

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# July 2023

## Arbors at Ridges Events Calendar

<p><b>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</b> <b>2</b></p> <p>1:00 Afternoon Movie Matinee: <b>Men Of Honor</b> - TH</p> <p><b>Word Games</b> are available at the front desk; please help yourself)</p>	<p>9:30 <i>Stretch</i> Exercise DVD - Ch 71 <b>3</b></p> <p><b>10:00 Patriotic Parade with Ebenezer Childcare Kids</b> - CR (No MacPhail Music today)</p> <p><b>*11:00 Outdoor Lunch Outing: Copper Pint (Shakopee)</b></p> <p>2:00 Happy Hour - CR 3:00 Wii Bowling - TH <b>6:00 Roy Clarkes: Keeping Up Appearances</b> - Ch 71</p>	 <p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71 <b>4</b></p> <p><b>1:00 Dime Bingo</b> - CR</p> <p>2:15 Patriotic Treats - CR <b>3:30 Lawrence Welk: God Bless America</b> - TH Independence Day (US)</p>	<p><b>9:30 Ebenezer Ridges Memorial Service</b> - CR <b>5</b></p> <p>10:30 Pet Visits with Ron &amp; Izzy</p> <p><b>*10:30 Shopping Outing: Aldi (Burnsville)</b></p> <p>1:00 Friendship Visits - All Floors <b>2:00 Featured Drink Social: Patriotic Cocktail</b> - CR <b>3:00 Arbor Lites Choir</b> - CR 6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71 <b>6</b></p> <p><b>10:45 Resident Council</b> - CR <b>1:00 Bible Study with Andrea</b> - CH</p> <p>1:00 Pet Visits with Carole &amp; Scruffy <b>2:30 Monthly Birthday Party</b> - CR 3:15 BURST Theme Bingo - CR <b>6:00 Evening Cocktail Hour</b> - CR</p>	<p>9:30 <i>Strength</i> Exercise Class with Andrea - CR <b>7</b></p> <p><b>*10:30 Healing Hands</b> (Hand Massage by Appt.– sign up in lobby)</p> <p>1:00 Friendship Visits - All Floors <b>2:00 Ice Cream Treats</b> - CR 3:00 Relaxation Music with Nature Scenes - Ch 71 <b>6:00 Dick Van Dyke Show</b> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71 <b>8</b></p> <p><b>9:45 Morning Coffee Chats</b> - CR (Featuring flavored coffees and morning treats)</p> <p><b>10:30 Dime Bingo</b> - CR</p> <p>1:00 Hand &amp; Foot Card Game - CR Canada Day</p>
<p><b>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</b> <b>9</b></p> <p>1:00 Afternoon Movie Matinee: <b>Waiting For Butterflies</b> - TH</p> <p><b>Word Games</b> are available at the front desk; please help yourself)</p>	<p>9:30 <i>Balance</i> Exercise Class - CR <b>10</b></p> <p>10:15 Buggy Visits with Ebenezer Infant Friends - All Floors</p> <p><b>10:45 Patriotic Bingo with Ebenezer Preschool Friends</b> - CR</p> <p>1:00 <i>Unwrapping Music</i> with MacPhail Center for Music - CR <b>2:15 Nat. Pina Colada Day Social</b>-CR 3:00 Trivia / Word Games - CR <b>6:00 Roy Clarkes: Keeping Up Appearances</b> - Ch 71</p>	<p>9:30 <i>Core Strength</i> Exercise Class - CR <b>11</b></p> <p><b>*10:30 Shopping Outing: Target (Burnsville)</b></p> <p>1:00 Dime Bingo - CR <b>2:00 National Blueberry Muffin Day Social</b> - CR</p> <p>3:00 Friendship Visits - All Floors <b>6:00 Movie Night: One Day</b> - TH</p>	<p><b>9:30 Holy Communion Worship Service</b> - CR <b>12</b></p> <p>10:30 Pet Visits with Ron &amp; Izzy <b>10:45 Art with Heart</b> with Teaching Artists Debbie &amp; Sue - WR</p> <p>1:00 Community Resident Ambassador Meeting - CH <b>2:00 Featured Drink Social: Liberty Cocktail</b> - CR <b>3:00 Divine Mercy Chaplet / Catholic Communion / Rosary</b> - CH 6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 <i>Core Strength</i> Exercise - CR <b>13</b></p> <p><b>*10:00 Manicures &amp; Mimosas with Bobby Jo &amp; Chantel</b> - 2nd Floor</p> <p><b>*11:45 Outing to Old Log Theater (Excelsior): Million Dollar Quartet</b></p> <p>1:00 Pet Visits with Carole &amp; Scruffy <b>1:00 Bible Study with Andrea</b> - CH 2:00 Chef Special Social - CR <b>3:30 Guitar and Vocal Music with Vinnie Rose</b> - CR 6:00 Evening Cocktail Hour - CR</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR <b>14</b></p> <p><b>10:00 Carlson's Lovable Llamas</b> - CR</p> <p><b>*11:00 Picnic &amp; Trishaw Bike Rides: Cobblestone Lake Park (Apple Valley)</b></p> <p><b>2:00 Ice Cream Treats</b> - CR 3:00 Relaxation Music - Ch 71 <b>6:00 Dick Van Dyke Show</b> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71 <b>15</b></p> <p><b>9:45 Morning Coffee Chats</b> - CR (Featuring flavored coffees and morning treats)</p> <p><b>10:30 Dime Bingo</b> - CR</p> <p>1:00 Hand &amp; Foot Card Game - CR</p>
<p><b>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</b> <b>16</b></p> <p>1:00 Afternoon Movie Matinee: <b>Dear John</b> - TH</p> <p><b>Word Games</b> are available at the front desk; please help yourself)</p>	<p>9:30 <i>Balance</i> Exercise Class - CR <b>17</b></p> <p>10:15 Buggy Visits with Ebenezer Infant Friends - All Floors</p> <p><b>10:45 Devotions with Chaplain D.J. &amp; Ebenezer Preschool Friends</b> - CR</p> <p><b>1:00 Unwrapping Music</b> with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR 3:00 Wii Bowling - TH <b>6:00 Roy Clarkes: Keeping Up Appearances</b> - Ch 71</p>	<p>9:30 <i>Core Strength</i> Exercise Class - CR <b>18</b></p> <p><b>*10:00 Catholic Rosary/Mass</b> -ECH</p> <p>1:00 Dime Bingo - CR <b>2:30 Yard Games &amp; Refreshments</b> - Front Parking Lot</p> <p><b>6:00 Movie Night: The Blindside</b> - TH</p>	<p><b>9:30 Worship Service</b> - CR <b>19</b></p> <p>10:30 Pet Visits with Ron &amp; Izzy</p> <p><b>*10:30 Shopping Outing: Cub Foods (Burnsville)</b></p> <p><b>*1:00 Healing Hands</b> (Hand Massage by Appt.– sign up in lobby)</p> <p><b>2:00 Featured Drink Social: National Daiquiri Day</b> - CR 3:00 Outdoor Strolls with Andrea 6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 <i>Core Strength</i> Exercise - CR <b>20</b></p> <p><b>10:45 Caregiver Spotlight: Ashley D. (Resident Asst.)</b> - CR</p> <p><b>*12:00 Brick Oven Pizza Food Truck</b> - Arbor Lane Parking Lot</p> <p><b>1:00 Worship Music with Prince of Peace Church Youth Group</b> - Front Parking Lot</p> <p>2:00 Chef Special Social - CR <b>3:15 FLAG Theme Bingo</b> - CR <b>6:00 50's &amp; 60's Music with Bobby &amp; Christine</b> - CR</p>	<p>9:30 <i>Stretch</i> Exercise DVD - Ch 71 <b>21</b></p> <p><b>*9:45 Let's Go Fishing Outing: Lake Riley (Eden Prairie)</b></p> <p><b>10:45 Arbor Belles Ladies Group Gathering</b> - CR</p> <p>1:00 Friendship Visits - All Floors <b>2:00 Ice Cream Treats</b> - CR 3:00 Relaxation Music with Nature Scenes - Ch 71 <b>6:00 Dick Van Dyke Show</b> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71 <b>22</b></p> <p><b>9:45 Morning Coffee Chats</b> - CR (Featuring flavored coffees and morning treats)</p> <p><b>10:30 Dime Bingo</b> - CR</p> <p>1:00 Hand &amp; Foot Card Game - CR</p>
<p><b>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</b> <b>23</b></p> <p>1:00 Afternoon Movie Matinee: <b>Blue Hawaii</b> - TH</p> <p><b>Word Games</b> are available at the front desk; please help yourself)</p>	<p>9:30 <i>Balance</i> Exercise Class - CR <b>24</b></p> <p>10:15 Buggy Visits - All Floors</p> <p><b>*11:30 Lunch with Ebenezer Preschool Friends</b> - CR</p> <p><b>1:00 Unwrapping Music</b> with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR <b>2:30 - 3:30 Monthly Dakota County Library Outreach Service</b> - TH <b>6:00 Roy Clarkes: Keeping Up Appearances</b> - Ch 71</p>	<p>9:30 <i>Core Strength</i> Exercise - CR <b>25</b></p> <p><b>*10:45 Ebenezer Campus Birthday Social</b> - Arbor Lane</p> <p><b>*12:00 Wingman Matt Food Truck</b> - Arbor Lane Parking Lot</p> <p>1:00 Dime Bingo - CR <b>2:00 National Wine &amp; Cheese Day Social</b> - CR <b>3:00 Neighborhood Trishaw Bike Rides</b> - Front Parking Lot 6:00 Evening Campfire &amp; S'Mores - Front Parking Lot</p>	<p><b>9:30 Worship Service</b> - CR <b>26</b></p> <p>10:30 Pet Visits with Ron &amp; Izzy</p> <p><b>*12:00 Baseball Game Outing: St. Paul Saints vs. Toledo Mud Hens (CHS Field - St. Paul)</b></p> <p><b>2:00 Featured Drink Social: Aperol Summer Spritz Cocktail</b> - CR <b>3:00 Divine Mercy Chaplet / Catholic Communion / Rosary</b> - CH 6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 <i>Core Strength</i> Exercise - CR <b>27</b></p> <p><b>*10:00 Manicures &amp; Mimosas with Bobby Jo &amp; Chantel</b> - 2nd Floor</p> <p>1:00 Pet Visits with Carole &amp; Scruffy <b>1:00 Bible Study with Andrea</b> - CH 2:00 Chef Special Social - CR <b>2:30 Music with Lois</b> - CR 3:15 SUMMERTIME Theme Bingo - CR <b>6:00 Music with Dragonfly</b> - Front Parking Lot</p>	<p>9:30 <i>Strength</i> Exercise Class - CR <b>28</b></p> <p><b>*10:30 Healing Hands</b> (Hand Massage by Appt.– sign up in lobby)</p> <p><b>10:45 Men's Group Gathering</b> -CR</p> <p><b>*1:00 Mississippi Riverboat Cruise (Bohemian Flats Park)</b></p> <p><b>2:00 Ice Cream Treats</b> - CR 3:00 Relaxation Music with Nature Scenes - Ch 71 <b>6:00 Dick Van Dyke Show</b> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71 <b>29</b></p> <p><b>9:45 Morning Coffee Chats</b> - CR (Featuring flavored coffees and morning treats)</p> <p><b>10:30 Dime Bingo</b> - CR</p> <p>1:00 Hand &amp; Foot Card Game - CR</p>
<p><b>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</b> <b>30</b></p> <p>1:00 Afternoon Movie Matinee: <b>Man On Wire</b> - TH</p> <p><b>Word Games</b> are available at the front desk; please help yourself)</p>	<p>9:30 <i>Balance</i> Exercise Class - CR <b>31</b></p> <p>10:15 Buggy Visits with Ebenezer Infant Friends - All Floors</p> <p><b>10:45 Devotions with Chaplain D.J. &amp; Ebenezer Preschool Friends</b> - CR</p> <p><b>1:00 Unwrapping Music</b> with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR 3:00 Trivia / Word Games - CR <b>6:00 Roy Clarkes: Keeping Up Appearances</b> - Ch 71</p>	<p><b>**REMINDER** Events marked with an asterisk (*) have limited space and require sign-up. Please sign up for these events / outings in the Activity Binder in the lobby.</b></p> <p><b>LOCATION KEY:</b> <b>Ch 71</b> = Arbors TV Channel 71; <b>CH</b> = Arbors Chapel (1<sup>st</sup> floor); <b>CR</b> = Community Room (1<sup>st</sup> floor); <b>DR</b> = Dining Room (1<sup>st</sup> floor); <b>ECH</b> = Ebenezer Care Center Chapel; <b>PDR</b> = Private Dining Room (1<sup>st</sup> floor); <b>SL</b> = Stoneridge Lounge (1<sup>st</sup> floor); <b>TH</b> = Theater Room (1<sup>st</sup> floor); <b>WR</b> = Wellness Room (1<sup>st</sup> floor)</p>				