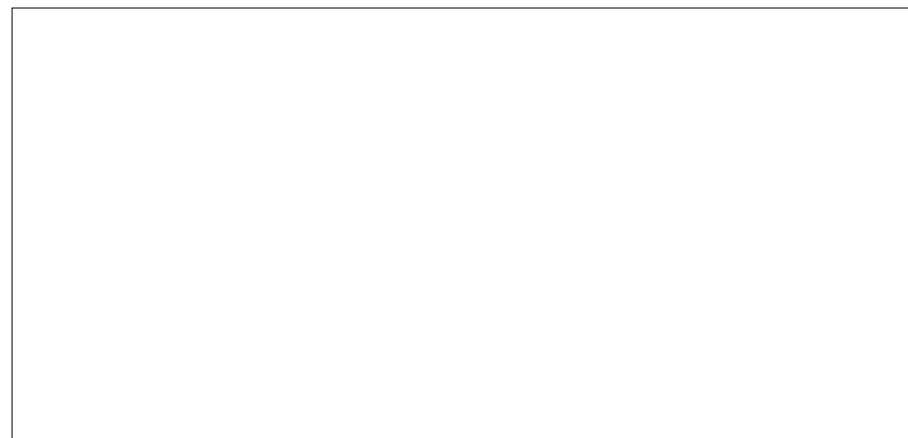




1655 NE 18th St.
Gresham, OR 97030

Stamp



Farmington Square Leadership Team
Phone: 503.665.1994
Email: info-Gresham@farmingtonsquare.com
Website: farmingtonsquare-gresham.com
Facebook: FarmingtonSquareGresham

Executive Director:
Malina Souliyalaovong
Wellness Nurses:
Erika Pullen & Jessica Saray
Wellness Directors: Kalina Bounphisay,
Tammy Taylor, Jacquelyn Stahley
Business Office Director:
Monica Bounphisay
Dining Service Director:
Devonna Ivery
Life Enrichment Director:
Diana Mata
Maintenance Director:
Aaron Deleeuw



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Farmington Square News

July 2023 Newsletter



2 All About UV Safety
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights
7 Special Moments & Birthdays
8 Mission & Team

All About UV Safety: Summer Skin Protection Tips

Follow your doctor's instructions and consult with them before changing your diet, exercise routine, or supplements.

It's a delight for many when colder weather gives way to warm and hot sunny days that allow for fun outdoor activities. It's also a great time to refresh knowledge about sun safety. This UV Safety Month, tune in to learn some safety tips for greeting golden rays.

If you're one who loves to head out into the sunshine, you're likely drawn to its benefits, from stress reduction and the opportunity for physical activity to the Vitamin D boost it brings. That being said, it's smart to know about its risks. A little UV-ray knowledge can go a long way toward protecting you outside.

UV Rays are invisible and are part of energy from the sun (as well as from sun lamps and tanning beds). UV rays that reach the Earth include UVA and UVB. UVA rays have the lowest energy of UV rays, but can cause aging in skin cells and indirect damage to cell DNA. They can damage the skin, cause wrinkles, and may have a role in some skin cancers. UVB rays bring more energy, can damage skin cells directly, and bring sunburn. They are the cause of most skin cancers. (American Cancer Society).

Avoiding the harmful effects of the sun's rays, while enjoying the sun's benefits can be as easy as setting up some routine sun rules. Before you head outside, consider these tips from the American Academy of Dermatology:

- Know that even when it doesn't seem like the sun could affect you, it can. The sun's UV rays can reach you on cloudy or cool



days, and they can reflect off of water, snow, sand, and cement.

- Apply a generous amount of broad-spectrum and water-resistant sunscreen with an SPF of at least 30 to all exposed skin 30 minutes before going out. Make sure to re-apply it every two hours and after sweating or going in water. Don't forget to cover your lips, ears, back of neck and tops of feet and hands. Wearing an SPF 15 lip balm is also a good idea.
- Dress in protective clothing, such as a long-sleeved shirt and pants in tightly-woven fabric, along with a wide brimmed hat and sunglasses.
- Know when to seek shade. The sun's rays are strongest between 10 am and 4 pm.
- Be aware that some medications can make us more sensitive to the sun. Read labels carefully in case of sun restrictions.
- Check out your local UV Index online for the level of UV exposure currently in your area. The lower the number, the safer it is.

We hope you feel confident to embrace summer fun under the sun. Let us know your outdoor plans on our Facebook on the 1st.

Special Moments



Happy Birthday to our Residents & Staff:

- Richard: July 8th
- Geneva: July 9th
- Carol: July 11th
- David: July 26th
- Sheryl: July 27th
- Marjorie: July 30th
- Wallace: July 30th
- Tracy: July 7th
- Jessica: July 11th
- Angel: July 12th
- Ben: July 14th
- Anthony: July 16th
- Anaya: July 19th
- Diana: July 27th
- Venisa: July 29th

July 2023 Highlights

Observes: Eye Injury Prevention, Minority Mental Health, Social Wellness, and UV Safety

Celebrates: Blueberries, Baked Beans, Culinary Arts, Grilling, Horseradish, Hot Dogs, Ice Cream, Peaches, Picnics, and Watercolors

- | | |
|--|---|
| 01: Postal Worker Day; Creative Ice Cream Day | 16: Corn Fritters Day; Ice Cream Day |
| 02: Anisette Day; Wildland Firefighter Day | 17: Lottery Day; Peach Ice Cream Day; Emoji Day |
| 03: Chocolate Wafer Day; Fried Clams Day | 18: Caviar Day; Sour Candy Day |
| 04: Barbecued Spareribs Day; Caesar Salad Day | 19: Daiquiri Day; Hot Dog Day |
| 05: Apple Turnover Day; Graham Cracker Day | 20: Fortune Cookie Day; Lollipop Day; Moon Day |
| 06: Fried Chicken Day; Hand Roll Day | 21: Be Someone Day; Junk Food Day |
| 07: Macaroni Day; Strawberry Sundae Day | 22: Mango Day; Penuche Fudge Day; Cowboy Day |
| 08: Chocolate with Almonds Day; Freezer Pop Day | 23: Gorgeous Grandma Day; Parents' Day |
| 09: Dimples Day; Sugar Cookie Day | 24: Amelia Earhart Day; Drive-Thru Day |
| 10: Clerihew Day; Kitten Day; Pina Colada Day | 25: Hot Fudge Sundae Day; Wine & Cheese Day |
| 11: 7-Eleven Day; Blueberry Muffin Day; Mojito Day | 26: Bagelfest Day; Coffee Milkshake Day |
| 12: Eat Jello Day; Pecan Pie Day; Simplicity Day | 27: Intern Day; Crème Brûlée Day; Chili Dog Day |
| 13: Barbershop Music Day; Beans 'N' Franks Day | 28: Milk Chocolate Day; Waterpark Day |
| 14: Mac & Cheese Day; Collector Car Day; Fries Day | 29: Chicken Wing Day; Lasagna Day; Lipstick Day |
| 15: Love Horses Day; Tapioca Pudding Day | 30: Father-in-Law Day; Cheesecake Day |
| | 31: Avocado Day; Raspberry Cake Day; Mutt Day |

RSVP TODAY
FOR AN EXTRA
ENTRY IN
OUR GIFT
BASKET
RAFFLES!

JOIN FARMINGTON SQUARE FOR OUR

SUMMER CARNIVAL

SATURDAY, JULY 22, 2023
11:30 AM to 3 PM

Fair Foods | Games | Prizes
Live Music: Will the One Man Band

RSVP
Let us know you'll join us!
503-665-1994
info-gresham@farmingtonsquare.com

FAIR
FOODS
& BBQ

FREE
ENTRY

GAMES



Staff Spotlight:
Lucia

Meet Lucia! Lucia is one of our amazing and dedicated Caregivers, and she's earned the well-deserved title of Employee of the Month!

In her free time, Lucia enjoys gardening and soaking in quality time with her two daughters.

What Lucia loves most about working at Farmington Square is the opportunity to build special relationships with each and every one of our residents. With 20 years of caregiving experience under her belt, she genuinely adores every minute of her work.

"Residents are my family," she explains.

Thank you for all that you do, Lucia!



Resident Spotlight:
Doris

Meet Doris, one of the newest members of our Farmington Square Gresham family!

Doris was born and raised in Portland, Oregon. Growing up, she loved to play baseball and softball with her family.


Later, in her career, Doris worked as an administrative assistant for an Attorney's office, which had 9 attorneys. Doris has 2 sons and 1 daughter.

In her spare time, Doris enjoys taking a stroll and watching some television.

Welcome, Doris! We are so excited to have you with us.

JULY 2023

Farmington Square Gresham • Astor / Barlow • 1655 NE 18th Ste., Gresham, OR 97030 • 503-665-1994

SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.			Spirit Week 7/17 - Pajama Day 7/18 - Mismatch Day 7/19 - Patriotic Day 7/20 - Superhero Day 7/21 - Blue-Out Day			1 9:30 Laughing Yoga 10:00 Morning Walk 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Games 3:00 Snack & Music 4:00 Story Time 4:30 Healthy Hands 6:00 Evening Movie
2 9:30 Balloon Toss 10:00 IN2L Spotlight on Space 11:00 Game Show of Choice 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Word Games 3:00 Snack & Books 4:00 IN2L Game of Choice 4:30 Healthy Hands 6:00 Evening Movie	3 9:30 Jazzercize 10:00 Women’s Group 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Did You Know? 3:00 Snack & Stories 4:00 Ring Toss 4:30 Healthy Hands 6:00 Evening Movie	4 Independence Day 9:30 Sit & Be Fit 10:00 Morning Walk 11:00 Card Game of Choice 11:30 Healthy Hands 1:00 IN2L Trivia 2:00 Fourth of July Social! 3:00 Snack & Relax 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	5 9:30 Grooving to the Beat 10:00 Scenic Drive 11:00 Water the Flowers 11:30 Healthy Hands 1:00 IN2L Games 2:00 Craft Time 3:00 Snack & Games 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	6 9:30 Healthy Stretches 10:00 Resident’s Choice 11:00 Dice Game of Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	7 9:30 IN2L Exercise 10:00 Big Pin Bowling 11:00 IN2L Travel to Wyoming 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Games 3:00 Snack & Relax 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	8 9:30 Balance & Strengthen 10:00 Arts & Crafts 11:00 Dice Game of Choice 11:30 Healthy Hands 1:00 Story Time 2:00 IN2L Family Feud 3:00 Snack & Stories 4:00 Balloon Toss 4:30 Healthy Hands 6:00 Evening Movie
9 9:30 IN2L Exercise 10:00 Big Pin Bowling 11:00 IN2L Travel to Tennessee 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Games 3:00 Snack & Relax 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	10 9:30 Grooving to the Beat 10:00 Women’s Group 11:00 Water the Flowers 11:30 Healthy Hands 1:00 IN2L Games 2:00 Craft Time 3:00 Snack & Games 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	11 9:30 Healthy Stretches 10:00 Resident’s Choice 11:00 Dice Game of Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	12 9:30 Jazzercize 10:00 Scenic Drive 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Did You Know? 3:00 Snack & Stories 4:00 Ring Toss 4:30 Healthy Hands 6:00 Evening Movie	13 9:30 Sit & Be Fit 10:00 Morning Walk 11:00 Card Game of Choice 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 IN2L All About Marine Life 3:00 Snack & Relax 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	14 9:30 Balloon Toss 10:00 IN2L July Holidays 11:00 Game Show of Choice 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Word Games 3:00 Snack & Books 4:00 IN2L Game of Choice 4:30 Healthy Hands 6:00 Evening Movie	15 9:30 Laughing Yoga 10:00 Morning Walk 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Games 3:00 Snack & Music 4:00 Story Time 4:30 Healthy Hands 6:00 Evening Movie
16 9:30 Balloon Toss 10:00 IN2L Spotlight on France 11:00 Game Show of Choice 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Word Games 3:00 Snack & Books 4:00 IN2L Game of Choice 4:30 Healthy Hands 6:00 Evening Movie	17 9:30 Jazzercize 10:00 Women’s Group 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Did You Know? 3:00 Snack & Stories 4:00 Ring Toss 4:30 Healthy Hands 6:00 Evening Movie	18 9:30 Sit & Be Fit 10:00 Morning Walk 11:00 Card Game of Choice 11:30 Healthy Hands 1:00 IN2L Trivia 2:00 Story Time 3:00 Snack & Relax 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	19 9:30 Grooving to the Beat 10:00 Scenic Drive 11:00 Water the Flowers 11:30 Healthy Hands 1:00 IN2L Games 2:00 Craft Time 3:00 Snack & Games 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	20 9:30 Healthy Stretches 10:00 Resident’s Choice 11:00 Dice Game of Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	21 9:30 IN2L Exercise 10:00 Big Pin Bowling 11:00 IN2L Travel to New York 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Games 3:00 Snack & Relax 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	22 9:30 Balance & Strengthen 10:00 Arts & Crafts 11:00 Dice Game of Choice 11:30 Healthy Hands 1:00 Story Time 2:00 IN2L Family Feud 3:00 Snack & Stories 4:00 Balloon Toss 4:30 Healthy Hands 6:00 Evening Movie
23 9:30 IN2L Exercise 10:00 Big Pin Bowling 11:00 IN2L Travel to Maine 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Games 3:00 Snack & Relax 4:00 Read Aloud 4:30 Healthy Hands 6:00 Evening Movie	24 9:30 Grooving to the Beat 10:00 Women’s Group 11:00 Water the Flowers 11:30 Healthy Hands 1:00 IN2L Games 2:00 Craft Time 3:00 Snack & Games 4:00 Resident’s Choice 4:30 Healthy Hands 6:00 Evening Movie	25 9:30 Healthy Stretches 10:00 Resident’s Choice 11:00 Dice Game of Choice 11:30 Healthy Hands 1:00 Card Game of Choice 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	26 9:30 Jazzercize 10:00 Scenic Drive 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Did You Know? 3:00 Snack & Stories 4:00 Ring Toss 4:30 Healthy Hands 6:00 Evening Movie	27 9:30 Sit & Be Fit 10:00 Morning Walk 11:00 Card Game of Choice 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 IN2L All About Dogs 3:00 Snack & Relax 4:00 Game Show of Choice 4:30 Healthy Hands 6:00 Evening Movie	28 9:30 Balloon Toss 10:00 IN2L Spotlight on Sharks 11:00 Game Show of Choice 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Word Games 3:00 Snack & Books 4:00 IN2L Game of Choice 4:30 Healthy Hands 6:00 Evening Movie	29 9:30 Laughing Yoga 10:00 Morning Walk 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Games 3:00 Snack & Music 4:00 Story Time 4:30 Healthy Hands 6:00 Evening Movie
30 9:30 Balloon Toss 10:00 IN2L July Food Days 11:00 Game Show of Choice 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L Word Games 3:00 Snack & Books 4:00 IN2L Game of Choice 4:30 Healthy Hands 6:00 Evening Movie	31 9:30 Jazzercize 10:00 Women’s Group 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Did You Know? 3:00 Snack & Stories 4:00 Ring Toss 4:30 Healthy Hands 6:00 Evening Movie					



FARMINGTON SQUARE



FREE ENTRY

We hope you'll
join us for our

SUMMER CARNIVAL

SAT.,
JULY 22th
11:30 AM
to 3 PM



PRIZES

Bring the
family!



FAIR FOODS & BBQ




GAMES



JULY 2023

Farmington Square Gresham • Crown • 1655 NE 18th Ste., Gresham, OR 97030 • 503-665-1994

SUN	MON	TUE	WED	THU	FRI	SAT
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2 9:30 Sit & Be Fit 10:00 Arts & Crafts 11:00 Dancing to the Beat 11:30 Healthy Hands 1:00 Book Club 2:00 IN2L Bubble Pop 3:00 Snack & Chat 4:00 Afternoon Game Show 4:30 Healthy Hands 6:00 Evening Movie	3 9:30 Laughing Yoga 10:00 Pretty Nails 11:00 Artist Time 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Game Surprise 3:00 Snack & Read Aloud 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	4 Independence Day 9:30 Dance with Me 10:00 Color Sorting 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 Fourth of July Social! 3:00 Snack & Music 4:00 Family Feud 4:30 Healthy Hands 6:00 Evening Movie	5 9:30 Chair Yoga 10:00 Scenic Drive 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L All About Bears 3:00 Snack and Game Shows 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	6 9:30 IN2L Exercise 10:00 Color Sorting 11:00 Arts & Crafts 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	7 9:30 Healthy Stretches 10:00 Morning Walk 11:00 Men's Group 11:30 Healthy Hands 1:00 Sing-A-Long 2:00 IN2L Travel to Arizona 3:00 Snack & Social 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	8 9:30 Balance & Strengthen 10:00 Women's Group 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Sing-A-Long 2:00 IN2L Game of Choice 3:00 Snack & Music 4:00 IN2L Trivia 4:30 Healthy Hands 6:00 Evening Movie
9 9:30 Healthy Stretches 10:00 Morning Walk 11:00 Men's Group 11:30 Healthy Hands 1:00 Sing-A-Long 2:00 IN2L Travel to Texas 3:00 Snack & Social 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	10 9:30 Chair Yoga 10:00 Scenic Drive 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L All About Pandas 3:00 Snack & Game Shows 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	11 9:30 IN2L Exercise 10:00 Color Sorting 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	12 9:30 Laughing Yoga 10:00 Scenic Drive 11:00 Artist Time 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Game Surprise 3:00 Snack & Read Aloud 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	13 9:30 Dance with Me 10:00 Paint with Me 11:00 Sun Tea 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 IN2L Summer Fun 3:00 Snack & Music 4:00 Family Feud 4:30 Healthy Hands 6:00 Evening Movie	14 9:30 Sit & Be Fit 10:00 Arts & Crafts 11:00 Dancing to the Beat 11:30 Healthy Hands 1:00 Book Club 2:00 IN2L Bubble Pop 3:00 Snack & Chat 4:00 Afternoon Game Show 4:30 Healthy Hands 6:00 Evening Movie	15 9:30 Balloon Toss 10:00 Sing-A-Long 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Women's Group 2:00 IN2L Game of Choice 3:00 Snack & Social 4:00 IN2L Trivia 4:30 Healthy Hands 6:00 Evening Movie
16 9:30 Sit & Be Fit 10:00 Arts & Crafts 11:00 Dancing to the Beat 11:30 Healthy Hands 1:00 Book Club 2:00 IN2L Bubble Pop 3:00 Snack & Chat 4:00 Afternoon Game Show 4:30 Healthy Hands 6:00 Evening Movie	17 9:30 Laughing Yoga 10:00 Pretty Nails 11:00 Artist Time 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Game Surprise 3:00 Snack & Read Aloud 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	18 9:30 Dance with Me 10:00 Color Sorting 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 IN2L Summer Fun 3:00 Snack & Music 4:00 Family Feud 4:30 Healthy Hands 6:00 Evening Movie	19 9:30 Chair Yoga 10:00 Scenic Drive 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L All About Butterflies 3:00 Snack and Game Shows 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	20 9:30 IN2L Exercise 10:00 Color Sorting 11:00 Arts & Crafts 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	21 9:30 Healthy Stretches 10:00 Morning Walk 11:00 Men's Group 11:30 Healthy Hands 1:00 Sing-A-Long 2:00 IN2L Travel to Oregon 3:00 Snack & Social 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	22 9:30 Balance & Strengthen 10:00 Women's Group 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Sing-A-Long 2:00 IN2L Game of Choice 3:00 Snack & Music 4:00 IN2L Trivia 4:30 Healthy Hands 6:00 Evening Movie
23 9:30 Healthy Stretches 10:00 Morning Walk 11:00 Men's Group 11:30 Healthy Hands 1:00 Sing-A-Long 2:00 IN2L Travel to Alaska 3:00 Snack & Social 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	24 9:30 Chair Yoga 10:00 Scenic Drive 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Walking Group 2:00 IN2L All About Horses 3:00 Snack & Game Shows 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	25 9:30 IN2L Exercise 10:00 Color Sorting 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 Big Pin Bowling 2:00 IN2L Trivia 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	26 9:30 Laughing Yoga 10:00 Scenic Drive 11:00 Artist Time 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Game Surprise 3:00 Snack & Read Aloud 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	27 9:30 Dance with Me 10:00 Paint with Me 11:00 Sun Tea 11:30 Healthy Hands 1:00 Arts & Crafts 2:00 IN2L Summer Fun 3:00 Snack & Music 4:00 Family Feud 4:30 Healthy Hands 6:00 Evening Movie	28 9:30 Sit & Be Fit 10:00 Arts & Crafts 11:00 Dancing to the Beat 11:30 Healthy Hands 1:00 Book Club 2:00 IN2L Bubble Pop 3:00 Snack & Chat 4:00 Afternoon Game Show 4:30 Healthy Hands 6:00 Evening Movie	29 9:30 Balloon Toss 10:00 Sing-A-Long 11:00 Fun in the Sun 11:30 Healthy Hands 1:00 Women's Group 2:00 IN2L Game of Choice 3:00 Snack & Social 4:00 IN2L Trivia 4:30 Healthy Hands 6:00 Evening Movie
30 9:30 Sit & Be Fit 10:00 Arts & Crafts 11:00 Dancing to the Beat 11:30 Healthy Hands 1:00 Book Club 2:00 IN2L Bubble Pop 3:00 Snack & Chat 4:00 Afternoon Game Show 4:30 Healthy Hands 6:00 Evening Movie	31 9:30 Laughing Yoga 10:00 Pretty Nails 11:00 Artist Time 11:30 Healthy Hands 1:00 Bingo! 2:00 IN2L Game Surprise 3:00 Snack & Read Aloud 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie					



FREE
ENTRY

We hope you'll
join us for our

SUMMER
CARNIVAL

SAT.,
JULY 22th
11:30 AM
to 3 PM

PRIZES

Bring the
family!

FAIR
FOODS
& BBQ

GAMES




JULY 2023

Farmington Square Gresham

• Diamond / Emerald

• 1655 NE 18th Ste., Gresham, OR 97030

• 503-665-1994

SUN	MON	TUE	WED	THU	FRI	SAT
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2 9:30 Moving to the Beat 10:00 Picture Me This 11:00 Fold & Fun 11:30 Healthy Hands 1:00 IN2L All About Pandas 2:00 Big Pin Bowling 3:00 Snack & Relax 4:00 Balloon Toss 4:30 Healthy Hands 6:00 Evening Movie	3 9:30 Dancing to the Oldies 10:00 Artist Hour 11:00 Book Time 11:30 Healthy Hands 1:00 IN2L Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Flower Hydration 4:30 Healthy Hands 6:00 Evening Movie	4 Independence Day 9:30 Balloon Toss 10:00 IN2L Surprise 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 Fourth of July Social! 2:00 Ring Toss 3:00 Snack & Stories 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	5 9:30 Sit & Be Fit 10:00 Scenic Drive 11:00 IN2L Travel to Texas 11:30 Healthy Hands 1:00 Crafts Surprise 2:00 Pretty Nails 3:00 Snack & Social 4:00 Game Show 4:30 Healthy Hands 6:00 Evening Movie	6 9:30 Healthy Stretches 10:00 Color Sorting 11:00 IN2L Bubble Pop 11:30 Healthy Hands 1:00 IN2L Matching Game 2:00 Color with Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie	7 9:30 Laughing Yoga 10:00 Color the World 11:00 Morning Walk 11:30 Healthy Hands 1:00 IN2L Game 2:00 Beauty Hour 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	8 9:30 Balance & Strengthen 10:00 Picture Me This 11:00 Fold & Fun 11:30 Healthy Hands 1:00 IN2L Bubble Pop 2:00 Dice Game 3:00 Snack & Laugh 4:00 Card Game 4:30 Healthy Hands 6:00 Evening Movie
9 9:30 Laughing Yoga 10:00 Color the World 11:00 Morning Walk 11:30 Healthy Hands 1:00 IN2L Game 2:00 Beauty Hour 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	10 9:30 Sit & Be Fit 10:00 Artist Hour 11:00 IN2L Travel to Oregon 11:30 Healthy Hands 1:00 Crafts Surprise 2:00 Pretty Nails 3:00 Snack & Social 4:00 Game Show 4:30 Healthy Hands 6:00 Evening Movie	11 9:30 Healthy Stretches 10:00 Color Sorting 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 IN2L Matching Game 2:00 Color with Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie	12 9:30 Dancing to the Oldies 10:00 Scenic Drive 11:00 Book Time 11:30 Healthy Hands 1:00 IN2L Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Flower Hydration 4:30 Healthy Hands 6:00 Evening Movie	13 9:30 Balloon Toss 10:00 IN2L All About Bears 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 Ring Toss 3:00 Snack & Stories 4:00 IN2L Surprise 4:30 Healthy Hands 6:00 Evening Movie	14 9:30 Moving to the Beat 10:00 Picture Me This 11:00 Fold & Fun 11:30 Healthy Hands 1:00 IN2L Bubble Pop 2:00 Big Pin Bowling 3:00 Snack & Relax 4:00 Balloon Toss 4:30 Healthy Hands 6:00 Evening Movie	15 9:30 IN2L Exercise 10:00 Paint with Me 11:00 Family Feud 11:30 Healthy Hands 1:00 IN2L All About Birds 2:00 Dice Game 3:00 Snack & Laugh 4:00 Gardening 4:30 Healthy Hands 6:00 Evening Movie
16 9:30 Moving to the Beat 10:00 Picture Me This 11:00 Fold & Fun 11:30 Healthy Hands 1:00 IN2L All About Horses 2:00 Big Pin Bowling 3:00 Snack & Relax 4:00 Balloon Toss 4:30 Healthy Hands 6:00 Evening Movie	17 9:30 Dancing to the Oldies 10:00 Artist Hour 11:00 Book Time 11:30 Healthy Hands 1:00 IN2L Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Flower Hydration 4:30 Healthy Hands 6:00 Evening Movie	18 9:30 Balloon Toss 10:00 IN2L Surprise 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 Bingo! 2:00 Ring Toss 3:00 Snack & Stories 4:00 Water the Flowers 4:30 Healthy Hands 6:00 Evening Movie	19 9:30 Sit & Be Fit 10:00 Scenic Drive 11:00 IN2L Travel to Florida 11:30 Healthy Hands 1:00 Crafts Surprise 2:00 Pretty Nails 3:00 Snack & Social 4:00 Game Show 4:30 Healthy Hands 6:00 Evening Movie	20 9:30 Healthy Stretches 10:00 Color Sorting 11:00 IN2L Bubble Pop 11:30 Healthy Hands 1:00 IN2L Matching Game 2:00 Color with Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie	21 9:30 Laughing Yoga 10:00 Color the World 11:00 Morning Walk 11:30 Healthy Hands 1:00 IN2L Game 2:00 Beauty Hour 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	22 9:30 Balance & Strengthen 10:00 Picture Me This 11:00 Fold & Fun 11:30 Healthy Hands 1:00 IN2L Bubble Pop 2:00 Dice Game 3:00 Snack & Laugh 4:00 Card Game 4:30 Healthy Hands 6:00 Evening Movie
23 9:30 Laughing Yoga 10:00 Color the World 11:00 Morning Walk 11:30 Healthy Hands 1:00 IN2L Game 2:00 Beauty Hour 3:00 Snack & Chat 4:00 Music & Relax 4:30 Healthy Hands 6:00 Evening Movie	24 9:30 Sit & Be Fit 10:00 Artist Hour 11:00 IN2L Travel to Louisiana 11:30 Healthy Hands 1:00 Crafts Surprise 2:00 Pretty Nails 3:00 Snack & Social 4:00 Game Show 4:30 Healthy Hands 6:00 Evening Movie	25 9:30 Healthy Stretches 10:00 Color Sorting 10:30 Church with Pastor Jerry 11:30 Healthy Hands 1:00 IN2L Matching Game 2:00 Color with Me 3:00 Snack & Sing 4:00 Flower Care 4:30 Healthy Hands 6:00 Evening Movie	26 9:30 Dancing to the Oldies 10:00 Scenic Drive 11:00 Book Time 11:30 Healthy Hands 1:00 IN2L Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Flower Hydration 4:30 Healthy Hands 6:00 Evening Movie	27 9:30 Balloon Toss 10:00 IN2L All About Fish 11:00 Water the Flowers 11:30 Healthy Hands 1:00 Bingo! 2:00 Ring Toss 3:00 Snack & Stories 4:00 IN2L Surprise 4:30 Healthy Hands 6:00 Evening Movie	28 9:30 Moving to the Beat 10:00 Picture Me This 11:00 Fold & Fun 11:30 Healthy Hands 1:00 IN2L Bubble Pop 2:00 Big Pin Bowling 3:00 Snack & Relax 4:00 Balloon Toss 4:30 Healthy Hands 6:00 Evening Movie	29 9:30 IN2L Exercise 10:00 Paint with Me 11:00 Family Feud 11:30 Healthy Hands 1:00 IN2L All About Butterflies 2:00 Dice Game 3:00 Snack & Laugh 4:00 Gardening 4:30 Healthy Hands 6:00 Evening Movie
30 9:30 Moving to the Beat 10:00 Picture Me This 11:00 Fold & Fun 11:30 Healthy Hands 1:00 IN2L All About Hedgehogs 2:00 Big Pin Bowling 3:00 Snack & Relax 4:00 Balloon Toss 4:30 Healthy Hands 6:00 Evening Movie	31 9:30 Dancing to the Oldies 10:00 Artist Hour 11:00 Book Time 11:30 Healthy Hands 1:00 IN2L Trivia 2:00 Sing-A-Long 3:00 Snack & Read 4:00 Flower Hydration 4:30 Healthy Hands 6:00 Evening Movie					



FREE
ENTRY

We hope you'll
join us for our

SUMMER
CARNIVAL

SAT.,
JULY 22th
11:30 AM
to 3 PM

PRIZES

Bring the
family!

FAIR
FOODS
& BBQ

GAMES

