

All Activities Are Subject To Change & Residents Will Be Notified. Activities Meet Residents Physical, Mental/Cognitive, Emotional, Psychosocial, & Spiritual Needs.