

Remembering “Papa”

For better or for worse, whether you revere him as an exemplar of American fiction or criticize him for being a man’s man, Ernest Hemingway has forever etched himself into the American literary canon. If the debate over Hemingway’s literary worthiness leaves you tired and bored, you can escape to a place where “Papa”—as he was so lovingly known near the end of his life—is remembered more like an old friend than a literary giant: Key West, Florida.

From July 20–23, in honor of the writer’s birthday on July 21, Sloppy Joe’s Bar on Duval Street in Key West holds its annual Hemingway Look-Alike Contest. Key West held a special allure for Hemingway. Its world-class deep-sea fishing provided an outlet for Hemingway’s masculine bravado. He loved nothing more than to fish in the mornings, write in the afternoons, and head over to Sloppy Joe’s in the evenings.

The original Sloppy Joe’s was not located in Key West but in Havana, Cuba, another one of Hemingway’s favorite places (especially during the Prohibition era). Havana bar owner Jose “Joe” Garcia was known to leave the floor of his bar “sloppy” with melted ice from seafood and cold drinks. Hemingway and other patrons teasingly referred to his bar as Sloppy Joe’s. Hemingway often visited the Havana haunt with his friend, bartender Joe Russell. Once Prohibition was lifted in America, Russell opened his own bar in Key West, a bar that would eventually “borrow” the name Sloppy Joe’s and become Hemingway’s favorite watering hole.

So, what better place to remember Hemingway than at his favorite watering hole in his favorite locale? Each year, the Hemingway Look-Alike Society gathers dozens of its best Hemingways to vie for the honor of becoming that year’s beloved “Papa.” And lucky for these Hemingways, they don’t have to box each other or run with the bulls in Pamplona, two of Papa’s favorite pastimes.

Important Telephone Numbers

Office Hours  
Monday-Friday 8:30am-5:30pm  
Saturday & Sunday 9:00am-5:00pm  
Office 916-929-3966 Fax 916-929-3627  
Tonya/Activities Office 916-929-6003  
Van/Transportation Cell 916-468-3091  
**After Hours Cell 916-468-3092**  
Dining Room 916-921-5998  
Police Non-Emergency 916-264-5471  
**Adult Protective Services 916-874-9377**  
Emergency & Fire 911  
Comcast Cable 1-800-266-2278  
AT&T 1-800-310-2355  
Paratransit 916-429-2744  
Yellow Cab 916-444-2222  
Beauty Salon Jane Ma 916-223-9658  
Wednesday-Friday  
Clean Touch Dry Cleaning 916-366-6666  
Pick-up & drop-off Monday & Thursday

Unlucky July



According to folklore, it is unlucky to wed in July. This nuptial inauspiciousness comes from several old rhymes and sayings. One goes: “Marry when June roses blow; Over land and sea you’ll go. Those who in July do wed must labour for their daily bread.” An American saying from the 1930s says that July weddings lead to marriages that “are apt to be crisscrossed with sun and shadow.” One saying even pinpoints weddings held on July 4, warning couples that they “will live a life that is largely homeless.” Over the centuries, it seems that people have looked for any reason to predict the fate of a marriage. And the superstition about lucky months doesn’t stop at marriage, either. Ancient Romans advised against being born in May. In 15<sup>th</sup>-century Europe, Christians thought January was unlucky. Of course, these superstitions are largely baseless.

Campus Commons

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With Team Campus

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Kitchen: 916-921-5998  
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Deanna’s Download

We are updating the “The Way We Were” Board, and it looks great! Natalya and Tonya have done a fantastic job, but we need more photos. If you are not on the board, we would love an old school picture of you. Don’t worry, we make copies that we can resize to fit, so you can keep your original.

Chef Kelly has a very nice barbecue brunch planned for you on the fourth of July. If you wish to bring guests, please sign up in the dining room. The guest charge is \$20.00 per guest. Also, make sure you turn in your choice for the box dinner that night.

July is starting off very hot. Please remember to stay safe and hydrated. So many people get into trouble during the summer months, just from not drinking enough fluids.

Thank you to everyone that came to our Taco Tuesday Open House. The tacos, nachos, ceviche, bunuelos, and margaritas were delicious. We truly appreciate residents that approach newcomers and introduce themselves. This really makes a difference and shows what a friendly community we have here at Campus Commons Senior Living.

Lastly, we need to find a volunteer that would like to manage the library. If you are interested, please let the office know. Pat Edmonds would like to retire from this position. She has done an amazing job in the library for over 7 years. Thank you, Pat, for the years of dedication.



Bookworm Meeting

The topic for June 2023 was **The Age of the Strongman**, by Gideon Rachman. This is a detailed account of the global rise of 11 authoritarian leaders during the past 20 years, some of whom have emerged in functioning liberal democracies. The author outlines the tactics used by these men, who claim to be standing up for ordinary people against global “elites”. Strongman leaders tend to look for enemies abroad if things get difficult at home, and strong nationalism impedes international cooperation. That became very evident during the Covid crisis and does not bode well as the reality of climate change becomes more evident. The group discussed what preventive measures a functioning democracy could take at home, and what if anything they could do to slow the growth of strongman leaders abroad.

To compensate for meetings lost during the Covid years, members decided to meet in December this year. They made several recommendations for books during the coming months, and voted for the following:  
August – **Dead Wake** by Erik Larson  
September –**Nefertiti** by Michelle Moran  
October – **Girl of My Dreams** by Donna DeLeon  
November – **Looking for the Hidden Folk** by Nancy Marie Brown  
December – **Before We Were Yours** by Lisa Wingate  
January – **The Teachers** by Alexandra Robbins.

The book for July is **Churchill’s Secret Messenger**, by Alan Hlad, the story of a secret British organization that conducts espionage in Nazi-occupied Europe. Readers follow a young English woman who has taken on a perilous assignment in the heart of Paris. The reviewers promise drama, romance, and suspense. The meeting will be on July 19 at 7pm in the CC Library. Interested residents are invited to attend.



July Birthdays

In astrology, those born July 1–22 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds with friends and comfortable homes that are warm and welcoming. Those born from July 23–31 are Leo’s Lions. Leos are creative and charismatic. These natural-born leaders march to the beat of their own drum and aren’t afraid to take initiative.

- Bob Chadwick- July 2<sup>nd</sup>
- Nancy McCauley- July 5<sup>th</sup>
- Bob Kimble- July 7<sup>th</sup>
- Daphne Towns- July 11<sup>th</sup>
- Mary Johnson- July 12<sup>th</sup>
- Linda Reitzenstein- July 12<sup>th</sup>
- Doris Hyman- July 17<sup>th</sup>
- Lorraine Reali- July 19<sup>th</sup>
- Ginny Johnson- July 30<sup>th</sup>
- Jean Drotts- July 30<sup>th</sup>

July Anniversaries

- Nancy Millin- 8 years
- Betty Cable- 5 years
- Al Barber- 5 years
- Daphne Wood- 4 years

July Move-Ins

- Sharon M. #344
- Brigitta V. #102



Tonya’s Activity Corner

July is the seventh month of the year and only five more months until this year comes to an end! When you think about July, what best describes this month for you? I think July is very hot, but it’s also enjoyable to go swimming, or have a barbecue and eat some delicious food. I think of fireworks and how beautiful they sparkle in the sky. And I saved the best for last... I respect all those who served, sacrificed, and fought for our freedom. Oh! How much we honor all of them!

Below are some special dates to remember! Please remember to check your calendars for time and location.

- 3<sup>rd</sup> - Campus Commons Riverview Choir will be singing patriotic songs that will soothe your soul and bring joy to your heart.
- 13<sup>th</sup> - Guest speaker, Arnold Kunst, will discuss Abraham Lincoln delivering the Gettysburg Address. This presentation will remind you of your past when you were learning in school.
- 14<sup>th</sup> - Chair Massage. Therapist Kevin McLauchlan will have a demonstration and brief discussion on chair massages. You will hear why it is very important to your entire body. He will have two raffles for residents who attend his presentation. The two winners will receive a same day appointment for a chair massage. After the presentation, Kevin will start the chair massage in our Beauty Shop. Please sign up and remember that he comes every 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month.
- 24<sup>th</sup> - Podiatrist Dr. Hague will be here to care for your feet. The sign-up sheet will be on the credenza by the Activities Center.
- 27<sup>th</sup> - Mark Eddy, owner of Campus Commons Physical Therapy, is back with us to give a presentation on the lower back and sciatica. Learn the benefits of Physical Therapy and how you can help fight the aging process.

Don’t forget to use your Mother’s and Father’s Day meal tickets for a free brunch or dinner. There have only been a few redeemed so far. These are good for six months from the date you received them.

**Update:** I am so excited to announce that our fun-filled Wednesday outings are now open to all family members, friends, and caregivers to attend. The only restriction is if the sign-up sheet is filled with our residents, they have priority over the bus seats.

Have fun and enjoy yourself at one of July Happy Hours featuring the following entertainment:

- 7<sup>th</sup>: Sacramento Banjo Band
  - 14<sup>th</sup>: Lori Sacco
  - 21<sup>st</sup>: Alincia Vela
  - 28<sup>th</sup>: Todd Morgan
- Have fun in the sun this July!

Marketing Minutes

Happy 4<sup>th</sup> of July Everyone!!!

If you know someone who is thinking about moving to a community like ours, please invite them to one of our happy hours. Let them see how much fun we have! Remember, friends make the best neighbors!



**GOOD FRIENDS MAKE THE BEST NEIGHBORS**

**AS A RESIDENT, REFER A FRIEND AND RECEIVE A \$1,000 RESIDENT REFERRAL FEE!\***

\*REFERRAL FEE PAID 60 DAYS AFTER MOVE-IN

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